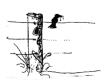
The Fence Post



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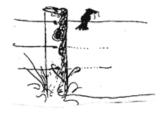
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 9064 7055

fencepost@westnet.com.au

* DEADLINE 10.30 AM TUESDAY *

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2022

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$10	\$15	One Third Page	\$12	\$22
One half Page	\$17	\$27	Two Thirds Page	\$22	\$37
Full Page	\$32	\$52			

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Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Maxine Miolini (Editor-in-Chief), Kellie Mortimore

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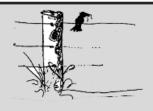
22nd Feb Kellie1st March Gina

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....

Local Fires

Thanks to our volunteers for attending several local fires started by lightning in the storm last week.



Thank goodness for the rain afterwards.

We are a lucky community to have people that will help each other. If you would like to help in emergencies then please contact our local volunteer groups; St Johns Ambulance and the Volunteer Fire & Emergency Services.



Our thoughts are with the family of **Eddie Dixon**. To his wife Dale, daughters Tanya and Donna and son Murray and all their families.

Our condolences also to the family of **Beryl Welsh**; Les, Sue, Eric, Glenda and Stephen and to their families.

Lee Burgin has also passed away. He was the son of long time Narembeen resident and school teacher Pauline. He attended primary school in Narembeen with his siblings; Bill, Beverley and Margaret. Pauline's husband was Godfrey Burgin.

Bob Della Franca has also passed away. Bob used to work in the Wesfarmers Co Op (now IGA) in the late 1960's

Petition

If you would like to sign the ePetition calling for an enquiry into WA's electricity network. This can be found in the article from Mia Davies.

Meetings Meetings Meetings

Several meetings coming up; we have the

Homes for the Aged, the Historical Society and the Bowls Club (Please note the change of time).

Hospital Day

This annual event is happening again this weekend. A wonderful fundraiser for our local hospital. Please donate to the Narembeen Hospital Auxiliary if you can.

If you cant get to the Mt Walker Tennis club on the day and want to donate electronically here are the details: BSB 306-026-4179663

Good On You

A big thank you to the person who found my hearing aid — Baz Cole

Back Pages

You will notice the last two back pages are information on the current situation with Covid testing and isolation. This is from the State Government for your information. It is on the last pages so you can rip them out and keep them if you'd like.

Funeral Notice

BERYL WELSH

1933-2022

All are welcome to the celebration of Beryl's life.

At the Narembeen Recreation Centre

Friday 18th February 1pm

Light refreshments and drinks provided after the service



Hon Mia DAVIES MLA Member for Central Wheatbelt Leader of The Nationals WA Leader of The Opposition

MEDIA RELEASE

Independent inquiry into Western Power and Horizon Power required

8 February 2022

The Opposition has recently launched Parliament's first e-petition, calling for an independent inquiry into WA's electricity network, following months of power disruptions which have frustrated families and businesses.

Member for Central Wheatbelt Mia Davies MLA said this summer had been "one of the worst ever" for power delivery throughout regional WA, with thousands of households and businesses losing power multiple times since December.

"Ongoing outages in the Central Wheatbelt are costing small businesses thousands of dollars, harming local tourism opportunities, and leaving residents frustrated and upset.

"The recent heatwaves during December and January have been particularly difficult for families, who have been unable to run their air-conditioners in 40-degree heat and have lost hundreds of dollars of food due to lack of refrigeration." Ms Davies said.

"The meagre \$80 compensation payment from Western Power does not go far enough, and residents want to see this urgently adjusted to reflect the true cost of restocking households after successive days without power."

The inquiry would go beyond the recent review announced by the State Government and provide an unbiased investigation into Western Power and Horizon Power.

The State Government's review is constrained to a four-day window from December 24 to 28, It goes nowhere near far enough in addressing the ongoing power reliability regional residents have been struggling with for several years.

"An independent inquiry would consider the preparedness and responsiveness of electricity providers when power outages occur, the appropriateness of the extended outage payment, and make recommendations to improve the performance of the regional electricity network." said Ms Davies.

Shadow Minister for regional telecommunications and emergency services Martin Aldridge MLC said the inquiry would also consider existing policies aimed at improving fire risks associated with the network and their impact on timely power reconnection.

"Telecommunications in regional WA is critical, especially during natural disasters or emergencies when the delivery of critical information from government agencies is required," Mr Aldridge said.

"Inquiries into the Esperance Bushfires and the 2019-20 Black Summer bushfires highlighted how vulnerable our networks are to power loss and why we need to develop a plan to strengthen the network.

"Disappointingly, Telstra and other telecommunications providers have taken very little action to improve network resiliency, leaving regional communities vulnerable and exposed during emergencies, unable to call for help or mobilise fire crews."

To sign the Petition, click on: https://www.parliament.wa.gov.au/Parliament/LCePetitions.nsf/petitions/22-0002

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au

mia.davies@mp.wa.gov.au

@miadaviesmla www.miadavies.com.au

■NATIONALS for Regional Wa

Vale

Laurie Hayter

Eulogy read by his grand daughter Narrelle Bate nee Antunovich at Laurie's funeral.

It's an honour and a privilege to be asked to deliver the eulogy for Lawrence James Hayter my Grandad. Thant you, Aunty Joy and Little Joy, as most of you will know them or to me Nanny and Mum, for trusting me with this very important job.

Lawrence James Hayter was born in Subiaco on the 13th of Feb 1922. Grandad was the first of four children born to William and Ida Hayter.

When Grandad was 2 the family moved to a farm east of Narembeen on Soldiers Road, and this is where Grandad learnt his basic farming skills that would set him up for his life of farming. Farming wheat, oats, sheep, pig, poultry etc..

Grandad attended school at Mt Walker Primary School. He would travel to school by horse and cart, making sure he and his siblings got to and from school safely.

At 18 he went into share farming with Bob Grey. 25 miles east of Narembeen in Mt Walker. He later bought this block, the first of three that he would eventually farm.

He Also learnt to shear and was described as the one of the cleanest shearers in the Narembeen area.

In 1945 he married Jean Hunter they had three children Barbara, Christine and Joy. Christine passed away shortly after she was born.

In 1956 the marriage failed leaving Grandad to raise two little girls. He was ably assisted by Auntie June Hayter and then later by Joyce Joiner nee Wagner who also had two children, Geoff and Rodney.

Nanny (Joyce) and Grandad always said that marriage would ruin a good friendship, so it took everybody by surprise when in 1963 Nanny and Grandad were married. They remain so till this day. They celebrated their 58th wedding anniversary in October of this year.

Grandad and Nanny actively farmed these properties until 2009 when they finally sold up and retied. Recently Grandad was asked if he had been a farmer. To which he replied, "I'm still a farmer".

Cont...

Vale

Laurie Hayter

Eulogy read by his grand daughter Narrelle Bate nee Antunovich at Laurie's funeral.

ONCE A FARMER ALWAYS A FARMER

Grandad spent his life in Narembeen. He was involved in many community, social and sporting activities. He was a member of Buffs, played golf, tennis and darts just to name a few.

Grandad's life revolves around family, farming and Narembeen. He has 5 children, 7 grand-children, 15 great grandchildren and 4 great grandchildren.

Nanny and Grandad worked hard together, they looked forward to Friday- Shopping day and Sunday sport. Friday nights finished when the pub shut. Saturday night finished when the keg was empty.

Grandad lived his life in Narembeen, even with failing health he never lost his faith in his fellow Western Australians. A severe problem had occurred to his gearbox on his car, he was advised not to drive it home from Perth. Grandad believed that he would be okay. He had lived here all his life and believed if there was a problem someone would stop to help them.

Many words could be used to describe this man but none fewer or simpler than the words of his wife of 58 years.

I Quote

" He was a good Husband

He was a good Father

He was a good Bloke"



Thank You

A big thank you to all the wonderful people of Narembeen who helped Joy celebrate what would have been Laurie's 100th birthday.



Narembeen certainly is a wonderful place to live!

Joy Antunovich (Little Joy)



NAREMBEEN BOWLING CLUB SPECIAL MEETING

Narembeen Bowling Club Members are invited to a Special Meeting

to discuss replacing B Green.

Where: Narembeen Recreational Centre

When: Monday, February 28 at

If you require further information contact Eric Tenardi on 0429 647 131.



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Bookings by appointment

The difference between ordinary and extraordinary is that little bit extra

NAREMBEEN LADIES' HOSPITAL AUXILIARY

General Meeting

2pm—Friday, FEBRUARY 18, 2022

at the Senior Citizens Centre.

New members very welcome.

Please notify Kerry Fricker or Di Pollard for RSVP, or apologies.



80's & 90's Quiz Night

Narembeen District High School P&C presents

BAMBOOZLED Quizmasters



Check Facebook for special menus provided by:

Narembeen Workers Bar & Bistro - 9064 8608 Narembeen Roadhouse - 9064 7315 Status Grazed - 0408 935 029

Food will be delivered to the venue on the night (Pre-orders only)

Friday 11 March 2022
Narembeen Town Hall
Doors open 6pm
Quiz starts 7pm sharp
Tables of 8 - 10
\$25 per person
We would love to see you
DRESS IN 80's OR 90's!!!

TICKETS - \$25 each

Contact Lucy Lines 0428 870 330

pdlines@westnet.com.au or contact Lucy on Facebook

eldersmerredin.com.au





41 Thomas Street, NAREMBEEN WA 6369 STOP AND SMELL THE ROSES

This big family home will catch your eye with the most beautiful rose garden in the street! There is so much space for the whole family with 5 bedrooms, lounge, dining and large games room opening onto the rear patio perfect entertaining. The kitchen is well appointed with loads of bench space, a breakfast bar and a walk in pantry. There's ducted air conditioning throughout the home, plus 2 reverse cycle split systems and a free standing wood heater in the living area. To the side of the house there is ample room for parking which leads to a double garage / work shop at the rear. There is nothing to spend on this well presented home, ready to move in and enjoy!

Land Area 1,012.00 square metre

NTERNET ID: 23313900

PRICE - \$205,000

CONTACT DETAILS-Jacqui Burton 0498 457 539

'See You Later' Letter



Hello everyone,

As you would all know, this week is my last week at the Narembeen CRC.

I would like to thank everyone for being patient with me and helping me grow my skills and confidence in the workplace. I have made a lot of friends around town and grown to know the community better.

I have enjoyed working at the Narembeen CRC as a receptionist and helping people out.

I have also loved running story, rhyme, and STEM time sessions for the children of this community and seeing the children excited to see me always brought a lot of joy to me. I also loved having laughs with the seniors at the movie days afternoon teas!

I have now completed my Cert III in Early Childhood Education and Care and am now moving on to work two days a week at the Kondinin Primary School and have been enrolled into a Cert IV in Youthwork. I would also like to continue to work with children as I love helping them grow.

Thanks again to everyone, it's not a 'goodbye' – but a 'see you later'. Savannah Garlick

AUTUMN CLUB PROJECT

A Request from Perth Children's Hospital to Narembeen Autumn Club

Black and White cloth/felt books

Andy Wahid | Coordinator Volunteer Services PCH

"I have had a special request from the Play Therapy team for lots of felt books – would any of your members be able to make these?

I know you have some super skilled people and we are so grateful for your donations. We make sure these go straight to our social work team who work with families in need across the hospital.

As discussed, we need a large number of cloth books in black and white for our babies and infants that are in hospital and sometimes stay as inpatients for a long, long time.

Due to the infection control policy from the hospital, these books will be given away as we are not able to share books amongst patients.

Would it be possible for your craft group to take over this project for the babies that are in our hospital?

Black and white images may encourage young babies cognitive development without over-stimulating them. They also boost infants learning and focus."

How could we refuse such a request! The club is off and running and the books are well under way with the supervision of Susy Padfield and Elsie Palmer. Club members will form a production line to complete this project.

Elsie Palmer



Kerry Fricker, Susy Padfield and Robyn Henderer



You're invited to the



Hutton & Northey Sales Quairading Parts Outlet

Friday, 25th February 2022 38 Avon Street, Quairading 3pm onwards

Come and see what we are up to, and let us know how we can support you.

Followed by BBQ & Light Refreshments



RSVP by Friday, 18th February 2022 to Don or Amanda on 9690 3320 or email qdgparts@hutnorsales.com.au 🔭





THE HEAD BUTT

Craig Gmeiner



Dear Mr Premier,

Firstly, let me thank you for your continued work through the pandemic. I fully respect the position you hold and the work you are trying to do. I understand that you are working to protect the most vulnerable in Western Australia from a virus that has swept the world. You have my respect sir, however, I write to you today with a simple request of you and your government. Please do not forget that there is more going on in our state than the pandemic.

As you would know last weekend saw catastrophic fire conditions across the southern half of the state, if not across the whole state. These conditions saw fires wreak havoc down south around Bridgetown and Denmark and through the wheatbelt near Wickepin and also near the small towns of Shackleton and Babakin (google them, they're small but they're there). As you would also know these fires have left a trail of destruction that has really never been seen before in these areas. I know of farmers in the wheatbelt who lost such large swathes of their farm that it is hard to understand how they will be able to financially push through the year. These fires will influence the quality of the soil for some time and have taken infrastructure that will be tough to replace in times where it seems to be impossible to get any kind of machinery into the country.

I did notice that you made a trip to Bridgetown in the aftermath of the fires and appreciated the fact that Agricultural Minister Alannah MacTiernan made a trip out to the wheatbelt firegrounds but with respect sir, I was disappointed you couldn't make it. I also noticed that you have been quick to provide financial support to businesses who have been left out of pocket due to the pandemic, of late specifically due to the delayed border opening; however I have not yet heard of any financial assistance being offered to the farmers who have suffered at the hands of these fires.

As you would know similar fires have hit down south near Jerramungup and Ravensthorpe and although I know less about them, I believe they have wreaked similar havoc. So, I ask you sir, please don't forget these people will need help. I doubt they'll ask for it, but they would certainly appreciate it. I understand such help won't be the lead at 6pm with Ric and Susannah and won't get air time over east but it will have lasting positive effects.

I fully understand that the area I am talking about holds little political sway. There aren't many people out here and most of them vote on the other side of the spectrum anyway. The truth is though sir, they live in an area and are a group of people that pull far beyond their weight in our great state. After all Mr Premier, the truth is we're never going to be able to eat Iron Ore.

I fully understand the size of the pandemic Mr Premier. I respect and admire the way you have steeled yourself to do what you feel is best for Western Australians. There are however more issues facing those same Western Australians than just the pandemic and right now I know some who could use some help. I know they don't come from an area of great population or significant political or financial clout. They do however deserve your help as much as the restaurants along the waterfront do or the actors in the festivals. For sir as I am sure you are aware there are more issues facing us at the moment than just the pandemic.

Yours Sincerely

Craig Gmeiner



from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

COVID-19

COVID-19 continues to challenge our community. With restrictions and requirements changing so frequently, please keep up to date via the Shire Facebook page. We will endeavour to share information as it is received.





REAL ESTATE

In December 2021, Council resolved to dispose of a number of properties by public auction. Elders Real Estate are managing the sale with the below auction dates.

- 26 Thomas Street bids opening 21 March with final bidding 24 March.
- 10 Ada Street bids opening 28 March with final bidding 31 March.

Due to unforeseen circumstances the Hilton Way property is no longer listed for sale.

WALKER LAKE CAUTION

Construction on the new concrete pathway around Walker Lake will continue for approximately the next five weeks.

For your own safety, please avoid the area during this time.



Shire of Narembeen How we are keeping our community and staff safe.

COVID-19



The impact of the COVID-19 pandemic is constantly changing The wellbeing of our community and staff is our top priority. We will continue to do everything we can to ensure your safety in Narembeen.

There are several ways that we can all do our part and they include:



USE A FACE MASK



REGULAR HAND WASHING











TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY

For more information about **Coronavirus (COVID-19)** please visit **health.gov.au**



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26 Thomas Street, NAREMBEEN, WA 6369

BRICK & TILE HOME ON CORNER BLOCK

For sale on behalf of the Shire of Narembeen. Being Sold by Auction online (Market Buy) with bids opening Monday 21st March 2022 and closing stage Thursday 24th March 2022.

This circa 1980 brick and tile home is located on a corner block with frontages to Stanley Street & Thomas Street. Opposite the new Morning Sun Motel and only a short stroll to The Recreation Centre, Towns Swimming Pool and the Narembeen School. It boasts a concrete driveway to side carport parking. Lounge entry with wood fire. Kitchen/dining is tiled with gas oven/stove, modern cupboards and pantry, ceiling fan and sliding door to back. Tiled hallway to 3 bedrooms, 1 bathroom, internal laundry and separate WC. Rear patio is concreted adjoins the large rear games-room that is carpeted. Solar HWS and ducted evaporative A/C cooling. Well fenced yard with side gates off Thomas St for rear yard access. Freehold land title of 817m2 land area.

All inquiries to exclusive selling agent Elders Real Estate - contact local specialists Will Morris 0448 415 537 or Jacqui Burton 0498 457 539.

Other features: Close to Schools, Close to Shops, Close to Transport, Fireplace(s), Secure Parking

-ireplace(s),Secure Parking

TYPE: For Sale

INTERNET ID: 23325323

SALE DETAILS

AUCTION

CONTACT DETAILS

Elders Real Estate 74 Mitchell Street Merredin, WA 08 9041 6500

Will Morris 0448 415 537

The particulars contained herein are supplied for information only and shall not be taken as a representation in any respect on the part of the vendor or its agent. Interested parties should contact the nominated person or office for full and current details.

eldersmerredin.com.au









10 Ada Street, NAREMBEEN, WA 6369

10A and 10B ADA STREET

For sale on behalf of the Shire of Narembeen. Being Sold by Auction online (Market Buy) with bids opening Monday 28th March 2022 and closing stage Thursday 31st March 2022.

Its a home plus an extra building that has recently been the toy library. This gives several options to buyers who could occupy one or both or investor that could have a double income potential. Located opposite the school and kindergarten on a freehold corner title of 989m2. Road frontages to Wilfred Street & Ada Street. House is brick and iron construction with 3 bedrooms, 1 bathroom, formal lounge with tile fire and reverse cycle split system A/C opens onto Kitchen/dining with electric appliances. Internal laundry and separate WC. Concrete front driveway to carport that extends around back of home to patio. Electric 135L HWS and ducted evaporative A/C cooling. The additional building fronts Ada Street and could also be used as a granny flat boasts one bedroom, lounge, kitchen/dining, bathroom/laundry and separate W/C.

All inquiries to exclusive selling agent Elders Real Estate - contact local specialists Will Morris 0448 415 537 or Jacqui Burton 0498 457 539.

Land Area 989.00 square metres

ms 0448 415 537 of Jacqui Bulton 0498 457 539.

TYPE: For Sale
INTERNET ID: 23325340
SALE DETAILS

AUCTION

CONTACT DETAILS

Elders Real Estate 74 Mitchell Street Merredin, WA 08 9041 6500

Will Morris 0448 415 537

The particulars contained herein are supplied for information only and shall not be taken as a representation in any respect on the part of the vendor or its agent. Interested parties should contact the nominated person or office for full and current details.

RAMELIUS RESOURCES & SHIRE OF NAREMBEEN COMMUNITY BENEFIT FUND





Applications Open - 1 MARCH 2022 Applications Close - 31 MARCH 2022



Application forms available from Shire of Narembeen or www.narembeen.wa.gov.au . For more information please contact

Diana Blacklock 90647308

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NAREMBEEN HOMES FOR AGED

ANNUAL GENERAL MEETING

FRIDAY 18TH FEBRUARY 2022 5.30PM

NAREMBEEN RECREATION CLUB MEETING ROOM











NAREMBEEN HISTORICAL SOCIETY (INC) ANNUAL GENERAL MEETING

Meeting: Monday, February 21, 2022

Commencing at: 2.00 pm Next

At: The HISTORY CENTRE

(Road Board Building)

Come and hear about all that we have achieved over the past 12 months and what is planned for the next 12. We would love to see you there to help preserve our history.



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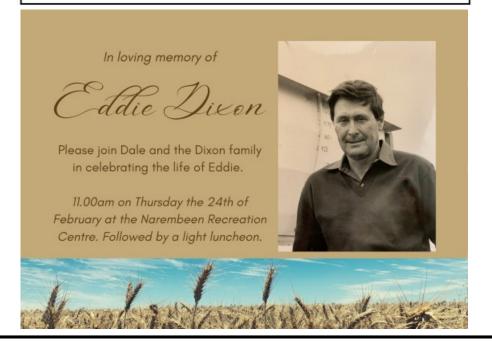
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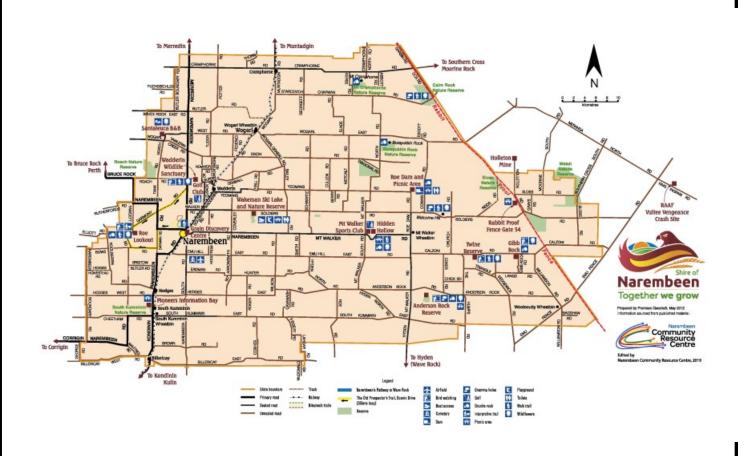
Richard Kovac & Robyn Kovac 21 Westral Street (PO Box 30) Bruce Rock WA 6418 Richard 0427 851 870 Robyn 0400 552 141

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Narembeen District High School Newsletter

Independent Rural Excellence

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Principal: Mrs Chris Arnold Deputy Principals: Mr Russell Arnold Ms Lynda Cornish

Our Values:

Learning, Excellence, Equity & Care

Ada Street, Narembeen WA 6369

Phone: 08 9064 9600

Email: Narembeen.dhs@education.wa.edu.au Website: www.narembeendhs.wa.edu.au

ISSUE 02/22 February 14 2022

IMPORTANT DATES

Mon Feb 7 - Fri Feb 18	PAT inclass testing PP - Year 10
Mon Feb 14 - Fri Feb 25	Swimming Lessons PP - Year 6
Tuesday February 22	P & C AGM at 3:30pm at the CRC
Thurs March 3	Faction Swimming Carnival
Mon March 7	Labour Day Public Holiday
Tues March 8	School Development Day: Students do not attend

WEEK 3 QUOTE

With the fires that we had last weekend around many of the shires near us, and then again on Friday, it is good to remember what a great community we live in. This quote is all about community!

It feels good to be in a community. Community, above all, is bigger than individuals – we are something much more than individuals when we are part of a community, and this is how things ought to be.

Tony Blackshaw

WHAT'S INSIDE

- From the Principal
- Homework
- Community News

Preparing Students for a Changing World

E-WA ROTARY SWIM FOR READING AND COMMUNITY CHALLENGE THANK YOU SWIMMERS, THANK YOU SPONSORS, WHAT A WAY TO GET MUCH NEEDED \$'s FOR OUR SCHOOL ®

This event was held for the 8th time last Saturday February 5 2022, and it was without doubt the biggest yet, and it certainly had the biggest contingent of swimmers from Narembeen. Made a Community Challenge by the Narembeen and Bruce Rock Shire Presidents, Mrs Kellie Mortimore and Mr Stephen Strange, it can be said that we certainly stepped up. By having 39 swimmers in the event, and completing 4,060 of the total 5,712 laps swum, we have not only won the \$500 Community Challenge, but all of the sponsorship money raised by our swimmers, and donated by you, our awesome community members. We are hoping for close to or above \$4,000 for our school's English budget, and we cannot thank those we 'got in the swim' enough. It was a hot, long afternoon, but our students swam their hearts out and they were backed, for the first time, by a group of equally dedicated adults, who also did themselves proud!! Some of the swimmers exceeded all expectation, doing more laps than intended (by one hundred or so in some cases ©), stepping up to the challenge on the day. Once again, THANK YOU TO EVERYONE WHO SWAM, TO THOSE WHO SUPPORTED AND TO THOSE WHO DONATED.

Kellie, I hope you are happy that the money you put forward is back in your town, going towards resources for our students ⊚, and we thank you for your support. We would like to say well done to the Bruce Rock community for their support of the event and congratulate all of their swimmers on their efforts on the day. Cheers to Stephen for his contribution , as with all of our donations, it will be put to good use.

OUR SWIMMERS RESULTS (33M POOL NOT 25M!):

THE STUDENTS PUTTING IN THE HARD YARDS FOR OUR SCHOOL:

Our 130 students can say a big thank you to these 28 swimmers who worked hard last weekend to raise funds for the improvement of reading resources at our school.

NAME	YEAR	LAPS	NAME	YEAR	LAPS
Cameron Hills	10	250	Noah Smoker	5	76
Keira Butler	10	174	Macy Cole	5	130
Lucy Currie	9	200	Toby Bald	5	100
Sari Cusack	9	102	Bailey Kuhne-Munroe	5	50
Deakan Miller	9	180	Mason Kuhne-Munroe	5	30
Jace Browning	8	14	Charlie Cusack	4	60
Portia Fidge	8	34	Gemma Federici	4	52
Wren Cheetham	7	100	Lyla Hayter	4	90
Mia Parsons	7	150	Aden Smoker	4	50
Archie Federici	7	50	Spencer Bald	3	80
Jack Cusack	6	158	Chloe Browning	2	36
Levi Fidge	6	36	Chase Smoker	2	30
Noah Browing	6	120	Rocco Federici	1	2
Rhienna Parsons	5	130	George Hayter	1	16

'GROWN UPS' TAKING UP THE CHALLENGE:

Hopefully most of these guys recovered faster than me! I felt like I had been involved in a Rottnest Channel Swim on Sunday, and remembered that I have only swum four times this summer season and the shoulders felt it!!

NAME	LAPS	NAME	LAPS
Sheldon Kuhne-Munroe	250	Amber Kuhne-Munroe	100
Hannah Chitty	200	Damon Hayter	100
Russ Arnold	150	Kaye Bolger (nee Condor)	70
Chris Arnold	130	Karl Browning	70
Nat Browning	130	Jess Smoker	60
Hannah Bald	110	Justin Fidge	36
Trista Federici	110	Jim Bolger	34
Sam Bald	104		

Other thanks go to Lucy Lines, our volunteer who worked all day in the heat counting laps without a break and to Tash Hills and Sarah Kuhne-Munroe who also answered the call to give the rotary lap counter volunteers a break on such a hot day. Also cheers to Anita Parsons for driving the bus for us and to all other parents who came over and supported. A special thank you to all who sponsored any swimmer, regardless of the amount, thank you for your donation and please know that it will be used for improvement of educational outcomes in the reading area.

Finally, thank you to E-Rotary for their efforts to continue this event, they had many volunteers working throughout the day to ensure its success. It gives us the opportunity as a community to put valuable funds into our budget and that makes it worthwhile for us all.

Our wonderful swimmers @



WELL DONE CAMERON HILLS: RECORD NUMBER OF LAPS

Special mention to Cam Hills who, with Sheldon Kuhne-Munroe, set a new record for the number of laps swum at the swim. 250 laps of a 33m pool, which is the equivalent of 8.33 km, in 3 hours is a great effort!! Good job Cam and well done Sheldon, you both swam so well!



THANK YOU ROSEMARY AND DORCAS \$4,000 IS SO VERY GENEROUS, AND WE APPRECIATE IT ©



"Only by giving are you able to receive more than you already have" - Jim Rohn

This quote epitomises the work that Rosemary, with her team, does at DORCAS. Once again the whole school community can say a huge thank you to them as we have received another generous donation of \$4,000 from them. DORCAS is a not-for profit second hand shop run by volunteers, which provides assistance to many in our town and others. This is our biggest cheque from them to date, and we are so very grateful for the work they do and the funding that they have given us over the years. What can we say but thanks again Rosemary and Dorcas volunteers, we greatly appreciate the assistance you have given our school. We really do love your work, and your efforts are a so valued in our community

THANK YOU ST. PAUL'S ANGLICAN CHURCH

We would like to acknowledge and thank **St. Paul's Anglican Church Narembeen** for the **\$100** donation towards the supply of food for our students who, on occasion, may be short of breakfast or lunch. They provide this for us every year and we greatly appreciate your continued support of our students.

THANK YOU FOR THE GO NAREMBEEN DONATION PARSONS FAMILY AND CURRIE FAMILY: \$2,000 FOR OUR SCHOOL ©

We would like to say a HUGE thanks to Go Narembeen for its efforts to continue the community cropping program. This year, through the contribution of time and machinery, by the Parsons and Currie families, a payment of \$2,000 has been made to the school, \$1,000 from each family. On behalf of the school community, we thank these two families for their contribution to our school, and GO NAREMBEEN for just always being there for all of us!

A total of \$66,616.50 has been donated to sporting clubs and community groups through this year's cropping program so well done to all involved!

WE ANNOUNCE NAREMBEEN DISTRICT HIGH SCHOOL STUDENT COUNCIL: WELL DONE TO YOU ALL, LEAD WELL, LEAD BY EXAMPLE

I would normally wait until after the first assembly to announce this and put a picture or two up, but given the new directions about assemblies, which are detailed later in this Newsletter, it gives me great pleasure to announce the 2022 Student Council to the school community:

SCHOOL CAPTAIN 2022: CAMERON HILLS

SCHOOL VICE CAPTAIN 2022: KEIRA BUTLER

YEAR 10 STUDENT COUNCILLOR: LAUCHLAN POOT

YEAR 9 STUDENT COUNCILLORS: SARI CUSACK & ZACK GARLICK YEAR 8 STUDENT COUNCILLORS: BOWDAN COLE & JACE BROWNING YEAR 7 STUDENT COUNCILLORS: WREN CHEETHAM & MIA PARSONS

YEAR 6 STUDENT COUNCILLORS: LEVI FIDGE & JACK CUSACK

As a group, these students will be expected to at all times, uphold the values outlined in the contract that they sign and the qualities listed below:

Leadership is about the art of motivating, influencing, and directing people so that they work together to achieve the goals of a team or broader organisation. It is important for students to experience leadership opportunities during their schooling, to learn the art of building relationships within teams, defining identities and achieving tasks effectively. It also provides an opportunity to learn to identify and display effective communication and interpersonal skills. Leadership in its simplest form is taking the responsibility for making a positive difference in our own and other people's lives. Our assumption at Narembeen DHS is that everyone can and should exhibit quality leadership. We also accept that everyone will lead in varying degrees of effectiveness, and we value each student's contribution to our community.

WHAT QUALITIES ARE NEEDED BY OUR LEADERS?

- Display a passionate belief in the school values and vision.
- Good leadership skills.
- An excellent mentor and role model
- Have excellent attendance, punctuality and behaviour.
- · High levels of honesty, responsibility and endeavour.
- A commitment to serving other people.
- A willingness and be able to give up time to contribute to the school.
- Be approachable, reliable and have good listening skills



- Excellent communication skills.
- Demonstrate a caring and supportive manner.

AT NAREMBEEN DHS STUDENTS ON OUR LEADERSHIP GROUP ARE EXPECTED TO:

- uphold the values of Narembeen DHS.
- · show initiative.
- be well organised.
- demonstrate respect and responsibility.
- have strength of character, work always within school rules, and display strong self-respect.
- welcome and foster support from other students, while giving back in a mentoring role whenever possible.
- inspire others by example.
- speak on behalf of students in the at school functions and other special events.

Some leadership roles have greater levels of responsibility than others, but all students are expected to lead their community to the best of their ability.

Many thanks to G for running the elections and good luck to both he and Bianca, who assist our councillors on their endeavours throughout the year. Please note that the photograph of this group of students will be added to the Newsletter once their student council school shirts arrive ②.

P & C FUNDRAISER: 80'S & 90'S QUIZ NIGHT RUN BY BAMBOOZLED QUIZMASTERS

IF YOU LOVED THE BOGAN BINGO THEN GET YOUR TABLE TOGETHER © THIS IS YOUR SCHOOL, THE MONEY IS FOR YOUR KIDS, GET AROUND IT!!!

Right so you know why it is important to have fundraisers for the P & C and here we have one coming up on FRIDAY MARCH 11 2022 that is:

- run by BAMBOOZLED QUIZMASTERS, so be ready for a fun night of adult entertainment from these guys, with a few questions thrown in.
- involves a great social night out, we don't have to cook, we don't have to waitress or waiter (or at least most of us don't). We can have a quiet, or not so quiet drink, indulge in some great food, show off our lack of knowledge of the 80's and 90's, and dress to impress in our best 80's or 90's gear ©.

This is the big 2022 fundraiser and we need you guys to get behind it. We have a committee willing to do the work, we just need you and your friends to come along ©. So the posters are out there and BOOKINGS ARE OPEN. Get your table together, check out the great menus provided by Narembeen Workers Bar and Bistro, Narembeen Roadhouse and Status Grazed. If you don't know where to go to book or order, just check with HANNAH BALD OR LUCY LINES, they are the font of all knowledge when it comes to the quiznight.

THANK YOU FIRIES IN ALL COMMUNITIES AFTER THE LAST WEEK!

Well Monday of Week 2 Term 1 saw us have one bus not running due to emergency road closure, and many of our students away with the uncertainty of the fire that was having an effect on many in our Shire, and unfortunately, an even greater effect on those in other Shires near us, especially Corrigin. Our community Bush Fire Brigade Volunteers, and those from other shires, worked hard

along with our shires, to keep losses to a minimum. Yes, there was damage, loss of sheds, houses and regrettably livestock, but the commitment of those who were able to go and help, meant that it was certainly not as bad as it could have been. We are a community school and on behalf of this small part of the wheatbelt community, THANK YOU to all who assisted in any way.

COVID STUFF!

Like all of you, I am living in this continual, changing space of COVID mandates and directions. As an educator, like all of us at school, I have to be triple vaxxed as soon as my booster is due to actually keep working and be on school site, so please, understand that we are just like you, except we have to make sure that all of the directives are followed!

- School activities must promote and practise good hygiene principles.
- Assemblies are to be held outside and limited to a class size or a small group within a year group. So, there can be no full school assemblies at the moment *\emptyset\$.
- Playgrounds and play equipment are being washed once per week as is the directive.
- The faction swimming carnival can go ahead.
- Outdoor Interschool events are permitted ©.
- Staff, students and parents must stay home when sick.
- Staff and high school students must wear a mask at all times.
- The mask mandate will apply to Years 3 and above in the future, with masks recommended for K - Year 2, upon advice from the Chief Health Officer.
- Adults including parents and carers, must wear a mask on school sites in regions where a
 mask mandate is in place, even when outdoors unless physical distancing can be
 maintained. Exemptions and exceptions continue to apply. So, if you are sticking to the
 1.5m physical distancing, you can keep the mask off, it you are sitting next to each other
 chatting, you put the mask on .
- Gatherings of parents/carers on school sites should be avoided.
- · Parents/Carers and others are not allowed in classrooms.

MRS CHRIS ARNOLD PRINCIPAL

RELIEF CLEANER - EXPRESSION OF INTEREST

We are seeking expressions of interest for relief cleaning. You will assist with internal cleaning duties, including the maintenance of carpets and hard floor surfaces, toilet cleaning, furniture and fittings, window cleaning, dusting, and rubbish removal. External cleaning duties, including the cleaning of verandas and covered areas, rubbish removal, cleaning of drinking troughs, window cleaning, and removal of cobwebs. The ability to work collaboratively in a team environment is important. For further details and information regarding Working with Children and Department of Education screening please contact the front office on 90649600.

MRS AMANDA HALL
MANAGER CORPORATE SERVICE

POSITIVE REWARDS

Congratulations to the following students who have won 10 points for their FACTION ©.





P: 1300 027 477 Register your interest at: www.crispwireless.com.au A: PO Box 1004, Narrogin 6312













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Narembeen CRC Update

Hello Everyone!

We hope you have had a great week so far. We have a super busy month coming up in March, with the Main Street Festival and Narembeen Triathlon!

This month we have our very first Story Time session of 2022! We have a super fun session of singing, reading and crafts planned for your little ones! AND we would love to see you all there!

As part of the Main Street Festival, which is funded by the RAC, Ramelius & Shire through the Community Benefit Fund, Collgar and Go Narembeen, we are looking at activating this space and are seeking feedback!

If you have any suggestions, please let us know at the CRC!

Don't forget the Narembeen Triathlon is coming up on Saturday, 26 March.

Make sure to get your teams ready or if you are wanting to do it individually, get training and submit your forms.

Forms are available from the Narembeen CRC or the Shire of Narembeen Website. We even have a new kids category this year to accommodate our 'Little Athletes' as highly requested last year to get everyone involved.

Enjoy the rest of your week!

Georgia Atkins
Administration and Communications Officer



Upcoming CRC Events 2022

- Story Time: Friday, 25 February 10.30am
- Seniors Movie: Monday, 14 March 1.00pm
- Morning Coffee Club: Wednesday, 16 March 10.30am
- Main Street Festival: Friday, 18 March 4.00pm
- Triathlon: Saturday, 26 March 3.30pm



T 9064 7055

Unit 2 /19 Churchill Street, Narembeen WA 6369 crcreception@narembeen.wa.gov.au www.narembeen.wa.gov.au







STORY AT CRC THE CRC THE CRC ** STORIES ** STORIES ** FUN GAMES



JOIN US IN THE LIBRARY AT 10:30 am

Children must be accompanied by an adult

Friday, 25 February 2022





























NAREMBEEN TRIATHLON

SATURDAY 26 MARCH 2022 NAREMBEEN AQUATIC CENTRE, 3.00PM

OPEN SHORT

OPEN MEDIUM

OPEN ENDURO

LITTLE ATHLETES

NEW KIDS CATEGORY! BIGGER ATHLETES

HIGH SCHOOL ATHLETES

Year 3-6

Registrations:

Entry forms available from the CRC or Shire of NB Website Entires close Monday, 21 March

Registration fee:

\$10 per person (adults) \$5 per person (under 16yrs)

For any enquires please call 9064 7055 or email crcreception@narembeen.wa.gov.au



Narembeen Bowling Club

On Saturday and Sunday the Men held their Championship Pairs.

door and locking the car tho.



A great comp with 14 pairs.

The winners were Greg Vaughan and Eric Tenardi. They defeated Micky Hall and Gary Johns in a very close one. Well done guys. Great to watch and some brilliant bowls into the head.

Whilst the Men were battling it out at home three Ladies teams went to Bruce Rock to battle it out in their Gala day. It was a battle!!!! Didn't bring home any winners but had a lovely lunch and picked up a few raffles. One team had a win. Lucky for the driver to have a spare set of keys in her bag.

Another team looked on sheepishly as the prank failed!!!

We do thank them for shutting the drivers

The Men will hold their Championship Singles this Weekend.

The Captain would like names in for this event by Thursday night please.

There will be social bowls for the Ladies commencing at 3pm. One team is travelling to Yilgarn for their Open Day so Good Luck girls.

Julie Hayter Captain

THANK YOU TO OUR SPONSORS

RAMELEUS RESOURCES AND THE SHIRE OF NAREMBEEN COMMUNITY BENEFIT FUND COLLGAR WIND FARM, WALLY TUDOR, Eilish BAILEY, Tony & Di MIOLINI, Barry PRICE, Maisie CUSACK, NAREMBEEN IGA, TOTAL AG - NUTRIEN, CRICHTON VALE, Wally TUDOR, Iris BRISTOW, Alan WRIGHT, NAREMBEEN ENGINEERING, Barry and Noela COLE, Max Price Family, Rhonda COLE, MOTIVE TRAVEL, NAREMBEEN HARDWARE & AG SUPPLIES, Hendy & Anita COWAN, THOMAS Family, COLESTAN ELECTRICS, SONIC BOOMSPRAYS, Gaynor & Pat LATHAM, LIBERTY FUELS, HUTTON & NORTHEY, ELDERS RURAL, NAREMBEEN TYRE SERVICE, VARLEY TRANSPORT, TRANSPLUS, Robert & Julie HAYTER, Hon. Mia DAVIES MLA, Ron & Margaret BUTLER, Frank & Helen COPEMAN, Steve & Chris PADFIELD, NAREMBEEN MEDICAL CENTRE, TRADE MARKS ATTORNEY SERVICES, THREE-O-TWO HOME WARES AND GIFTS.

Birthdays

16th	Renae Andrews	Digby Slade	Mich Woodley
	Ben Hunter	Beau Repacholi	Greg Sinclair
17th	Raymond Padfield	Yvonne Armanasco	*
18th	Mathew Yeomans	Peter Commons	Michelle Roddan
	Rebecca Clark	Amy Lethlean	Sofie De Luis
19th	Russell Johns	Dawn Price	Brian Cummins
	Steven Cooper	Georgia Cowan	
20th	Anna Fricker	Richard Andrews	Benjamin Foote
	Bradie Yeomans		
21st			
22nd	Bevan Thomas	Jim Cowan	Les Welsh
	Damon Johns	Laura Bailey	
23rd	Juliana Bailey	Brian Currie	Michael Currie
	Scott French	Mark McCellan	Glen Hall
	Ashley Hall	Bob Smith	Liam Hickey
24th	Coralie Palmer	Bill Cowan	Karen Menegola
	Blake Davis		

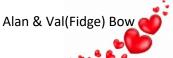
Amniversaries

17th Steve & Yvonne(Mortimore) Armanasco

19th Mac & Kelly (Smith) Cole

24th Lindsay & Chris Hackett

Anthony & Kate Wilkes(Cusack)





That's not my Job!

This is a story about four people named Everybody, Somebody, Anybody and Nobody. There was an important job to do and Everybody was asked to do it. Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry because it was Everybody's job. Everybody thought Anybody would do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, 20th February

8.30am

Rev David Russell visit

Genesis Ch45-V3-11&15 D Bookham

1 Corinthians Ch15-V35-50 W Milner

Luke Ch6-V27-38

Psalm 37

Church of Christ

Bible study at Warren & Lorraine's place. The topic is "the world"

Thursday 17th February 7.30pm

Worship Service with Sunday school during the service

Sunday 20th February 10.00am

Bible passage for the week: "Here on Earth you will have many trials and sorrows. But take heart because I have overcome the world" John 16:33

Seventh Day Adventist

105 Church Rd, Mt Walker
Saturday February 19th
10am Bible Study

The Senior's Bible Study subject for this quarter is "In These Last Days: THE MESSAGE OF **HEBREWS**", and Lesson 8 for this week is "**Jesus**, **the Mediator of the New Covenant**." The Key Text is Heb. 8:6, along with many other scriptural references.

Sabbath School

11.30am Worship Service with Pr Douw Venter

You're always welcome to join in at these times or you can still watch this current Bible Study series on your VAST TV decoder on Channel 603 at 4:00pm on Fridays or there is "Let God Speak" at 7:00 pm Fridays.

Leading Elder: Yonnie Willis 60635014

Pr Lomani 0429 770 331

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT
Saturday February 19th

6pm

Reader: J Cusack

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: S Kerse

Email: <u>brucerockparish@gmail.com</u>

FaceBook: Francis Mary Concepta Sacrament



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential
Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

COMING EVENTS

February 2022

Wednesday 16th Bowls Ladies Pennants Rd 12 BK v Nb

Thursday 17th Autumn Club 10.00am-2.00pm

Friday 18th Playgroup at Numbats Centre 9.30am
Memorial for Beryl Welsh at the Narembeen Rec Centre 1pm

Homes for the Aged AGM at the Narembeen Rec Centre 5.30pm

Saturday 19th Church

Men's Shed 9.00am

Hospital Day at Mt Walker Tennis Club

Live Band at Mt Walker Sports Club 6pm

Sunday 20th Church

Social tennis at Narembeen Tennis Club 2pm

Bowls Mens Championship Singles

Bowls Ladies social 3pm

Monday 21st Circuit Gym 9.30am

Arts and Crafts and Book Exchange at Community Shed 10.00am-4.00pm

Historical Society AGM at the old Road Board 2pm

Tuesday 22nd Senior Citizens 2.00pm

P&C AGM at the CRC 3.30pm

Wednesday 23rd Bowls Ladies Pennants Rd 13 Nb v Tammin

Editor: Gina DeLuis



COVID-19:

New testing and isolation protocols in a high caseload environment



I am a close contact and have no symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you are a close contact but have no symptoms.

Isolate for 7 days from date of contact.



Monitor for symptoms.



Symptoms

Refer to 'I am not a close contact and I have symptoms' protocol.



No symptoms Take a RAT on day 7.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

You can leave your home after day 7 of isolation, providing there are no new cases in your household.



Symptoms include:









Fatigue Sore/scratchy throat





Dry cough Shortness of breath

If someone in your household tests positive, isolate for 7 days (start this process again).



WA.gov.au

We're all in this togethe



COVID-19:

New testing and isolation protocols in a high caseload environment



I am not a close contact and I have symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know what to do if you have symptoms.

Get a PCR test if you can. This is the preferred option. Isolate until the results come back.

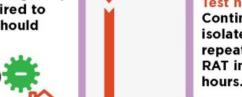


If you can't get a PCR test, get a RAT immediately.



If your PCR test is negative, you are not required to isolate. But you should stay home where possible,

until your symptoms clear.



Test negative

Continue to isolate and repeat the RAT in 24 hours.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



If second RAT is negative you are not required to isolate. But you should stay home where possible, until your symptoms clear.



Symptoms Sore/scratchy throat Runny nose











Fatigue Shortness of breath Ory cough



WA.gov.au

We're all in this together.



COVID-19:

New testing and isolation protocols in a high caseload environment



I am a close contact who develops symptoms

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you if you have symptoms and are a symptomatic close contact of someone who has tested positive for COVID-19.

Isolate for 7 days from date of contact.



Take a PCR or RAT as soon as symptoms develop.



Test positive

Refer to the 'I have tested positive to COVID-19' protocol.



Test negative

PCR: you may leave home after day 7 **RAT:** Continue to isolate and take a RAT again in 24 hours.



Test negative

Refer to the 'I am a close contact and have no symptoms' protocol.



Test negative

You can leave your home after day 7 of isolation, providing there are no new cases in your household.



Symptoms include:





Fever Sore/scratchy throat Runny nose







Fatigue Shortness of breath Dry cough



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We're all in this together.

16th February 2022 **The Fence Post**



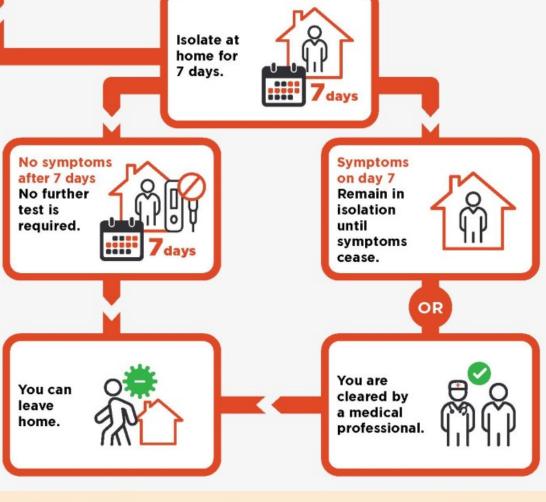
COVID-19:

New testing and isolation protocols in a high caseload environment



I have tested positive for COVID-19

With COVID-19 in the community, it is important for you to know what to do to keep yourself and others safe. This protocol will help you know when and how long you need to isolate for if you are COVID-19 positive.



Symptoms include:





Fever Sore/scratchy throat Runny nose







Fatigue Shortness of breath Dry cough





We're all in this together.