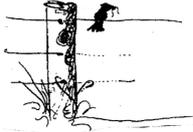


The Fence Post



Volume 24 Edition 12 3/11/2021 \$1.50

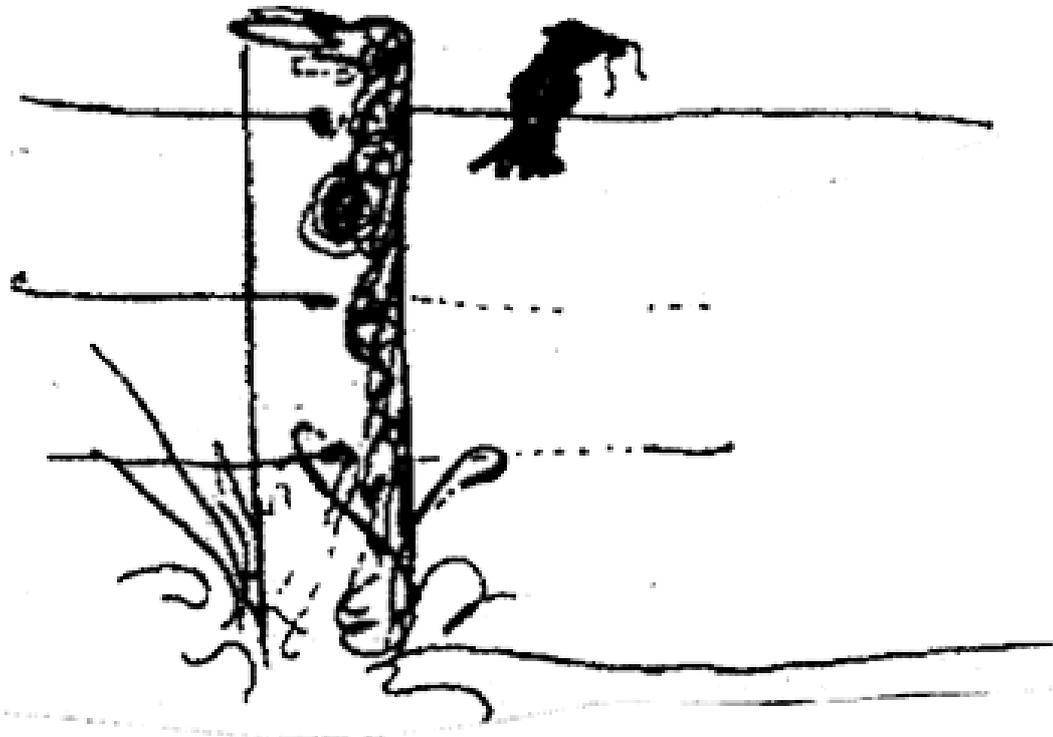
Voluntarily published in Narembeen

Registered by Australia Post Publication No PP 10002066

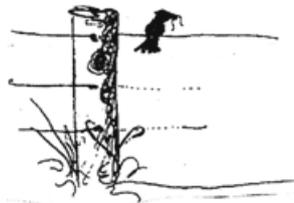
P.O.Box 7, Narembeen W.A. 6369

Phone (08) 90647055

Email: fencepost@westnet.com.au



The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369
9064 7055

fencepost@westnet.com.au

*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2021

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$8	\$13	One Third Page	\$10	\$20
One half Page	\$15	\$25	Two Thirds Page	\$20	\$35
Full Page	\$30	\$50			

PREFERRED FORMAT-WORD, PUBLISHER OR PDF

ANNUAL SUBSCRIPTION RATES 2021

DUE 1st March

Local and Online \$66

Mailing \$110



Online payments 306-026 - 543 1678

EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

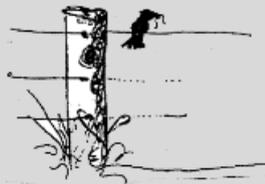
Date	Editor	Typist	Ads
9/11/2021	Lorraine Lethlean	Jodie Batty	
16/11/2021	Maxine Miolini	Darien Pascoe	Noela Cole

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....

This weeks edition has an interesting History article on the Narembeen Brass Band. The story will continue over the coming editions.

The Autumn club travelled to Perth and a BIG BIG Thank you to Maxine Miolini for taking the ladies.

Was a busy weekend for both tennis clubs with tennis being played on both Saturday and Sunday, bet everyone was looking forward to Monday for a change.

Bowls have had good numbers again this year and its pleasing to see teams going away and bringing home the money.

Lets hope the weather warms up for the opening of the Swimming Pool on Wednesday.

If you missed the article about our very own Jordan Sprigg in the Sunday Times we have managed to re-print it (although you'll need to turn your head left or right to read the article. Unfortunately the print became too small to be able to publish it correctly)

Hopefully the rain stays away and our Farming families can get into harvest so they can finish before Christmas. Good luck to all and here's hoping the frost doesn't dampen to many spirits.



NAREMBEEN

Ladies Hospital Auxiliary

ANNUAL GENERAL MEETING

Thursday 11th November 2021

2pm

At the Narembeen Hospital

We welcome all new members

Di Pollard 0488 647 222

The Fence Post Inc

The Presidents Annual Report to the AGM 2021

Welcome to the FencePost Inc Annual General Meeting.
Thank you all for showing your interest by attending today.

Another year of pandemic gripping the world and changing many peoples lives. Luckily for us here in West Australia it hasn't had the impact it has in New South Wales and Victoria especially and overseas. We will watch in awe as the impact reveals itself over the next five years.

I am very proud to acknowledge the commitment to our community newspaper from our many volunteers: the Committee of Management; our Vice President Noela Cole; our Secretary Joan Cusack; our Treasurer Lorraine Lethlean (who puts in many long hours for us) and Maxine Miolini our editor in Chief. To our Editors – Maxine Miolini, Sherrie Heather, Kellie Mortimore, Lorraine Lethlean and our newest volunteer, Jodie Batty, well done all and thankyou! A special mention to Kellie for doing the weekly rosters for the Editors, Thanks!!

Thank you also to our other volunteers in the FENCEPOST machine: our ads and typist people, Noela Cole, Sam Woodfield, Jodie Batty, Rhonda Cole, Jill McGregor (who we farewelled this year. She was a great addition to our team and I wish her well!) and Darien Pascoe. To our Distributors Patti Latham with her coffee buddy Marj Coverley with their very capable reserve, Maurie Harper. Maurie has retired from his job as our Money Man. Thanks so much to each and everyone of you!!

Our group of volunteers is what jeeps us going. Quite simply, without you lot we wouldn't have a local paper at all. The hours you put in to make a paper is wonderful.

We should all be extremely satisfied that we still publish a weekly paper for 45 weeks of the year!

We have been in the new office for over two years now, thanks to the Shire. We appreciate the printing that the CRC does for us and other bits and bobs to keep us afloat. Thankyou to Vanessa Wittstock (the Manager) and her great staff: Georgia Atkins, Savannah Garlick and Nora Kircher. (Best of luck to Kristie with her new baby girl and to Julie Miller in her new job at the doctors surgery.) I am very grateful and appreciative that we have our Shires ongoing help and support.

To our distributors in the Narembeen Roadhouse, IGA, the Post Office, the CRC and the Medical Centre we appreciate their willingness to have our FencePost on their premises and to IGA for taking it out on the mail run.

This year the amount of FencePosts being printed each week has reduced by ten to 130 per week. Email copies have increased from 38 to 45 this year. We have weekly subscriptions for 64 hard copies.

Advertising is up over \$1200 year! This has never happened. Sales and subscriptions are up about \$800.

Lastly, to keep things in perspective: the total cost of one FencePost this year is \$3.20 (Last year it was \$2.64). We print a lot more colour than before. We are selling each one for \$1.50 and we print 5850 copies.

This means we are effectively donating nearly \$10000 to the community.

For the coming year I would like us to look at purchasing some new hardware. Two new monitors and hard drives along with investigating a new printer: whether this is in conjunction with the CRC or alone. I also think we consider moving away from Copier Support.

Thankyou all again and good luck in 2022.

Gina DeLuis

President

The FencePost

15th October 2021

YIPPEE YIPPEE LETS PUT SOMETHING UNDER THE CHRISTMAS TREE



GIVE A FENCEPOST SUBSCRIPTION FOR CHRISTMAS

Stuck for Christmas ideas and have friends or relatives who are always keen to read what's going on in Narembreen.

Purchase the Fencepost as a Gift for that special person and they will receive it to their mailbox or computer for the entire year.

We will email you a Gift Card to place under the Christmas Tree so they know it's coming.



Subscriptions— Local \$66

Email \$66

Postal \$110.

And even better if you purchase a hard copy and give us their email address we will email a copy for **FREE** as well.

GENTLEMEN & LADIES DOUBLES
A & B GRADES

**MT
WALKER
TENNIS
CLUB
2021 OPEN
DAY**

WIMBLEDON WHITES

SUNDAY NOVEMBER 7

**PIMMS NO1 & AFTERNOON TEA
COURTSIDE**

\$25 per player which includes Lunch & Afternoon
Tea, Dinner will be available for purchase.

Entries Close Wednesday October 28.

Entries to Maddie Della Vedova 0498 480 442 or
Michael Morrone 0428 346 679.

Start Time to be advised.

NAREMBEEN HISTORICAL SOCIETY—

Over the next few weeks we will tell the story of the Narembeen Brass Band as written in the 1990's.

Last Saturday night was an eye-opener to many of the people who visited Narembeen. The Narembeen Boys' Band made their first appearance in the Main Street and they look like following in the footsteps of many other bands who have made WA Famous in the musical world such as Kalgoorlie, Boulder and the City of Perth.

Thus read the Narembeen newspaper correspondent's praise of a Boys' Brass Band formed in Narembeen during 1928.

The comment goes on to say, "Thanks of the community are due to Mr G. SCHULTZ, the founder and conductor, for the patience and perseverance he has shown with the youthful material which he has had to model. The attention the boys have paid to their instructor speak for itself. The band has only been in existence a short time, yet they got through their selections last Saturday night in a manner that was most pleasing to the large crowd."

Mr W. PEARCE took up a collection in aid of the instrument fund, during the band's performance, and the people made a response of a little over £4.

Narembeen Brass Band was to become very well known over the next decade, until the outbreak of the Second World War, when a large percentage of the players joined up. Many Narembeen residents remember with nostalgia the Saturday nights with late shopping, when the Band played in the main street, providing a gala air to the occasion.

The band was in evidence on most public occasions at sporting events, Anzac Day services, and similar functions. And not only in Narembeen either—their reputations were widely known at Kellerberrin, Bruce Rock, Merredin and other towns which they visited by invitation.



Narembeen Brass band leading the parade on Anzac Day 1938



At Practice in front of Old Bakery about 1932



Front of old Bakery about 1932

AUTUMN CLUB

WHEELCHAIRS FOR KIDS

Last Friday Maxine Miolini gave up her day to drive four Autumn Club members to Perth to visit Wheelchairs for Kids, a volunteer organisation providing the gift of mobility to children in impoverished and under resourced communities both in Australia and around the world. We saw how the chairs are built. The wheelchairs are locally designed specifically to conform with WHO guidelines. They are built specially for rough terrain, adjustable for the child's size, with postural supports, head rest, harness, a waterproof cushion, tray and tool kit. Each wheelchair costing \$200 to make.

Once the wheelchair is boxed and ready for dispatch, a gift for the child is added - a knitted or crocheted blanket, a teddy bear, a cushion and a tennis ball. Two extra blankets are added for the family.

At the warehouse the shelves were crammed with such items already donated, we wondered if our own contributions were needed. However, we were assured that as each shipment goes out these would all go too, as they are constantly being replaced. We were happy to have taken two bulging bags of these items.

The workforce at the factory is made up of a group of retired volunteer members of the Perth metropolitan community, totally voluntary, even at the managerial level. There are 225 volunteers with a waiting list of those who would like to be involved.

In September 2021, since commencing production in 1998, Wheelchairs for Kids produced their 50,000th Wheelchair. (Last Friday on the board 50,105 was recorded). The day prior to our visit a function was held to mark the occasion.

It is said that 'a picture paints a thousand words' and this was true as we looked at the pictures of the children spending their days lying on a bed or on the floor and the joy of life shining through as they sat in the gift of a wheelchair ready to face the world.

The Autumn Club is delighted to add this wonderful organization to its list of beneficiaries.

Once again THANK YOU Maxine. *It was truly amazing what these senior volunteers are doing...we were privileged to have had the opportunity to see it.*





FOR SALE

Brand New Tray Back Fire Fighting Unit—
NEVER USED

\$2750.00

Phone 0428 959 880





Wheatbelt Weightlifting is proud to introduce the sport of Olympic Weightlifting to Regional WA.

A new Strength & Fitness training facility opening in Bruce Rock.

Official opening day Tuesday 16th November 2021.

Our facility is located at Unit 2/9 Swan Street Bruce Rock.

We are now taking registrations for our Beginners Weightlifting Program

Classes for Adults & children from 8 years.

For more info & to register your interest in Weightlifting contact us via text or Facebook Messenger.

We also offer well-equipped commercial & Functional areas to cater for anyone wanting a decent facility to train in, all under the guidance of a qualified Coach and experienced Athlete.

How much talent is hiding in the Wheatbelt?

We endeavour to find out!

Find us on Facebook – Wheatbelt Weightlifting

Contact Daniel on 0484 936 848

BUILDING A STRONGER COMMUNITY



from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

ADVANCE NB2032 Get Involved!

The Shire of Narembeen wants to hear your thoughts and ideas on helping to develop the Shire's Strategic Plan 2022 - 2032.

ADVANCE NB2032 is an opportunity to set the vision, aspirations and objectives for the community and is prepared in collaboration with the community. It is a plan for action on how we will deliver our shared vision for NB2032.

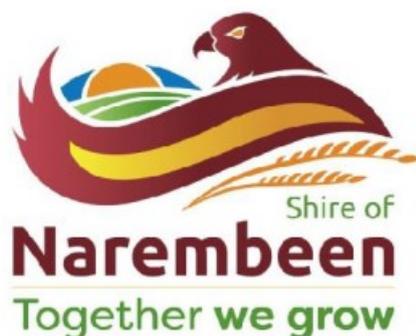
There will be multiple opportunities to get involved with the first being the survey, hard copies are available from the Shire, CRC, Café or IGA or you can find the online survey on the Shire website.

Please share this survey with your friends, family and colleagues.

<https://www.surveymonkey.com/r/AdvanceNB2032>



from the CHIEF



Recruitment

Casual Cleaner

Shire of Narembeen is seeking the services of a casual cleaner.

This role will work with existing cleaners to ensure a high standard of cleanliness for Shire owned facilities.

Up to 30 hours per week may be available.

Building Maintenance

Shire of Narembeen is seeking the services of a handy person to undertake maintenance on Council owned facilities.

This includes ensuring all buildings and equipment meet safety, security and fire regulations policies.

This role may be considered as a part time role, to be determined with the right candidate.

To apply for either role, please submit a current resume and cover letter to emcs@narembeen.wa.gov.au or in person at the Shire offices by 4pm 5 November 2021.

David Blurton
Chief Executive Officer
Shire of Narembeen
1 Longhurst Street
Narembeen WA 6369

from the CHIEF

NAREMBEEN AQUATIC CENTRE OPENING

WEDNESDAY, 3 NOVEMBER

11.00 AM - 6.30 PM



Naremben Bowling Club



Lots of happenings on the bowling calendar over the weekend.

The Ladies lost a very close encounter with Corrigin Blue on Wednesday in the Pennants. They did manage to get half a point so we are on the board! Or half on the board.

On Saturday the Men played Merredin in Pennants at home. The Gold team had a win 7-1 but the Maroons went down 6-2. Welcome to our world Maroonies.

Two teams of Ladies travelled to Tammin on Saturday. The team of Sylv Yandle, Kellie Mortimore, Narelle Vaughan and Jul Miller picked up 5th place and came home with dollars. Yes. Love the \$\$. Well done girls. Narem were even successful in some raffles... so the tides are turning.

Two teams of Men travelled to Corrigin on Sunday. The team of Eric Tenardi, Damon Hayter, Azza Lyon and Mike Currie were Runners up. Dazza Woodfield was in the winning side with some Corrigin blokes. Good on you fellas. Keep the Narem flag flying. The other team didn't win much other than a headache..... Actually probably 9 headaches!!

Leaving the best til last here.....

A team of Ladies travelled to Civic on Sunday for their Open Fours. Yes. Home they came. WINNERS. 4 wins and 44 shots up. What a team. The Legend team were Maree Campbell, Sylv Yandle, Anita Cowan and Miranda Noack. They were pretty happy back at the club but didn't buy us a drink with their dollars.

For those Members not Hooering they played social bowls at home. A great afternoon with 20 players. Everyone was a winner here.

A big Thankyou to Alan Wright who has been down setting out mats, flags etc. A great job and much appreciated by the Captains. Thanks Al.

So what's happening this week? LOTS

Two teams of Ladies will travel to Quairading on Friday. Good Luck.

On Sunday the Ladies will play the Triples Championship. This is a drawn event. Names in the book or to Julie by Friday 6pm please.

The Men will have Social at home commencing at 2pm. Four teams of Men will be going to Merredin Club. Good Luck.

The Ladies have their Open Day on Friday the 12th of November.

We would love to have any men members not involved in harvest or working to give us a hand in the kitchen please. We hope to have our 3 or 4 teams playing so dishwashers would be great.

Please let Rhonda Cole or Julie Miller know if you can help out. Thanks

Mens pennant afternoon tea roster this week is Julie Hayter, Chris Padfield and Sue Butler.

Our Treasurer , Kellie Mortimore is very happy as all the subs are in.

Thanks everyone. Great effort. Lot less work not having to chase them up.

MENS PENNANT TEAMS FOR THIS SATURDAY

NB GOLD V CIVIC BLUE

SKIP	THIRD	SECOND	LEAD
G.Vaughan	N.Rogerson	G.Johns	F.Copeman
R.Gray	C.Cowan	J.Hathaway	HJ Cowan
M.Hall	S.Padfield	L.Maringoni	A.Hardham
J.Currie	D.Hayter	A.Wright	A.Lyon

NB MAROON V CIVIC GOLD

A.Cousins	R.Hayter	R.Gill	J.Padfield
S.Welsh	A.Yandle	K.Butler	W.Cowan
E.Tenardi	T.Cole	B. Cole	D.Campbell
M.Currie	D.Woodfield	K.Miller	S.McMiles



THANK YOU TO OUR SPONSORS –

COLLGAR WIND FARM, Eilish BAILEY, Tony & Di MIOLINI, Barry PRICE, Maisie CUSACK, NAREMBEEN IGA, TOTAL AG - NUTRIEN, CRICHTON VALE, Wally TUDOR, Iris BRISTOW, NAREMBEEN ENGINEERING, Barry and Noela COLE, Max Price Family, NAREMBEEN HARDWARE & AG SUPPLIES, Hendy & Anita COWAN, THOMAS Family, SONIC BOOMSPRAYS, Alan WRIGHT, Gaynor LATHAM, LIBERTY FUELS, HUTTON & NORTHEY, NAREMBEEN TYRE SERVICE, ELDERS RURAL, VARLEY TRANSPORT, TRANSPLUS, Robert & Julie HAYTER, Ron & Margaret BUTLER, MOTIVE TRAVEL, Frank & Helen COPEMAN, Steve & Chris PADFIELD, NAREMBEEN MEDICAL CENTRE, Rhonda COLE, TRADE MARKS ATTORNEY SERVICES.



NAREMBEEN TENNIS TALK

Big weekend of tennis in Narembeen last weekend with both Narembeen teams and Mount Walker having a double header. While the weather was very much fitting for a summer sport, having two days out in the heat running around like the elite athletes we are definitely took its toll. Some members may or may not have been tucked up in bed by 8pm Sunday night.

Saturday saw Narembeen 2 head out to Mount Walker for an arvo in the sun that had a sprinkle of everything ranging from the big hitters of Scott Stirrat and Pete Cowan to the marathon runners of Holly Cusack and Maddie Della right up to the most vocal players (clearly not enough running with the amount of talk that was happening) in Michael Morrone and Timothy Cusack.

With NB2 and Mount Walker both sitting on a win and a loss it was shaping up to be an almighty battle on court. The girls got the ball rolling with our top ranked woman Holly Cusack taking on Maddie Della Vedova on Rod Laver...whoops I mean court 1. Court 2 saw our number 2 seeded Maddi Noack do battle against the top-spin queen in Jessie Davies. During a drinks break Mads N and Jess got a glimpse of what was coming in their doubles game with Mads D and Holly running from one side of the baseline to the other and then to the net and back on EVERY. SINGLE. POINT. From that moment on Mads N and Jessie's game consisted of harder/deeper groundstrokes and more "yep great shot mate" in preparation for what would be more running in their doubles contest. Our ever-reliable Wendy Hooper was welcomed back into the team and took on the youthful Courtney Bormolini who I don't know was feeling to youthful on this glorious Saturday afternoon after an even more wonderful Friday night book club meeting. Some great tennis played by two of the most glamorous ladies of the district. Laura Carla took on the cool calm and collected Kara Morrone and is improving every week. Won't be long until Laura is climbing the ranks. It's good to see at least one of Austin's children has his temper. I don't think I've ever seen Kara lose her cool on the court, being the female Federer of the circuit. A certain brother could take a leaf out of your book I reckon!

With both NB 2 and Mount Walker coming of losses the week before they were keen to get the upper hand on each other and the banter across court was not holding back! The men started the afternoon with big hitter Pete Cowan taking on the skilful Scott Stirrat. The battle of the big boys did not disappoint with them taking one set a piece at the end of the match. Derek Hooper was looking as limber as ever (not so much on Sunday), showing that the silver fox still has what it takes to do battle against the youthful boys of the district splitting with the athletic Guy Bormolini. Battle of the 3s was the much anticipated Michael vs Timothy match up. While I think most people's money was on the old dog to get the upper hand, youth triumphed with a convincing win over Tim. Well done Michael, not an easy feat to drown out that Cusack chatter. Steven was relegated to 4 after his efforts against Kulin and found himself coming up against Trent Davis for the day. Well done to Trent for winning 5 out of 6 of his sets for the day. Steven...I have no words.

At the end of the day the youthful Mount Walker proved way too strong for the experience of NB 2 coming away winners 18 sets to 14...and didn't they let us know about it! Well done MW. As Flick would say in as little words as possible "It was a good day, we did really good."

Narembeen 1 took on Kulin at home and were defeated by one game....no, not one set. ONE GAME. Plenty of talk on Sunday on who was responsible for that end score! With both NB teams coming off a loss and needing a win to proceed to the first week of finals the scene was set for a glorious derby on a hot summer-like morning...

Special mention to el presidente Paul Wanless who sent Britt Duncan a text 2 hours into the derby asking if she wouldn't mind opening up for social tennis as he was caught up with renovations. Good to see you know what's going on in the club Wannoo. NB2 were over the moon when they saw the man, the myth, the legend Austin Pascoe emerge from the mist. We thought our prayers had been answered and we finally had the pleasure of having the legend of the game enter the team. Dreams were shattered when he informed us he was here as support and nothing more. Even his support couldn't help Steven... another one set for the day chief?

'Twas a good derby that saw it all from the odd culprit suffering a bit of a hangover, right threw to a couple of domestics on court. Emma may have had a stern talking to when she said she might sit out the mixed doubles with her husband...Well done on pushing through Emma, even if you were seeing multiple balls on your ball toss. Newly engaged Dean Williams and Mel Baldwin did battle against Wendy and Tim. I don't know what it is about Tim, but he seems to transform even the most subdued players into their Nick Kyrios alter-ego. With Mel being heard from the back blocks yelling "IF YOU DO THAT AGAIN TICKETS!". Special mention to Holly who by our final game of pennants for the year got the knack of scoring! Not all heroes wear capes!

Narembeen 1 came away with the cup this year winning 21 sets to 11. The editor in chief of tennis talk did a bit of investigating as I was pretty certain there was definitely an age gap in the teams....especially the men. NB1 men's average age being 26 with NB2 racking up an average age of 41...Clearly youth proved too strong over experience this year!

Well done NB1 on the win and best of luck next week taking on Hyden in Hyden for the elimination final! Fingers crossed you bring it home and can take on Kulin in the big dance the following week.



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Narembeen**

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Contact our WA based team to discuss internet speeds faster than Perth.

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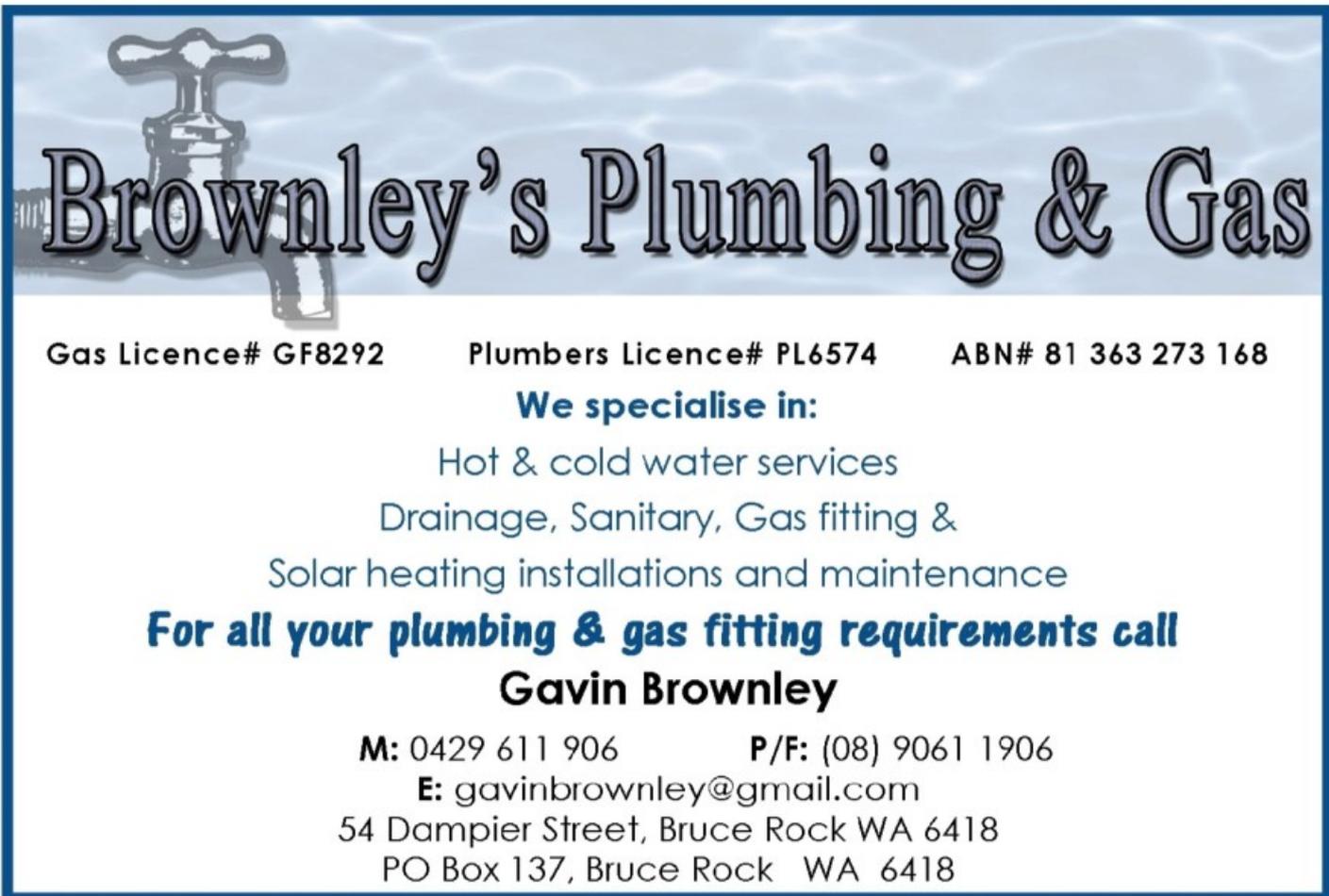


Junior Tennis
Coaching

MT WALKER TENNIS CLUB
 Wednesday 13 October
 Thursday 28 October (4:00 start)
 & Wednesday 3 November
 all welcome

healthy afternoon tea provided
 K-2: 3:30-4:00
 Yr3-6: 4:00-4:45
 cost: \$10 for all 3 sessions
 with registered coach

SUNSMART
contact Felicity to register
 0428 191 083



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E: gavinbrownley@gmail.com
 54 Dampier Street, Bruce Rock WA 6418
 PO Box 137, Bruce Rock WA 6418



Mt Walker Tennis Club

It was a rewarding yet exhausting weekend for our pennants team. Mt Walker achieved yet another win on Saturday when they came up against a confident Narembeen 2 side. With a home side advantage the Emus managed to defeat Narembeen 2 – 18 sets/150 to 14 sets/145. Looking at the games scores it became evident just how close the day was. The team backed it up on Sunday traveling to Kulin after a reschedule of Round 1. With an early start and full of caffeine Mt Walker took to the court strongly and after doubles the sides were tied 12 sets – 12 sets. Mt Walker could not keep up the pace though and struggled in the Mixed. A disappointing end to a great season Mt Walker 14 sets/131 to Kulin 18 sets/164. Good luck to all those playing in the finals. Good to see a few at the pub to end the season. Apologies to club members after pennants on Sunday ran late into the day and players could not get back in time for Social at Mt Walker.



Well done to the King of Mt Walker Trent who won 5 sets! A King who reigned for 1 day before he abdicated on Sunday to Queen Maddie & King Pete (sorry no photo).

This weekend is our big event for the Club, our Open Day – we're hoping for a big turn out of players from near and far. Please make sure you get your names in to Maddie or Michael by Wednesday evening.

THANK YOU LIAM, after a couple of years of discussing and approvals, Liam ordered, collected and erected the new section of playground fence at the Sports Club, helping to improve the safety of the club for our littlest members. This is greatly appreciated!

COMING EVENTS:

Saturday 6 November	Pennants Final
Sunday 7 November	MT WALKER OPEN DAY
Saturday 13 November	Pennants Grand Final
Sunday 14 November	SINGLES CHAMPS – Mexican Night
Sunday 21 November	Social from 3pm – BYO BBQ & salad to share

SUBS DUE NOW (Tennis Members)

Full \$120 Social \$60 Junior \$35

Please pay by cheque, cash or EFT to: Mt Walker Sports Club, BSB 306 026, Account No. 5100512

Use surname and initial as narrative

* NEW MEMBERS WELCOME *

Ladies Captain: Maddie Della Vedova 0498 480 442 **Men's Captain:** Michael Morrone 0428 346 679

Secretary: Felicity Cowan 0428 191 083



Part time Customer Specialist Opportunity

We are looking for a passionate customer service professional to join us as a part time Customer Consultant at our Narembeen branch.

Day to day you will be responsible for:

- Using active listening skills to uncover customer needs and goals
- Providing customer solutions that are in line with individual needs and goals, including our home loan products
- Meeting and greeting customers when they arrive in our branches
- Helping customers with their transactions at the teller bay
- Providing customers with guidance when using Bankwest systems and equipment within the branches

We're interested in hearing from people who have:

- Experience in a customer service role which has allowed you to build rapport and work with customers to achieve their goals
- Excellent active listening skills
- A passion and sense of enthusiasm for providing excellent customer service

To apply please visit [Bankwest.com.au/Careers](https://www.bankwest.com.au/Careers) and search 'REQ130135'



Narembeen CRC Update

Hello everyone!

On Wednesday the CRC hosted the 2021 ‘Celebrating Go for 2&5 Children’s Week Family Fun Day’. The weather outside was not ideal but it made for a great afternoon in the Town Hall. The afternoon was filled with fun activities such as fruit and vegetable find, gold rock hunt, apple knee race, orange spoon race, giant games, colouring in and the children’s favorite; a bouncy castle!

As always the highlight of the day was the face painting, thanks to Sally from Star Bright, you have so much talent!

The day promoted healthy food options for the children. Throughout the event there were fresh fruit and vegetable options available for everyone to enjoy. Thanks to Ramelius for donating the fruit and vegetables.

Thank you to Mick Chick for bringing his ice-cream machine, and Adriaan and Steve, the local policeman, for manning the sausage sizzle. With over 80 children and their parents attending it was another great success and fun day enjoyed by many! Thanks to everyone that attended and supported our event. We hope you all had the best time.

Children’s Week 2021 was supported by; LotteryWest, Healthway, Department of Communities and Meerilinga.



On Friday, we hosted another STEM Story Time session. Another fun morning of singing, reading books and fun activities! We were lucky enough to be provided with a STEM kit from the State Library with many resources such a robots, which everyone loved.

Don’t forget to RSVP for the Seniors Luncheon in a couple of weeks, the lunch is a great opportunity to socialise with new and old friends. Please invite friends and family members to attend also, anyone 55+ is welcome. For more info visit the Narembeen CRC Facebook page or Shire of Narembeen Website or just give us a call to discuss. Up to 100 tickets are available.

Hope you had a great week!

Georgia Atkins
Administration & Communications Officer



Upcoming CRC Events 2021

- Business After Hours (BAH): Monday, 8 November 5.30pm
- HR, HC, MC Truck Licence: Wednesday - Friday , 10 - 12 November
- Seniors Luncheon: Tuesday, 16 November 11.00am
- STEM Story Time: Friday, 26 November 10.30am
- Christmas Rhyme Time: Monday, 13 December 10.30am
- Morning Coffee Club: Wednesday, 15 December 10.30am
- Community Christmas Pool Party: Friday, 17 December 3.00pm



T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

Narembeen Community Resource Centre

Narembeen CRC



Business After Hours in Narembeen. To be hosted at the Narembeen CRC, 2/19 Churchill Street.



Monday 8th November
Narembeen CRC
5.30pm - 7.30pm

You are invited to come along for a night of networking with other WBN members as well as hear from Caroline Robinson who is going to showcase and introduce you to WBN's new strategic plan for 2022. Understand WBN's 4 main pillars which encompasses our vision, mission and purpose going forward.

RSVP by **Friday 5th November** via email to Caroline ceo@wheatbeltbusinessnetwork.com.au



WBN Members
FREE
Non-Members
\$20

**CHANGING
THE FACE
OF MEN'S
HEALTH**



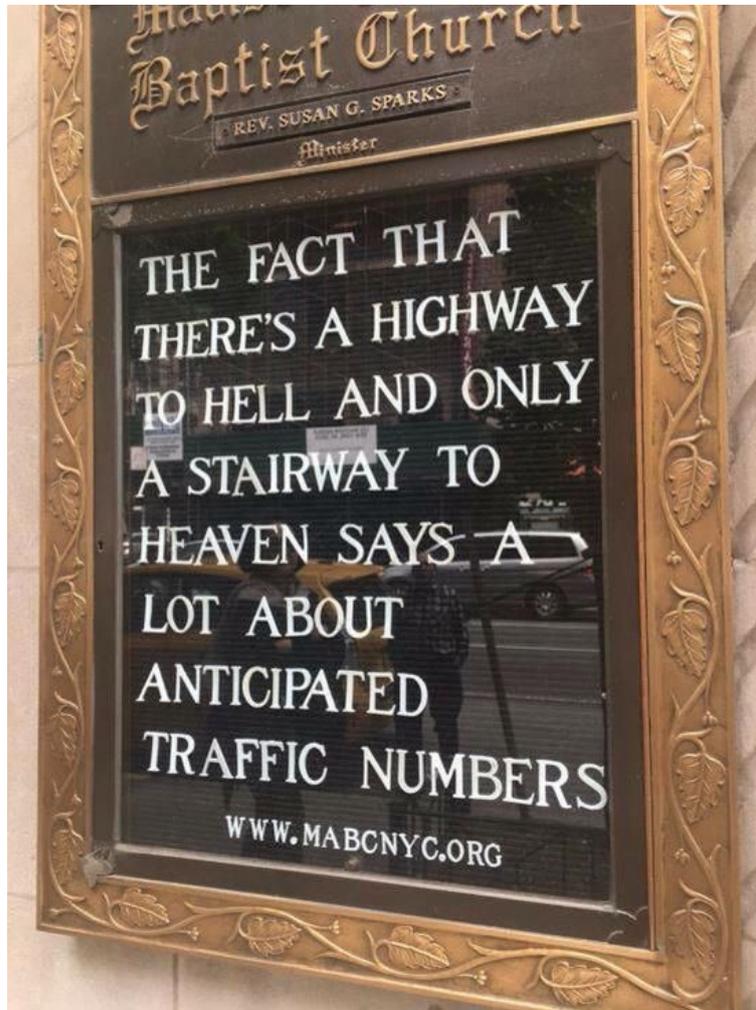
MOVEMBER.COM

DONATE HERE:

[HTTPS://AU.MOVEMBER.COM/DONATE/DETAILS?MEMBERID=14567033](https://au.movember.com/donate/details?memberid=14567033)



USE YOUR CAMERA AND SCAN HERE TO DONATE



Grader Contracting

For all your grader requirements in Narembeen and surrounds.



Contact Digby Slade
0428635055 or 9063 5055.



For all your mobile heavy and light vehicle mechanical servicing, repairs and air conditioning requirements.

Contact Zac Fagan
0428 340 606

ABN 626 293 883 34
Refrigerant trading authorization
AU 53806

SENIORS LUNCHEON

Ages 55+ welcome

RAFFLES
DOOR PRIZES

\$15
PER PERSON
LUNCH INCLUDED

ENTERTAINMENT
LIVE MUSIC

Tuesday 16 November
Narembeen Recreation Centre

Doors open at 11.00am
11.30am start - 3.00pm finish

Bookings essential by Friday 5 November to the
Narembeen CRC on 9064 7055

'All you need is love, but sometimes, a luncheon works too'



Government of **Western Australia**
Department of **Communities**

Article from The Sunday Times—Outdoor Explorer

From scrap to tourist drawcard

BY SHAYLING NGO

There's a few things that might come to mind when conjuring up an image of Western Australian tourism hot spot Broome – but chief among them is likely the iconic silhouette of camels walking in a line along Cable Beach at sunset.

It is exactly this visual that inspired artist Jordan Sprigg to create his latest masterpiece. "It was 2018," he said. "I had a holiday in Broome and it was just like everyone else, I guess. You have a few drinks at the bar there on Cable Beach and you see the silhouette of all the camels."

"It is iconic – everyone knows it is Cable Beach. "I thought, 'this will be a really cool space to have a camel sculpture', and I couldn't believe that nobody had actually built a camel yet for Cable Beach – I saw it as a really good opportunity."

Standing at 2.5m tall and weighing around 600kg, Mr Sprigg's majestic sculpture is constructed from his medium of choice – recycled metal.

"I first started using recycled metal when I was 14 or 15," he said. "I was just learning how to weld, grind and cut. I wasn't allowed to use the new steel, so I would just go to town on any scrap metal and it turns out it is actually a very popular medium for sculpture."

"I live out in a farming area, so most of it is farming equipment, but it is really whatever gets thrown out. I usually pick it up in scrap heaps, clearance sales and antique stores – anywhere that you would find recycled or scrap metal."

Working out of his shed on a farm in Narembeen – a small country town just over three hours' drive from Perth – the sculpture took about 350 hours to complete.

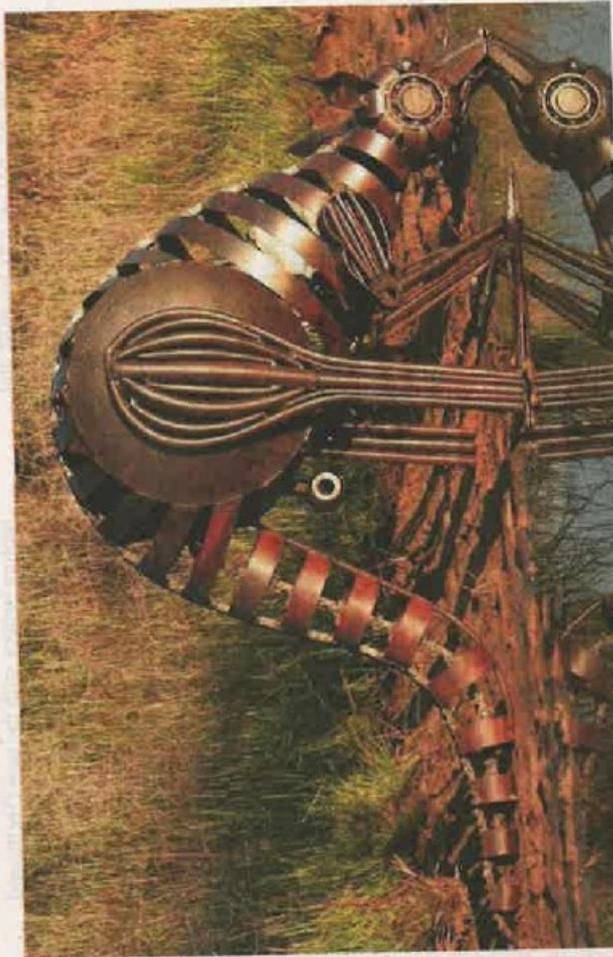


The Wedge Tail Eagle by Jordan Sprigg in Williams.

Mr Sprigg began the process the same way he always does – buying a model of the animal he was creating to gauge its dimensions and proportions, viewing pictures and any footage he could get his hands on, sketching it to find the right pose and stance then doing a proper drawing to make sure it was all to scale.

Wishing for the sculpture to make its home in the place that inspired its creation, Mr Sprigg contacted the Shire of Broome.

"I contacted the shire and told them I was going to be building the camel sculpture, so they knew about it and said it was a great idea, but they were a long way off the Cable Beach Foreshore Redevelopment and couldn't guarantee anything once it was done," he said. "But what ended up happening was I put



Kangaroo by Jordan Sprigg at Amella Park, Wilyabrup.

up a progress picture of the sculpture halfway done on Facebook and it got a lot of traction.

"I had four different parties ask me if they could buy it, and they all turned out to be camel tour operators – one of them was Red Sun Camels owner John Geappen."

For Mr Geappen, chancing upon the art piece and his decision to purchase it felt like it was fated. "It really was just an expression of interest

and then time went by and Jordan and I became quite close – I was heavily involved in providing him with photos of my camels, as he wanted to get all the attributes exact, so it is really a brilliant replica," he said.

"The more I went on, the more I fell in love with it. "Then Abdul Casley passed away in June and the timing of that to me was like it was meant to be."

Once you have seen it, you will understand that the amount of work and creativity that has gone into it is just extraordinary.



Spanish bull sculpture El Toro by Jordan Sprigg at Quairading.

Widely known as the man who pioneered camel tours in Broome, the late Mr Casley walked himself, his family and eight camels from Katherine in the Northern Territory to Broome – a total of 1500km – in 1981.

Arriving with only six camels after losing two when they ingested morning glory (a toxic plant) on the journey, Mr Casley began advertising camel tours near Cable Beach.

In 1987, the first camel tour was held when a local hotel asked Mr Casley to provide the experience for its guests – the rest is history.

“Jordan told me he wanted the camel to come back to Broome but that the shire had subsequently declined because of the lack of funds, and with the passing of Mr Casley I thought it was natural to pay tribute to him,



Jordan Sprigg with his completed sculpture, set to make Broome's Cable Beach its home. Image: Strange Images Photography.

given that all of us in the camel industry walk in his footsteps.” Mr Geappen said.

“If it wasn't for his initiative in commencing camel tours many years ago, none of us would be here today.”

Mr Geappen plans to donate the sculpture to the town of Broome, which will have pride of place at the Cable Beach foreshore once the redevelopment has been completed.

Named Coco, after one of Mr Casley's original camels purchased by Mr Geappen,

the installation is expected to be a popular attraction.

“Once you have seen it you will understand that the amount of work and creativity that has gone into it is just extraordinary.” Mr Geappen said. “I have no doubt it will be the most photographed thing in Broome once it is in place – thousands of people walk along here every day and will take a photo of it and in front of it.”

“We look forward to her bringing a lot of joy

to many people for many years.”

Although the sculpture is yet to be displayed at Cable Beach Foreshore, Coco recently made her debut at the Shirinji Matsuri festival parade and is already making waves amongst the community and tourists.

Mr Sprigg's other installations can be seen far and wide in WA, with sculptures at Narembeen, Quairading and Williams in the Wheatbelt region, Wilyabrup in the South West and closer to home at South Perth.



November 2021

Kaylor Andrews

CCWA Regional Education Officer - Wheatbelt
M: 0408 926 259
75 York Rd Northam WA 6401
Kaylor.Andrews@cancerwa.asn.au

Almost 100 a people a month are being diagnosed with lung cancer in WA

Cancer Council WA is encouraging adults in the Wheatbelt region to familiarise themselves with the common symptoms of lung cancer, with data revealing almost 100 people a month are diagnosed with lung cancer in WA.

Lung cancer was the fifth most commonly diagnosed cancer in Australia in 2017 and the most common cause of cancer death in 2019 according to Australian Institute of Health and Welfare data. "Our latest data in 2018 reveals that in the Wheatbelt, 54 people were diagnosed with lung cancer and 28 people have lost their lives from this disease," Ms Andrews said.

"If you've coughed up blood or had a long-standing cough that worsens or changes, repeated chest infections, shortness of breath, unexplained weight loss, difficulty swallowing, loss of appetite or persistent chest or shoulder pain, then it's important to get it investigated," Ms said.

"It doesn't mean you've got cancer, often it turns out to be something less serious, though it's critical to have the symptoms investigated early to be sure. Remember, the chances of successful treatment are much higher when cancer is found early," Ms Andrews said.

"We know people living in regional Australia have [lower rates of five year survival for all cancers combined](#), compared with people living in major cities, so we urge anyone in the Wheatbelt experiencing a symptom to visit their doctor, clinic nurse or Aboriginal health worker," Ms said.

Eighty per cent of lung cancers in Australia are caused by smoking. According to the WA Health and Wellbeing Surveillance System, 11.5% of adults in Western Australia were daily or occasional smokers in 2018. Other known causes of lung cancer include occupational carcinogens such as silica dust and diesel engine exhaust, and if a person has a family history of lung cancer or previous lung disease their risk of lung cancer is also increased.

Ms Andrews said people from regional WA were particularly likely to delay going to a medical clinic when they were experiencing symptoms, with many thinking the symptom could be due to something else.

Cancer Council WA's Wheatbelt Regional Education Officer Kaylor Andrews said it's important to visit your doctor, clinic nurse or Aboriginal health worker right away if you experience any symptoms.

For more information about lung cancer symptoms, visit <https://www.findcancerearly.com.au/cancer-symptoms/lung-cancer/>

For more information about Cancer Council's support services, visit cancerwa.asn.au or call 13 11 20.

November 2021

1

There is great support to QUIT Smoking

The single best thing we can do for our health is to quit smoking. Everyone's quitting journey is different, so it's important to find the support that works for you. Quitting successfully means being prepared and understanding your smoking triggers. Getting that right support can go along way. The Quitline counsellors are trained professionals, real people, who can offer tailored, real-world quitting advice.

Call the Quitline on 13 78 48 and have a chat about your experiences and quit supports that might be suitable for you. You can find out more at www.makesmokinghistory.com.au

Search QuitCoach online

Call the Quitline on 13 78 48

Download the My QuitBuddy app

Get the Quit for You Quit for Two app

QUIT

HELP

Visit makesmokinghistory.org.au

Follow Make Smoking History on Facebook

Chat to a Gp or pharmacist today

See your local Aboriginal Medical Service

The path to quitting smoking is different for everybody, but there are lots of places to get advice and support along your journey. Just keep trying till you find what works for you and if it helps, don't forget the four Ds: **DELAY UNTIL THE URGE PASSES, DRINK WATER, TAKE DEEP SLOW BREATHS OR SIMPLY DO SOMETHING ELSE!**





MAKE SMOKING HISTORY

Have you had any of these...

... for more than 4 weeks?

- Problems peeing
- Runny poo
- Unexplained weight loss
- An unusual pain, lump or swelling anywhere in your body
- Becoming more short of breath
- A persistent cough
- A new or changed spot on your skin

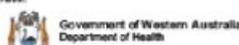
... once or more?

- Blood in your poo
- Coughing up blood
- Blood in your pee



**If you have and you are over 40...
Tell your doctor**

The earlier cancer is found, the greater the chance of successful treatment.

Partners:



For more information visit [findcancerearly.com.au](https://www.findcancerearly.com.au) or call 13 11 20

National Skin Cancer Action Week 15th – 21st November

Summer is shortly approaching so it's important to protect your skin to prevent skin cancer. Ultraviolet (UV) radiation from the sun is the main cause of skin cancer. Fortunately, most skin cancer can be prevented by using good sun protection when the UV is above 3.

Remember to: Slip! Slop! Slap! Seek! Slide! during sun protection times. It's never too late to improve your sun protection habits.

Visit <https://www.sunsmart.com.au/> to learn more about how to improve sun protection behaviours to prevent skin cancer.



Slip Slop Slap Seek Slide



Protect yourself in five ways from skin cancer

FIND CANCER EARLY

The Find Cancer Early campaign is designed to help West Australians spot cancer early and features Find Cancer Early champions who share their stories and encourage people to visit their doctor, clinic nurse or Aboriginal health worker if they feel something isn't right. It also aims to increase awareness of the early symptoms of the five most common cancers (prostate, breast, skin, bowel and lung cancer) in people aged over 40 years living in regional WA.

As well as increasing symptom awareness and promoting early diagnosis, the campaign aims to break down some of the barriers and myths to seeking help.



Watch this Regional Champions ad video: <https://www.youtube.com/watch?v=Ppzeu-Pqiuc>

Visit <https://www.findcancerearly.com.au/> to learn more about the campaign and how to spot early symptoms of cancer.

Easy Recipe

The 1st of November is World Vegan Day. Try out this vegan Healthy Bean Burrito recipe from LiveLighter below.

LiveLighter is a program developed in Western Australia which aims to encourage Australian adults to lead healthier lifestyles - to make changes to what they eat and drink, and to be more active.

The LiveLighter website is a great place to find nutrition information, including

- Top tips for a healthier lifestyle
- Tools and resources
- Fantastic recipes

Go to www.liveliighter.com.au and click on Recipes



Nutrition Information

	per serving	per 100g
Energy	1969 kJ	446 kJ
Protein	19 g	4 g
Fat, total	9 g	2 g
— saturated	2 g	0.5 g
Carbohydrate	69 g	16 g
— sugars	15 g	3 g
Sodium	1052 mg	238 mg
Fibre	16 g	4 g

Ingredients

- ▲ spray olive or canola oil spray
- ▲ 1 onion, finely chopped
- ▲ 1 tsp ground cumin
- ▲ 1 tsp ground coriander
- ▲ 1 tbs smoked paprika
- ▲ 1 zucchini, grated
- ▲ 1 x 400g can no-added-salt diced tomatoes
- ▲ 2 carrots, grated
- ▲ 1 cup frozen corn kernel
- ▲ 2 x 400g cans no-added-salt red kidney beans, drained and rinsed
- ▲ 1 x 400g can no-added-salt brown lentils, drained and rinsed
- ▲ 2 tomatoes, chopped
- ▲ 12 leaves lettuce, shredded
- ▲ 6 tortillas

Method

1. Spray a large non-stick saucepan with oil and place on medium to high heat.
2. Cook onion for 3 minutes, stirring occasionally.
3. Add spices and cook for 1 minute until fragrant.
4. Add zucchini, carrot, corn kernels, canned tomatoes, lentils and beans.
5. Simmer uncovered for 15 minutes, or longer if time permits, stirring occasionally until thickened.
6. If desired, heat tortillas in the microwave for 1 minute on HIGH, or according to packet instructions.
7. To serve, top each tortilla with bean mix, tomato and lettuce then roll up to enclose filling.

Click on the link to view this recipe: <https://liveliighter.com.au/recipe/534/bean-burrito-3-2-1>

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BIRTHDAYS



November

4th	Naomi Hall	Ryan Mortimore	
5th	Linda Hunter	Samara Tenardi	
6th	Mervyn Ogilvie	Maureen Gilbard	Kristy Watson
	Jonathon Campbell	Barbara Worrell	
7th	Helen Hunter	Coralie Shattock (Bristow)	Zac Fagan
8th	Chris Padfield	Lee Hinkley	Jarron Noble
	Sally Johns		
9th	Marcus Cheetham	Kelle Campbell	
10th	Keith VanViersen	Dylan Cole	

ANNIVERSARIES



November

4th	Eddie & Dale Dixon	Debbie(Federici) & Steve Westropp
	Keith & Julie Miller	

WEATHER



Day	Date	Max	Min	Rain
Tuesday	26th Oct	16.4	6.1	9.4
Wednesday	27th Oct	17.9	8.6	2.8
Thursday	28th Oct	17.5	4.4	
Friday	29th Oct		6.9	
Saturday	30th Oct	26.1		
Sunday	31st Oct	31.3	6.9	
Monday	1st Nov		11.9	



CHURCH NOTICES



ST PAUL'S ANGLICAN

Saturday, November 6

4.00pm

Bishop Kate Willmott visit

Ruth 3:1-5, 4:3-17 Kerry Fricker

Hebrews 9:23-28 Barbara Schwartz

Mark 12:38-44

Psalms 127

Church of Christ

Thursday, November 4

7.30pm

Bible study at A&W VanDyk's place

Topic – Purple

Sunday, November 7

10.00am

Worship service with Sunday school during the service

Bible Verse: James 1:19

My dear brothers and sisters, take note of this: Everyone should be quick to listen, slow to speak and slow to become angry.



Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday, November 6

10:00 am. The Senior's Bible Study title this week is "For What Nation Is There So **Great**", and the Key Text is Deuteronomy 4:8, along with many other scriptural references.

Sabbath School for kids too at this time.

11:30 am. Worship Service, Trevor Major – G.C. Chapter 10 – Progress of Reform in Germany.

You're always welcome to join in at these times or you can still watch this current Bible Study series on VAST Channel 603 at 4:00pm on Fridays or there is another program, "Let God Speak" at 7:00 pm Fridays.

Any queries, please -

Phone - Terry & Rhonda on 9061 7032,

Terry: 0427 907 119, Rhonda: 0417 907 119.or Pastor Lomani on 0429 770 331.

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday, November 6

6.00pm

Reader: M. Harper

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: M. Hall



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL – JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembreen Medical Centre

COMING EVENTS

November 2021

Wednesday	3rd	BOWLS—Ladies— Pennants Corrigin G v Naremben Swimming Pool OPENS TENNIS—Mt Walker—Junior Coaching	3.30pm
Thursday	4th	Autumn Club	10.00am-2.00pm
Friday	5th	Playgroup at Numbats Centre BOWLS—Ladies—Quairading Open Day SWIMMING CLUB—Points Swim	9.30am
Saturday	6th	Church Men's Shed TENNIS—Pennants Semi Final BOWLS—Men—Naremben G v Civic B Naremben M v Civic G	9.00am
Sunday	7th	Church Lions Paper pick-up Mt. Walker Tennis—Open Day Naremben Tennis—Mt Walker Open Day BOWLS—Ladies—Drawn Triples Championship BOWLS—Men—Merredin Open Day/Social at home	
Monday	8th	Business After Hours @ Naremben CRC Circuit Gym Arts and Crafts and Book Exchange at Community Shed	5.30pm 9.30am 10.00am-4.00pm
Tuesday	9th	Senior Citizens	2.00pm
Wednesday	10th	BOWLS—Ladies—Pennants Naremben v Bruce Rock TENNIS—Hyden Ladies Day	

Editor: Kellie MORTIMORE