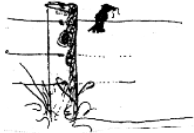


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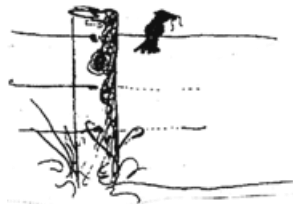
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

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Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

	Editor	Ads	Typist
16th November	Maxine	Darien	Noela
23rd November		Kellie	

The Fence Post is a weekly

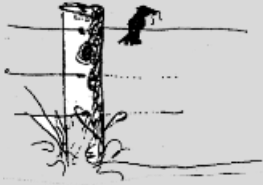
(45 weeks of the year)

voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....

Hello and welcome to another edition of 'The Fence Post', Hasn't the weather been a bit like a yo-yo lately! Here's hoping it warms up enough to get the crops off in time for the kids summer holidays. Not long now! Keep the photos coming in. Have you checked out the newly painted skate park in town. A few pics 'from the Chief' on page 35. Lots happening in and around this "great place to live" aka Narembreen. Happy reading.



Jodie Batty

Remembrance Day - November 11th

A service will be held at the school at 10:55am. All are welcome to attend.

CHEERIO

A cheerio to Doreen Bookham who is back in Narembreen after a short spell in hospital in Bunbury. Hope you are feeling much better now .

POOL CLOSED

It was a bit disappointing to find the pool had to be closed on Sunday afternoon and Monday. We hope that Michael (Mr Chick) has now got things under control and we will be back doing our laps.



Justin Van Viersen took this pic of Parsons harvesting

NAREMBEEN HISTORICAL SOCIETY— Part 2

Over the next few weeks we will tell the story of the Narembeen Brass Band



*Narembeen Brass Band in 1932—Top (L-R) J Hoskins, G Saunders, W. Eddy, ??, G & A Hardingham
Middle J Ellis, S Iles, W Fricker, F Connelly, M Price, E Iles
Front W French, B Woodward, W Fricker (Snr), J Hoskins (Snr), K Curtis, F. Berry, E Eddy*

At the Opening of the Ardath Lakes for swimming, it was the Narembeen Brass Band who provided the stirring music.

Mr George SCHULTZ was the instigator for the band. He came from the Goldfields with his wife and family to Narembeen in the late 1920's. He opened a Bakers Shop in premises next to the then Bank of NSW. Later he sold to Dow's who in turn sold to Wilson's. On the departure of George WILSON (Jnr) the premises as a baker's shop were closed down.

Mr SCHULTZ was a fine bandsman and leader, and soon after his arrival in Narembeen instituted lessons on brass band instruments for about 20 youths. His own two sons were also gifted musicians, Herman having won a statewide contest as a euphonium player and George gained third place for cornet.

Public subscription provided funds to buy the instruments and uniforms. Practice was held in the old Bakery building (on site of present R&I Bank). Mr (Doughy) BURROWS built his bakehouse and the bread was sold through the Trading Company next door. When Mr SCHULTZ started business, the original bakehouse closed and Mr BURROWS bought a farm, which he later sold to Mr H. HALLYBURTON and now belongs to Frank GOULD.





NAREMBEEN HISTORICAL SOCIETY (INC)

Final Meeting for 2021: **Monday, November 15**
 Commencing at: **11.00 am**
 At: The HISTORY CENTRE
 (Road Board Building)
 And afterwards for lunch at MYOLA.

'History is not was, it is'
William Faulkner

**YIPPEE YIPPEE LETS PUT
 SOMETHING UNDER THE
 CHRISTMAS TREE**



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Narembeen District High School Newsletter

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ISSUE 18/21 November 8 2021

IMPORTANT DATES

November 11	Remembrance Day assembly at 10:55am
November 15	Pre-kindy 9 - 11am
November 29	Student Leadership Excursion
December 9	High School Drama Production
December 13	Early close & Concert & Presentation Evening commencing at 7:00pm
December 15	Graduation Dance commencing at 7:30pm

WEEK 5 QUOTE



WHAT'S INSIDE

- From the Principal
- Positive Rewards
- Homework
- Community News

Preparing Students for a Changing World

Week 5 of term and another slow news fortnight with the school ticking along as always. At the end of this week we will be half way through the last term of the year and then the last five weeks will be very busy for all!! Harvest is up and running for many of our farming families so the forecast of rain today and tomorrow is not necessarily what we want ☹. Two of our Mental Health team, Lynda and Hannah K are off to the two day Positive Schools conference this Thursday and Friday while I am out on Wednesday, unfortunately, for a Principal's Network meeting in Corrigin.

THANK YOU TO OUR LOCAL FIREY'S

Last week, our K & PP students had a visit from our local fire brigade truck, brought in by **Murray Dixon and Gary Sprigg**. Many thanks to them both for giving up their time to give our youngest classes a look at what is involved. Hannah also took advantage of the visit and took her Year 5/6 class out for a look.



THANK YOU TYSON & THE CO-OP

Our Pre-primary students are studying community in HASS and they took a trip down to the Post Office last Monday to visit Tyson and learn how the Post Office works. Tyson also gave them all a Christmas ornament which they are showing off in the picture below. On the way back, they called in at the Co-Op and got a marshmallow each (the lucky ducks!!). Thank you to both Tyson and the Co-Op for making this excursion a valuable learning experience (I am sure marshmallows are important to learn about ☺)



THANK YOU BRIAN AND THE WADDERIN WILDLIFE SANCTUARY

On **October 25 2021**, as stated in the previous Newsletter, our PP and Year 1 students went out to check out the Wadderin wildflowers and complete the bushwalks. Many thanks to **Brian Cusack** for giving up his time to impart his knowledge to this group of learners. It was a great morning of learning for them all 😊.



THANK YOU CARISSA

Today is the final day of the Triple-P Positive Parenting Program that she delivers for us every year to our new Kindergarten parents. Carissa is a great asset to our school as an Allied Health Professional and we thank her very much for her commitment to our school community.

MENTAL HEALTH FOCUS AREA: SCHOOL WALK AND TALK ACTIVITY & SMILING MIND IMPLEMENTATION - GET THE APP NOW, IT'S GREAT 😊

Last Tuesday November 2 2021, our Mental Health Focus group organised a walk and talk for the whole school and staff. For the older students, conversation starters were used and the students changed partners every time we gave them new talking points. Our younger students also used conversation starters provided by their teachers. It was perfect weather for the event and we thank our tireless workers on the focus group for their organisation. Another initiative that has been introduced to our school is the implementation of the Smiling Mind curriculum. Both Hannah K and Mel have completed the 12 hours of professional learning on Smiling Mind and have presented to our staff as well as guiding them to a short 1.5 hour online learning program. Our students are all doing Smiling Mind fortnightly in Health lessons and are involved in mindfulness activities between 3 and 4 times a week. **You can also download the Smiling Mind app, it is not just for educators.** There are a lot of programs designed to **support adults** to better manage the pressures and challenges of busy, modern lives. **Great programs are on the app for youth**, designed for young people aged **between 13 and 18 years old**. These support senior students' wellbeing through uncertain and challenging times, teenagers transitioning to high school, school leavers as they plan for the future, all high school ages for study to access a state of relaxed focus, the mindset required for effective study and performance and for the busy young athletes to complement regular sports training. There are **also programs designed for children aged between 3 and 12 years old**, specifically for bedtime, to support transition to school, to assist in learning new social and emotional skills and develop independence. Finally, there are **programs on the app for families** for sleep, for after school to take some time to wind down and transition into the evening, for meal times to help make meal time calmer and more enjoyable, and simply for anytime to support you and your family whenever you need to reset and refocus.



OUR WALK AND TALK PICS 😊





CONGRATULATIONS WREN CHEETHAM YEAR 6 FRED HOLLOW'S HUMANITY AWARD SPECIAL COMMENDATION

The Fred Hollows Humanity Award recognises Year 6 students in Australia who follow in Fred's footsteps by **making a positive difference in their community**. It celebrates **students who show compassion, integrity and kindness in their everyday lives, just as Fred did**. The Fred Hollows Humanity Award is an opportunity to honour students for something beyond academics and sport. We decided we had a worthy nominee this year as this was a description of our young budding humanitarian **Wren Cheetham**. Her nomination celebrated the fact that she treats everyone equally and fairly, passionately standing up for what is right. Wren worries and cares for all, she takes action, as is seen by her various fund raising activities over the years, making icy poles to purchase swags for the homeless being one that springs to mind. She is a wonderful mentor on our Student Council, and is currently helping to organise our purple day fundraiser later in the year. Wren should be very proud of being named as one of the four students with 'Special Commendations', as we think she has done so well. **She is caring, empathetic and a wonderful young lady with an absolute heart of gold**. The announcement of the Special Commendations occurred last Thursday morning via an online ceremony. **Awesome work Wren 😊**.



WANT TO GET YOUR CHILD INTO SWIMMING: IT'S EASY 😊 WE NEED LOTS OF NEW SWIMMERS FOR THE CLUB AND SCHOOL 😊

Narembeen Swimming Club is keen to get some of our younger students involved and some of our older students back into it. What is not to like about swimming, it is one of the best activities for full body fitness, it is a life saving skill, you can swim for the rest of you life for exercise, just like those crazy grown ups who get up early to swim every day during the summer. Although training is twice a week until December 10 2021 when the club breaks for the holidays, and is then three times a week commencing when we come back in February, you can chose the sessions your child/ren does. Beginners will begin next Wednesday November 17 2021 and although it does state that they should have passed Stage 2, if they are confident out of their depth and can do some form of freestyle, they are ready for Beginners 😊. The training nights are listed below and please get in touch with myself, Trista Federici, Amy Hardham, Sarah Kuhne-Munroe or Anita Parsons for more information. It really is a great pass time to get them into and it is not expensive to be involved in terms of subs for the swimming club.

TRAINING TIMES: (Beginners DO NOT start until November 17 2021)

Swimmers do not have to go to every session, it is available if they are keen, but at least one session is highly beneficial 😊👏 Goggles and fins are needed, Chick has some goggles to purchase and we also have some fins to borrow until you can buy your own 😊.

GROUP	MONDAY	WEDNESDAY	THURSDAY 2022 only
BEGINNERS		3:30pm (beginning November 17 2021)	
GROUPS 1, 2 & 3	Group 1: 3:30pm Groups 2 &3 4:00pm	Group 1: 3:30pm Groups 2 & 3 4:00pm	4:00pm

Swimming Club is not just about learning how to swim faster and more efficiently. It's about:

- Overall fitness
- Swimmers can come as often as they like – swimming is great for fitness, muscle tone and weight maintenance.
- Belonging to a club and meeting new people
- Social skills
- Having fun

*Swimming - no matter how slow you go,
you are still lapping everyone on the couch!*

MRS CHRIS ARNOLD
PRINCIPAL



THANK YOU RUSS!

A huge thank you to **Russ** for giving up his time to put together some bikes that we have just received from a Sporting Schools grant. We can't wait to use them with the upper primary for some triathlon training in Physical Education as the weather warms up!

Hannah Kerse

GRADUATION DANCE WEDNESDAY DECEMBER 15 2021 YEAR 6 - 10 STUDENTS

Our committee are busy organising this night and getting their creative hats on in regards to decorations. Year 6 - 10 students, get your outfits sorted and get your dance moves on point because the Graduation Dance is on at the Recreation Centre on Wednesday December 15 2021 commencing at 7:30pm and finishing at 11:00pm. Our Year 10 graduate, Stephen will be introduced to the crowd at 7:40pm and after some formalities, the dancing will begin. Since it is starting an hour earlier, the evening will finish at 11:00pm instead of 11:30pm. **Dress is good casual, no thongs or board shorts are allowed, the entry fee is \$2.00.** Come along and have a great night celebrating with our School Captain Stephen Cummins, on his completion of schooling at Narembeen DHS.



SCHOOL CONCERT & PRESENTATION NIGHT: MONDAY DECEMBER 13 2021



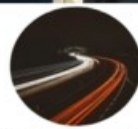
Early notification to you all that this event is on at the TOWN HALL on Monday December 13 2021, commencing at 7:00pm. The students will start to rehearse for this event very soon and it is a great night of entertainment for all ☺. The entry fee is a gold coin donation to the Narembeen DHS P & C Association.



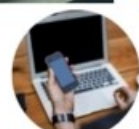


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Roll up for WA
COVID-19 Vaccination

Get the facts on the vax



The COVID-19 vaccines are new, and it is very normal for people to have questions. There is so much information – and misinformation – it can be overwhelming. Together, we need to build vaccine confidence because each and every vaccinated person helps us move past the pandemic.

Get the facts on the vax

TRUTH

MYTH



We do know every ingredient that is in the vaccines

The vaccines are mostly water, with salt, sugar and fats. There is no graphene oxide, gluten, egg, wheat, bee venom, latex or animal products in the vaccines.



The vaccines are providing good protection against the new strains

Two doses of the Pfizer or AstraZeneca vaccine are very effective in protecting people from becoming seriously ill with the new variants, including the Delta strain.



You can choose to be vaccinated

You can make your own decision. Make sure you ask trusted people to help you find facts. False news can be very misleading and dangerous.



A microchip would not fit through the vaccine needle

This myth is based on a fake video circulating on social media.



COVID-19 vaccines can't change your DNA

The vaccines deliver instructions to your cells to build protection (immunity) against the coronavirus. This does not happen in the part of your cells where your DNA is.



Receiving a COVID-19 vaccine does not make you magnetic – anywhere on your body

COVID-19 vaccines do not contain any magnetic ingredients that could do this. You would need a lot of metal to attract a magnet. For example, people take multi vitamins which often contain iron. This doesn't make them magnetic because they are so diluted and spread through your body.



We don't know what's in these vaccines.



There's no point in getting vaccinated due to the new COVID strains.



Doctors want to force people to be vaccinated.



The vaccine contains a microchip to track me.



The vaccine will change my DNA.



The vaccine can make a magnet stick to your arm.

TRUTH



MYTH



The vaccines are safe

Many people around the world worked together to create the COVID-19 vaccine, sharing money and scientists to get it done in just months, without missing any steps. Vaccines are only allowed in Australia after being tested and found to be safe and effective. All vaccines continue to be quality tested and monitored for safety.



The vaccine was approved too quickly to be safe.



The COVID-19 vaccines do not contain live virus and cannot give you COVID-19

The vaccines pretend to be the real virus and teach your body how to defend itself. This will help stop you from getting really sick and going to hospital or even dying.



The vaccine could give you COVID-19.

Register and book your COVID-19 vaccination

rollupforwa.com.au



13COVID
(13 26843)
Press * for interpreter



Government of Western Australia
Department of Health



Information on the COVID-19 vaccine and pregnancy

Planning

Does the vaccine stop me having a baby?

No.

The vaccine won't stop you from getting pregnant.



When should I get the vaccine?

Get it now.

You can get it before you're pregnant, or if you are already pregnant or if you are breastfeeding. The sooner the better for you and baby.

Pregnancy

Why should I get the vaccine?

Pregnant women who get COVID-19 can get very sick.

The vaccine protects you from getting very sick from COVID-19.

This is very important in the last three months, so get vaccinated early.

Pregnant women with COVID-19 can have a still birth, or the baby might come too early, so get vaccinated now.



Which vaccine will I get?

You will get the Pfizer or the Moderna COVID-19 vaccine, which are both safe.



Will the vaccine hurt my baby?

No.

The vaccine will help protect you and your baby from getting very sick from COVID-19.



Have pregnant women had the COVID-19 vaccination before?

Yes.

Over 200,000 women across the world have now been vaccinated. Mothers and babies are safe and well, vaccination helped them from getting very sick from COVID.



Can I wait until after the baby's born?

Yes, it is your choice, but it is better to have the vaccine as soon as you can, so you are safe at the end of your pregnancy and when the baby is born.

Breastfeeding

Can I breastfeed after getting the vaccine?

Yes.

Getting the vaccine will help keep you and your baby from getting very sick from COVID. Breast milk is the best for your baby.



This information sheet was developed by WA Health in collaboration with the Maternal and Child Health team at the Derbarl Yerrigan health service.

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COVID-19

We're all in this *together.*

Mandatory COVID-19 vaccinations

To protect WA and safeguard essential services and businesses for the long-term



Occupations in which risk is sufficient due to high transmission, vulnerability or necessary to avoid catastrophic risk to safety of the community

Mandates in place

- Hotel quarantine
- Ports (exposed workers only)
- Residential aged care
- Mission critical areas in WA Police
- Parts of public and private hospitals and public healthcare facilities

First dose by 1 December 2021 and fully vaccinated by 31 December 2021

- Cross-border freight (road and rail) workers - high and extreme risk locations only
- Remaining public and private hospitals and public healthcare facilities
- Primary and community health
- Onsite resources sector
- Border and air transport
- Staff working in or entering remote Aboriginal communities
- Residential and non-residential community care services including in relation to:
 - Disability
 - Mental health
 - Homelessness
 - Drug and alcohol services
 - Child protection
 - Family and domestic violence
 - Aboriginal peoples
- Corrective services
- Remaining WA Police
- Fire and Emergency Services (excluding volunteers)
- Abattoirs and meat processing



Occupations deemed critical to the ongoing delivery of business and function of the community

First dose by 31 December 2021 and fully vaccinated by 31 January 2022

- Supermarkets, grocery, bakery
 - Restaurant, pub, bar or café
 - Post office
 - Hardware store
 - Child care or family day care
 - School or boarding school*
 - Financial institution
 - Critical infrastructure and services necessary for health, safety and welfare of the community, any person, animal or premises e.g. utilities and veterinary clinic
 - Petrol station, truck stops and roadhouses
 - Public and commercial transport
 - Remaining port operations
 - Remaining commercial transport, freight or logistics
 - Hotel, motel or other accommodation facility to provide accommodation services
 - Funeral or mortuary services
 - Building, maintenance or construction
- *(before Term 1 of the 2022 school year)

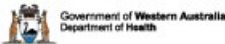


In the event of a lockdown:

The following will be required to be fully vaccinated to attend work in the event of a lockdown or similar restrictions

- Other click and collect retail
- Bottle shop
- Newsagent
- Pet store
- Wholesaler
- Critical conveyancing and settlement agents
- Government or local government services where working from home is not possible
- Some administrative services
- Vehicle and mechanical repair service
- Journalistic and media services
- Members and staff of Members of Parliament of Western Australia
- Roadside assistance
- Critical forestry
- Critical primary industries
- Critical factories, manufacturing, fabrication and production

To get vaccinated go to www.rollupforwa.com.au



Information on the COVID-19 Vaccine

What is COVID-19?

COVID-19 is a virus (illness) that can make you really sick. It can give you flu-like symptoms with a high fever, cough, sore throat and shortness of breath. It can attack your lungs and cause chest infections (pneumonia) and possibly death.



Why is the COVID-19 vaccine important?

The COVID-19 vaccine works just like the flu vaccine. It helps your body fight the virus and protects you from getting really sick. It reduces the risk of you spreading the illness to the community, including your family and friends.

You will need two doses of the vaccine for it to work the right way.

The person giving you the vaccine will let you know when you need to get your second dose (for the Pfizer vaccine this is 3 to 6 weeks after your first dose).

Which vaccine will I receive?

You will be offered the Pfizer COVID-19 vaccine (Comirnaty) unless there is a medical reason for you not to be given this vaccine. Most Australians can safely receive the Pfizer vaccine, and it is the preferred vaccine for people aged 12 to 59 years.



Giving your consent

If you agree (say yes) to getting your COVID-19 vaccine, the person giving you your vaccination will ask you to **give your consent** (permission to give you the vaccine needle).

When you give your consent (say yes), you are saying it is okay for someone to vaccinate you (give you the COVID-19 needle).



Remember it is up to you. You can choose to have the vaccine or you can choose not to have the vaccine if you don't want to.

You can talk to your health clinic, doctor or nurse for more information about the COVID-19 vaccination.



Side effects

After you have your vaccination, you might feel some symptoms or side effects. Most side effects are not serious and will go away in a couple of days.

Common side effects can include:

- pain or swelling in your arm where the needle went in
- fever (feeling hot and sweaty)
- sore muscles or joints
- headache
- chills (feeling cold and shaky)
- tiredness.



Less common side effects include:

- feeling sick in the stomach
- not sleeping well
- leg pain.



If you have any side effects, you can take simple pain medication like paracetamol or ibuprofen.

For symptoms that are not urgent, you can see your usual health clinic, doctor or nurse.

You should call 000 or seek urgent medical care if you experience severe symptoms after vaccination, such as difficulty breathing, wheezing, a fast heartbeat or collapsing.



Do I still need to get the flu shot?

The COVID-19 vaccine does not protect against the flu, so you still need to get your flu shot. Wait at least 7 days between getting your flu shot and the COVID-19 vaccine.



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NAREMBEEN

Ladies Hospital Auxiliary

ANNUAL GENERAL MEETING



Thursday 11th November 2021

2pm

At the Narembeen Hospital

We welcome all new members

Di Pollard 0488 647 222

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For more info & to register your interest in Weightlifting contact us via text or Facebook Messenger.

We also offer well-equipped commercial & Functional areas to cater for anyone wanting a decent facility to train in, all under the guidance of a qualified Coach and experienced Athlete.

How much talent is hiding in the Wheatbelt?

We endeavour to find out!

Find us on Facebook – Wheatbelt Weightlifting

Contact Daniel on 0484 936 848

BUILDING A STRONGER COMMUNITY



The Lions Club of Narembeen

The Lions Club of Narembeen will once again raffle a ham, at Narembeen IGA, each Friday beginning 26th November and including 3rd December, 10th December and finally 17th December.

Glenis Maringoni has generously volunteered to sell the tickets each week.

In addition, Glenis will also sell the much loved Lions Christmas cakes and puddings. These offer exceptional value for money and are wholly Australian produce.

Prices for Lions Cakes and Puddings:
 Lions Christmas Pudding - \$17.00
 Lions Christmas Cake 1.5 kg. \$17.00
 Lions Christmas Cake 1.0 kg. \$13.00
 Lions Mini Cakes. \$2.00 each



Don't forget to attend the Narembeen Senior Citizens' Dinner on 2nd December at the Recreation Centre. Invitations have already been sent to eligible community members.

Another date to put into the diary is June 2022. The Lions Skin Cancer Screening bus will return next year and we will notify the community when an exact date is confirmed.



Mt Walker Wimbledon Open Day!

Sunshine, white uniforms and Pimms...you know what that means! The annual Mount Walker Wimbledon Open Day! And what a day it was indeed. With 70 elite athletes turning up, the scene was set for a big day of competitive tennis with players coming from far and wide to take part. With four courts and that many players it ensured there was plenty of time to catch up with mates between sets and enjoy a drink. So much so the Pimms may or may not have run out by lunchtime... Resident DJ N was in the house with tunes cranking courtside for the day/night and the kids enjoyed the party lights that accompanied.

Great day out with new and old/experienced (Brian you're the latter) showcasing what they have to offer. Brian showing that the old dog should still probably be competing in A grade, teaching a few young men how to navigate the baseline running them from side to side. Although Nathan Sprigg was like a fly swat at the net not letting much go past him and swatting the ball into next week. Might need to become a regular fixture on the court Spriggy! Adam and Dean showed they are pictures of fitness competing in pennants Saturday and then backing it up for a second, runners up is a sound effort I think!

Was great to see Indi Nelson dust the racquet off after having little Peyton...Lord knows that little angel will have tennis running through her veins coming from quite a pedigree of tennis players on both sides of the Nelson/Miolini family. Indi showed she hasn't lost it coming away as a winner in her debut return to the game. Lynda and Maddie Della were a certain best dressed in their matching skirts and sparkly hats. They brought their sparkly game but couldn't quite get over the line against Indi and the experienced Carol Mouritz.

Was great to see our junior players of the district step up and play in one of the highlight events of the tennis calendar. Well done to Sari Cusack and Lucy Currie, the Cusack's certainly know how to produce good tennis players that's for sure. Lucy Currie coming from a fine line of competitors did not disappoint improving every match and keeping her partner in a respectable state (No Mads you aren't having another cruiser) for the entirety of game play. Well done Lucy you deserved the win. Georgia Atkins got a lesson on and off the court. Was a bit worried heading out for the first game and hearing her say "so scoring, it's 50 love isn't it". Did you know Mount Walker are doing junior coaching Georgia? Might be ideal starting point for you mate. "All the gear and no idea" was a fitting motto for her for the day.

Lunch and afternoon tea were the real winners of the day...especially the potato bake! Thanks to Shohan for organising the catering and all members who provided for the day.

Until next year Wimbledon...

M. Noack

A huge thank you to Tammy and Karen who manned the bar for the day and night. To Sho's army of helpers who worked tirelessly in the kitchen. The ladies who helped set up the Sports Club, the captains who organised before the event and kept the day running smoothly and everyone else who helped out to make the day so successful.





A grade women's winners:

Carol Mouritz & Indi Nelson



A grade women's runner-up:

Maddie Della Vedova & Lynda Cornish



A grade men's winners:

Tim Whitwell & Kingsley Brown



A grade men's runner up:

Dean Williams & Adam Miolini



B grade women's winners:

Maddi Noack & Lucy Currie



B grade women's runner up: Alex Holland & Kara Morrone



B grade men's winners:

Brian Cusack & Marty Farrell



B grade men's runner up:

Nathan Sprigg & Trent Davis



C grade women's winners:

Cordie Parsons & Fabienne Gracia

Mt Walker Tennis Club 2021 Open Day Sponsors



THE AG SHOP

AGRICULTURAL PARTS & SERVICE



**Narembeen
Roadhouse**



Hutton & Northey Sales



COLESTAN ELECTRICS

EC 13630



planfarm



Narembeen

MOTEL

Nutrien

Ag Solutions™

PARTNER WITH PLANFARM

central wheatbelt

OCCUPATIONAL THERAPY

Zanik

Greg & Carolyn Fagan



thermomix

Dianne Poultney

Agvise

MANAGEMENT CONSULTANTS



Narembeen Bowling Club

The Ladies travelled to Corrigin on Wednesday to play Pennants. Yes. Another close one, going down by 2 shots but got a point, so more than half on the board now!!

Two Ladies teams travelled to Quairading on Friday for their Open Fours.

Didn't bring home dollars but Julie Miller picked up a nice bowls bag in the raffle.

The Men had Pennants at home versus Civic. Happy Chappies as both Gold and Maroon had a very good win. Maroon are now on the board.

On Sunday the Ladies played our Drawn Championship Triples. A great entry with 18 players.. Lots of close games and lots of fun was had by all.

Gina and Kellie went a lot better once they made Darien skip. They beat the Champs!!

Several teams had 3 wins so had to get our fingers and toes out for shots up.

Julie Hayter, Joan Cusack and Noela Cole were the winners. Well done.

The team of Anita Cowan, Julie Miller and Chris Padfield were Runners up. It pays to be in the Captains box!!

Thanks to Noela and Baz Cole for Sponsoring this event.

Four teams of Men travelled to Merredin Club on Sunday for a Triples Competition.

John Currie was the only one that got a divvy here. He was runner up in a Merredin Composite side.

All the other guys won naff allwhich is very unusual ,however they all enjoyed the day.

Back at home a few Men had a social roll. Great to see Steve Fry back home and on the bowling green. He managed to put down some good ones too.

The Ladies will hold our Open Fours Day on Friday. We have 20 teams fighting for the dollars so lets hope we get good weather and have a great day.

Would love to have a couple of Guys help wash up if you could. You get a nice lunch.

Thanks to Alan and Sylvie Yandle who ran a very successful Corporate Bowls for 4 weeks.

They also had helpers in Eric and Terri Tenardi and Baz Cole

They raised \$490 for the club.

Everyone enjoyed it and there is talk of holding another one in February.

Amongst all the Ladies on the green on Sunday was Alan Wright. Alan was busy emptying all the bins the guys filled with Stubbies at Pennants. Thanks Alan, its people like you that make a good club.

The Men will play the 100up this Sunday. Robert Hayter will need names in by Friday 5pm please. NO LATER

Afternoon tea roster for this Saturday is Julie Miller, Maxine Miolini and Sylvie Yandle.

Thanks to Terri Tenardi who arranges this each week. Terri is doing a great job and it is working well.

If you need a new bowls shirt please let Kellie Mortimore know ASAP.

She doesn't have many orders and will require a few more to make it worth while.





Narembeen
Community Resource Centre

Narembeen CRC Update

Hello everyone!

WOW, it is nearly Christmas time - the most wonderful time of the year!! But for many also the busiest time of the year. With harvest in full swing and the first Christmas parties happening we are also organising our end of year events:

The **Seniors Luncheon** is happening at the Rec Centre on Tuesday November 16th, everyone 55+ is more than welcome and it is not too late to let us know if you have changed your mind and would still like to attend. A great day is guaranteed! Just call us on 9064 7055 or visit us at the CRC.

We also have some other exciting news: The **Katherine Outback Show** is coming to Narembeen!! What a fantastic opportunity for our community. A show for everyone! So please SAVE THE DATE - Saturday, 11 December from 6.00pm at the oval. Equipped with 10 horses, 10 dogs and 3 goats the Katherine Outback Experience comprises authentic horse-starting and working dog demonstrations, highlighting station life together with live country music.

The **Community Christmas Party** is happening once again at the pool on Friday, 17th December but this year we have added something new - a 16 metre

obstacle course! What's better than racing your friends through an Obstacle Course? Doing it while being sprayed with water and cooling down!!! Great for adults and kids. The brand new Ocean Bouncey Castle, a brightly coloured castle with fantastic sea themed artwork, will also be available for the smaller kids plus many fun giant garden games and hamburgers. A FREE event for the whole family.

Don't forget it is MOVEMBER. Movember has been changing the face of men's health for two decades. The mission is to enable men to live happier, healthier, longer lives. They do this by raising much needed funds and awareness for prostate cancer, testicular cancer, mental health and suicide prevention.

If you would like to donate, please visit link below or come into the CRC and we can show you how.

<https://au.movember.com/donate/details?memberId=14567033>

Help us reach our goal of \$500.

Hope you had a great week!

Vanessa Wittstock
CRC Coordinator

Upcoming CRC Events 2021

- HR, HC, MC Truck Licence: Wednesday - Friday , 10 - 12 November
- Seniors Luncheon: Tuesday, 16 November 11.00am
- STEM Story Time: Friday, 26 November 10.30am
- Seniors Movie: Monday, 6 December 1.00pm
- Christmas Rhyme Time: Monday, 13 December 10.30am
- Katherine Outback Experience: Saturday, 11 December 6.00pm
- Morning Coffee Club: Wednesday, 15 December 10.30am
- Community Christmas Pool Party: Friday, 17 December 3.30pm
- Christmas/New Year Closure: Fri, 24 December - Mon, 3 January




T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

 Narembeen Community Resource Centre

 Narembeen CRC

SENIORS

LUNCHEON

Ages 55+ welcome

RAFFLES
DOOR PRIZES

\$15
PER PERSON
LUNCH INCLUDED

ENTERTAINMENT
LIVE MUSIC

Tuesday 16 November
Narembeen Recreation Centre

Doors open at 11.00am
11.30am start - 3.00pm finish

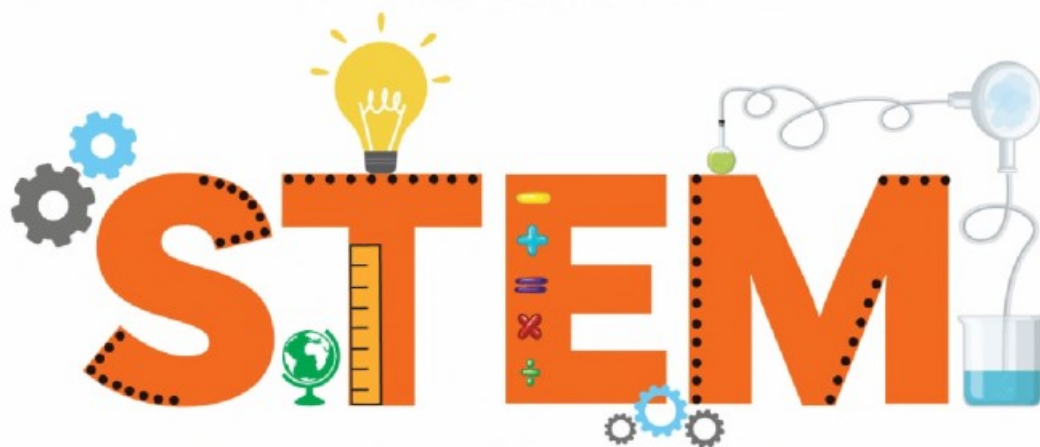
Bookings essential by Friday 5 November to the
Narembeen CRC on 9064 7055

'All you need is love, but sometimes, a luncheon works too'



Government of **Western Australia**
Department of **Communities**

BUILDING BRAINS TOGETHER
IN NAREMBEEN



STORY TIME



JOIN US IN THE
LIBRARY AT 10:30am

Friday, 26 November 2021





For all your mobile heavy and light vehicle mechanical servicing, repairs and air conditioning requirements.

**Contact Zac Fagan
0428 340 606**

ABN 626 293 883 34
Refrigerant trading authorization
AU 53806

CHRIS BRAY ELECTRICS

ACN 009 023 223 EC 349

0418911872

facets@iinet.net.au

14 Longhurst Street Narembeen

For all electrical installations repairs
and maintenance.



WILLWAY PLUMBING & GAS

Dean: 0407762543

Email: dean@willwayplumbing.com

PL9957 GF18322

Shires of Corrigin, Kondinin, Kulin and Narembeen

Notice of Land Transaction

The Shires of Corrigin, Kondinin, Kulin and Narembeen hereby give notice pursuant to Section 3.58 (3)(a) of the Local Government Act 1995 of the following land transaction proposed between the Shires and Notting Nominees Pty Ltd

Land Details: Lot 23945 on Deposit Plan 151345 on Kondinin-Narembeen Road, Kondinin.

Land area: 64.8ha total, lease approx. 45ha

Land Use: Lease land is for farming/grazing

Lease Value of land: \$4,670 pa payable to land owner

Provision for property control: \$4,670 pa payable to lessee

Net value: \$0

Public submissions for this proposal are invited to be sent to Chief Executive Officer, Shire of Kondinin, P O Box 7, Kondinin WA 6367 or email ceo@kondinin.wa.gov.au

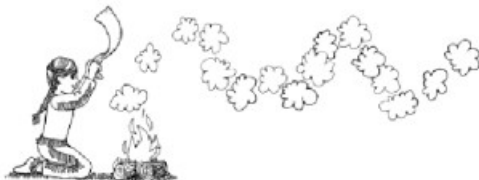
Submissions must be received by close of business 30th November 2021

David Burton
Chief Executive Officer
Shire of Kondinin

3			8		1			2
2		1		3		6		4
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	6						5	
7		2				4		9
			5		9			
9		4		8		7		5
6			1		7			3



from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

SPORTSWEST AWARDS 2021 NOMINATIONS OPEN

The SportWest Awards are Western Australia's premier sports awards and enable the community to recognise excellence in sport and celebrate the achievements of WA sportspeople, coaches, officials, volunteers and administrators.

The most prestigious sporting award that a West Australian athlete can win is the WA Sport Star Award. Many of West Australia's outstanding sportspeople have won this award since it was first presented to hockey player Morna Pearce in 1956 all the way through to last year's winner cyclist Jai Hindley.

The award ceremony will be held in February 2022 where the awards will be presented, including the new Department of Local Government, Sport and Cultural Industries Sports Administrator of the Year.

Categories include:

- WA Sports Star;
- rebel Junior Sports Star;
- Team of the Year;
- KPMG Coach of the Year;
- Official of the Year;
- Roobix Service to Sport – May Campbell Medal;
- Community Club of the Year - John Gilmour Medal; and
- DLGSC Sports Administrator of the Year

Nominations for all categories are now open and close on Tuesday, 30 November at 5pm.

The Nomination Portal is available via the SportWest website .

SPORT WEST

from the CHIEF

ANIMAL REGISTRATIONS

A reminder that all Dog and Cat registrations are now due.

All dogs three months of age and over must be registered and microchipped.

All cats six months of age and older must be registered, microchipped, and sterilised.

Microchipping services are offered by Merredin Veterinary Hospital, \$60 per animal or \$50 if you have them sterilised at the same time, to book please call 90411734

Registrations are available for 1 year, 3 years or lifetime. Dog & Cat registrations expire on 31 October each year and can be paid at the Shire Office between the hours of 8:30am and 4:30pm Monday to Friday

To avoid an infringement, please pay by 26 November 2021.

If you have any further queries, please do not hesitate to contact the office during office hours on 9064 7308.

SKATE PARK STREET ART WORKSHOP

Wow! The Narembeen Youth have been working hard to make the skate park look amazing! If you have a chance head down to the Apex Park and check it out!

A massive thank you to Wheatbelt Health Network, Project Officer Maren Lavery and Artists Patricia Rose and Trevor 'Casper' Gipson for coordinating this workshop it was well received by everyone and we are so lucky our skate park looks so good!



from the CHIEF



EMPLOYMENT

Casual Cleaner

Shire of Narembeen is seeking the services of a casual cleaner.

This role will work with existing cleaners to ensure a high standard of cleanliness for Shire owned facilities.

Up to 30 hours per week may be available.

Building Maintenance

Shire of Narembeen is seeking the services of a handy person to undertake maintenance on Council owned facilities.

This includes ensuring all buildings and equipment meet safety, security and fire regulations policies.

This role may be considered as a part time role, to be determined with the right candidate.

Economic Development Officer

Shire of Narembeen is seeking the services of an innovative and highly efficient individual to undertake the role of Economic Development Officer. The role is an exciting and rewarding one which contributes significantly to the ongoing development of the shire and is responsible for the delivery of several exciting projects.

For the position descriptions please contact the Shire by phone 9064 7308, in person or via email emcs@narembeen.wa.gov.au.

To apply for either role, please submit a current resume and cover letter to emcs@narembeen.wa.gov.au or in person at the Shire offices by 4pm **19 November 2021**.

David Blurton
Chief Executive Officer
Shire of Narembeen
1 Longhurst Street
Narembeen WA 6369

from the CHIEF

ADVANCE NB2023

ADVANCE NB2023 Get Involved!

The Shire of Narembeen wants to hear your thoughts and ideas on helping to develop the Shire's Strategic Plan 2022 - 2032.

ADVANCE NB2023 is an opportunity to set the vision, aspirations and objectives for the community.

Monday, 15 November 2021

5.30pm

Narembeen Recreation Centre

If you have any questions please contact Tamara Clarkson
on 9064 7308 or emcs@narembeen.wa.gov.au



New Ways November 2021

MONDAY



1 Make a list of new things you want to do this month

TUESDAY



2 Respond to a difficult situation in a different way

WEDNESDAY

3 Get outside and observe the changes in nature around you

THURSDAY

4 Sign up to join a new course, activity or online community

FRIDAY

5 Change your normal routine today and notice how you feel

SATURDAY

6 Try out a new way of being physically active

SUNDAY



7 Be creative. Cook, draw, write, paint, make or inspire

8 Plan a new activity or idea you want to try out this week

9 When you feel you can't do something, add the word "yet"

10 Be curious. Learn about a new topic or an inspiring idea

11 Choose a different route and see what you notice on the way

12 Find out something new about someone you care about

13 Do something playful outdoors - walk, run, explore, relax

14 Find a new way to help or support a cause you care about

15 Build on new ideas by thinking "Yes, and what if..."

16 Look at life through someone else's eyes and see their perspective

17 Try a new way to practice self-care and be kind to yourself

18 Connect with someone from a different generation

19 Broaden your perspective: read a different paper, magazine or site

20 Make a meal using a recipe or ingredient you've not tried before

21 Learn a new skill from a friend or share one of yours with them

22 Find a new way to tell someone you appreciate them

23 Set aside a regular time to pursue an activity you love

24 Share with a friend something helpful you learned recently

25 Use one of your strengths in a new or creative way

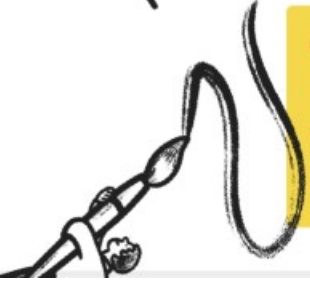
26 Try out a different radio station or new TV show

27 Join a friend doing their hobby and find out why they love it

28 Discover your artistic side. Design a friendly greeting card

29 Enjoy new music today. Play, sing, dance or listen

30 Look for new reasons to be hopeful, even in tough times



ACTION FOR HAPPINESS

Happier · Kinder · Together

BIRTHDAYS



11th	Harry Cowan Matthew Bondi	Noel Schwartz	Angela Pollard
12th	Jamie Copeman	Ian McCombe	
13th	Dean Commons Ken Lethlean	Hazel Toovey Benjamin VanViersen	Ray Beacham Bryce Tyler
14th	Kathryn Federici June Sprigg	Chris Andrews Penny Humann	Jamie Wanless
15th	Brett Draper Trevor Cummins Russell Arnold	Jaessen Miller Rhys Hebberrmann Brodie McCutcheon	Grant Welsh Kathy Horsman Kerryn Aird
16th	Mitchell Payne	Ross Fidge	
17th	David Mortimore Aden Cole	Craig Wilson	Georgia Atkins

ANNIVERSARIES



12th Michael and Coralie(Hunter) Palmer
13th Darryl and Sam Woodfield

WEATHER



Day	Date	Max.	Min.
Tuesday	2nd Nov	24.9	5.1
Wednesday	3rd Nov	27.9	5.3
Thursday	4th Nov	32.9	5.6
Friday	5th Nov		13.8
Saturday	6th Nov	26.1	
Sunday	7th Nov	28.6	8.9
Monday	8th Nov	27.3	11.3



CHURCH NOTICES



ANGLICAN CHURCH

Sunday, November 14th

9.30am

1 Samuel	Chapter 1 - Verses 4-20
	E Brayshaw
Hebrews	Chapter 10 - Verses 11-25
	Doreen Bookham
Mark	Chapter 13 - Verses 1-11
Psalm	Song of Hannah

Church of Christ

Thursday 11th November

7.30pm

Bible study at D & R Smoker's home

Topic - Mercy

Sunday 14th November

10.00am

Worship Service with Hayden Patterson speaking.

Bring some lunch to share after the service.

Bible Verse: John 3:16

For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.

Seventh-Day Adventist

105 Church Road, Mt. Walker

Saturday, November 13.

10:00 am. The Senior's Bible Study title this week is "Law and **Grace**", and the Key Text is Galatians 2:21, along with many other scriptural references.

Sabbath School for kids too at this time.

11:30 am. Worship Service, Pastor Lomani.

You're always welcome to join in at these times or you can still watch this current Bible Study series on VAST Channel 603 at 4:00pm on Fridays or there is another program, "Let God Speak" at 7:00 pm Fridays.

Any queries, please -

Phone - Terry & Rhonda on 9061 7032,

Terry: 0427 907 119, Rhonda: 0417 907 119.

or Pastor Lomani on 0429 770 331.

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Sunday, November 14th

8.00am

Reader: S. Kerse

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: M Hall



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL – JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembreen Medical Centre

COMING EVENTS

November 2021

Wednesday	10th	Childcare Naremben bookings ADMIN 6832 3825 TENNIS - Hyden Ladies Day BOWLS - Ladies Pennants - Round 5 - Naremben V Bruce Rock	8.30am - 5.30pm
Thursday	11th	Childcare Naremben bookings ADMIN 6832 3825 REMRANCE DAY - Presentation at the School Autumn Club	8.30am - 5.30pm 10.55am 10.00am-2.00pm
Friday	12th	Playgroup at Numbats Centre BOWLS - Naremben Ladies Open Day	9.30am
Saturday	13th	Church Men's Shed TENNIS - Pennants Grand Final at Hyden BOWLS - Pennants Round 5 - Naremben Maroon V Westonia - Naremben Gold V Yilgarn	9.00am
Sunday	14th	Church TENNIS - Mt Walker - Singles Championships - - Naremben - Social BOWLS - 100 UP - Ladies - Westonia Open Day	2.00pm
Monday	15th	HISTORICAL SOCIETY MEETING - EARLY - Followed by Lunch Circuit Gym Arts and Crafts and Book Exchange at Community Shed	11.00am 9.30am 10.00am-4.00pm
Tuesday	16th	Senior Citizens Seniors Lunch SHIRE COUNCIL MEETING Childcare Naremben bookings ADMIN 6832 3825	2.00pm 8.30am - 5.30pm
Wednesday	17th	Childcare Naremben bookings ADMIN 6832 3825 BOWLS - Round 6 - Tammin V Naremben	8.30am - 5.30pm

Editor: Jodie Batty