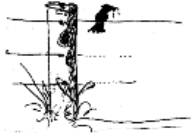


The Fence Post



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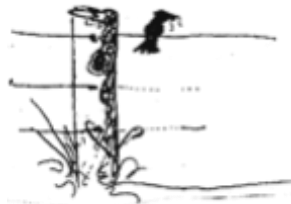
To book your COVID-19 vaccination appointment, call
Narembeen Medical Centre

9064 7145

#rollupfornarembeen

NAREMBEEN MEDICAL CENTRE

Roger Cook, Minister for Health, announced on 10 October 2021 that Covid 19 vaccination will become mandatory for WA Primary and Community health workers, with all first doses to be given before 1 November 2021. **This notice is to confirm that the Narembeen Medical Centre practice staff and Dr Lines are fully compliant with this directive. Services to the practice and to the hospital will continue unchanged.**



THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369

9064 7055

fencepost@westnet.com.au

*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2021

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$8	\$13	One Third Page	\$10	\$20
One half Page	\$15	\$25	Two Thirds Page	\$20	\$35
Full Page	\$30	\$50			

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

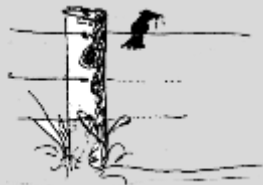
2 Nov Kellie Mortimore
9 Nov Lorraine Lethlean Jodie Batty

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....

Shopping Local

It is nearing the end of October so lots of us are thinking of Christmas. When considering what you can buy your loved ones please have a look in Narembeen or at what you can buy from locals.



Our local businesses are an integral part of our town. Many of them spend a lot of money sponsoring and supporting our clubs and us so please consider them! At Christmas and throughout the year!

Engagement

Mel Baldwin and Dean Williams are engaged. Fantastic news for them and for the district.



Best wishes!



Anniversary

Congratulations to Eddie and Dale Dixon on their diamond wedding anniversary on November 4th!

St Johns Ambulance

Congratulations to our long serving volunteers! Please read the article further in this issue.

The School

What a wonderful school we have. Please read their newsletter.

Well done on becoming finalists in the WA Mental Health Awards.

It sounds like they are busy preparing for the end of the year..good luck to all the staff and the children!

Marj Parsons new address

Marj's new address is MeathCare Como, Olive, Room 2, 80-82 Henley St. Como 6152.

Corporate Bowls

What a big success this has turned out to be. There are sixteen teams in the Thursday night competition. The Rec centre is buzzing and the bowling green teeming! There are sausages cooked and prizes won..

Well done to the organisers and to the volunteers. This Thursday will be the second last night of the comp.

Stephen Watson

Stephen recently passed away. He was the son of Margaret Harders and stepson to Gerald Harders. He lived in the district in the 1980's. Stephens funeral is at the Swan Valley SDA church 163 Talbot Rd, Jane Brook on Monday 1st of November at 1pm. For more information please call Rhonda Ashmore 0417907119

Subscriptions for 2022

Fencepost subscriptions have not increased in price next year. A reminder that if you get a hard copy subscription you can request an email version too, at no extra cost.

This Day in History

- 1917 20 000 women march in a suffrage parade in New York
- 1920 League of Nations headquarters moves to Geneva
- 1925 Water skis were patented by Fred Waller
- 1938 Dupont announces its new synthetic fibre 'nylon'
- 1982 China announces its population exceeds 1 billion

NAREMBEEN

Ladies Hospital Auxiliary

ANNUAL GENERAL MEETING

Thursday 11th November 2021

2pm

At the Narembeen Hospital

We welcome all new members

Di Pollard 0488 647 222

GENTLEMEN & LADIES DOUBLES
A & B GRADES

**MT
WALKER
TENNIS
CLUB
2021 OPEN
DAY**

WIMBLEDON WHITES

SUNDAY NOVEMBER 7

**PIMMS NO1 & AFTERNOON TEA
COURTSIDE**

\$25 per player which includes Lunch & Afternoon
Tea, Dinner will be available for purchase.

Entries Close Wednesday October 28.

Entries to Maddie Della Vedova 0498 480 442 or
Michael Morrone 0428 346 679.

Start Time to be advised.

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Post Office**

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from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au



APEX PARK —Please avoid the area whilst works are taking place

The new shade structures are in the process of being installed. Weather permitting, it is anticipated that the contractor will undertake additional concrete work the week commencing 25 October 2021. **Please keep away from the park whilst these works are being undertaken.**

Thank you for your patience.

PROHIBITED BURNING PERIOD

As of Monday 1 November 2021, the Shire of Narembeen is in the Prohibited Burning Period.

No fires or burning are permitted.

Please be aware of further restrictions which may be imposed over the bush fire season, including harvest and vehicle movement ban or total fire bans.



HEALTH AND WELLBEING SURVEY

During October and November 2021, we are asking for your help creating a new Health and Wellbeing Plan for our Shire.

We want to hear your views about what good health and wellbeing means to you, and any difficulties you face in achieving that. Your feedback will help us identify community needs and areas for action so we can improve the health and wellbeing outcomes for everyone who lives, works and plays in our Shire, now and into the future.

Please follow the link below to complete our online survey, which takes about 15 minutes:

<https://www.surveymonkey.com/r/NarembeenHealth>

from the CHIEF

DECO ARTS PROJECT IN NAREMBEEN

The Wheatbelt Health Network came out to the Community Resource Centre on Saturday with the Deco Arts Project to do some designs for the renovated skate park equipment.

We started the day talking about the skate park and what designs might be meaningful to the group. Then we drew up some concept art, pulling ideas from nature, skate park activities, and words or quotes that had meaning.

After the concepts were created, the next step was stencil creation. Using recycled cardboard, we traced and cut out the shapes for the designs. This took some skill and finesse, as some designs used multiple, layered colours and therefore required a lot of thought and planning to make sure the right parts were cut out (or not cut out). After that, we masked up and put on gloves and took to the cans!

Everyone got to create a unique piece of art that they could take home. Next week the artist will be using these designs and conversations to inspire the artwork for the skate park equipment. A special thanks to the Shire of Narembeem for providing the location for the street art to take place, to the Co-Op for catering a wonderful morning tea and lunch, and to Vanessa at the CRC for all her help and assistance coordinating and providing the workshop location.

The Deco Arts Project is an initiative created by the Wheatbelt Health Network and sponsored by the Department of Communities to create opportunities in the Wheatbelt for people with disability in socially isolated communities to learn new skills and build resilience. For more information on this and other workshops, visit www.wheatbelt.com.au/DecoArts or email decoarts@wheatbelt.com.au.

The Shire look forward to these designs transforming the Narembeem Skate Park Equipment!



from the CHIEF



Recruitment

Casual Cleaner

Shire of Narembeen is seeking the services of a casual cleaner.

This role will work with existing cleaners to ensure a high standard of cleanliness for Shire owned facilities.

Up to 30 hours per week may be available.

Building Maintenance

Shire of Narembeen is seeking the services of a handy person to undertake maintenance on Council owned facilities.

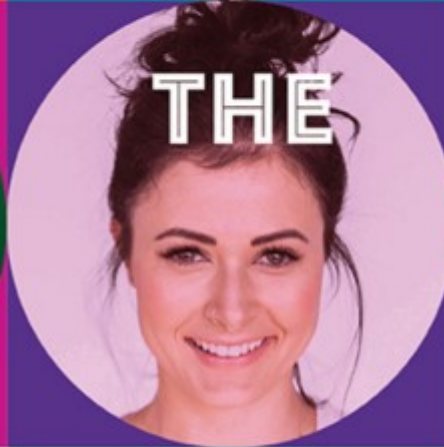
This includes ensuring all buildings and equipment meet safety, security and fire regulations policies.

This role may be considered as a part time role, to be determined with the right candidate.

To apply for either role, please submit a current resume and cover letter to emcs@narembeen.wa.gov.au or in person at the Shire offices by 4pm 5 November 2021.

David Blurton
Chief Executive Officer
Shire of Narembeen
1 Longhurst Street
Narembeen WA 6369

from the CHIEF



Nominate now

If you know someone, or a group, doing great things in our community, nominate them for a 2022 Australia Day Award, in our four categories.

- > Citizen of the Year
- > Youth Citizen of the Year
- > Senior Citizen of the Year
- > Active Citizenship (Group or Event)

CLOSING 31 OCTOBER 2021

TO NOMINATE

GO TO

[https://
www.citizenshipawards.com.au/
nominate/](https://www.citizenshipawards.com.au/nominate/)

OR SCAN
CODE



THE QR

from the CHIEF

ADVANCE NB2032 Get Involved!



The Shire of Narembeen wants to hear your thoughts and ideas on helping to develop the Shire's Strategic Plan 2022 - 2032.

ADVANCE NB2032 is an opportunity to set the vision, aspirations and objectives for the community and is prepared in collaboration with the community. It is a plan for action on how we will deliver our shared vision for NB2032.

There will be multiple opportunities to get involved with the first being the survey, hard copies are available from the Shire, CRC, Café or IGA or you can find the online survey on the Shire website.

Please share this survey with your friends, family and colleagues.

<https://www.surveymonkey.com/r/AdvanceNB2032>



from the CHIEF

NAREMBEEN AQUATIC CENTRE OPENING

WEDNESDAY, 3 NOVEMBER

11.00 AM - 6.30 PM



Narembeen St John Ambulance

October 2021

MORE THAN 70 YEARS OF SERVICE RECOGNISED



Ian Mortimore, Lorraine Lethlean, Michael Lethlean, Peter Hall, Debbie Hall

On Friday, October 22 the Sub-Centre held a celebration dinner to recognise those that have given outstanding service to St John's and to the community of Narembeen. 25 family members and volunteers joined the medal recipients for dinner which was held at the Sub-Centre.

After the main meal President Ian Mortimore presented the medals and bars to Debbie Hall – medal, 1st, 2nd and 3rd bar (25 years), Peter Hall – medal, 1st bar (15 years), Michael Lethlean – medal (10 years), Lorraine Lethlean – medal (10 years). Kellie Mortimore presented Ian Mortimore – medal (10 years).

These medals were to be presented at the annual convention in 2021 which was cancelled due to Covid restrictions.

Kellie thanked the volunteers for the work they do in the community and the support they give to the newer volunteers passing on their experience and expertise.



Cake by Emma Miolini

Thank you to the Co-op for providing the delicious salads on the night and a very big THANK YOU to the amazing Emma Miolini who not only made this amazing cake but donated it to thank the volunteers for the work they do and show her way of supporting the Sub-Centre. It was delicious.

Thank you to anyone who helped on the night but a special thanks to the dishwashers Michael and Glen who managed to clean the kitchen up to perfection.



Ian Mortimore, Michael Lethlean, Lorriane Lethlean, Debbie Hall, Peter Hall

The Sub-Centre is always looking for volunteers so if you would like to see what we do contact any of the committee or ambulance volunteers, they would love to show you the ropes.

Our Sub-Centre

Telephone/Fax: 90647771

Our Committee

Chairperson:	Ian Mortimore	0428647090
Vice-Chair:	Michael Lethlean	0428647961
Treasurer:	Lorraine Lethlean	90648049
Secretary:	Kellie Mortimore	0427647090
Trainer:	Debbie Hall	0457758882
Committee:	Peter Hall, Noela Cole.	

OUR OFFICERS AND DRIVERS

Debbie Hall, Michael Lethlean, Ian Mortimore, Peter Hall, Noela Cole, Vanessa Wittstock, Kellie Mortimore, Georgia Cowan and Brit Duncan.

ThankyouThankyou



Narembeen District High School Newsletter

Independent Rural Excellence

LEARN ~ ACHIEVE ~ SUCCEED

Principal: Mrs Chris Arnold Deputy Principals: Mr Russell Arnold
Ms Lynda Cornish

Our Values:
Learning, Excellence, Equity & Care



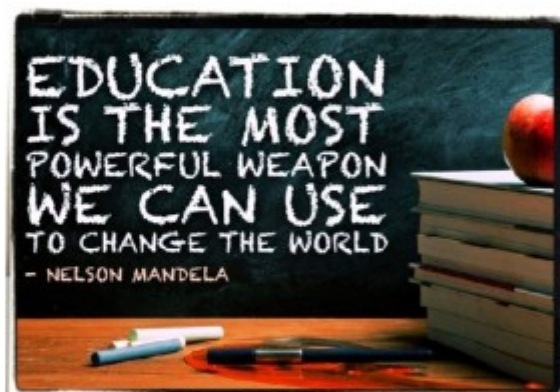
Ada Street, Narembeen WA 6369
Phone: 08 9064 9600 Fax: 08 9064 7029
Email: Narembeen.dhs@education.wa.edu.au Website: www.narembeedhs.wa.edu.au

ISSUE 17/21 October 25 2021

IMPORTANT DATES

November 1	Pre-kindy
November 11	Remembrance Day

WEEK 3 QUOTE



WHAT'S INSIDE

- From the Principal
- Positive Rewards
- Homework
- Community News

Preparing Students for a Changing World

A bit of a slow news fortnight really! The term has started smoothly and we are back at it. The students had a visit from Scitech last week and today our PP and Year 1 students have trekked off to Wadderin for a bush walk and some informative discussions with Mr Brian Cusack. Thanks very much to Brian for giving up his time for our students.

CONGRATULATIONS NAREMBEEN DHS FINALIST IN THE WA MENTAL HEALTH AWARDS

Every year, the WA Mental Health Awards showcase the tireless dedication and contribution of individuals and teams in our sector, schools, workplaces and the community to help keep people mentally healthy. Narembeen is a finalist in the Mentally Healthy Education Award (sponsored by the Commissioner for Children and Young People) and since there were over 20 schools nominated, being a finalist is an incredible achievement. **Huge congratulations to our Mental Health focus team, Hannah Kerse, Lynda Cornish, Mel Baldwin and Russ Arnold** for the innovations and strategies they have introduced to our school and to **Han and Mel** for nominating the school for the award. We have the tendency to expect not to win after so many times of being finalists in different categories over the years, so we are just wrapped with being a finalist. **Our school is always a winner in our eyes!** The Award ceremony is on Thursday November 25 2021.

Mentally Healthy Education Award

Category sponsor: Commissioner for Children and Young People

Finalists:

Mount Barker Community College

Narembeen District High School

Westfield Park Primary School

COVID VACCINATION

As you may be aware, all staff (teaching and support) employed in DoE schools or boarding facilities are required to be fully vaccinated by the commencement of Term 1 2022. We are well on our way to achieving this. All students aged 12 - 17 years received a letter home last Friday or today if they were absent, regarding the **Community Vaccination Programs**. This is an **optional initiative** but if you wish your **child vaccinated** through this program, the consent form must be completed and sent back to us by **THURSDAY OCTOBER 28 2021**.

VANDALISM AT OUR SCHOOL ☹

REMEMBER SCHOOL GROUNDS ARE OUT OF BOUNDS AFTER SCHOOL HOURS!

Once every decade or so we do get some damage done at the school, and over the weekend we had the large window to our office smashed. This has been reported to the police and we do know that it was done by a visitor to our town but unfortunately some of our students were also on school grounds. This is the reason why the DoE has a directive that **NOBODY IS ALLOWED ON SCHOOL GROUNDS OUT OF SCHOOL HOURS, INCLUDING WEEKENDS**, because if we stayed off the property, things would not happen! It is a relief to know that it was not one of our students, it does not make sense to vandalise a school that is servicing the community you live in,

meaning we are spending money to repair damage rather than on resources to support the learning of the students.

CONGRATULATIONS JOLIE CHEETHAM

Well done to past student Jolie Cheetham who has been named a Boarding Prefect for Guildford Grammar for 2022. Lead with maturity Jolie ☺.

GRADUATION DANCE WEDNESDAY DECEMBER 15 2021 YEAR 6 - 10 STUDENTS

Our committee are busy organising this night and getting their creative hats on in regards to decorations. So all of our Year 6 - 10 students, get your outfits sorted and get your dance moves on point because the Graduation Dance is on at the **Recreation Centre** on **Wednesday December 15 2021 commencing at 7:30pm and finishing at 11:00pm**. Our Year 10 graduate, Stephen will be introduced to the crowd at 7:40pm and after some formalities, the dancing will begin. Since it is starting an hour earlier, the evening will finish at 11:00pm instead of 11:30pm. **Dress is good casual, no thongs or board shorts are allowed, the entry fee is \$2.00**. Come along and have a great night celebrating with our **School Captain Stephen Cummins**, on his completion of schooling at Narembeen DHS.



SCHOOL CONCERT & PRESENTATION NIGHT: MONDAY DECEMBER 13 2021

Early notification to you all that this event is on at the **TOWN HALL** on **Monday December 13 2021**, commencing at 7:00pm. The students will start to rehearse for this event very soon and it is a great night of entertainment for all ☺. **The entry fee is a gold coin donation to the Narembeen DHS P & C Association.**



SYMPATHY TO THE PENNING FAMILY

Our deepest sympathy is extended to Kurt, and our students Logan and Sara, on the sudden passing of their Mum/Grandmother Lyn last week. Sad times for you all, but our thoughts are with you at this time, and the school community is here to help and assist if you need us in any way.

CONGRATULATION MEL AND DEAN

Huge congrats to Mel and Dean who announced their engagement over the holidays. A couple who are a great catch for each other and for our community ☺. We are very happy for you both ☺.

MRS CHRIS ARNOLD
PRINCIPAL

MENTAL HEALTH WEEK

MENTAL HEALTH STARTS WITH OUR CHILDREN

On Thursday October 14 our local Community Resource Centre hosted a Mental Health breakfast. Our Pre-primary and Year 1 students were invited to participate in some mindful activities and to sing to the community. They sang a beautiful rendition of 'Don't Stop' by Fleetwood Mac - Mrs Cheetham once again showed us just how lovely her voice is...

We also had a large number of other students and parents attend the breakfast where we enjoyed bacon & egg sandwiches, granola & yogurt bowls and some tasty muffins.

Thanks to the Narembeen CRC for a great morning and to Mrs Lines and Mrs Cheetham for taking the Pre-primary and Year 1 students.



YEAR 5/6 CAMP

The last week of Term 3 saw the Year 5/6 class, Dylan Cole, Joey Slade and Miss Chitty set off to Fairbridge Village in Pinjarra. We set off from Narembeen early Monday morning, making it to the camp school by lunch time so we could sit and enjoy our lunch whilst settling in. That afternoon we channeled our inner Robin Hoods and Hoodettes and completed an archery and orienteering course. We finished the evening with spotlight and a campfire.

Over the course of the week we took part in a number of different activities and experiences, often being pushed out of our comfort zones. We amazed Miss Chitty with the way we supported one another AND the way we conducted ourselves when faced with a challenge. Perhaps the thing that amazed Miss Chitty most was the fact we ALL attempted the 15 metre abseiling tower. We also spent time completing high and low rope courses, mountain biking, rock climbing and on a giant flying fox.

On Wednesday we had a day trip into Mandurah, where we went to a mini golf park, enjoyed lunch at Adventurescape playground in South Yunderup, and went to the movies. The best part of the day was having a Simmo's ice-cream afternoon tea on the foreshore where we were joined by our beautiful and dearly missed friend Isla Conkling.

Saving the best till last, on Thursday night Miss Chitty and a very special person had tee'd up a surprise for us, we got to see Miss V!! A definite highlight of the week. We had a fantastic time catching up with her and enjoyed her company around the campfire toasting marshmallows with her.

As always, we behaved beautifully and made our town and the wider Narembeen community proud. By the time we hopped on the bus on Friday morning we were plum tuckered and ready for a good sleep in our own beds. **We would like to sincerely thank Dylan and Mrs Slade for their huge efforts over the course of the week, Miss Chitty couldn't have done it without you both!**



POSITIVE REWARD POINTS

The following students received 10 points for their faction. Well done!



Rhienna Parsons	Gold
Elisa Comley	Maroon
Cohen Conopo	Maroon
Toby Slade	Gold
Theo Cheetham x 2	Gold
Charles Robinson	Maroon
Aden Cole	Maroon
Rebekah Pawsey	Maroon
Charlie Cusack	Maroon
Xavier Pawsey	Maroon
Nicole Smoker	Maroon
Noah Smoker	Maroon
Noah Browning	Maroon
Levi Fidge	Maroon
Valentina Wasley	Gold

NAREMBEEN SWIMMING CLUB: EVERYTHING YOU NEED TO KNOW ☺ WE WELCOME NEW MEMBERS ☺ GET INTO THE SWIM THIS SEASON!

Swimming season will be starting!! Hopefully the weather catches up and the pool warms up! At present the coaches this year for our club are Chris Arnold, Amy Hardham, Sarah Kuhne and Trista Federici. Thank you for your commitment to our club.

WHAT GROUP SHOULD MY CHILD or I BE IN?

BEGINNERS (sometimes known as Tadpoles): these swimmers are usually our youngest members. Age does not matter but they **must be able to swim about half a lap of the pool doing FREESTYLE** with *some* technique - they don't have to be great and they don't have to be able to do the breathing, they just have to be able to do the basics! **Tadpoles is not for swimming teaching; it is for swimming training.**

Please note - Swimmers must have passed Swimming Stage 2 to try beginners. If your child is not yet ready, then please accept the coaches request to try again later in the season. Most kids have not been in a pool for 6 months and often they are not ready in November but are by February.

GROUP 1: these swimmers are the next level up. They are capable of swimming full laps of the pool but are still developing. They will start with 15 -20 laps and build to be doing about 1km (40 laps) per session. The idea of being in Group 1 is to get strong enough and fast enough to go into the next group. Coaches will allocate groups at swimming trainings.

GROUPS 2 & 3: these swimmers are at a higher level and will complete 1½ - 3½ km per session after the first couple of weeks. This is open to not only students but adults as well. Again, coaches will let the swimmers know which group they will be in.

TRAINING TIMES: (Beginners DO NOT start for the first 2 weeks.)

Swimming training will start Wednesday November 3 2021, and be every Monday and Wednesday for the start of the 2021/2022 season with our Friday Points Swim. Thursday will be added to the training schedule in February 2022.

Swimmers do not have to go to every session, it is available if they are keen, but at least one session is highly beneficial 😊

GROUP	MONDAY	WEDNESDAY	THURSDAY 2022 only
BEGINNERS		3:30pm (beginning November 17 2021)	
GROUPS 1, 2 & 3	Group 1: 3:30pm Groups 2 & 3 4:00pm	Group 1: 3.30pm Groups 2 & 3: 4:00pm	4:00pm

Swimming Club is not just about learning how to swim faster and more efficiently. It's about:

- Overall fitness
- Swimmers can come as often as they like - swimming is great for fitness, muscle tone and weight maintenance.
- Belonging to a club and meeting new people
- Social skills
- Having fun

WHAT DO SWIMMERS NEED FOR TRAINING?

Apart from a great attitude and good listening skills, swimmers need to have:

- Goggles that seal!
- Fins - for skills work, full feet ones are best rather than those with a strap behind the heel.

We suggest swimmers keep their goggles and fins in a fin bag and keep the bag at the pool as swimmers need to be prepared BEFORE their session. This means that they HAVE TO HAVE THEIR GOOGLES AND FINS AND BE AT THE END OF THE POOL AT 3:30PM OR 4:00PM.

WHAT ARE FRIDAY POINTS SWIMS (TIME TRIALS)?

The swimmers do a lot of training and our Friday night points swims are to allow them to improve their times and gain important race techniques such as starting procedures and turns. It also is a great chance for parents to also catch up, thanks to Lucy Lines, we usually have a tea to purchase after the swimming is finished.

All swimmers are **urged to attend the Points Swims** but they are not compulsory - names need to be in by Thursday afternoon at 4:30pm. It is important to remember that swimmers aim to **break their personal best** - from now on referred to as their **PB's!**

Beginners can race on Fridays in the ONE LAP EVENTS OR THE TADPOLE races. In the tadpole races, they can have fins, kickboards or a 'big kid' with them to finish their race in whichever stroke or kick they decide. This helps their confidence and they can build up to the 1 lap races.

Swimmers need to remember that Points Trophies are given at the end of the year - ability and age do not matter. **What you need to do is:**

- Break your times
- Attend the Points Swims

POINTS are allocated as follows:

- 1 point for entering the race
- 2 points for finishing the race
- 3 points for equalling your time
- 4 points for beating your time by up to 5 seconds
- 5 points for beating your time by 5 seconds or more



The Points Swims are on **FRIDAY EVENINGS AT 5:00pm** - this year we will have the first one on **FRIDAY NOVEMBER 5 2021**. Swimmers who cannot attend the Friday points swims are still welcome to come to training.

BATHERS

The club also has club bathers which we order. We have some in stock but generally you need to order in advance. Please see Sarah Kuhne if you would like more information.

Swimming - no matter how slow you go, you are still lapping everyone on the couch!



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Ages 55+ welcome

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PER PERSON
LUNCH INCLUDED

ENTERTAINMENT
LIVE MUSIC

Tuesday 16 November
Narembeen Recreation Centre

Doors open at 11:00am
11:30am start - 3:00pm finish

Bookings essential by Friday 5 November to the
Narembeen CRC on 9064 7055

'All you need is love, but sometimes, a luncheon works too'



Government of **Western Australia**
Department of **Communities**

Fertilizer Supply Offer Now Open



Call Steve Cooke

0429 934 243

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Bruce Rock
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- Order by October 31st 2021.
- Receive a \$2/tonne rebate (all products) towards Summit inSITE Soil and Plant Analysis.
- Variable and fixed supply options.

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A: PO Box 1004, Narrogin 6312



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Halloween Word Scramble

Unscramble the Halloween words and write the letters in the boxes. Use the letters in the shaded boxes to form a new word that answers the riddle.

OYPKSO

□ □ ■ □ □ □

LABKC

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OLSETENK

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NTHAEDU EUHOS

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ATHPNOM

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RIMG EPERAR

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AUONDLCR

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Q. What is a witch's favorite food?

□ □ □ □ □ □ □ □



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WILL SAVE
A BRO**



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<https://au.movember.com/donate/details?memberId=14567>



Narembreen CRC Update

Hello everyone! I

Thanks to OVER 50 people that have responded to the CRC Customer Satisfaction surveys. That puts us in the Top 4 of the most survey responses in the whole CRC network. That is a fantastic effort and we really appreciate your support!!!

We are hosting another STEM Story Time session for the little ones this Friday, using the new resources we have received from the WA State Library. If you missed last month's session now is your chance to try them and others. A fun morning guaranteed!

Don't forget the Seniors Movie is on next Monday, only a couple more viewings for this year. How is it November already???! The movies are free and everyone is welcome, so if you need something to do on a Monday afternoon why not pop in.

The Narembreen CRC will also be participating in raising funds for MOvember.

MOvember has been changing the face of men's health for two decades. The mission is to enable

men to live happier, healthier and longer lives. They do this by raising much needed funds and awareness for prostate cancer, testicular cancer, mental health and suicide prevention.

If you would like to donate, please visit link below or come into the CRC and we can show you how.

<https://au.movember.com/donate/details?memberId=14567033>

Help us reach our goal of \$500.

The Seniors Luncheon, planned for next month, is a great way to socialise with new and old friends. Please invite friends and family members to attend. Anyone is welcome. For more info visit the Narembreen CRC Facebook page or Shire of Narembreen Website or just give us a call to discuss. Up to 100 tickets are available.

Hope you had a great week!

Vanessa Wittstock
CRC Coordinator



BUILDING BRAINS TOGETHER
IN NAREMBEEN

STORY TIME AT THE **CRC**

AGES 1-5

★ **STORIES**

★ **FUN GAMES**

★ **ARTS & CRAFTS**



JOIN US IN THE
LIBRARY AT 10:30 am

****Children must be accompanied by an adult****

Friday, 29 October 2021



Upcoming CRC Events 2021

- Children's Week Event: Wednesday, 27 October 2.30pm
- STEM Story Time: Friday, 29 October 10.30am
- Seniors Movie: Monday, 1 November 1.00pm
- Seniors Luncheon: Tuesday, 16 November 11.00am
- Christmas Rhyme Time: Monday, 13 December 10.30am
- Morning Coffee Club: Wednesday, 15 December 10.30am
- Community Christmas Pool Party: Friday, 17 December 3.00pm



T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au



Narembeen Community Resource Centre

Narembeen CRC





TENNIS TALK



Summer came in time for a big weekend of tennis for Narembreen. Saturday saw Narembreen 2 head over to Kulin for their second pennant game of the season. It felt like the first, as we hadn't played since the 2nd October. With our esteemed captain Scott, living it up at Crown Towers, Captain Cusack picked up the reigns. Well done Tim on elevating to the most successful number one bloke of the season for NB2. Scott might have to challenge you to get a place back in the dream team.

It was a hard day at the office for the Hawkies to say the least... Well done to Holly, Tim and Mads who were the highest set scorers with a massive 2 out of 6 sets for the day. Huge thanks to Paul Wanless and Brian Cusack for filling in for us. Although we are unsure if Brian forgot it's only 2 sets of singles...not best of 5. The white horse (figuratively and literally) was out there for 2 hours showing he still has the stamina to take it to the young ones. The legend of the game didn't come away with the win but we applaud the effort! Steven Pascoe is ticking away at number 3 doing his thing. Maybe a few coaching tips from Austin in order mate?? While it's well known Paul's height isn't a strong part of his game he made up for it with some powerful serving and volleying at the net. Who says white boys can't jump? Welcome back in the team anytime El Presidente.

Well done to Alex Holland who stepped up to the number 3 position with Wendy unavailable for the weekend, getting stronger and stronger every weekend with those crafty lefty shots becoming a regular addition to your game. Special mention to Laura who took on Janet Repacholi who really should still be playing a number two in all honesty. What is with these Cusack's?? Better with age I think!!? A gallant effort Laura and I'm sure a few tips were picked up for the day. Surprise, surprise Holly ran all day just for something different and once her serve was on there was no stopping her. Well done for teaming up with your husband for mixed too. There was definitely no shortage of decibels from your court with banter being thrown back and forth the whole game...heard from all courts and potentially back in Narembreen. Mads tried to hit her opposition off the court (just for something different) engaging in the least amount of running as physically possible.

At the end of the day Kulin managed to get the points on the board with Narembreen going down 6 sets to 26. Like I said, tough day at the office...

Sunday saw new and old (well done Brian for backing up for a second day) players emerge for the annual doubles championships. A great day of tennis all round with 8 men and women pairs slogging it out all afternoon in the heat. Well done to Mitch Miolini and Mac Cole for taking out the men's competition against Rob Miolini and Nick Cheetham. In the women's draw we saw Tenille Cole and Kel Lyon get crowned winners against Noela Cole and Jamee Thomas. It was awesome to see some new faces in the championships such as Lucy Lines, Bronte Brown and Sapphire Gault. It does need to be mentioned that Bronte and Sapph were very close to cracking a drink after their first game of the day, in which they went down to Emma and Carissa, as they assumed this was them done for the day! They may have had a rude shock when they were told to unpack their racquets to battle off in the plate. Some ideas got thrown around how to keep Brian going for two days in a row such as

TENNIS TALK

strapping the defib machine to him. However when all the tennis gear was packed away he was still out on court having a hit of singles...Unsure if this man is human or robot.

Great to see everyone hang around for dinner afterwards. Thanks to everyone who catered for the evening!

Next week both Narembeen teams have a double header with NB 1 taking on Kulin on Saturday and NB 2 playing Mount Walker.
Sunday will see the derby take place. Come on down and see who will get the upper hand of the Narembeen teams!

Until next week...

Maddi Noak

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PL9957 GF18322

Punctuation saves lives...

Let's eat kids

Let's eat, kids

Narembeen Bowling Club

The Men Pennant teams travelled to Bruce Rock last Saturday and came home with mixed results.

The Goldies had a good 8-0 win but the Maroonies went down 2-6.

On Sunday the Bowling Club held their Fours Championship.

A great day of bowls for the Ladies and Men.

The Ladies Fours Championship winners were Anita Cowan, Kellie Mortimore, Wendy Wilson and Mack Miolini.

Runners up were the team of Helen Copeman, Narelle Vaughan, Chris Padfield and Miranda Noack.

Thanks to our Sponsor Anita Cowan.

The winners will play in the C of Cs to be held on the 28th of November in Narembeen.

They will have plenty of supporters.

The Men's Championship Fours winners were Mike and John Currie, Frank Copeman, and Russell Arnold.

Runners up Alan Yandle, Steve Padfield, Neil Rogerson and John Hathaway.

A very good final ,finishing under lights.

This weekend the Ladies are on tour!

Some off to Tammin on Saturday and a team going to Civic on Sunday... so all have fun.

If you can't bring home dollars good luck in the raffles!

The Men will no doubt have a few Teams going to Corrigin on Sunday for their Open Fours.

Social Bowls will be at home for those not "hoovering"

1.30 pm start



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Narembeen/Bruce Rock Clinic Dates 2021

Location A: Narembeen pop-up store on Churchill Street

Location B: Bruce Rock Pony Club on Dunstal Street

November 10th

Please call 90411734 to make an appointment

MENS PENNANT TEAMS *please note that this game will now be held in Narembeen.*

NB GOLD V MD RED



<u>Skip</u>	<u>Third</u>	<u>Second</u>	<u>Lead</u>
G.Vaughan	G.Johns	J.Cole	F.Copeman
R.Gray	S.Padfield	J.Hathaway	HJ Cowan
M.Hall	N.Rogerson	L.Maringoni	A.Hardham
J.Currie	D.Hayter	A.Wright	A.Iyon

NB MAROON V MD BLUE

A.Cousins	J.Padfield	R.Gill	B.Cole
R.Hayter	A.Yandle	K.Butler	G.Latham
E.Tenardi	T.Cole	W.Cowan	D.Campbell
M.Currie	D.Woodfield	C.Duncan	S.McMiles



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Mt Walker Tennis Club

The pennants side met with Hyden on Saturday and received what some would call a 'schlacking' going down 5 sets to 27 sets. The ladies held up the side, winning the 5 sets, well done to the joint Queens of Mt Walker, Maddie & Kara, both taking 2 sets. As always though, it was a good day out with Hyden. This weekend we're playing Round 5 at home on Saturday followed by Round 1 (a reschedule) on Sunday.



We had a great turn out for our doubles champs in the heat. A few new faces on court and in the clubrooms which was fabulous to see.

Congratulations to our champions (apologies, I forgot to take photos):

Men's Doubles

Winners: Kyle Della Vedova & Trent Davis 6,7

Runner Ups: Pete Cowan & Seb Cowan 4,6

Plate: Brendan Maher & Kyron Starcevich

Ladies' Doubles

Winners: Maddie Della Vedova & Felicity Cowan 6,6

Runner Ups: Shohan Hickey & Kara Morrone 4, 1

Plate: Rhiannon DeLuis & Cloe Moriau

Everyone put on a great spread for our 70s/80s night, a fair bit of nostalgia aroused through the dishes including the kids' impressive hedgehog, beef stroganoff, meatballs, salmon mousse etc. Lots of laughs and fun!



COMING EVENTS:

Saturday 30 October	Pennants Rd5 Mt Walker vs Narembeen 2
Sunday 31 October	Pennants Rd1 Kulin vs Mt Walker (reschedule)
Sunday 31 October	Social from 3pm – BYO BBQ & salad to share
Saturday 6 November	Pennants Final
Sunday 7 November	MT WALKER OPEN DAY
Saturday 13 November	Pennants Grand Final
Sunday 14 November	SINGLES CHAMPS – Mexican Night

SUBS DUE NOW (Tennis Members)
 Full \$120 Social \$60 Junior \$35
 Please pay by cheque, cash or EFT to: Mt Walker Sports Club, BSB 306 026, Account No. 5100512
 Use surname and initial as narrative
*** NEW MEMBERS WELCOME ***

Ladies Captain: Maddie Della Vedova 0498 480 442 **Men's Captain:** Michael Morrone 0428 346 679
Secretary: Felicity Cowan 0428 191 083

Junior Tennis
Coaching

MT WALKER TENNIS CLUB
 Wednesday 13 October
 Thursday 28 October (4:00 start)
 & Wednesday 3 November
 all welcome
 healthy afternoon tea provided
 K-2: 3:30-4:00
 Yr3-6: 4:00-4:45
 cost: \$10 for all 3 sessions
 with registered coach
contact Felicity to register
0428 191 083



Grain Brokers Australia Weekly Market Report

October 26, 2021

Drought and Russian export tax cloud Kazakh trade flows...

This season's winter crop harvest in Kazakhstan is all but complete, with a dry seedbed at planting followed by an abnormally warm and dry growing season and numerous dust storms culminating in lower-than-average yields but above-average grain quality in most regions.

As of October 22, Kazakh farmers had reportedly harvested 15.8 million hectares or 99.7 per cent of the forecast harvested area. The Ministry of Agriculture stated that 16.1 million metric tonnes of grains and pulses had been reaped with an average yield of 1.02 metric tonne per hectare.

In the October World Agricultural Supply and Demand Estimates, the USDA pegged Kazakhstan wheat production for the 2021/22 season at 12MMT, down from its September forecast of 12.5MMT. However, this is almost 16 per cent lower than the USDA's 2020/21 wheat production figure of 14.256MMT. The harvested area is expected to end up at 12.7 million hectares, putting the average yield at around 0.94 metric tonne per hectare.

The season started poorly with an unusually low soil moisture profile, forcing producers to plant deeper than usual in many regions. This resulted in late and irregular emergence in many fields. High temperatures and low rainfall in June led to poor tillering, weak plants and abbreviated stem elongation.

While the result was much lower production year-on-year, 90 per cent of the harvested wheat made food-grade quality, up from 83 per cent last year. The volume of high protein wheat with gluten content exceeding 28 per cent amounted to 74 per cent, up significantly from 60 per cent in 2020.

The USDA pencilled in Kazakhstan barley production at 2.5MMT in this month's WASDE update, unchanged from its September number but 31.7 per cent lower than 2020/21 output of 3.659MMT. The harvest area is forecast at 2.2 million hectares, putting yield at 1.14 metric tonne per hectare.

Like wheat, barley production was challenged by a poor soil moisture profile through most of the growing season, with late sown crops performing the best. The practice of "snow fixing" or piling snow in ridges along the high end of paddocks so that it melts and runs into freshly sown fields pushed yields as high as two metric tonne per hectare in some districts of the Akmola oblast in the north of the country.

Domestic consumption of wheat is estimated at 6.3MMT in the 2021/22 marketing year, up from 6.25MMT in 2020/21. Food, seed and industrial use are forecast to be unchanged year-on-year at 4.8MMT, with the balance of 1.5MMT going into the stockfeed sector, up from 1.45MMT last season.

On the barley front, total domestic consumption is forecast to be 2.1MMT. At 1.8MMT, the stockfeed sector is the primary consumer in Kazakhstan, in particular the poultry industry. An additional 0.3MMT goes toward food, seed and industrial uses, with malt production for the beer industry a key end-use.

Lower production means lower exports to ensure domestic demand is satisfied. The Kazakh government has resisted calls from the grain milling industry to introduce export duties on wheat in a bid to limit exports and take the heat out of domestic prices. Nevertheless, Russian imports will certainly be required to meet export forecasts.

According to the USDA, wheat exports will reach 7.4MMT in the 2021/22 marketing year, based on imports from Russia of 0.8MMT. Much of these imports will come from Siberia, where the costs of shipping across the border into Kazakhstan are substantially lower than trucking to ports on the Black Sea or in the far east of the country.

However, the USDA export estimate is much higher than local government and the Foreign Agricultural Service forecasts of around 6.5MMT, both based on imports from Russia of around 1MMT. But that import number is overshadowed by the 2MMT estimate from leading agricultural consultancy firm Sovecon.

The introduction of the Russian export tax has undoubtedly increased the cross-border trade between Russia and Kazakhstan, but it has also led to widescale underreporting of grain movements. There is no requirement for trade within the Eurasian Economic Union (EAEU) to be inspected or weighed when transiting borders, and several Russian news agencies are saying wheat exports to Kazakhstan could exceed 4MMT this season. This led to a recent announcement of plans to inspect and weigh grain shipments transiting the Russia-Kazakhstan frontier.

Taking the USDA import number of 1MMT means that there is potentially an additional 3MMT of 'tax-free' Russian wheat that could be 'unofficially' exported out of Kazakhstan as whole grain or as flour to traditional trade partners in the region. Uzbekistan, whose own harvest was 8 per cent below the five-year average, is traditionally the nation's biggest wheat export customer. It is forecast to import 3.5MMT in the current marketing year, up 20 per cent on the five-year average. They also mill Kazakh wheat for re-export to Afghanistan.

Afghanistan is usually the second-biggest customer, but despite government assurances, the clearing of financial transactions is a big concern under the recently established Taliban regime. Tajikistan and Iran, which we know has a higher-than-normal import requirement this year due to domestic drought, are other likely destinations.

China shares a 1,783 kilometre border with Kazakhstan and is a critical emerging market for Central Asia's biggest grain producer. However, persistent Chinese limits on rail and truck transport at the Kazakhstan-China border and unilateral COVID-19 quarantine restrictions on incoming trade are frustrating the Kazakhstani government.

In August, Kazakhstan's rail authority reportedly announced restrictions on accepting cargo bound for the Chinese border, except in containerized shipments through the new transshipment terminal at the Dostyk-Alashankou border crossing. This significantly increases export costs, not to mention the global shortage of containers for such purposes.

There is nothing like a drought, global pandemic, artificial trade barriers and an indignant neighbour to disrupt trade flows. While Kazakhstan will undoubtedly have enough wheat to meet its domestic requirements in the 2021/22 marketing year, the picture for grain imports and exports, in particular wheat, is opaque at best.

Call your local Grain Brokers Australia representative on **1300 946 544** to discuss your grain marketing needs.

BIRTHDAYS



October

27th	Valerie Wardley(Schwartz)	Cameron Parsons	Ben Main
28th	Tanya Forrest Eamon Wilkes	Cory Schwartz	Abbey Noble
29th	Barry Price	John DeLuis	
30th		Nicholas Keane	Brendon Parsons
31st	Shirley Menegola Peter Hammond	Brian Slade	Nikki-Lee Fagan

November

1st	Stephen Moppett Keith Miller	Nola Parsons Gemma Roddan	Mary Howie
2nd			
3rd	Dawn Yandle	Elfrieda Lippmann	Jarred Schwartz

ANNIVERSARIES



October 31st Terry & Jacky (Rogers) Chrisp Doug & Tracey(Doran) McWilliam

November 3rd Richard & Wendy keane

WEATHER

Day	Date	Max (°C)	Min (°C)	Rainfall (mm)
Tuesday	19th Oct	23.5	15.8	7.2
Wednesday	20th Oct	19.3	11.3	0.6
Thursday	21st Oct	20.8	11.9	
Friday	22nd Oct		7.1	
Saturday	23rd Oct	26.9		
Sunday	24th Oct	32.8	12.8	
Monday	25th Oct	22.2	12.8	6



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, October 31st

9.30am

Ruth Ch1-V1-18 B Schwartz

Hebrews Ch9-V11-15 R Hall

Mark Ch12-V13-17, V28-34

Psalm 146

Church of Christ

Thursday 28th October

7.30pm

Bible study at D & R Smoker's place

Topic- Olive oil

Sunday 31st October

10.00am

Worship Service with Sunday school during the service

Psalm 141:3 Lord help me control my tongue. Help me be careful about what I say



Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday October 30

10:00 am. The Senior's Bible Study title for this week is "The Stranger in Your Gates", and the Key Text is Deuteronomy 10:19, along with many other scriptural references.

Sabbath School for kids too at this time.

11:30 am. Worship Service, Terry Ashmore –G.C. Chapter 9 – featuring The Swiss Reformer, Ulrich Zwingli

You're always welcome to join in at these times or you can still watch this current Bible Study series on VAST Channel 603 at 4:00pm on Fridays or there is another program, "Let God Speak" at 7:00 pm Fridays.

Any queries, please -

Phone - Terry & Rhonda on 9061 7032,

Terry: 0427 907 119, Rhonda: 0417 907 119.

or Pastor Lomani on 0429 770 331.

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday October 30th

6pm

Reader: E Bailey

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: J Cusack



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembreen Medical Centre

COMING EVENTS

October 2021

Wednesday	27th	Childcare Naremben bookings ADMIN 6832 3825 Children's event at the CRC	8.30am - 5.30pm 2.30pm
Thursday	28th	Childcare Naremben bookings ADMIN 6832 3825 Autumn Club Junior tennis coaching at Mt Walker Corporate Bowls	8.30am - 5.30pm 10.00am-2.00pm 4pm 6.30pm
Friday	29th	Playgroup at Numbats Centre StoryTime at the CRC	9.30am 10.30am
Saturday	30th	Church Men's Shed Tennis pennants Mt Walker v Nb2, Nb1 v Kulin Mens bowls pennants Ladies bowls at Tammin	9.00am
Sunday	31st	Church Mt Walker social tennis BYO bbq & salad to share Naremben social tennis Ladies bowls at Civic Merredin Mens bowls at Corrigin, Open Fours	2pm
November		Circuit Gym	9.30am
Monday	1st	Arts and Crafts and Book Exchange at Community Shed Seniors movie at the CRC	10.00am-4.00pm 1pm
Tuesday	2nd	Childcare Naremben bookings ADMIN 6832 3825 Senior Citizens Lions Club Meeting	8.30am - 5.30pm 2.00pm
Wednesday	3rd	Childcare Naremben bookings ADMIN 6832 3825 Ladies bowls pennants Cr G v Nb Junior tennis coaching at Mt Walker	8.30am - 5.30pm 4pm

Editor: Gina DeLuis