Narembeen
Community Resource Centre

From the Managers Desk

Hello everybody!

A special thank you once again to the Wheatbelt Business Network (WBN) for organising the Mental Health First Aid (MHFA). Thanks to WBN Narembeen will have 5 newly trained people who will have the skills to help someone they're concerned about. Many people are not knowledgeable or confident to offer assistance. Physical first aid is accepted and widespread in our community, however most do not cover mental health problems. Since its inception in 2000, Mental Health First Aid has evolved into a global movement that shows no signs of stopping:

4 M+ OVER 4 MILLION PEOPLE TRAINED GLOBALLY AND COUNTING…

25+ OVER 25 COUNTRIES HAVE NOW ADOPTED MHFA!

900,000+ OVER 900,000 AUSTRALIANS HAVE COMPLETED OUR COURSES.

4500+ OVER 4500 MHFA COURSES ARE RUN IN AUSTRALIA EACH YEAR.

Thank you for bringing the MHFA to Narembeen! And thank you for those who took the first step!

The art workshops are under way with the first photography workshop with De Strange from Bruce Rock this Wednesday. The acrylic pouring workshop is happening this Saturday and we still have 5 spots left! All teenagers Year 5 and up welcome (up to 25 years old)! So if some of the boarders are home this weekend, why not send them into the CRC! These are all free workshops funded by Regional Arts WA and Healthway to promote the Drug Aware message, so why not use this opportunity to learn some new skills while having fun?!

The Stargazing Night is happening this Friday!! A free community BBQ will be provided beforehand!! Don't miss out on an opportunity to learn more about the Wheatbelt night sky! Everyone welcome!

The seniors movie is happening Monday and we have a hilarious movie for you!! This one isn't one you want to miss.

CRC Memberships are now due, if you would like to become a member, please visit us at the CRC. Thank you to our 2020/2021 members ! We are grateful for your support and hope you will renew your membership with us once again.

Have a great week!

Vanessa Wittstock
CRC Coordinator

Upcoming CRC Events 2021

- Mental Health First Aid: Wed 1 + Thurs 2 September, 9.30am
- Youth Photography Workshop: Wednesday, 1 September 3.00pm
- Stargazing Night: Friday, 3 September 6.30pm
- Youth Acrylic Pouring Workshop: Saturday, 4 September 11.00am
- Seniors Movie: Monday, 6 September 1.00pm
- Youth Photography Workshop: Wednesday, 8 September 3.00pm
- R U OK Day: Thursday, 9 September
- Jordan Sprigg Sculptures Presentation: Wednesday, 15 Sep 3.00pm
- Art Expo: Thursday, 16 September 5.00pm
- STEM Story Time: Friday, 30 September 10.30am
- John Curtin Weekend (JCW): Friday + Saturday, 1 + 2 October

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Narembeen CRC

INSPIRATION STUDIO

BY DRUG AWARE

SERIES OF ART WORKSHOPS & ART EXHIBITION

FOR THE NAREMBEEN YOUTH
YEARS 5-10

PHOTOGRAPHY 1
ABSTRACT BLACK & WHITE

Facilitator: De Strange
Date: Wednesday, 01/09
Time: 3.00pm - 5.00pm
Venue: Pop - Up Shop
Snacks provided

ACRYLIC POURING

Facilitator: Shannae Jasper
Date: Saturday, 04/09
Time: 11.00am - 2.00pm
Venue: CRC
Lunch provided

ART EXPO

Date: Thursday, 16/09
Time: 5.30pm
Venue: CRC
Dinner provided

PHOTOGRAPHY 2
FLAT LAY

Facilitator: De Strange
Date: Wednesday, 08/09
Time: 3.00pm - 5.00pm
Venue: Pop - Up Shop
Snacks provided

SCULPTURE PRESENTATION

Facilitator: Jordan Sprigg
Date: Wednesday, 15/09
Time: 3.00pm - 4.30pm
Venue: CRC
Snacks provided

A SMOKE, ALCOHOL & DRUG FREE EVENT

DRUG AWARE
healthway
REGIONAL ARTS WA
Narembeen Community Resource Centre

NAREMBEEN NIGHT SKY *Wonders*

FRIDAY, 3 SEPTEMBER 2021

NAREMBEEN OVAL | 6:30PM

BBQ DINNER & HOT DRINKS PROVIDED

PRESENTATION BY RICHARD TONELLO (FROM AES – ASTRONOMY EDUCATION SERVICES)

PROFESSIONAL ASTRONOMY TELESCOPES

LASER GUIDED TOUR OF THE NIGHT SKY

'There was always something new to be seen in the unchanging night sky' – FRITZ LEIBER

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