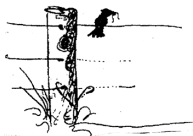


The Fence Post



Volume 24 Edition 20 09/02/2022 \$1.50

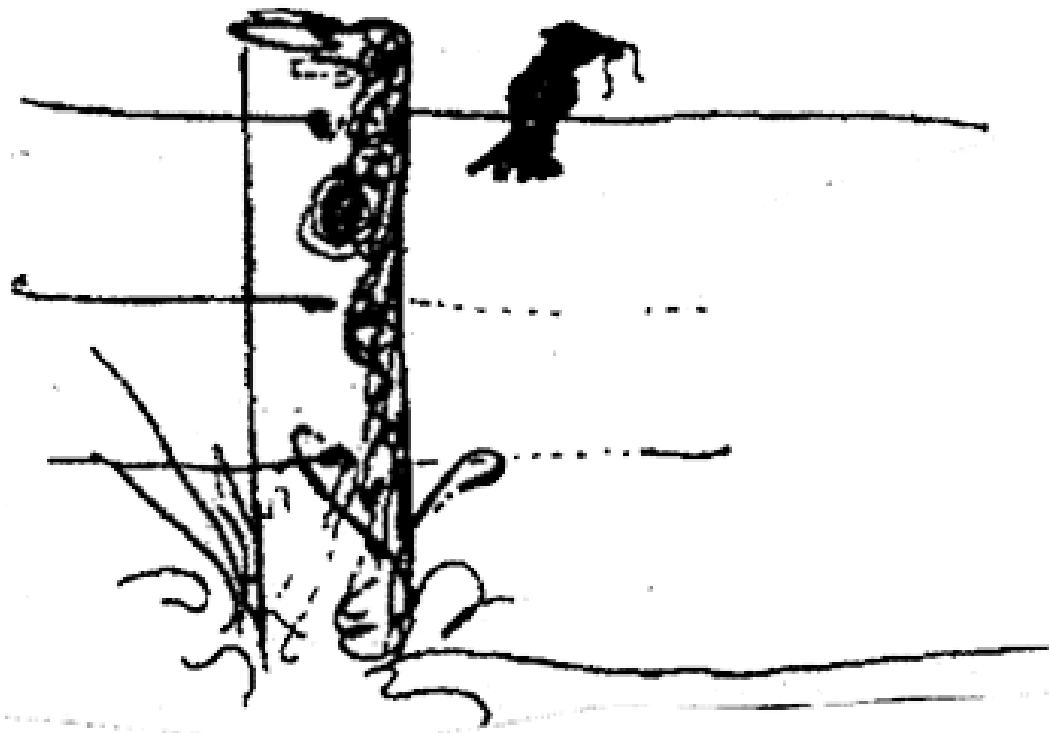
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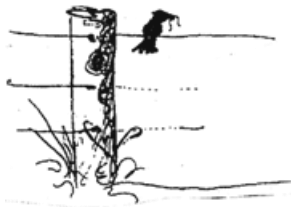
P.O.Box 7, Narembeen W.A. 6369

Phone (08) 90647055

Email: fencepost@westnet.com.au



The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

PO Box 7, Narembreen, WA. 6369
9064 7055

fencepost@westnet.com.au

*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

**News items or payments may be left at the front desk of the CRC
when the Fence Post office is closed.**

Advertising Rates 2022

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$10	\$15	One Third Page	\$12	\$22
One half Page	\$17	\$27	Two Thirds Page	\$22	\$37
Full Page	\$32	\$52			

PREFERRED FORMAT-WORD, PUBLISHER OR PDF

ANNUAL SUBSCRIPTION RATES 2022

DUE 1st March

Local and Online \$66

Mailing \$110

Online payments 306-026 - 543 1678

EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

16th March 22 Gina Deluis

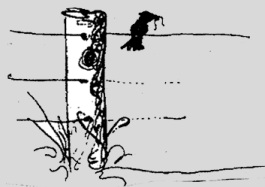


The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....

Notes from Autumn Club.

Thursday 3rd of February 2022 Carmel and Maurie Harper celebrated their 60th Wedding Anniversary with a surprise morning tea with friends at Autumn Club.

They were presented with a beautiful photo frame with a photo from their wedding day secretly supplied by their daughter Debbie.

The surprise was organised by Kerry Fricker and Di Miolini.

The cake was made by Di.

We hope you had a special day.



Congratulation to India Nelson and Adam Miolini who recently announced their engagement



I am sure we would all agree that weather wise, the weekend just gone was one of the worst for us, in a very long time. The fires in the Shackelton to Kulin area were certainly of great concern to us locally. Our thoughts are with those whose infrastructure and land were damaged in any of the fires that burned in Western Australia in the last week. We are all so very grateful to all those who battled the fires to keep us safe.

On Saturday Narembreen ventured to Bruce Rock for E-rotary, the 2022 Rotary Wheatbelt Swim for Reading. Congratulations to all who participated. There is more information on the day in this edition.



The night at the Narembreen Recreation Centre on Thursday 3rd February as a fund raiser for the Bat and Ball in Narembreen was very successful with guest speaker being John Worsfold. John was very interesting to listen too. How lucky are we to have the opportunity to attend functions like this in our town. Thanks to all those who organized the evening.

Don't forget this Monday is Valentines day – no excuses – you have been reminded.



from the CHIEF

BUSHFIRE UPDATE

Dear Narembeen residents,

Thank you to our Bush Fire Brigade Volunteers, Shire workers and agency employees and others who assisted with the Shackleton fire on Sunday 6 and Monday 7 February in testing conditions.

In true Narembeen spirit, our people gave up their Sunday to help our neighbours battle the blaze that was one of the worst fires in this region in recent times. At time of writing, conditions have eased and the threat reduced however we remain on alert should conditions change.

Our thoughts go out to residents in the Shires of Bruce Rock, Corrigin, Wickepin, Denmark and Bridgetown and to people in other parts of the state who have been impacted by bush fire over the weekend. For those who want to help with recovery efforts I recommend waiting until direction is provided by relevant Shire Recovery Co-ordinators.

There was some confusion and concern from community members on Sunday night around what action Narembeen residents should take and with fire alerts generally. The Department of Fire and Emergency Services is the Incident Controller in this case and all warnings and alerts come from DFES as the responsible agency, which is reflected in the Shire of Narembeen's Local Emergency Management Arrangements. The Shire of Narembeen forwards warnings and alerts from DFES via its social networking platforms when it becomes available to keep its community informed. The Shire itself is not in a position to provide specific advice.

Feedback has been provided to DFES reflecting the lack of communication specific to the Narembeen Shire, particularly on Sunday evening. Other feedback from this incident will assist the Shire to improve its internal processes relating to emergency management.

Special thanks to Murray Dixon, our Chief Bush Fire Control Officer for overseeing our volunteer efforts professionally and safely.

The last few days have been a timely reminder to us all to stay vigilant, to reduce bush fire risk where appropriate and ensure that we have a good bushfire action plan in place.

Kellie Mortimore
Shire President





from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

COVID-19

COVID-19 continues to challenge our community. With restrictions and requirements changing so frequently, please keep up to date via the Shire Facebook page. We will endeavour to share information as it is received.



REAL ESTATE

In December 2021, Council resolved to dispose of a number of properties by public auction. Elders Real Estate are managing the sale with the below auction dates.

- 16 Hilton Way – bids opening 14 March with final bidding 17 March.
- 26 Thomas Street – bids opening 21 March with final bidding 24 March.
- 10 Ada Street – bids opening 28 March with final bidding 31 March.

For more information please contact Will Morris, Elders Real Estate or Tamara Clarkson 9064 7308

CONGRATULATIONS

Staff and Councillors at the Narembeen Shire wish to congratulate Salma Khan and Josh Irving on their Engagement over the Christmas Period.

Happy engagement to both of you. May this wonderful day be the beginning of your never-ending journey full of love, dedication and romance!



Shire of Narembeen

How we are keeping our community and staff safe.

COVID-19



The impact of the COVID-19 pandemic is constantly changing. The wellbeing of our community and staff is our top priority. We will continue to do everything we can to ensure your safety in Narembeen.

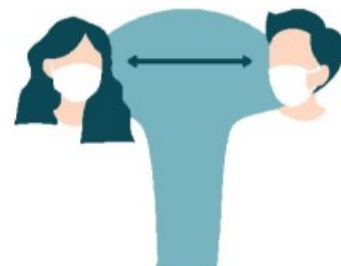
There are several ways that we can all do our part and they include:



USE A FACE MASK



REGULAR
HAND WASHING



SOCIAL DISTANCING
WHEN REQUIRED



REGULAR CLEANING



CHECKING IN
WITH SERVICEWA OR SAFEWA



STAY AT HOME
WHEN YOU ARE SICK

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY

For more information about **Coronavirus (COVID-19)**
please visit [health.gov.au](https://www.health.gov.au)



eldersmerredin.com.au

Elders



16 Hilton Way, NAREMBEEN, WA 6369

BIG SOLID HOME IN TOP SPOT

For sale on behalf of the Shire of Narembeem. Being Sold by Auction online (Market Buy) with bids opening Monday 14th March 2022 and closing stage Thursday 17th March 2022.

This big solid home was built in 1981 by a local builder and is located in an excellent street. Concrete driveway to freestanding double carport and a single garage behind roller door UMR. 4 bedrooms, 2 bathrooms, spacious formal lounge, galley kitchen opens onto dining/living, rumpus room at West end. Ducted reverse cycle A/C plus two fire places, electric cooking appliances and solar HWS. Freehold land title of 912m2 with good fencing and views from rear looking West across the lake. This home will suit both a growing family and retirees looking for a beautiful home.

All inquiries to exclusive selling agent Elders Real Estate - contact local specialists Will Morris 0448 415 537 or Jacqui Burton 0498 457 539.

Other features: Built-In Wardrobes, Close to Schools, Close to Shops, Fireplace(s), Secure Parking

- Land Area 912.00 square metres

The particulars contained herein are supplied for information only and shall not be taken as a representation in any respect on the part of the vendor or its agent. Interested parties should contact the nominated person or office for full and current details.

TYPE: For Sale

INTERNET ID: 23325147

SALE DETAILS

AUCTION

CONTACT DETAILS

Elders Real Estate

74 Mitchell Street
Merredin, WA
08 9041 6500

Will Morris
0448 415 537

eldersmerredin.com.au

Elders



26 Thomas Street, NAREMBEEN, WA 6369

BRICK & TILE HOME ON CORNER BLOCK

For sale on behalf of the Shire of Narembreen. Being Sold by Auction online (Market Buy) with bids opening Monday 21st March 2022 and closing stage Thursday 24th March 2022.

This circa 1980 brick and tile home is located on a corner block with frontages to Stanley Street & Thomas Street. Opposite the new Morning Sun Motel and only a short stroll to The Recreation Centre, Towns Swimming Pool and the Narembreen School. It boasts a concrete driveway to side carport parking. Lounge entry with wood fire. Kitchen/dining is tiled with gas oven/stove, modern cupboards and pantry, ceiling fan and sliding door to back. Tiled hallway to 3 bedrooms, 1 bathroom, internal laundry and separate WC. Rear patio is concreted adjoins the large rear games-room that is carpeted. Solar HWS and ducted evaporative A/C cooling. Well fenced yard with side gates off Thomas St for rear yard access. Freehold land title of 817m2 land area.

All inquiries to exclusive selling agent Elders Real Estate - contact local specialists Will Morris 0448 415 537 or Jacqui Burton 0498 457 539.

Other features: Close to Schools, Close to Shops, Close to Transport, Fireplace(s), Secure Parking

The particulars contained herein are supplied for information only and shall not be taken as a representation in any respect on the part of the vendor or its agent. Interested parties should contact the nominated person or office for full and current details.

TYPE: For Sale

INTERNET ID: 23325323

SALE DETAILS

AUCTION

CONTACT DETAILS

Elders Real Estate

74 Mitchell Street

Merredin, WA

08 9041 6500

Will Morris

0448 415 537

eldersmerredin.com.au

Elders



10 Ada Street, NAREMBEEN, WA 6369

10A and 10B ADA STREET

For sale on behalf of the Shire of Narembeem. Being Sold by Auction online (Market Buy) with bids opening Monday 28th March 2022 and closing stage Thursday 31st March 2022.

Its a home plus an extra building that has recently been the toy library. This gives several options to buyers who could occupy one or both or investor that could have a double income potential. Located opposite the school and kindergarten on a freehold corner title of 989m2. Road frontages to Wilfred Street & Ada Street. House is brick and iron construction with 3 bedrooms, 1 bathroom, formal lounge with tile fire and reverse cycle split system A/C opens onto Kitchen/dining with electric appliances. Internal laundry and separate WC. Concrete front driveway to carport that extends around back of home to patio. Electric 135L HWS and ducted evaporative A/C cooling. The additional building fronts Ada Street and could also be used as a granny flat boasts one bedroom, lounge, kitchen/dining, bathroom/laundry and separate W/C.

TYPE: For Sale

INTERNET ID: 23325340

SALE DETAILS

AUCTION

CONTACT DETAILS

Elders Real Estate

74 Mitchell Street
Merredin, WA
08 9041 6500

Will Morris
0448 415 537

All inquiries to exclusive selling agent Elders Real Estate - contact local specialists Will Morris 0448 415 537 or Jacqui Burton 0498 457 539.

- Land Area 989.00 square metres

The particulars contained herein are supplied for information only and shall not be taken as a representation in any respect on the part of the vendor or its agent. Interested parties should contact the nominated person or office for full and current details.

RAMELIUS RESOURCES & SHIRE OF NAREMBEEN COMMUNITY BENEFIT FUND



Applications Open - 1 MARCH 2022
Applications Close - 31 MARCH 2022



Application forms available from Shire of Narembeen or
www.narembeen.wa.gov.au . For more information please contact

Diana Blacklock 9064 7308

WILLWAY PLUMBING & GAS

Dean: 0407762543

Email: dean@willwayplumbing.com

PL9957 GF18322

NAREMBEEN BOWLING CLUB SPECIAL MEETING

Narembreen Bowling Club Members are invited to a Special Meeting
to discuss replacing B Green.

Where: Narembreen Recreational Centre

When: Monday, February 28 at 6.30 pm

If you require further information contact Eric Tenardi on 0429 647 131.



Ballard Cleaning

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Serradella de-hulling specialists

NEW Colour sorter

Bookings by appointment

**The difference between ordinary and extraordinary is that
little bit extra**

NAREMBEEN LADIES' HOSPITAL AUXILIARY

General Meeting

2pm—Friday, FEBRUARY 18, 2022

at the Senior Citizens Centre.

New members very welcome.

Please notify Kerry Fricker or Di Pollard for RSVP, or apologies.

My Leeuwin Voyage Trip 2022

On Monday January 2nd 2022, I started my adventure on the STS Leeuwin II. The STS Leeuwin II was launched on 2 August 1986. It is currently operated by Leeuwin Ocean Adventure Foundation, a private organisation that runs youth training voyages along the West Australian coast. The ship's overall length is 55 meter and 33 meters tall and has 16 sails.

The day came around quick, soon it was time to head to the Fremantle docks to get ready to board the Leeuwin Voyage, but before we boarded the captain did the role to make sure everyone was there, then got into watches of 7 people (I was put into the red watch) got our temperatures checked and said goodbye to our family.

The first day consisted of getting to know everyone in our watch and a bit of training on how the ship works, by the afternoon the captain called a whole world meeting, which is a meeting with every member on the ship, where he said that the swell was up tonight, so we motored off the dock and anchored for the night.

Every day was different, we learnt so much on all the sails, lines and how to take the helm. Each night we had a designated watch times where we would be up on deck on bow lookout, the helm and setting sails as the wind changed. Although I did get sick for 2 and a half days and couldn't really help out much, it was fun to watch and listen from the side.

After the third day I got over my sea sickness and was starting to get back to help pulling on the ropes and taking the helm. It was hard getting up at 4am for night shift but the sunrise was worth it. On the fourth day, due to the correct wind directions, we were ahead of time and decided to have a shore day at Bunker Bay, so we got on the Dory's and headed to Bunker Bay for the day, the weather was just perfect!

The final days had arrived, these were known as "Hand Over Day", yes you guessed it right, the 20 crew members stepped back and let us 40 trainees sail to Busselton. It was a long day as the wind kept on changing and the new captain had to make some tough decisions, but she didn't give up. As the wind turned, the crew decided to put the motors on and motored into the harbour and anchored for the night. 3am in the morning the crew boarded onto the jetty.

It was a once in a lifetime experience and I never thought I would have the confidence to do something like this but I am so glad I did and pushed myself to go.

If you have ever thought about going on the Leeuwin, GO!! It's a great experience!

Savannah Garlick Naremben CRC Trainee





2021 CROPPING PROGRAM

This year, Go Narembreen were in the fortunate position of cropping 1000ha of land at Mt Arrowsmith. This was an additional 800ha to what is normally cropped at Avoca Farm.

Given the greater amount of land and a greater profit to Go Narembreen, a decision was made to pay our cropping volunteers for the use of their machinery and time. In return, the volunteers were asked to

Club/Group	Amount	Club/Group	Amount
Narembreen Netball Club	\$9,018.00	Narembreen CRC	\$500.00
Go Narembreen	\$13,165.00	Narembreen Historical Society	\$2,500.00
Narembreen Football Club	\$12,838.00	Narembreen Community Shed	\$1,000.00
Narembreen Tennis Club	\$3,900.00	Narembreen Hockey Club	\$6,830.00
Narembreen Bowling Club	\$3,854.25	Narembreen P&C	\$1,113.00
Narembreen District High School	\$2,000.00	Narembreen Swimming Club	\$1,000.00
Wadderin Wildlife Sanctuary	\$3,290.00	Narembreen Hospital Auxiliary	\$1,000.00
Mt Walker Sports Club	\$553.00	Narembreen Golf Club	\$4,055.25

donate 50% of their income back to Narembreen community groups of their choice.

A total of **\$66,616.50** has been donated to sporting clubs and community groups through the 2021 cropping programme and the distribution of funds is as follows:



ANNUAL GENERAL MEETING

Monday 28 February 2022—7.00pm

Narembreen Recreation Centre

Currall Street, Narembreen WA 6369

You're invited to the

Grand Opening

Hutton & Northey Sales ★ Quairading Parts Outlet

Friday, 25th February 2022

38 Avon Street, Quairading

3pm onwards

Come and see what we are up to, and
let us know how we can support you.

Followed by BBQ & Light Refreshments

★ RSVP by Friday, 18th February 2022 to
Don or Amanda on 9690 3320
or email qdgparts@hutnorsales.com.au ★



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Keeping Our Farmers Growing



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E: gavinbrownley@gmail.com
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PO Box 137, Bruce Rock WA 6418



CHRIS BRAY ELECTRICS

ACN 009 023 223 EC 349

Mob: 0418911872

email: facets@iinet.net.au

14 Longhurst Street Narembeen

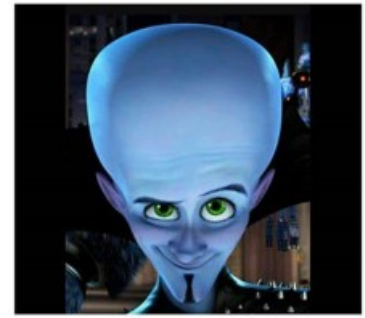
For all electrical installations repairs and maintenance.

THE HEAD BUTT

Craig Gmeiner

Dear Cricket Australia,

I am writing to you today to ask you a few questions about a couple of things that have happened this summer. I also want to thank you for all the hard work that has been done to keep the greatest game in the world going through the strange times in which we live. I love cricket and loved watching the Scorchers win the BBL, loved watching the tests be played on real cricket wickets and also the T20 World Cup. This was all great and I thank you for that. Like I say though I do have a couple of questions.



In 2018 Australian cricket was struggling. The test team was acting in a manner which was arrogant, pompous and disrespectful and the coach of the time was encouraging it. The captain, who you appointed as a wunderkid, then over saw an attempt at cheating by members of his team in South Africa. An attempt that he not only didn't stop but then tried to brush it off to the media. The country was rightly aghast! After you banned the captain and the coach fell on his sword, you appointed a new coach and openly gave him the task of righting these wrongs. You asked him to put Australian cricket back into a position in which the public admired them again. This would not be an easy job. He did it though.

So, my question is; Why do you see it as okay to completely hang him out to dry? Which is what you've done. He did his job, not everyone may have liked the way he got stuff done but he did what you asked him to do. Gone are the days when Australian cricketers threaten to fight players in the hallway or drop the ball onto a prone opposition when they have run them out. He straightened out behaviour and still won more than he lost. He won the big ones too, Ashes series and a World Cup. Then as thanks for this you saw issues in his processes you never saw in his less successful predecessor and refused to endorse him to the point where he jumped. So, I was wondering why that is ok?

My next question is: Do the players work for you or do you work for the players? It's hard not to think that perhaps the tail wags the dog. Sure, the players in the test side are obviously very good and they do get a lot of money for their efforts but are they the most important cog in the machine? Shouldn't they be more thankful to the game than the game be to them. For if we lost them the game would keep going but if they lost the game would they still be able to live the life they do? Tell me how I explain to the little cricketers I am trying to get interested in the game that you should respect your coach when it seems you have allowed the top cricketers in the country do anything but.

It's hard not to see your organisation and the senior players around Australian cricket as being worried more about your paycheques than the game that got you there. It is because of this that I keep taking less and less interest in the national side. I'd rather watch the

Scorchers or Western Australia, where the cricket seems to mean more to the players. At this level the players seem happier to be there and more respectful of their situation, which makes their achievements all the more admirable. With respect Cricket Australia, I feel you have dug Australian cricket back into the hole you asked Justin Langer to get you out of. So, in closing I'd just like to know, what are you going to do to get it out again?

Yours Sincerely

Craig Gmeiner

The danger in all this....

Player power! A term that has been championed by some over the weekend is a term that scares me. It seems undeniable now that one of the main reasons behind Justin Langer leaving his position as Head Coach of the Australian cricket team is that a strong majority weren't happy with him. Then they voiced their concerns and the administration folded. When once an administrator may have listened and dismissed them and reminded them of the fact that they are not bigger than the game or the team, it seems in 2022 when a player, or group of players, say jump people in admin say 'how high?'.

Now I'm not for one minute suggesting that Langer was perfect, he obviously had his failings. However, if being put through a tough training session is the worst that ever happens to these players they'll be going pretty well. Every sportsperson at all kinds of levels knows what it is like to have a moody coach who can crack it at times. It can suck and can be hard work but surely it is a measure of the strength of the individual and the team when they accept it and move on. If these are methods that conjure wins then surely they are worth the work for isn't it the team that is more important than the individual.

The players in the Australian cricket team are role models, whether they like it or not. I'm sure they enjoy it when their position offers them the chance to make money through all manner of opportunities. Cricket is a popular sport and people look up to these guys, all kinds of people. As such this is where the danger is, for the reality is that cricket is not owned by the current crop of players, now is just their time in the sun and the responsibility lies with them to hand the game on in a better place than that in which they found it. This is where the danger is in player power.

Picture this, a talented group of teenagers are working towards success in their team. They know they're pretty good and they know their team could be really good. They are winning but the coach is a bit intense and doesn't mind the odd tough session. They know what happened at the highest level, how their heroes dealt with such a situation. So, they don't suck it up, do the work and reap the rewards, as empowered players they talk to their parents, to the club, and get the coach out. As a teacher and a wanna be sports coach the



idea of player empowerment scares me. It scares me because it promotes the idea to our next generation of sports stars that the individual is greater than the collective. It suggests that if you are the most important thing in the group and if you're not happy you should make some noise and force a change. This is an extremely dangerous ideal as it is a value that kids could well take out of sport and into their everyday life.

What the idea of player power fails to acknowledge that it is not through individual satisfaction and comfort that players achieve great things. Players achieve great things by accepting that they are not the most important cog in the machine and indeed if they accept their role and work to maximising their contribution then they will be part of great achievements. This is what we should be seeing from our sporting superstars, the people that the next generation look up to, they have a responsibility to show how things should be done and right now, there's a faceless few playing cricket for Australia, who are shirking that responsibility and that's scary.

'500 for the Hawks'



Retired Hawk Craig Gmeiner, see picture, needs to get fit to halt rumours circulating that he is pregnant. To do this he is going to try and run 500kms by April 8, the start of the footy season.

G is calling for sponsors to help him raise some money for the Hawks while he gets fit. If you feel like you could chuck some money behind this worthy cause, please choose your sponsorship category below and let G know via text or direct message.

Sponsorship Categories:

50c per kilometre up to \$100

50c per kilometre

\$1 per kilometre

Lump Sum

All sponsorship money will be collected after April 8 and be transferred directly to the club account. No monies will be collected if the target isn't met. A running tally can be followed on the Facebook page 'Anywhere Anytime'

Grader Contracting

For all your grader requirements in Narembeen and surrounds.



Contact Digby Slade
0428635055 or 9063 5055.



For all your mobile heavy and light vehicle mechanical servicing, repairs and air conditioning requirements.

Contact Zac Fagan
0428 340 606

ABN 626 293 883 34
Refrigerant trading authorization
AU 53806

NAREMBEEN HOMES FOR AGED

ANNUAL GENERAL MEETING

FRIDAY 18TH FEBRUARY 2022 5.30PM

NAREMBEEN RECREATION CLUB MEETING ROOM



NAREMBEEN HISTORICAL SOCIETY (INC) ANNUAL GENERAL MEETING

Meeting: **Monday, February 21, 2022**

Commencing at: **2.00 pm** Next

At: **The HISTORY CENTRE
(Road Board Building)**

Come and hear about all that we have achieved over the past 12 months and what is planned for the next 12. We would love to see you there to help preserve our history.



Narembeen CRC Update

Hello everyone!

Firstly I would like to say a big THANK YOU to all the hard working volunteer firefighters and other first responders, who have fought the fire in incredibly challenging conditions over the past few days. We appreciate all of your hard work and dedication through this time!

Don't forget the Business After Hours is happening at the CRC tomorrow night. Come along for a night of networking with other WBN members as well as meet the new Wheatbelt Business Network CEO and learn about WBN's new strategic plan for 2022.

Don't forget it is time to get ready for the 2022 Narembeen Triathlon!!! New year means new challenges right?!!! And not to forget the prize money you can win!! On request, we have also welcomed some new categories for our 'Little Athletes'. Entry forms are available from the CRC or Shire website.

SO ARE YOU READY TO TRI?

The first Morning Coffee Club of 2022 is starting next Wednesday, 16 February. We have a fun morning of activities planned followed by a delicious morning tea! What

a great way to get together in the New Year! Please call the CRC on 9064 7055 if you would like to attend.

We still have an influx of customers coming in about the Services WA App. If you are struggling and would like assistance please ensure you book, we are still learning too and need to allow at least 30mins-1hr per person. Please be patient with our staff as we are still new them!

We would also like to remind you to please wear a face mask when entering the CRC and make sure you sign in on the Service WA or Safe WA App. Let's all do our best to keep our community safe :)

Enjoy the rest of your week!

*Georgia Atkins
Administration and Communications Officer*

Upcoming CRC Events 2022

- Business After Hours (BAH): Thursday, 10 February 5.30pm
- Morning Coffee Club: Wednesday, 16 February 10.30am
- Story Time: Friday, 25 February 10.30am
- Seniors Movie: Monday, 7 March 1.00pm
- Main Street Festival: Friday, 18 March 4.00pm
- Triathlon: Saturday, 26 March 3.30pm





T 9064 7055

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

 Narembeen Community Resource Centre

 Narembeen CRC



NAREMBEEN TRIATHLON

SATURDAY 26 MARCH 2022
NAREMBEEN AQUATIC CENTRE, 3.00PM

14 YRS +
OPEN SHORT

OPEN MEDIUM

OPEN ENDURO

KIDS
LITTLE ATHLETES
Kindy, PP Year 1 + 2

BIGGER ATHLETES
Year 3-6

HIGH SCHOOL ATHLETES
Year 7-10

NEW KIDS
CATEGORY!

Registrations:
Entry forms available from the CRC or Shire of NB Website
Entries close Monday, 21 March

Registration fee:
\$10 per person (adults)
\$5 per person (under 16yrs)



For any enquires please call 9064 7055 or email crcreception@narembeen.wa.gov.au

R2K Contracting

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Robyn 0400 552 141
Fax: 08 9061 1194
ABN: 16 563 552 915
E-mail: rdkovac@bigpond.net.au

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Catholic Homes has been providing aged care for over 50 years in Western Australia and are looking for people to join our Home Care team.

We are looking for caring and passionate clinical staff for our aged care residences and home care services across Western Australia.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence. As a not-for-profit organisation, we are inclusive and welcome all faiths and backgrounds.

We offer competitive hourly rates, casual loading and superannuation. We have both permanent and casual roles available now.



If you would like to discuss further call 1300 244 000
or email your CV to homecare@catholichomes.com



*care with
purpose*

WHATS NEWS?

LOCAL

Catastrophic weather and fires over weekend. The Shackleton fire has burned through about 40,000 hectares and at one point spanned 35 kilometres long.

REGIONAL

A WA woman has been attacked by a shark while swimming alone in an inflatable pool ring just 50 metres from shore near Esperance on Sunday.

STATE

WA has moved to a new close contact definition from Tuesday, with those identified as close contacts or arriving from interstate and overseas with a vaccination to be required to isolate for seven days instead of 14.

During an interview with 60 Minutes on Sunday, Ellie Smith and Jake Gliddon revealed their four-year-old daughter was still coming to terms with being held captive by a stranger for 18 days.

NATIONAL

Australian Cricket Coach Justin Langer resigned last week after being offered a mere six-month contract extension despite leading Australia to the T20 World Cup title and a 4-0 Ashes romp.

For each Australian Winter Olympic gold, there are 28 in summer. They are rare enough that a total of one gold and one bronze medal on Sunday made it Australia's best Winter Olympic day in history.

Australia's Kingsgate Consolidated has been given the green light to restart operations five years after Thailand's then military government shut it down.

GLOBAL

Prince Charles honoured his mother, Queen Elizabeth II on her historic achievement. On Sunday, the royal's oldest son released a statement honoring the monarch's Accession Day. "On this historic day, my wife and I join you all in congratulating Her Majesty The Queen on the remarkable achievement of serving this nation, the Realms and Commonwealth for seventy years," the statement read.

My Observations on Some Things

by Jill McGregor

Neville & I had the distinct pleasure of meeting a wonderful elderly gentleman by the name of Alex Obeyesekere when we were living in Sri Lanka. Over our years living abroad we met a lot of local people but Alex's name sprang to mind yesterday as we drove around Albany's supermarkets trying to buy bottled water. Alex always referred to water as "Nature's Champagne" and it was the only liquid beverage that he drank – well maybe a cup of tea in the morning.

If you are familiar with Albany, you will understand that drinking their tap water is like drinking water with a couple of dessertspoons of grit thrown in for good measure! The temporary accommodation that we are living in has no filtration system installed so we have been buying 10 litre bladders of water – until the last few days that is. Can you believe that 90% of WA's bottled water comes from "over East"? Don't quote me on the figures here but it certainly feels like it. And now that the railway "lifeline" bringing so much of our essential goods into the state has been interrupted, the empty shelves stretch to more than a dearth of just toilet paper and pasta – add water to the long list.

Now I really did think that we were all being rather precious when we complained about not being able to get hold of enough pasta to feed a *piccolo villaggio*, but I am joining the ranks of the whingers. Maybe it's my age because I can't remember being this angry or annoyed when we had 24 hour long curfews running for days on end in Colombo and had to make do with what we had in the pantry/fridge or what we could trade over the fence with the next-door neighbour. After the first curfew in 1989 Neville always made sure there was a crate of beer stashed somewhere – for emergencies only you understand. When the first curfew ended we could not buy toilet paper for weeks. But don't panic, we were lucky because we had American friends who had access to a fully stocked commissary – the Yanks think of everything.

Living in India you understand that you are only able to buy fruits and vegetables that are in season. You learn to go with the flow and you make do. When we were living in Mumbai – population 22 million give or take a million or two, you could count the number of supermarkets that were considered suitable for expats to shop at, on two hands. Can you imagine driving in the most horrendous traffic for an hour or so to find when you got there they were out of spaghetti? Quite frankly there was no mass hysteria like we have witnessed playing out in the aisles of numerous Coles, Woolies and IGA's across the length and breadth of Australia.

On that note I'm going to take a step back, take a long deep breath and resist the urge to scream at all the Harvey Norman ads in The West. Perhaps I'll go out and have another look for some bottled water. Cheers!

For those that are interested, Alex Obeyesekere was a Ceylonese welterweight boxer who represented Ceylon in the 1948 Olympic Games as well as winning a Bronze medal for Ceylon at the Commonwealth Games in Auckland in 1950.

E-Rotary Swim

Many thanks to Kero O'Shea and the hard working volunteers of E-Rotary, who give both Narembeen and Bruce Rock school students the chance to fund raise. This money is put to good use in the English budgets of both institutions. To the volunteers who worked in 40 degree heat, we cannot thank you enough. Almost \$7000 was raised by the swimmers from both communities.

WHAT AN OUTSTANDING OPPORTUNITY E-ROTARY PROVIDE FOR US 🙌🙌🙌

We are so very proud of the students who swam and fundraised and equally proud of the adults who also contributed. I'm actually still recovering 😓. Thank you all for giving up your Saturday to raise funds for our school 🙌🙌🙌

These are our student swimmers, they did a power of work to find raise for all of our students. Thanks

guys 🙌 Another pic will be taken when all are present for the honour wall and newsletter. (Missing: Bailey, Mason Kuhne- Munroe, Chloe Browning , Wren Cheetham and Archie Federici)

Our adults were Russ Arnold, Sam Bald, Hannah Bald, Hannah Chitty, Jess Smoker, Trista Federici, Natalie Browning, Karl Browningl, Damon Hayter, Sheldon and Amber Kuhne Munroe, Kaye Bolger, Justin Fidge and myself (Chris Arnold). Thanks to any of our community members who volunteered, but special mention to Lucy Lines , who spent all afternoon counting laps. Cheers to Anita Parsons for driving the bus 🙌

Once again, thank you E-rotary, the 2022 Rotary Wheatbelt Swim for Reading was a great success 🙌





NAREMBEEN MEDICAL CENTRE

📞 90647145

Narembeen Medical Centre – HEALTH ENGINE – Online
Appointment Bookings NOW AVAILABLE

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After Hours. Same Day Bookings. Download the Mobile App



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No COVID-19 Vaccination appointments
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LET'S ROCK ON!

MT WALKER ROLL ON 2022 RUCKUS

Drinks 'n' Tips - live music

Let's reconnect, debrief and have a good
night - bring on 2022!!

Saturday, 19 February
Mt Walker Sports Club
from 6pm

Tea available for purchase at ~6:00pm
bring your swag or van - don't drink & drive

RAMELIUS
RESOURCES



**RAMELIUS RESOURCES & SHIRE OF NAREMBEEN
COMMUNITY BENEFIT FUND**



Mt Walker hosts

2022 HOSPITAL DAY



Saturday, 19 February
Mixed Doubles - A & B Grade

starting time TBA (check Facebook or text captains)

All players are asked to please bring along a plate of afternoon tea to share.

Tea for sale following presentations.

**Stick around in the
evening for the Roll
on 2022 Ruckus
~live music~**

Entries to:

Michael Morrone

0428346679

Maddie Della Vedova

0498480442

Entries close Thursday, 17 February



Supporting

Narembeen Hospital



Right at Home Kalgoorlie Wheatbelt is the local provider for Aged Care and NDIS in Narembeen and surrounding areas.

We need your help to assist our ever-growing team.

We are looking for Community Support Workers with a certificate 3 in Individual Support/Aged Care.

With a competitive hourly rate (\$35/hr) plus incentives when joining us and training provided.

If you don't have these certificates but you have a compassion for helping others, we have jobs suitable for you too.

Please contact the Merredin Office on 6008 3000.



Dr Andrea ROBERTS BVMS
 PO Box 543, Merredin WA 6415
 ABN: 23 036 138 418
 Ph: 0428 212 945

Narembeen Kulin Kondinin Hyden - Mobile Vet Visiting Dates

Tuesday, February 15

Wednesday, April 6

Wednesday, June 8

Tuesday, August 2

Tuesday, September 27

Tuesday, November 22

Monday, February 28

Wednesday, April 27

Tuesday, June 21

Monday, August 15

Tuesday, October 11

Tuesday, December 6

Tuesday, March 29

Tuesday, May 24

Tuesday, July 19

Tuesday, September 13

Tuesday, November 8

Please contact Dr Andrea Roberts on 0428212945 by text or phone call to make an appointment.
 Appointments for your pets and livestock right to your door



Kaylor Andrews
Wheatbelt Regional Education Officer
Cancer Council Western Australia
75 York Rd Northam WA, 6401
M: 0408 926 259
Kaylor.Andrews@cancerwa.asn.au

FEBRUARY 2022

Love Your Guts February



This February, we're encouraging all Aussies to show their gut a little love. As part of our Love Your Guts February campaign we're focusing on all things fibre.

There is probable evidence that eating foods containing dietary fibre, particularly wholegrains, reduces the risk of bowel cancer. Foods that contain dietary fibre include fruits and vegetables, wholegrains, and legumes, nuts and seeds.

Less than a third of Australian adults get enough fibre.

Recommendations

Recommended for women to eat at least 25g and men at least 30g of fibre per day.

For more information about Love Your Guts February, visit [LiveLighter](#) or visit the [Love Your Guts blog post](#) to learn more about:

- Fuel your gut with fibre
- Plant-based diets
- All about the microbiome
- Fibre fun fact
- More plants please: top tips to eat more plant foods
- What are probiotics and prebiotics?
- Top tips for a healthy bowel



For cancer information and support call 13 11 20





CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, February 13

9.30am

Jeremiah Ch 17 —V5-10

Eleanor Brayshaw

1 Corinthians Ch15—V12-20

Ruth Hall

Luke Ch 6—V 17-26

Psalm 1

Church of Christ

Sunday, February 13

10.00am

Worship service @10am

Bible study Thursday 10th Feb @ Des and Rosemary's house. The topic is "salt"

Bible verse "I am the lord, the God of all the people. Nothing is too difficult for me. Jeremiah 32:27"

Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday, February 12.

10:00 am. The Senior's Bible Study subject for this quarter is "In These Last Days: THE MESSAGE OF **HEBREWS**", and Lesson 7 for this week is "**Jesus, the Anchor of the Soul** The Key Text is Hebrews 6:19,20, along with many other scriptural references.

Sabbath School for kids too at this time.

11:30 am. Worship, "The Sanctuary" with Pr Dick Deurkson, via video.

You're always welcome to join in at these times or you can still watch this current Bible Study series on your VAST TV decoder on Channel 603 at 4:00pm on Fridays or there is "Let God Speak" at 7:00 pm Fridays. Any queries, please -Phone - Terry & Rhonda on 9061 7032, or Terry: 0427 907 119, Rhonda: 0417 907 119.

Church Pastor, Douw Venter 0458552011

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Sunday February 13th

6.00pm

Reader: E. Bailey

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: S. Kerse

Birthdays



FEBRUARY

9th	Holly Cooper	Karen Richards	
10th	Lorraine Wilson	Martia Hassett	Alyssa Birch
11th	Jai Menegola	Chris Ridout	Damon Hayter
	Eimear Hickey		
12th	Don Woodfield	Lyla Hayter	
13th	Gillian Cheetham	Laurie Hayter	Brian Cusack
	Tim Smith	Jenna Western	Joanne Yandle
	Bianca Currie		
14th	Jan Pool	Sari Wilson	Anthony Wilkes
	Roy Horsman		
15th	Gail Jones	Daniel Eyles	Lyn McColl
	Joanne Cunnard(Sloss)	Demi Lawson	Yves Beagley
16th	Renae Andrews	Digby Slade	Mich Woodley
	Ben Hunter	Beau Repacholi	Greg Sinclair

Anniversaries



February

9th	Tony & Diana Miolini	Sheldon & Ebony(Cowan) Miller
10th	Max & Lyn Hebberrmann	Bronwyn(Cheetham) & Simon Dawson
11th	Eric & Pat Berry	Hugh & Caz Copeman
12th		
13th	Shane & Cathy Hassett	
14th	Valentines Day	
15th	Peter & Kim(Treloar) Pascoe	

COMING EVENTS

February 2022

Wednesday	9th	Bowls—Ladies Round 11, NB v CRG	
Thursday	10th	Autumn Club	10.00am-2.00pm
Friday	11th	Playgroup at Numbats Centre	9.30am
Saturday	12th	Church	
		Men's Shed	9.00am
		Bowls—Men's Pairs Championships	
Sunday	13th	Church	
		Mt Walker Tennis Social—BYO BBQ and salad to share	4.00pm
		Narembeen Tennis Social	2.00pm
		Bowls—Men's Pairs Championships	
Monday	14th	Bowls—Ladies Bruce Rock Open Day /Social at home	
		Circuit Gym	9.30am
		Arts and Crafts and Book Exchange at Community Shed	10.00am-4.00pm
Tuesday	15th	Senior Citizens	2.00pm
Wednesday	16th	Bowls—Ladies Round 12, BK v NB	

Editor: Maxine Miolini