

The Fence Post

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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

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fencepost@westnet.com.au



*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2020

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$7.50	\$12.50	One Third Page	\$10	\$17
One half Page	\$15	\$25	Two Thirds Page	\$20	\$33.50
Full Page	\$30	\$50			

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

4th August	Lorraine Lethlean	Rhonda Cole	Jodie Maringoni
11th August	Kellie Mortimore		



The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions.

Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper.

The Editor has the right to withhold, edit or abbreviate any items.



Over the Fence....



Local Engagement

Congratulations to Britt Cole and John McIndoe on

their engagement last Saturday, the 25th July. Britt is the daughter of Noela and Barry Cole. Best wishes are extended to the young couple from their family and friends!

Big Thank you

Lydia and Steve Bailey and family wish to sincerely thank their extended family, friends and neighbours for all their support (cards, food and more) and also for attending Bill's funeral. It was really appreciated.



Narembeen Senior Citizens



Terri Tenardi won the 'Christmas in July' fund raiser! Well done. Thank you to all those who bought tickets and

supported the Narembeen Senior citizens.

Visiting Bishop

Bishop Kate Wilmot will be visiting the Anglican church to conduct a Communion Service on Sunday 2nd August at 9.30am. After the service the Bishop will have a question and answer session over a morning tea/light luncheon. Please come along, have a chat and get to know the bishop.



LEASE

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Local Photographs



The FencePost is looking to publish photos depicting life here in Narembeen. Please email your photo to us, with the details of the photograph (ie date and place) and the photographer's name. The front cover this week was taken by Sheree Thomas in South Kumminin .



Local

- Shire receives funding to improve internet connection across our community!
- Winter sports back on!

Regional

- Lakes district (Lake Grace etc) still drought declared
- Merredin Department of Ag. Building renovated and re-opened.

State

- WA govt wont consider raising gold royalties with gold at record high.

National

- Job keeper and Job seeker continue but amounts decreased
- Victoria hits record numbers of Covid 19 cases to date
- Back to back AFL games

Global

- South China Sea conflict escalates
- China tensions continue to rise
- Meghan and Harry release their book which fuels royal discord

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N A R E M B E E N

RECREATION CENTRE



Our mug of the week goes to Maree Sprigg and the Jackpot was missed by Di Cowan. Such a shame that the Jackpot didn't go off.... we all think not!

It has now hit \$500. Members you must be here to win, so pop down Friday night for a meal and your chance to bring home the \$\$\$\$.

Plus, Barramundi is our fish choice this Friday night. Grab some fish and chips and tell us what you think!

The raffle was won by J.S.C, Kyla (yippee!) and Shae. Remember, you have 4 weeks to collect the prize.

This Saturday there's plenty of action happening with both football and hockey at home.

Hockey is playing a modified 7's game and all four clubs, Merredin, Bruce Rock, Burracoppin and Narembreen will be hitting the field. Stick around after for a drink and buy one of the Narembreen Netball's pulled pork burgers with coleslaw.

If you haven't tried it yet, we have a new craft beer on tap. Kosciusko Pale Ale, it's a rich malty ale with a hoppy finish. It's our keg special, that will change again soon.

Let our bar staff know what tap beer you want next, just remember it needs to be a Lion Nathan beer until our contract expires.

Our AGM is to be held at the Rec Centre on September 14. This is your chance to see what is happening at the club and meet with our committee members. Sporting clubs, please organise your executive representatives to attend.

Memberships are now overdue. It is against the laws to be served over the bar or to purchase takeaways if you are not a member.

Full memberships are only \$40 and Pensioner and Country memberships are only \$20.

Country members must live more than 25km from the shire boundary (not town boundary). Payments can be made over the bar or online

BSB 306 026 Account 5155509

See you at the Rec Centre!



Roe Dam at Mt Walker after the last rain.

Taken by Maxine Miolini

July 2020



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Daffodil Day goes virtual due to COVID-19



Cancer Council WA is urging the Wheatbelt community to support the Daffodil Day Appeal this August by making an online donation to help fund life-saving cancer research.

Cancer Council WA Wheatbelt Regional Education Officer, Melissa Pickering said that while many of us have had our lives put on hold due to COVID-19, cancer doesn't rest, so Cancer Council WA's vital work in cancer research must continue.

"Daffodil Day has traditionally been Cancer Council's biggest fundraising event, however this year we are asking the Wheatbelt community to please consider jumping online and making a donation to the Daffodil Day Appeal," Ms Pickering said.

"Money raised by West Aussies will provide more than hope to people affected by cancer; it will fund vital cancer research that is saving lives every day."

Ms Pickering said that despite advances made in research and improving survival rates for many cancers, every four minutes

Thanks to investment in research over many years, significant advancements have been made in cancer prevention, screening and treatment - helping to increase survival rates from 49 per cent in the 1980s to 69 per cent today.

You can support the Daffodil Day Appeal by donating online before or on Friday 28 August.

For more information or to donate, visit www.daffodilday.com.au or call 1300 65 65 85.

For cancer information and support call 13 11 20



Safe4Kids 
We all have the right to feel safe all of the time

Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

Often parents don't want to think about dealing with a situation like this.
 It's scary and they hope it won't ever happen to their child.

What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Date: **Tuesday, 18th August 2020**

Time: **12.30pm – 2.30pm**

Venue: **Narembeen CRC, 2/19 Churchill Street**

RSVP: **crcmanager@narembeen.wa.gov.au**

\$65 per person

Minimum of

15 people required

RSVP By 31 July 2020

Two Themes of Protective Education:

"We all have the right to feel safe all of the time."

"We can talk with someone about anything."

Protective Education Concepts:

Theme reinforcement

OK to say "No"

Yes/Safe/Comfortable feelings and No/Unsafe/Uncomfortable feelings

Three Safety Questions

Secrets

Safety Continuum

Secret Enablers

Risking on Purpose

Cyber Safety

Early Warning Signs

Network review

Networks

Protective interrupting

Persistence

One-step removed

Public and Private

Problem-solving

There will be books and resources available for purchase at the workshop.



Contact Holly-ann Mobile 0422 971 189 Phone [08] 9497 7685 E-mail holly-ann@safe4kids.com.au



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**“Give me ambiguity
Or give me something else”**

Author unknown

STORY TIME AT THE CRC

AGES 1-5 ★ **STORIES**
★ **FUN GAMES**
★ **ARTS & CRAFTS**



**JOIN US IN THE
LIBRARY AT 10:30am**

*****Children must be accompanied by an adult*****

Friday, 31 July 2020



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**BEHIND EVERY
ANGRY WOMAN
STANDS A MAN
WHO HAS
ABSOLUTELY NO
IDEA WHAT HE
DID WRONG**

Narembeen Hospital Auxiliary

A collection basket has been placed at IGA for donations towards our annual hamper raffle.

Your Support is greatly appreciated.

The hamper will be drawn on
Friday 14th August.

All proceeds will be used for items for the
Hospital.

Thank you,
Kerry Fricker, President

What A Team

A ditty by Julie Hayter from 1986

Reg is our wing ding come presidentialy

Now what more can you say

Who said she is forgetful, sarcastic and lies like a moose

Who believed her when she said the bus was out of juice!

Oh dear she puts all us goodies into disarray

Unbelievably she was bred by Marj out of Ray.

A great team member if only she could play!!!!

At left full back is shit o' dear Shell

A coaches delight- and so punctual.

Now she arrives to play at 1:43,

Hang on for a minute; I've got to go for a wee.

Now this makes the coach fume and shudder

I know, I'm sorry Sylv – I've got a weak bladder!

At the centre we have Marg

Please forgive her, she does try hard.

Encouragement is her key role,

We all get the credit of an F'n good goal.

But all jokes aside-she's a son of a bum,

She's got to make sure I say, "Did you tell 'em we won?"

Susie Silver's our left half back

The prettiest of the side-thank god for that

She loves these bus trips- gets on a high,

Gives the cars following a good brown eye

Yes, you're all wondering how she gets a game?

The coach is her sister-now that does explain!

Right flank half we have Neila Jim Beam

She's the daintiest lady in our team

She's got to liking the umpires, since her coming of age

And tells them nicely to "play advantage"

Nola P plays our right inner

Of our great side she's the sinner

But she always plays well when Syd is here,

Silly bugger's only been once this year!

Now our poor ole Nole has a handicap

And wouldn't we all with boobs like that?

At right wing we have Alisin.

The saint of our side and can run out of sight.

She does nothing wrong-she does nothing right,

But playing next to Nola gives her a terrible fright!

At centre half back is Vice Cappy, Mack.

I say, she gives that ball a bloody good whack!

She used to be our alcoholic prankster and embarrass the team,

But she's settled down a lot, with Milo arriving on the scene.

The parties were at her house-we used to rage till 4.

But we're not invited to her place- no – not any more!

At left inner is our cocktail Raylene.

Quite an extraordinary member of the team.

Just wish she'd get her priorities right,

Gets off training early on her Baddy night.

She plays up like hell when Ray is away,

Gets us all in the pub and leads us astray.

Sylvie Joy's our goalie and coach of the mob.

She doesn't know it, but we all call her Plod.

She expects us to run and run till we're stuporosed,

While she stands in goals picking her nose!

Cant say too much, just kept it tame,

If she's coach next year, I mightn't get a game?

Now there's one missing, you all know that.

It's a little-big old me at full back!

(And you're all thinking of something to rhyme with skinny legs)

Well this is where I get you all back.

You're all bloody jealous, cos yours are all FAT

This ditty was found in an old hockey case

About the Narembeen A grade hockey team 1986

Team: Coach/goalie- Sylvia Yandle; Gina DeLuis (Reg)President; Shelley Price, Marg Romaio, Susie Wilkins (Lethlean), Neila Newman, Nola Parsons, Alisin Baldwin, Maxine (Miolini) Thomas, Raylene Mauger, Julie Hayter



Vacancies for Wheatbelt NRM Board

Do you want to help energise your community to contribute to a healthy Wheatbelt environment with a viable agricultural industry?

Wheatbelt Natural Resource Management has opened nominations for Board Directors.

We are looking for a diverse range of candidates and in particular those that have long term leadership aspirations.

Members of the Board must live, own land, work within and/or operate within the Avon River Basin.

For further information about the role of Board Director, please contact Board Chairperson, Debra Rule on drule@wheatbeltnrm.org.au or 0417 910 447.

To receive an application pack, please email hr@wheatbeltnrm.org.au.

Requests for application packs close Thursday 20 August, and submissions must be received by 4.00 pm on 21 August 2020.

For more information, visit:
www.wheatbeltnrm.org.au/board2020



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MEN'S NIGHT

PING PONG TOURNAMENT

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ENTRY: \$5 PER PERSON

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THE Head Butt



We need government...

I am terrible at small talk, I know I've said this before but I am. I envy people who can walk into a social situation and just strike up a conversation. They seem to do so with such ease and enjoyment, me on the other

hand I don't know what to say and don't know how to say it. I feel more at ease in a conversation of depth and interest, a conversation about ideas rather than people. I got into one such conversation with an interesting lady I know not that long ago where we debated the importance of our government.

We were talking about the pandemic and the point was made about the ease with which the government had been able to shut us all down and metaphorically lock us all in our homes. Her point was the concern that conspiracy theorists have that our government, or indeed any government, cannot be trusted. That we must not allow ourselves to be overly controlled by the people in charge as we never know exactly what they are up to. While this lady was playing the devil's advocate it made for interesting debate.

My contention to the conspiracy theorists is this. Is not what has happened in the pandemic what we need a government for? Then has not what they have done during the pandemic, especially in Western Australia, proven their worth? People who espouse stats about the limit of the influence of the pandemic leave out the fact that the stats they produce for Australia are on the back of professionally managed restriction, in most situations, put in place by governments. We need governments to protect us when we need protecting and in the case of this pandemic, we need some help.

Conspiracy theorists are marginalised characters and rightly so. The fact is that while there may be

some in power that use it for their own gain, the majority of people in these situations do not. What should come out of this pandemic is not the search for conspiracy but the understanding of the importance of efficient, strong and meaningful leadership. We need to support our political process and perhaps even get more involved in it. We need to bring ideas for it often takes only one idea to solve a problem. We need to learn to work together for the common goal. We need to stop questioning the process and having no faith in those within it. We need to start doing the opposite and championing those who are in it and believing in their decisions.

The world finds itself in a dangerous position right now. One of the major reasons why we continue to be in this situation is so many people have refused to follow the instructions of those in power. They have questioned the legitimacy of their decisions and done so to the peril of themselves and everyone else. We don't need that, there is no conspiracy here, we need those good people in power making decisions to keep us safe and let us prosper and we need to believe in them. We don't need conspiracies, we don't need people making stands. We need government and then we might just get out of this and be able to get on with our lives.

Craig Gmeiner

**so far
you've survived
100%
of your worst days**

author unknown



from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

CHURCHILL STREET - PARKING

It would be appreciated if business owners/staff and property owners in Churchill Street could refrain from parking in Churchill Street during business hours (Monday to Friday 8am to 5.00pm).

This is to make it easier for customers accessing the main shopping precinct to find parking in Churchill Street.

The new, sealed carpark near IGA provides safe, all day parking for business owners and staff.

Thank you for your co-operation.

FUTURE DROUGHT FUNDING

Drought is an enduring feature of the Australian landscape. It has significant economic, social and environmental impacts.

The \$5 billion Future Drought Fund provides secure, continuous funding for drought resilience initiatives. It will help Australian farms and communities prepare for the impacts of drought.

On 1 July 2020, the Australian Government announced the foundational programs for the Future Drought Fund. These programs will help boost the performance of Australian agriculture and increase its resilience to the impacts of drought.

Further details of each program will be published as it becomes available. Please register at www.haveyoursay.agriculture.gov.au/future-drought-fund to be kept informed of announcements.

A number of programs will be delivered in accordance with the principles outlined in the Future Drought Fund's 2020-24 Drought Resilience Funding Plan.

For more information: <https://www.agriculture.gov.au/ag-farm-food/drought/future-drought-fund>

from the CHIEF

COMMUNITY CITIZEN OF THE YEAR

Every community has local heroes. Auspire – The Australia Day Council WA, Community Citizen of the Year awards is your opportunity to acknowledge those making an outstanding contribution to your local community.

Outstanding contribution and community service includes areas such as; education, health, fund-raising, charitable and voluntary services, business, sport, arts, the environment, social inclusion or any other area that contributes to the advancement and wellbeing of a community.

Do you know someone who makes our community a better place?

LOTTERYWEST GRANTS

In March 2020, the Premier Mark McGowan announced that all available profits from every Lotterywest game sold would go towards the newly created COVID-19 Relief Fund. The Fund is dedicated to supporting not-for-profit organisations and the Western Australian community respond to the impacts of COVID-19.

The Premier has since announced that the [Lotterywest COVID-19 Relief Fund](#) has now provided more than \$47.5 million in crucial funding to the Western Australian community.

Whilst the immediate health crisis has passed in Western Australia, COVID-19 has resulted in hardship and secondary impacts. As the needs of the WA community evolve during this time of recovery, the Lotterywest COVID-19 Relief Fund is evolving too.

In 2020-21, the Fund includes three grant programs:

Supporting the Most Vulnerable

Building Community

Strengthening and Adapting Organisations

The programs have been designed to provide support to eligible organisations to assist individuals experiencing hardship; communities wanting to reconnect; and organisations to become stronger for the future.

The programs have been designed to provide support to eligible organisations to assist individuals experiencing hardship; communities wanting to reconnect; and organisations to become stronger for the future.

For more information visit the Lotterywest website:-

from the CHIEF



COVID-19 Impact Survey – WHEATBELT

Purpose of this Survey

The aim of this anonymous survey is to understand how self-isolation, quarantine and other associated issues that emerged during the COVID-19 pandemic have impacted (and to what level) the mental health and wellbeing of individuals and families residing in the Wheatbelt

Who can participate?

Participation is only open to individuals aged 18 years and over.

What is involved?

In order to capture the impact (during the pandemic) and also any significant ongoing impact on individuals and families, we will collect data for a period of 6 weeks. This data will then be used to create a de-identified report that will map the mental health and wellbeing of the Wheatbelt, whilst also providing information on information/service gaps and broader community concerns.

*All de-identified data collected may be shared with relevant government and not-for profit organisations for the purpose of ensuring that people living in the Wheatbelt are provided with the information they require, are connected to relevant supports and Wheatbelt Organisations have the service capacity to meet the needs of our region.

To access the survey online, please visit: <https://www.surveymonkey.com/r/5DLB36R>

If you have any queries or would like to discuss this survey please contact Jo Drayton (Wheatbelt Suicide Prevention Coordinator – Holyoake WCADS) via JDrayton@holyoake.org.au

If you would like to obtain a PDF copy of the survey for dissemination please contact Jordyn Drayton (Regional Administration Assistant – Holyoake WCADS) via jordyn.drayton@holyoake.org.au

Completed printed surveys can be sent to PO Box 1132, Narrogin WA 6312.



Melissa Pickering

CCWA Regional Education Officer - Wheatbelt

T: 9574 5392 M: 0427 876 946

75 York Rd Northam WA 6401

Melissa.Pickering@cancerwa.asn.au

There is great support to QUIT

The single best thing we can do for our health is to quit smoking. Everyone's quitting journey is different, so it's important to find the support that works for you. Quitting successfully means being prepared and understanding your smoking triggers. Getting that right support can go a long way. The Quitline counsellors are trained professionals, real people, who can offer tailored, real-world quitting advice.

Call the Quitline on 13 78 48 and have a chat about your experiences and quit supports that might be suitable for you. You can find out more at www.makesmokinghistory.com.au

Reminder - Navigating Through Cancer online sessions July- September

Free weekly one-hour online sessions delivered by Cancer Council WA are offered to people impacted by cancer. This series of Navigating Through Cancer online sessions starts on Thursday 23rd July and concludes Thursday 10th September, so there's still plenty of time to join in. The support and awareness presentations are delivered online straight to your own electronic device or computer and includes topics from financial impact to living well. Online registration can be accessed at this link <https://www.eventbrite.com.au/o/regional-support-services-cancer-council-wa-27664711835>

For more information on any of the eight weekly sessions please contact Monica Graham, Program Coordinator on (08) 9382 9328 or email monica.graham@cancerwa.asn.au or call 13 11 20.

For cancer information and support call 13 11 20 or go to www.cancerwa.asn.au

As kids return to the sporting mix, just add water!



As restrictions ease and kids return to junior sport, Cancer Council WA, through its LiveLighter program, is urging all parents to rethink the sports drinks children often consume when participating in organised sports.

"Many kids and teens reach for sports drinks when being active as they think these drinks will improve their sports performance or provide better hydration than water," said Cancer Council WA Regional Education Officer, Melissa Pickering.

"Sports drinks can be beneficial for people participating in endurance or high-intensity activities that involve long periods of sweating, like marathon running. However, for most children when playing footy or basketball, sports drinks are unnecessary.

"Sports drinks contain an astonishing nine teaspoons of sugar in each bottle that growing bodies just don't need. Cordial, fruit drinks, energy drinks, sports drinks, and soft drink are also high in sugar and bad for teeth. Water is the best choice to keep your kids hydrated and healthy."

Find out more about how much sugar is in sports drinks and other sugary drinks at <https://livelighter.com.au/Top-Tips/Avoid-Sugary-Drinks>

Tough Day.

Footy is tough, that's why everyone celebrates so hard when they come across success. The shortened season of 2020 has started in a manner which is reminding the Hawks of the former rather than the later. However, context in football, as in anything, is vital in an analysis of the season so far. The Hawks have lost players to injury and are fielding perhaps the smallest, youngest and most inexperienced side the club has ever seen. These are not excuses, these are simple facts, which when taken into account can show that success in country footy isn't always seen on the scoreboard.

The Ressies started the day with a side that saw the return of a couple of retired Hawks who agreed to pull on the boots to help the Club out, many thanks to them. Pushing into a stiff breeze the boys worked hard to defend the right side of the ground. The band of yellow shorters got involved impressively and they really set the tone for the whole side.

One goal down at the main break the boys were able to reduce that deficit to one point at the long break after their turn with what was a stiff breeze. The game was delicately poised at the long change. The Ressies would finish with the breeze but would have to make sure they were close enough at the final change to run the Pies down. To their credit the boys were not only close enough but they were in front.

The boys were being ably led by the experience in the side. Rosie(Ben) Hunter led the defence through the push into the wind and then through the last quarter was able to have an influence in the middle of the ground and show his nouse by drifting forward and getting dangerous in the air. Justin Baldwin marshalled a clam defence that held it's nerve as the Pies had a red hot crack in the last quarter. His able lieutenants in the final quarter was the President Stuart Yandle, Marcus Dorlandt and Damon Hayter who defended with not only heart but brains.

Mention should also be made of Brendan Maher. Centre Half Forward in EDFL Ressies footy should be widely acknowledge as the hardest place to play the game.

Why? For the simple reasons that the delivery is never what it should be and often when you do get a chance to take a mark you do so under pressure. Maher moved around in the key post and took a couple of genuinely contested marks at crucial times.

Ressies 5-6 36

Bruce Rock 4-7 31

Best: Hunter, Maher, Baldwin, Yandle, Struan Stevenson, Steve Pascoe

The Hawks started the day against a Bruce Rock side that took the breeze to start with and stamped their authority early. The boys struggled to get their hands on the ball and were forced to defend from the get go. This would unfortunately be the story of the day. It is interesting to watch how people react under such situations and to their credit many of the Hawks looked to stand up when it was oh so tough to do so.

Kyle Della is a big man and it is easy to forget the fact that he has been leading the ruck in the league side since about 2012, when he was 21. Della worked himself into the ground competing against two different ruckman through the day and did his best to help out when he could. In perhaps a sign of where the Hawks find themselves in 2020 was when Della was given a rest the other ruckmen that were tried, there were three, were aged 20, 17 and 16 respectively.

As the game evolved the ferocity of the Hawks in the contest never abated, this is a credit to the group. It may seem incidental to some, but having four shots on goal in the last quarter was a win for the side; a small one no doubt, but it is through small wins that genuine building begins. The hope for the club remains that they can hold this group together for a number of years and as they mature together things will change and taste all the sweeter.

Hawks 5-2 32

Bruce Rock 23-14 152

Best: Della, Michael Sewell, Dean Williams, Jay Gill, Cody Duncan, Mac Cole

Narembeen Golf

Wallabies! Echidnas! Kangaroos!

(Not sure this isn't a Wadderin Reserve report!)

The Kangaroos hopped miles ahead with the Wallabies desperately trying to catch up, whilst the Echidnas dawdled over the line a distant 3rd. Twenty one men played an intra-club pennant game on Sunday, in teams of seven, the competition was fierce and the match play shenanigans didn't all work.

On Saturday we played the Club Mixed Foursomes Championship, where no blood was spilt, no tears shed, no divorces ensured and the winners of the Gross were Carol and Mike Currie with 80, from Maxine and Robert Miolini with 83. They were runners up on a count back from Noela and John Currie. Noela and John won the Nett on a c/b from Carol and Mike with a 73 ¼. Longest putt #4 Julie Hayter and Paul Wanless, Best 2nd shot #5 was Noela and John and NP#15 were Maxine and Robert.

Last Wednesday the ladies played the Jubilee Foursomes. Julie Hayter (playing great golf) helped drag Joan Cusack over the line to win with 37 points from Julie Miller and Gina DeLuis with 35. Julie and Gina put on a superb display of LONG driving! Good scores were Noela Cole and Jodie Maringoni on 29 and Longest Putt#1 was Gina and Julie and Best 3rd #11 Julie and Joan.

The ladies played a return pennant match against Corrigin (Corribeen Cup) on Friday but this time fell short. Corrigin won 5-2. Competing were: Julie Miller, Jodie Maringoni, Anita Cowan, Carol Currie and Maxine Miolini. Julie and JoDee were punished for being the only winners and made to ride cattle class in the two back seats. The Corrigin course is in great condition and all enjoyed their day. Apparently Hyden/ Newdegate are interested in pennant matches in 2021, so this is good for womens golf.

This Wednesday the women play their elimination round. Congratulations go to Julie Hayter who finished on top of the ladder after the stroke rounds.

In the A grade-Julie is playing Joan Cusack; Maxine playing Anita; Carol plays Gina DeLuis and Noela plays Julie Miller. The B grade is JoDee playing Kyla Padfield and Maree Campbell playing Darien Pascoe. Good luck to everyone. The Club is doing well, in regard to women members numbers.



Note for Members:

Please ensure all footmarks are removed from bunkers especially #2 and #14. Also please refrain from dragging buggies through them!!!!

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NAREMBEEN NETBALL CLUB

PO BOX 133
NAREMBEEN WA 6369

PRESIDENT: BRIT DUNCAN	0417 612 045
SECRETARY: KELLY LYON	0427 647 635
TREASURER: BEC GMEINER	0429 618 036

Netball in Merredin

ROUND ONE RESULTS

Round 1 – 25th July 2020

JUNIORS

Blues (23) def Karni (8)

Narembeen (27) def Jets (16)

Gems (34) def Titans (30)

SENIORS A2

Karni (47) def Blues (30)

Gems (28) def Titans (22)

Narembeen (39) def Jets 2 (29)

SENIORS A1

Karni (33) def Blues (12)

Narembeen (41) def Jets (27)

Titans 1 (26) def Titans 2 (25)

Mt Walker Golf News

Sunday 26th July 2020

We experienced magnificent fine weather on Sunday and played a Par competition.

It was nice to see Halley Cowan back this week as well as Joe Wilson who popped in after the game.

The Winner was Halley with a square round

Runner - up was Darren Phillips with -1

2nd Runner up was Merle Phillips with -2

Pin Winners

LHO #1 – Darren P

NP #7 – Colin A

LHO #10 – Halley C

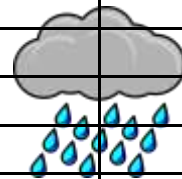
NP #16 – Colin A



Next week is Captains Choice.

Scribe MPhillips

Narembeen Weather				
Day	Date	Max (°C)	Min (°C)	Rainfall (mm)
Tuesday	21st July	19.1		
Wednesday	22nd July	23	8	0.4mm
Thursday	23rd July	18.1	11.3	0.2mm
Friday	24th July	17.8	4.5	
Saturday	25th July	-	3.6	
Sunday	26th July	21.5	-	
Monday	27th July	24.5	10.6	1.2mm
Tuesday	28th July	4	8.8	



If

You haven't

GROWN UP

By age

50

You don't have to

BIRTHDAYS



July/August

30th	Shirley Thorn Kylie Garlick	Robert Yandle	Demi Garlick
31st	Inga Gray	Robert Shattock	
1st	Horses Rhys Arnold Taleesha Plumley	Paul French Doreen Bookham Yvonne Wardell Johnson	Philip Menegola Hayden Mortimore
2nd		Brian Cooper	Shelley Price
3rd	Nicholas Price	Greg Moppett	Clinton Hackett
4th	Marj Coverley	Jasmine Major	Brock Fitzgerald
5th	Wendy Cooper		



ANNIVERSARIES



30th	Wayne & Jane Gould
31st	
1st	
2nd	Ross & Helen Fidge
3rd	Ross & Jo-anne Yandle
4th	
5th	Brian & Kerry Cummins

Cleaning Rosters

Catholic Church

Rhonda Hickey



CHURCH NOTICES



SEVENTH-DAY ADVENTIST

105 Church Road, Mt. Walker

Contacts: Leading Elder, Yonnie – 9063 5014,
Pr Lomani – 0429 770 331.

10am Bible Study Hour
Sabbath School

11.30am Worship Service

Church of Christ

Thurs 30th July 7.30pm

Bible study at N.Sharp's place

Sunday 2nd July 10.00am

Worship service with Sunday School
during the service

Bible Verse: Romans 11:33

Oh, the depth of the riches of the wisdom and
knowledge of God!

How unsearchable his judgments, and his
paths beyond tracing out!

ST PAUL'S ANGLICAN

Communion Service

Sunday 2nd August at 9.30am.

Conducted by Bishop Kate Wilmot

Genesis	Ch 32	V22-31	Eleanor Brayshaw
Romans	Ch 9	V 1-8	Kerry Fricker
Matthew	Ch14	V 13-21	
Psalm	17	V1-7, 16	



ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday 1st August at 6pm

Reader: Rhonda Hickey





COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL – JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

Skills 7.30pm every 2nd & 4th Monday of month

SPEECH THERAPY – PHONE PRUE 0408 934 284

At Narembreen Medical Centre on Tuesday and Wednesday

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembreen Medical Centre

COMING EVENTS

July 2020

Wednesday	29th	Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Church at Hospital	2.00pm
		GOLF - Eliminations	8.30am hit off

Thursday	30th	Men's Shed	9.00am
		Numbats: Phone bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Autumn Club	10.00am-2.00pm

Friday	31st	Playgroup at Numbats Centre	9.30am
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August

Saturday	1st	Every horse in Australia has its birthday today!	
		Church	
		Men's Community Shed	9.00am
		Football: Nbn v Burracoppin	
		Netball; A1-Nbn 1 v Titans 2, A2 Nbn2 v Titans	2pm, 3.30pm
		Junior Netball v Gems	12.30pm
		Hockey at home here	

Sunday	2nd	Church	
		Golf: Men-5th Qualifying round. V/Capt Paul Wanless Trophy	
		Golf: Women-Sweepstakes	
		Lions paper pick up	

Monday	3rd	Circuit Gym	9.30am
		NBN Historical Society Meeting	2.00pm
		Arts and Crafts and Book Exchange at Community Shed	10.00am-4.00pm

Tuesday	4th	Senior Citizens	2.00pm
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Badminton at Town Hall	6.30pm
		Church at Hospital	2.00pm
		Lions Club meeting	

Wednesday	5th	Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		GOLF : Women-Foursomes Champs 30 holes	

Editor: Gina DeLuis