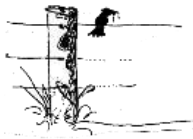


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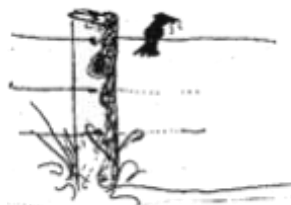
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Anderson Rock, Mt Walker



THE FENCE POST INC

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News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

18 May	L.LethleanEditor	D.PascoeTypist	S.Woodfield Ads
25 May	K Mortimore		

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -





Over the Fence....

Local

- Mothers Day celebrations throughout the district
- The Rec Centre Mothers Day and Markets were a success
- Hockey Gala Day in Merredin
- Netball and football in town
- Seeding in progress after lovely rains..some boggy places around
- Five Narembreen locals attended the Dowerin Do-Over to learn about main street activation.
- COVID19 vaccinations are not available in our local medical centre yet. When they will be is an unknown. Please source them from bigger centres if you want it now.
- Congratulations to Dorcas for donating \$2000 to the school

Regional

- Merredin mainstreet redevelopment plans are out for public comment
- Many businesses are experiencing skill and labour shortages

State

- Labor state government has voting reform on the agenda with a working committee established.

National

- The Federal Budget was launched last night by the Treasurer, Josh Frydenberg. Some highlights are:
1. Aged Care 2. Infrastructure 3. \$550m package to attract overseas business and 'talent' to Australia.
5. An Australian Tax Office reform package
- India ban court challenge thrown out. The ban is repealed on Friday in any case.
- At least two Chinese importers have been ordered to stop buying natural gas from Australia

Last year we shipped \$13bn worth of LNG to China.

- Last week China suspended key economic talks with Australia
- Foreign Minister, Marise Payne discusses war crimes in Afghanistan and the impending withdrawal of US troops.

Global

- Deadly air raids on the Gaza Strip
- Crisis in Japan as the Olympics loom
- COVID 19-India has recorded huge numbers of new infections and large numbers of deaths



Driving the Durack Economy

5 May 2021

The Durack economy will be boosted by a \$530 million infrastructure investment package, with more funding for the massive and vital road network in next week's Federal Budget.

Federal Member for Durack, the Hon. Melissa Price said these projects will make WA roads safer, reducing travel times and supporting thousands of jobs across Durack.

"From the north to the south of my vast Durack electorate, I am thrilled that many will benefit with the investments in the continued upgrading of the Great Eastern Highway in the Wheatbelt to the Great Northern Highway in the Kimberley," Ms Price said.

"The Morrison Government's ongoing funding commitment is boosting businesses and communities across Durack, as part of the Government's National Economic Recovery Plan. This includes a regional focus on the 'WA Agricultural Supply Chain Improvements' project to better connect Durack's world-class farmers to domestic and international markets," Ms Price said.

"Regional WA is the backbone of our state, the powerhouse of our economy, and by backing supply chain improvements, we are supporting mining, tourism and agriculture to continue to lead our State's recovery," she said.

Key projects to be funded include:

- \$200 million, Great Eastern Highway Upgrades – Coates Gully, Walgoolan to Southern Cross and Ghooli to Benari
- \$160 million for the WA Agricultural Supply Chain Improvements – Package 1
- \$48 million Great Northern Hwy, Broome - Kununurra.
- \$48 million Marble Bar Road Upgrade
- \$44 million Indian Ocean Drive, Jurien Bay to Brand Highway

This year's Budget is a key plank of the Government's plan to help Australia bounce back stronger than ever from the COVID-19 pandemic. The Morrison Government will continue our strong record of infrastructure delivery as we lay the economic foundations for the future.

For more information on investments in Western Australia visit <http://investment.infrastructure.gov.au>.

Media Contact:

Rose Crane 0427 587395, Rosemea.Crane@aph.gov.au.





NAREMBEEN HISTORICAL SOCIETY (INC)

Next Meeting: **Monday, May 17, 2021**
Commencing at: **2.00 pm**
At: The HISTORY CENTRE
(Road Board Building)

Interested Community members very welcome.

Thinking of YOU



MOTHERS WHO
HAVE LOST
CHILDREN



THOSE WHO HAVE
LOST MOTHERS



THOSE WITH
STRAINED MOTHER
RELATIONSHIPS



MOTHERS WITH
STRAINED CHILD
RELATIONSHIPS



THOSE WHO HAVE
CHOSEN NOT TO BE
MOTHERS



THOSE YEARNING
TO BE MOTHERS

Our days are happier
When we give people
A bit of our heart
Rather than
A piece of our mind

Narembreen District High School

Newsletter

Independent Rural Excellence

LEARN ~ ACHIEVE ~ SUCCEED

Principal: Mrs Chris Arnold Deputy Principals: Mr Russell Arnold
Ms Lynda Cornish

Our Values:
Learning, Excellence, Equity & Care



Ada Street, Narembreen WA 6369
Phone: 08 9064 7286 Fax: 08 9064 7029
Email: Narembreen.dhs@education.wa.edu.au Website: www.narembreendhs.wa.edu.au

NEWSLETTER 7/21 May 10 2021

IMPORTANT DATES

May 11 - May 21	Naplan Yr 3,5,7& 9
Wednesday May 19	Year Assembly 9.10am and Year 1 class report
Friday May 21	National Family Day activities
Friday May 28	Faction Cross Country 1:15pm. All spectators welcome.
Thursday June 3	Dockers Shield (Primary football Year 3 - 6)

WEEK 4 QUOTE



“ Strength doesn't come from what you can do.
It comes from **OVERCOMING**
the things you once thought you couldn't. ”

WHAT'S INSIDE

- From the Principal
- Positive Rewards
- Homework
- Community News

FROM THE PRINCIPAL

THANK YOU DORCAS

Once again we owe a debt of gratitude to DORCAS CLOTHING who have just presented us with a cheque for \$2,000 for our Pre-primary centre. Rosemary and her helpers do amazing work, continually providing funds to clubs, our school and many charity organisations. We are so thankful that you think about our students and continue to reap the rewards of your hard work.

NAPLAN 2021: GOOD LUCK YEAR 3, 5, 7, & 9 STUDENTS

This week the students in Year 3, 5, 7, & 9 will be sitting NAPLAN (National Assessment Program – Literacy and Numeracy) tests. With the exception of Year 3 writing, these assessments are completed online. Information has been sent home to parents, including the timetable for the tests. Although these assessments are used at times to make a judgement about how a school is going, in a school as small as ours, the actual cohort is the main influence on the overall results. Basically, some cohorts are more capable than others. Last year we did not have these tests due to COVID and we missed the data we can glean from the results about what we can do to improve but they are still only one test on one day. Please encourage your child/ren to have plenty of good sleep this week as rest does help the brain ☺. Many thanks to Russ who has been in charge of 'all things NAPLAN', I am sure he will be glad, like you will be, when it is all over ☺.

CROSS COUNTRY 2021

The students are in training at school for our Cross Country event which will take place on Friday May 28 2021, commencing at 1:15pm. As I say every year, this is not every student's favourite past time, but all students will be participating in the carnival. This is **not negotiable**, as all our carnivals are an integral part of our Physical Education program. **Training and competing in this event does not just improve fitness, it builds strength of character and resilience.** The interschool carnival will be held on **Friday June 18 2021** in Bruce Rock.

ASSEMBLY WEDNESDAY MAY 19 2021

The first assembly for Term 2 will be held next Wednesday May 19 2021 at 9:10am. The Year 5/6 will be running the assembly and presenting an item while the Year 1 will present their class report. We hope to see you all there ☺.

PUBLIC SCHOOL REVIEW

This year we will have our first Public School Review. In the past, we have had Independent Public School Reviews, but all schools now have a Public School Review. We will have two 'reviewers', one being a Director and the other a Principal of a like school, who will come out and see how we are doing against the new Public School Review Standard. The hardest part of this process is, to be honest, deciding what evidence, from all that we collect, to put forward to back up our knowledge



LEARN - ACHIEVE - SUCCEED

that we are doing pretty well in all domains. The review will take place on **Wednesday June 16 2021** (Week 9 of this term) and parents, Board members, students and staff will all be involved on day.

THE IMPORTANCE OF READING TO YOUR CHILDREN

It has been awhile since we put information in the Newsletter about how you can help your young children have the best start to education, so I have done a bit of research to find some relevant material to remind you all of the importance of reading to young children. **Reading, not screen time, will make a difference!** It is undeniable that a child's reading skills are important to their success in school, work, and life in general. **And it is very possible to help ensure your child's success by reading to them at a very early age.**

SEVEN BENEFITS OF READING TO CHILDREN

Whether you're reading a classic novel or fairy tales before bed, reading aloud to children can significantly benefit your child's life. Some benefits reading to children include:

- **SUPPORTED COGNITIVE DEVELOPMENT**

Reading to young children is proven to improve cognitive skills and help along the process of cognitive development. **Cognitive development is the emergence of the ability to think and understand; it's "the construction of thought processes, including remembering, problem solving, and decision-making, from childhood through adolescence to adulthood".** It refers to how a person perceives and thinks about his or her world through areas such as information processing, intelligence, reasoning, language development, attention span, and memory. When you begin reading aloud to your child, it essentially provides them with background knowledge on their young world, which helps them make sense of what they see, hear, and read.

- **IMPROVED LANGUAGE SKILLS**

Reading daily to young children, starting in infancy, can help with **language acquisition, communication skills, social skills, and literacy skills.** This is because reading to your children in the earliest months stimulates the part of the brain that allows them to understand the meaning of language and helps build key language, literacy and social skills. In fact, a recent brain scan study found that **"reading at home with children from an early age was strongly correlated with brain activation in areas connected with visual imagery and understanding the meaning of language"** (TIME.com).

- **PREPARATION FOR ACADEMIC SUCCESS**

Studies have shown that **"the more words that are in a child's language world, the more words they will learn, and the stronger their language skills are when they reach kindergarten, the more prepared they are to be able to read, and the better they read, the more likely they will graduate from high school"** (PBS.org). Numerous studies have shown that students who are exposed to reading before preschool are more likely to do well when they reach their period of formal

education. It is generally considered that there are five early reading skills that are essential for development. They are:

Phonemic awareness – Being able to hear, identify, and play with individual sounds in spoken words.

Phonics – Being able to connect the letters of written language with the sounds of spoken language.

Vocabulary – The words children need to know to communicate effectively.

Reading comprehension – Being able to understand and get meaning from what has been read.

Fluency (oral reading) – Being able to read text accurately and quickly.

While children will encounter these literacy skills and language development once they reach elementary school and beyond, **you can help jumpstart their reading success by reading to them during infancy and their early toddler years.** While they won't be able to practice fluency or phonics at that stage, they will get an earlier introduction to phonetic awareness, vocabulary and reading comprehension, all of which will set them up for success as they grow and interact with the world around them.

Early reading with your child is a true one-on-one opportunity for children to communicate with their parents and parents to communicate with their children. It allows children to grow their vocabulary skills with exposure to new words and listening skills they develop from hearing someone read to them that become vital to their academic success.

• DEVELOPING A SPECIAL BOND WITH YOUR CHILD

It goes without saying that reading to your young child on a regular basis can help you forge a stronger relationship with them. When it comes to children, one of the most important things you can do to positively influence their development is spending time with them. Reading to your children provides a great opportunity to set up a regular, shared event where you can look forward to spending time together. With shared reading, your child will trust and expect that you will be there for them. The importance of trust to small children cannot be overstated.

Reading a favourite book to your children not only helps you bond with them, but also gives your children a sense of intimacy and well-being. This feeling of intimacy helps your child feel close to you, and the feelings of love and attention encourage positive growth and development.

• INCREASED CONCENTRATION AND DISCIPLINE

Introducing regular reading time into your child's schedule has another benefit outside of creating shared time together: increased discipline and concentration. Very young children rarely sit still for long, and it's oftentimes difficult to get them to focus. But when you introduce regular reading to your children, you may start to observe a change in behaviour. Toddlers may initially squirm and become distracted during story time, but eventually they'll learn to stay put for the duration of the book.

Educators believe that regular reading along with improved reading comprehension comes "a stronger self-discipline, longer attention span, and better memory retention, all of which will serve your child well when she enters school."

**The more that you read,
The more things you will know.
The more that you learn,
The more places you will go.**
Dr. Seuss

- **IMPROVED IMAGINATION AND CREATIVITY**

Young children naturally have a capacity to dream big and use their imaginations. Reading aloud to your child **helps them use their imaginations to explore people, places, times, and events beyond their own experiences.** Reading as an imaginative activity can open doors to all kinds of new worlds for your child. By widening your child's imagination, your child is more likely to dream bigger and act creatively which can benefit they school, work, and life in the future.

- **CULTIVATING A LIFELONG LOVE OF READING**

According to Jim Trelease, author of the best-seller, *The Read-Aloud Handbook*: "Every time we read to a child, we're sending a 'pleasure' message to the child's brain... You could even call it a commercial, conditioning the child to associate books and print with pleasure." This connection between reading and "pleasure" is crucial for success later in life. Reading is the key for lifelong learning, and if you can instil a love of reading at an early age, then a commitment to lifelong learning is sure to follow. Reading aloud presents books as sources of pleasant, valuable, and exciting experiences. **Children who value books are motivated to read on their own, and will likely continue to practice independent reading throughout the rest of their lives.**

When it comes to reading to your children, the benefits to your child's life range far beyond the development of a close bond with them, although that's certainly one of them. Reading aloud to children is truly the single-most important activity for building these understanding and skills essential for reading success that your child will carry with them all throughout their life.

MRS CHRIS ARNOLD
PRINCIPAL

POSITIVE REWARDS

The following students received 10 points for their faction. Well done!

Tyrese Takuira x 2	Maroon
Chloe Browning	Maroon
Bailey Kuhne-Munroe	Gold
Mason Kuhne - Munroe	Gold
Jayden Conopo	Maroon
Tahlia Ashmore	Maroon
Avayah Cowan x 2	Maroon





A GASTRONOMICALLY GOOD TIME!

NAREMBEEN DISTRICT HIGH SCHOOL'S CASSEROLE TEA

After a big day of Winter sport ALL community members can enjoy a hot casserole provided by the Narembeen District High School.

**15TH MAY @ NAREMBEEN RECREATION
CENTRE. 6.30PM ONWARDS**

12 & UNDER: \$12 ADULTS:\$20 (ADULTS NO DESSERT: \$15)
ALL PROCEEDS GO TOWARDS OUR 5/6 CAMP AND HIGH
SCHOOL COUNTRY WEEK



Government of Western Australia
North Metropolitan Health Service



Women 50 years or over,
have a **FREE** breast screening
mammogram every two years.
Once is not enough.



BreastScreen WA's mobile service will be at:

Narembeen District Hospital

29 Ada Street

28 May - 2 June 2021

(Dates may be subject to change)

Women 40 years and over are eligible to have a **FREE** breast screening mammogram.

For an appointment
book **online** or phone **13 20 50**



SEP-2018

www.breastscreen.health.wa.gov.au

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Narembeen/Bruce Rock Clinic Dates 2021

Location A: Narembeen pop-up store on Churchill Street

Location B: Bruce Rock Pony Club on Dunstall Street

May 26th
June 23rd
July 21st
August 18th

September 15th
October 13th
November 10th

Please call 90411734 to make an appointment

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Working within the Shires of Brookton, Bruce Rock, Carrington, Kardinia, Kulin, Narembeen, Pingelly,
Quairading and Wickepin.

NAREMBEEN COMMUNITY BBQ



Friday, 21 May 2021

From 5.00pm

Community Precinct & Pop-Up Shop



FREE
Family
Friendly
Event

Community
Conversation
Connection

*'A Celebration of the Narembeen
Community and it's many Volunteers'*

WORKING TOGETHER FOR THE COMMUNITY



For more information:
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Department of Communities



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Merredin, WA, 6415
Direct: 08 9035 0417
Email: care.kli@rightathome.com.au



Personal Care

- Bathing
- Hygiene
- Grooming and Dressing
- Continence Care / Toileting
- Help with mobility
- Help reduce the risk of slips and falls
- Help with exercises
- Assistance with eating



Skilled Nursing Care

- Medication Administration
- Catheter Care
- Complex wound dressings (vac dressings)
- IV therapy, IV antibiotics
- Tube feeding
- Rehabilitation
- Palliative care
- Symptom Management
- Managing a rapidly changing health status



MERREDIN - 5 George Street
Merredin, WA, 6415
Direct: 08 9035 0417
Email: care.kli@rightathome.com.au



Companion Care

Homemaker Services

- Meal preparation & clean-up
- Monitor diet and nutrition
- Medication reminders
- Pet care and pet monitoring
- Prepare grocery list



Light Housekeeping Services

- Mop, sweep and vacuum
- Clean kitchen & appliances
- Clean bathroom(s)
- Dust, organise, tidy rooms
- Make beds & change linen
- Laundry
- Iron clothes
- Take out the garbage



Home Activities

- Help with letters, read mail
- Read (books, newspaper)
- Rent and watch movies
- Companionship, conversation
reminisce about the past
- Play cards or board games



Transport & Outdoor Activity

- Transportation – doctors
appointments / social events
- Errands – mail letters, bills
- Grocery shopping
- Outings to theatre, film, art
galleries, RSL, coffee shop
- Visits with friends
- Take walks, visit the park



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NAREMBEEN

We thought you would like to learn a little bit about us and why we do what we do. Over the next few editions we will tell you about our Volunteer Ambulance Officers and our Committee and other helpers.

WHO AM I?

Name: Lorraine Lethlean

How long have you lived in Narembeen: I was born here in 1949, I then travelled the world on and off from 1972-1984. I returned to Narembeen 12 years ago.

How old are you: I am 71 years old.

What do you do here (occupation and voluntary): I work as a receptionist at the Medical Centre and volunteer as Treasurer and Editor for The Fencepost, Treasurer of St John, President of the Narembeen Historical Society and Secretary and Pastoral Assistant for the Anglican Church.

Do you have any hobbies: I enjoy badminton, running and watching the locals at sport.

Do you have a partner/child: Yes, my husband - Warren Milner.

Do you have any pets: No, unless chooks count.

How long have you been an Ambulance Volunteer: I am not an Ambulance Officer but have been Treasurer for the past 10 years.

Why did you become a Volunteer: The previous Treasurer left town and I was asked if I would like to "give it a





NAREMBEEN

go" and thought "why not" I have the necessary skills in that area to give some help. When we returned to town to be a part of the Community volunteering is very important.

Do you think others in our town could give it a go: Yes, in many ways, you never know what skills others might have that could be helpful at our Sub-Centre.

Anything else about yourself or volunteering at St John's: My position as Treasurer can be demanding especially when programs are changed over and don't go as smoothly as they should, but it is very rewarding and of a great benefit to a small community.

I run the triathlon each year and spend the months leading up to this swimming, running and riding. I was awarded the Narembreen Senior Citizen of the Year Australia Day Award in 2018. I come from quite a large family as you can see below, I am pictured with my sisters (not the Queen) and have 2 brothers also.



**Everyday people doing everyday things for people in
our Community**



Narembeen Community Resource Centre

From the Managers Desk

Hello everybody!

I hope everyone enjoyed all the rain we received last week, I know all the farmers out there are very happy! What a great start to the season.

We have begun preparation for SOCK Week 2021 with the intention of making this very important message even bigger, spreading the message further into the Wheatbelt.

If you don't already know, SOCK stands for 'Save Our Country Kids' and is a road safety initiative created by the Narembeen CRC.

SOCK week is a week long campaign of education on road safety and the impact poor decision making can have within a small community. SOCK Week is held annually in the last week of June and facilitates a number of activities and events that are designed to be informative as well as engaging.

We will keep you all updated with what we have planned for this year via our social media platforms and the Shire of Narembeen Website.

Make sure you are keeping an eye out for what events and workshops we have coming up - they can be found on the next page. If you have a course or workshop that you would like to undertake, please let us

know and we will do our best to organise it for you - that is what we are here for :)

We have had some interest in another Truck Licence course, so if that is something you or someone you know needs, call us today to put your name and contact details down!

We are also collecting expressions of interest for a Rural Minds Workshop and SafeTALK course that is open to the community, so spread the word and please don't hesitate to call us for more information.

LAST CHANCE!! If your details in the Narembeen Community Directory have changed or you would like to be added, please let us know as soon as possible. A new Directory will be printed and available for purchase in July.

Have a great week!

Vanessa Wittstock
CRC Coordinator

Upcoming CRC Events

- Morning Coffee Club: Wednesday, 19 May 2021 10.30am
- 'THANK YOU BBQ' for Volunteers: Friday, 21 May 2021 5.30pm
- Australia's Biggest Morning Tea: Thursday, 27 May 2021 10.00am
- STEM Story Time: Friday, 28 May 2021 10.30am
- Seniors Movie: Monday, 7 June 2021 1.00pm
- Rhyme Time: Monday, 14 June 2021 10.30am
- SOCK Week: 28 June - 4 July



T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au



Narembeen Community Resource Centre

Narembeen CRC





The Windscreen

Narembreen Football Club would like to thank the following sponsors;

Nutrien, Elders, NB Spraying, Narembreen Workers Bar, Jordan Sprigg Sculptures, Varley Transport, Central Wheatbelt OT, Wheatbelt Ag, Gmeiner Family, Narembreen Engineering, McIntosh and Son, Hutton and Northey, Aviso, Midwest Agribusiness-Craig Walker, Rockdale, Narembreen Tyre Service, Miolini Family.

Sometimes you're the bug and sometime you're the windscreen. This a phrase that football teams need to remember. Simply put, it suggests that there are times when you are all powerful and overcome everything in your path and there are then times when you get squashed. The passage of time allows for us all to get turns at both sides of the equation, all though that is really irrelevant, for it is not which side you are that matters. What really matters is what you do when you are there. On Saturday last the Hawks found themselves in the position of being the windscreen. So, like I say, how did they handle it is the question.

The Ressies started the day by squaring up the numbers with their opposition, who, despite things being tough to field two sides, do the work to get them and deserve much respect to the Southern Cross Footy Club for that. Many thanks needs to go to Brady Garlick, Steven Cummins and Tom Latham for stepping across. It is easy to suggest that this isn't a big deal but it's also easy to forget that although country Ressies footy isn't as intense than the league competition it is still senior sport and adults, in the most part, that want to play with their mates.

The boys started well, having the best of the first quarter. Cooper Sprigg was given the keys to the Ferrari in the middle and was highly influential. The forward line looked like the original four headed monster with Rosie(Ben) Hunter, Lindsay Brown, Rhys Cousins and Brendo Maher all looking dangerous early. The extra space offered by only having fourteen on the ground allowed for quick ball movement. More than once through the day the Ressies moved the ball coast to

coast and scored. It was clear that the boys had a chance to be a screen, so would they take it.

For the next two quarters the Ressies continued to have periods of real dominance but the thing was that their opposition refused to really let them take it. The Bombers got the better of the middle of the ground and took every opportunity to kick goals. At the final break there was just some twenty points in it and the Ressies had to settle. They had to settle and plan to make the most of the final quarter for they were the better side on the ground, they were being forced to prove it.

The move of Rosie Hunter into the middle had a calming influence, while the backline held firm and rebounded with dare. The final stanza saw the Ressies become dominant once again and if they had of kicked straight they would have really piled on the goals. It's been a while since the Ressies have found themselves at 2-2 four rounds in. There is a blend of players from all over the world and all through the country and these boys are coming together for what country Ressies footy should be; fun.

Ressies	16-15	111
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Southern Cross	9-3	57
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Best: C Sprigg, B Hunter, L Brown, Dom Sampi, Zane Long



It was clear early that the Hawks were on top. They controlled the ball for a large part of the earlier scuffles and this would continue for the majority of the day. The midfield was good at going both ways and the backline moved the ball with speed and precision when they found the gap. This opportunity should not have been lost on the players, as it has been a long time since the Hawks could really put a team to the sword.

With the dominance up the ground the Hawks forwards were given a great amount of supply. Cody Duncan was damaging with the ball, taking it on himself to move the ball vast distances. James Kennedy was the best player on the ground. Kennedy roamed far and wide from the goal square to the centre square. He made good decisions with the ball kicking 8 goals and having a hand in others.

Defensively the Hawks were at their best, constantly restricting the oppositions opportunity to take marks in a position where they can score from. They applied strong pressure to the ball going into their defence then when it was on the ground the likes of Jay Gill, Dean Williams and company were ferocious and decisive. This would prove to be a consistent theme throughout the day as the Bombers were only able to kick their first goal minutes before the final siren.

Hawks	17-18	120
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Southern Cross	1-4	10
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Best: J Kennedy, C Duncan, Rhi Green, Ben Hislop,

The final score rightly depicts a big win for the Hawks. However, the scoreboard doesn't explain the long periods the Bombers kept the Hawks at bay. The times definitive entries into scoring positions were lost due to poor decisions with the final kick and the amount of times the Hawks got pushed wide by their opponents. Although the context offered it the Hawks didn't quite take the chance to be as dominant as they could have been. A win is a win though and nothing is perfect. The challenge remains in front of Sam Bald and his group to keep fixing the cracks and improving their football to see just what might come of season 2021.

**Here's a
question for the
mind readers
out there.**

© OUTRIMERS



NAREMBEEN NETBALL CLUB

PO BOX 133
NAREMBEEN WA 6369

PRESIDENT: BRIT DUNCAN
SECRETARY: KELLY LYON
TREASURER: BEC WANLESS

0417 612 045
0427 647 635
0439 334 056

2021 SPONSORS

Narembeen Spraying
Elders
Wheatbelt Ag
Sonic Boomsprays
Central Wheatbelt Occupational Therapy
Cody Express

"The Joan McCutcheon Courts"

Please find attached an invitation to the Official Naming of our netball courts.

Joan was the driving force behind the establishment of junior netball in Narembeen & surrounding towns, and the founder of the Narembeen Junior Netball Association within CDNA.

She was a respected Life member of CDNA, Narembeen Netball Club & Narembeen Junior Netball Association. Joan was a passionate advocate of netball.





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0439 334 056

Our 2021 season is underway, we travelled to Kondinin on Saturday for a Gala Day.

NB1 40 v BK1 23
NB2 47 v CR2 31
NB3 29 v BK2 24
NB4 49 v BK3 2

A1	A2	B
Sapphire Gault	Vanessa Woodstock	Laura Cala
Tenille Cole	Georgia Atkins	Chloe Magditch
Holly Cusack	Trista Federici	Savannah Garlick
Brit Duncan	Bronte Farrell	Blair Fagan
Kell Lyon	Bianca Currie	Hannah Chitty
Hannah Bald	Beccy Wanless	Makayla Cole
Ashleigh Hunter	Rachael Starcevich	Sarah Lines
Casey Hooper	Tahli Saunders	Sari Cusack
Meika Noorlander	Alice Hardham	Lucy Currie
Anita Parsons	Rebecca Gmeiner	Keira Butler

Narembeen Netball Club 50th Anniversary – 12th June 2021, please see invite for details.

We would also like to thank Gavin Cole for installing the Netball shed gutters.



Brownley's Plumbing & Gas

Gas Licence# GF8292 Plumbers Licence# PL6574 ABN# 81 363 273 168

We specialise in:

Hot & cold water services
Drainage, Sanitary, Gas fitting &
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Gavin Brownley

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E: gavinbrownley@gmail.com
54 Dampier Street, Bruce Rock WA 6418
PO Box 137, Bruce Rock WA 6418

Narembreen Hockey



Burracoppin v Narembreen (Juniors) 0-1

By Charles Robinson

We played Burracoppin on the weekend.

It was a fun but tough game. We are learning to play together as a team.

Thank you to Parker Lynch for being our goalkeeper.

Thank you to Ollie and Zac from Burracoppin who also played with us.

Burracoppin v Narembreen (A Grade) 0-3

We continued to build on our game strategy this week. Burracoppin's goalie was exceptional and was peppered constantly by our attack. Our forwards, inners and halves were exceptionally strong for all four quarters and pushed high. There were some highlights in our passing and our defence only conceded two short corners for the whole game.

Thanks to Sam Nation in goals. Well done to Emma Miolini with two goals and Caz Robinson with one. Congratulations to Maddie Della who was named Captain and to Mel Baldwin Vice Captain.

Burracoppin v Narembreen (B Grade) 0-1

Round 2 saw us play against Burracoppin for the Gala day in Merredin. The game started off a little flat, but after the quarter time chat with coaches Em Miolini and Nat Browning we lifted in the second quarter with lots of great passes and helping each other out. We had plenty of action in our attack, but couldn't quite convert and the score remained nil all at half time. We continued to improve throughout the second half of the game, with our efforts finally paying off when Sam Nation scored a beautiful goal from a short corner. With some great defensive pressure from the whole team we were able to keep Burracoppin scoreless, ending the game with a 1-0 win. A great effort by the whole team, we have an exciting season ahead!

Team: Maddie Della(goalie), Prue Maher, Kylee Slade, Kara Morrone, Felicity Cowan, Sam Nation, Fabs Gracia, Holly Burns, Jess Smoker, Deakan Miller, Tamara Clarkson, Hannah Kerse, Courtney Hall & Carissa Wanless.

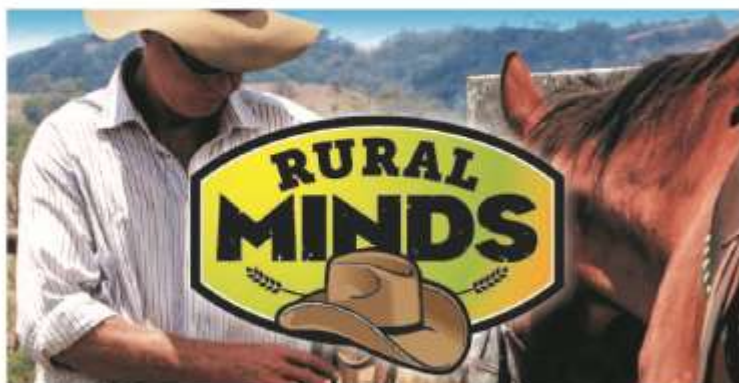
Game Times for this week

11.45am	B Grade
1.05pm	A Grade
2.25pm	Juniors
3.30pm	Men

EXPRESSION OF INTEREST

CRC COURSES & WORKSHOPS

Rural Minds Workshop



A Rural Minds Workshop is a relaxed way to learn about mental wellbeing and resilience for your community, your family, friends, and yourself.

Course length: 4 hours | Cost: \$30.00 per person

SOME TOPICS DISCUSSED:

Stigma around mental illhealth, Anxiety and Depression, Dementia, Suicide, Alcohol & Drugs, Relationships, Financial Stress and Succession, Mental Health Supports

SafeTALK - Mental Health & Suicide Prevention

Workshop length: 3.5-4 hours | Cost: Free

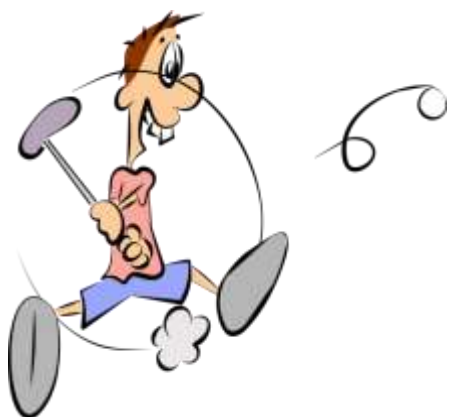
The Mental Illness Fellowship of WA (MIFWA) is partnering with CBH Group, Lifeline WA, Youth Focus and Black Dog Institute to support the mental health and wellbeing of people living in regional grain growing communities across WA. MIFWA is providing a variety of mental health and suicide prevention and awareness training and workshops for young people (aged 13-19) and the whole community.



If you are interested in any of the above or would like to know more information, please contact the Narembeen Community Resource Centre.



T: 9064 7055
E: crcmanager@narembeen.wa.gov.au



Narembeen Golf

Mother's Day "Hot Sausage night" was a success!

Thanks to Hendy Cowan, the sausages arrived safely and the hot ones were hot! It is a long established tradition started by our past member Jim Epiro, who came up with the idea. We really appreciate the men who cooked and cleaned up.

We played a 2 person Ambrose, splitting up the couples, and there were some great scores. However we aren't sure who was the woman in the winning pair of Pete Cowan and Jesper Dall who came in with an impressive nett score of 66.25 from another rogue group of three Miranda Noak, Aaron Lyon and Dan Gray on 68 with Julie Hayter and Brian Cusack one over the card on 68.75. The NP #2 and #15 winners were Anita Cowan and John Currie, Best 2nd shot #5 was Rob Miolini and Carol Currie with Julie and Brian the Long Dong on #13.

The green cover has burst out of the ground and the conditions were so different to what it has been. We had to try hard to avoid that dastardly capeweed bounces around the greens!

On Wednesday the women played a 4BBB for Miranda Noak and Marie

Campbell's trophy on a damp course where it didn't roll like it has. Gina DeLuis and Holly Cusack won with a great 40pts. Not bad effort to win on your first competition day Holly! They snuck in by one point from Sherrie Heather and Julie Hayter 39 from Maxine Miolini and Julie Miller on 36. Gina & Holly won NP#9 and Sherrie & Julie Best 3rd #11. It was great day topped off by Marie joining us for the yummy nibbles. Great to see you and hope that shoulder gets mended soon.

We had a coach, Brayden McCubbing, on Sunday and it was brilliant. He will be back in about 1-2 months' time so for those that didn't take advantage think again.

Many thanks in anticipation to our Hendy for the stint he is doing on the mower so the girls can get some distance on their first qualifying round. Just let Anita pick the mushies first.

Please remember to pay your subs ASAP.

Full-\$160, Country-\$60, Social-\$25

online at

BSB 306-026 Acct No 5159579.

"To golf or not to golf?--- What a stupid question".

Tea
Coffee
Cake

Raffles

NAREMBEEN'S Biggest Morning Tea

\$5
Entry

Help us
raise
\$500!

**Join us for the 2021 Cancer Council's Biggest Morning Tea
at the Narembeen Community Resource Centre.**

**When: Thursday, 27 May 2021
10:00am**

**Enjoy tea, coffee and cake with the community while
raising money for a very important cause.**



Australia's
Biggest
Morning
Tea



Narembeen
Community
Resource
Centre



NAREMBEEN AND BRUCE ROCK DARTS ASSOCIATION



Results from Brownley's Plumbing & Gas Round 2 Week 3

Played Friday 7th May 2021

MC SHARKS 6 v WIZARDS 5

BRUCE ROCK 5 v MAGPIES 6

ROYALS 1 v JETS 10

League Ladder

TEAM	PLAYED	WON	LOST	LEGS FOR	LEGS AGAINST	LEGS DIFFERENCE	POINTS
JETS	8	7	1	64	24	+40	14
MC SHARKS	8	7	1	56	32	+24	14
WIZARDS	8	5	3	52	36	+16	10
MAGPIES	8	3	5	45	43	+2	6
BRUCE ROCK	8	1	7	26	62	-36	2
ROYALS	8	1	7	21	67	-46	2

HIGH AVERAGES (50+)

Lindsay Brown (71.32); Kriss Hayden (64.53); Ron Rojas (64.43); Gavin Brownley (64.04); Craig Roissetter (53.68); Dom Sampl (50.65)

PEGS (50+ in Bold)

Kriss Hayden (32,25,**56**); Justin Watts (-,147,-); Kaleb Roissetter (2,-,8); Ron Rojas (-,-,83); Ronjie Palompo (-,-,2); Lindsay Brown (-,58,-); Dom Sampl (-,-,80); Jarman Collard (-,-,36); Paul Hutton (-,4,32); Enerson Gamiao (-,-,8); Mal Higgins (-,-,24); Mark Jensen (-,-,14); Steve McConachy (4,-,20); Gavin Brownley (16,32,14); Graydon Dawson (-,20,-); Josh Irving (-,-,14); Keith Butler (2,10,8); Mike Darby (-,-,45); Lee Griffiths (-,-,4); Neville Brandis (4,2,2); Marcus Dorlandt (-,18,-); Mark Brown (-,-,4)

HIGH SCORES (101+)

Ron Rojas (**180**); Dom Sampl (**180**); Graydon Dawson (156); Justin Watts (147); Gavin Brownley (140); Kriss Hayden (140); Josh Irving (140); Lindsay Brown (140); Wayne Wisniewski (137); Ronjie Palompo (133); Mike Darby (125); Mal Higgins (121); Paul Hutton (121); Keith Butler (121); Marcus Dorlandt (120); Steve McConachy (120); Rodney Oakley Inr (115)

100 CLUB

Gavin Brownley (3); Ron Rojas (3); Damien Bow (2); Justin Watts (2); Craig Roissetter (2); Keith Butler (1); Neville Brandis (1); Marcus Dorlandt (1); Steve McConachy (1); Kriss Hayden (1); Kaleb Roissetter (1); Rhys Cousins (1); Danny Gray (1)

BEST OVER AVERAGE

Lindsay Brown (+16.14); Ron Rojas (+9.92); Mal Higgins (+9.03); Craig Roissetter (+9.00); Kriss Hayden (+8.11); Wayne Wisniewski (+7.93); Paul Hutton (+7.86)

THIS WEEKS FIXTURES

Friday 14th May 2021, 'Game On' 7.30pm

Royals v Bruce Rock at Narembeen Workers Hotel Bar & Bistro

Jets v MC Sharks at Bruce Rock District Club

Magpies v Wizards at Bruce Rock Hotel

Gala Night Next Week Friday 21st May 2021, Brownley's Plumbing & Gas Round 2 Week 5
all Games at Bruce Rock District Club that Night, Game On as Usual at 7.30pm

BIRTHDAYS



12th	Alan Treloar Ashlee Cusworth		Cody Palmer
13th	Rachel Hall	Nicole Smith (Holberton) Daniel Hill Rebecca Nation	Kira (Della) Redhead Natalie(Menegola)Cheetham Samantha Cole
14th	Jessica Davis Tamara Cowan Benjamin Ashmore	Mark Henderson Myles Bristow	Kahlan Woods Imogen Hickey
15th	Carmen DellaVedova	Peter Henderson Sharni Gill Shane Hassett	Allan Henderson Maya Della Vedova Ryan Sprigg
16th	Merrick Latham Jolie Cheetham		Carol Federici
17th	Tanya Smith(Dixon) Oliver Miller	Esther Forrest Lani Vanderleer	
18th	Rowena Wasley		
19th	Hayley Ketteringham		Kieran Hunter

ANNIVERSARIES



14th Rose & Rick Cardinal

WEATHER

Day	Date	Max (°C)	Min (°C)	Rainfall (mm)
Tuesday	4th May	18.6	13.9	22.6
Wednesday	5th May	22.2	14.3	0.2
Thursday	6th May	22.4	14	0.6
Friday	7th May	21.1	11.4	
Saturday	8th May	20.2	10.2	
Sunday	9th May	20.3	7.1	
Monday	10th May	22.4	8.2	

Rain makes
everything
Beautiful



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, May 16th

9 am

Rev David Russell visit

Acts Ch1-V15-17, V21-26 R.Hall

1 John Ch5-V9-13 H Toovey

John Ch17-V6-19

Psalm 1

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday, May 15th

6pm

Reader: J Cusack

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: J Cusack

Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday 15th May

10:00 am. Senior's Bible Study, now into another series, "The PROMISE", this week's title is "Covenant at Sinai" & the Key Text is Exodus 19:4, while studying from various parts of Genesis, Exodus, Deuteronomy and through to Romans and Revelation.

Sabbath School will be available for kids too at this time.

11:30 am. Worship Service with Dr Lindsay via video again with the theme "Jesus' Gift: Soon to Divide the World".

You can follow the current Bible Study series on your VAST TV on Channel 603 at 4:00 am on Mondays (if you can't sleep or would like to record it to follow this 5 part study throughout the week) before it's on again at 4:00pm on Fridays, or there is another shorter program, "Let God Speak" at 7:00 pm Fridays.

Current phone contacts for the church –
Terry & Rhonda - 9061 7032, 0427 907 119,
or 0417 907 119.

Pastor Lomani - 0429 770 331

Church of Christ

Thurs 13th May 7.30pm

Bible study at W&L Milner's place

Bring something from the Bible about The Day of the Lord

Friday 14th May 3.15 – 5.00pm

Kids Club at Church of Christ Hall

Sunday 16th May 10.00

Worship service with Sunday school during the service

Bible Verse: John 1:12

But to all who did accept him and believe in him he gave the right to become children of God.



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembreen Medical Centre

COMING EVENTS

May 2021

Wednesday	12th	<p>REED Narembreen bookings ADMIN 68 323 825</p> <p>Golf: Ladies Stroke</p>	<p>8.30am - 5.30pm</p> <p>11.45am</p>
Thursday	13th	<p>Men's Shed</p> <p>Numbats: Phone bookings from 8.00am 0422 322 289</p> <p>Autumn Club</p>	<p>9.00am</p> <p>8.30am - 5.30pm</p> <p>10.00am-2.00pm</p>
Friday	14th	<p>Playgroup at Numbats Centre</p> <p>Darts: Royals V Bruce Rock, Magpies v Wizards</p>	<p>9.30am</p>
Saturday	15th	<p>Church</p> <p>Men's Community Shed</p> <p>Netball: Gala day at Narembreen</p> <p>Football: Narembreen V Bruce Rock</p> <p>Hockey: Narembreen V Bruce Rock</p> <p>NDHS Casserole Tea fundraiser at the Rec Centre</p>	<p>9.00am</p> <p>11.45am</p> <p>6.30pm</p>
Sunday	16th	<p>Church</p> <p>Golf: Mt Walker- Stroke</p> <p>Golf: Narembreen Men:-S Miller Trophy Stableford, Ladies: Sweepstakes</p>	
Monday	17th	<p>Circuit Gym</p> <p>Arts and Crafts and Book Exchange at Community Shed</p>	<p>9.30am</p> <p>10.00am-4.00pm</p>
Tuesday	18th	<p>Senior Citizens</p> <p>REED Narembreen bookings ADMIN 68 323 825</p> <p>Badminton at Town Hall</p>	<p>2.00pm</p> <p>8.30am - 5.30pm</p> <p>6.30pm</p>
Wednesday	19th	<p>School assembly</p> <p>REED Narembreen bookings ADMIN 68 323 825</p> <p>Coffee Club at the CRC</p>	<p>9.10am</p> <p>8.30am - 5.30pm</p> <p>10.30am</p>

Editor: Gina DeLuis