

THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 9064 7055

fencepost@westnet.com.au

* DEADLINE 10.30 AM TUESDAY *

OFFICE HOURS: Tuesday 8:30 - 12pm

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when the Fence Post office is closed.

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ANNUAL SUBSCRIPTION RATES 2022

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EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Maxine Miolini (Editor-in-Chief), Kellie Mortimore **ROSTER**

DateEditorTypistAds5th July 2022GINA DE LUIS12th July 2022KELLIE MORTIMORE

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -





Over the Fence...

FRONT COVER

There were so many photographs taken of the children at the school promoting SOCK week it was a very difficult decision as to which one would be on our front cover. This is the year 4-5 class telling us what SOCK WEEK means to them. The other photographs can be viewed at the CRC.

Narembeen Senior Citizens are taking a break for July . This will recommence in August when the weather may start to get a little warmer and the days a little longer.

Congratulations to Shae Biddulph and Justin Irving on the arrival of Madelyn Rae Twing . Born 23rd June 9.52 am weighing in at 2.825kg . How very exciting !

Elsewhere in this edition you will see Jordan Sprigg is giving a talk on his Sculptures on Thursday and then the culmination of SOCK WEEK on Friday. Both of these events will be held at the Rec Centre . How fortunate we are to have such a venue. It is easy to forget first drinks were served Grand Final Day October 2015.

Did you hear about the dyslexic atheist insomniac who lay awake at night wondering if there really was a dog.......Yes it is a slow news week

EXCITING EVENT

The RAC WA Rescue Experience is coming to Narembeen during SOCK Week 2022!

Visit the town oval on Friday, 1st July from 3.30pm and get an insight into the incredible work of the RAC Rescue helicopters. The 360 degree virtual reality experience takes participants on an emergency rescue mission to transport a patient who has been in a car crash.

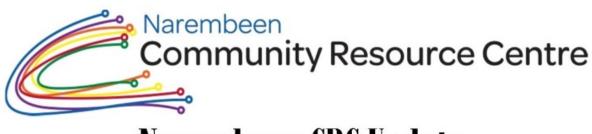
The RAC Rescue Experience is a reenactment of a rescue mission. While the footage doesn't graphically portray the patient's injuries the theme of someone being airlifted to hospital as a result of a car crash is a mature concept and was created with adults and children over the age of 12 in mind.

To ensure the experience is comfortable and safe for all participants we have the following controls in place:

- Children under 110cm in height are not permitted to view the virtual reality. A sign with the 110cm mark displayed will be there

- Children under the age of 12 must be accompanied by an adult also watching the virtual reality

- Children who aren't able to view the virtual reality are able to sit on the helicopter to view the inside



Narembeen CRC Update

Hello everyone!

SOCK Week started on Monday, 27 June!

We visited the Year 4-5 students from the Narembeen District High School who helped us put some important road safety messages on the school fences! We all know that we need to BE ALERT, SLOW DOWN and BUCKLE UP but a daily reminder won't hurt in order to STAY SAFE. Thank you to Miss Baldwin and the Year 4-5 students for their work.

Our local police officer Adriaan has been making the rounds through town issuing positive awards to children who are doing the right thing by wearing helmets when riding their bikes and scooters, checking left and right before crossing the road and walking safely on the footpaths provided. Each day one child will be awarded a small prize that can be collected from the CRC!

Although every child in Narembeen knows what SOCK stands for, we wanted to know what SOCK meant to them! So we asked some of the students and on the following page you will see the answers from the local Pre-Primary class. The rest will be posted on social media during the week.

With successful funding from the Road Safety Commission you might have also heard some SOCK ad's on Triple MMM and also seen a version of the SOCK poem on GWN7. It's great that we can spread SOCK and its important messages nationwide! Additionally 10 other communities have also started running SOCK activities in their community and we have loved seeing what amazing ideas they have come up with to raise awareness about road safety!

Don't forget to join us for our finale on Friday at the Rec Centre. FLURO Friday, the RAC Rescue helicopter virtual reality experience followed by the candle light memorial! For more info visit our FB page! Did you know that the club and pub are providing FREE water bottles and soft drinks to all drivers during SOCK week? So please re-think that third drink!

Have a great week!!

Vanessa Wittstock CRC Coordinator





Upcoming CRC Events 2022

- SOCK WEEK: Mon, 27 June 3 July
- ⇒ Road Safety Talk with Emma O'Driscoll Wed, 29 June 10.00am
- ⇒ RAC Rescue Helicopter Experience Fri, 1 July 3.30pm
- ⇒ SOCK Memorial Night Fri, 1 July 6.30pm
- Seniors Movie: Mon, 4 July 1.00pm
- School Holiday Activity: Thurs, 7 + 14 July 10.30am
- Candle Making Workshop: Tue, 19 July 5.30pm
- Morning Coffee Club: Wed, 20 July 10.00am
- AUSCHEM Course: Thurs, 21 + Fri, 22 July 8.30am
- Spice Class: Tues, 23 August 4.30pm
- Forklift Course: Tue, 23 + Wed, 24 August 8.30am



T 9064 7055 Unit 2 /19 Churchill Street, Narembeen WA 6369 crcreception@narembeen.wa.gov.au www.narembeen.wa.gov.au Narembeen Community Resource Centre Narembeen CRC







Funded by

ROAD SAFETY

COMMISSION

COMMUNITY.

GRANTS PROGRAM

7



SCHOOL HOLIDAY ACTIVITY

thursday 07.07.2022 10:30am Narembeen CRC \$5.00 per child

come and join us for some craft activities

please RSVP to the CRC on 9064 7055







2022 - 2024

NAREMBEEN COMMUNITY DIRECTORY Update your details!

PERSONAL LISTING	COMMUNITY GROUP		
SURNAME:	ORGANISATION NAME:		
FIRST NAME/S:	CONTACT PERSON:		
Phone:	LOCATED:		
MOBILE 1:	POSTAL ADDRESS:		
Mobile 2.	PHONE:		
EMAIL 1:	EMAIL:		
Email 2:	Aim:		
BUSINESS LISTING (Charge of \$25.00)	SPORTING GROUP		
COMPANY NAME:	NAME OF GROUP:		
CONTAGT PERSON:	CONTACT PERSON:		
LOCATED:	PRESIDENT: PHONE:		
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PHONE	TREASURER: PHONE:		
Email:	EMAIL:		
WEBSITE:	Membership Fee:		
Services:			
RELIGIOUS GROUP	TWO-WAY RADIO CHANNEL		
NAME OF GROUP:	NAME:		
CONTACT PERSON:	Number:		
LOCATED:			
Postal Address:			
PHONE			
Email:			
Am:			

Please return the completed form to the Narembeen CRC Office or email

crcclerical@narembeen.wa.gov.au by Friday 15 July 2022

NAREMBEEN AUTUMN CLUB DONATION TO CARNARVON WOMEN'S REFUGE

On Wednesday June 22 2022 the Gascoyne Women's Refuge were fortunate to receive a donation of handmade blankets, dolls and clothing.

These items were all made by the ladies at the Narembeen Autumn Club. On their way back from a trip up north Kerry Fricker and daughter Danelle stopped into the Gascoyne Women's Refuge to hand deliver the items.

The ladies in Narembeen work all year round making much needed items for those in need.

Everything was well received and the little girl in the picture with her mother, was asked if she would like to pick something for herself – as you can see the doll was her favorite.

Narembeen is a long way from Carnarvon however it was through the Managing Director's contacts in Narembeen recently during the delivery of child protection training that the contacts were made and these items were offered to the Refuge in Carnarvon.

CFSS WA Managing Director Andrea Musulin stated that CFSS WA are very grateful for these items as sometimes the women and children accessing the service come in with only the clothes they are wearing. I am sure the items will be well used and loved by the children and women that stay at the refuge. Andrea also stated that is a good example of one community helping another.

Kerry expressed "what an experience it was to be taken through the Refuge and to learn something about Andrea's work in the area.



<u>Narembeen Golf</u>

<u>A family trifecta</u>. The Pollard family certainly have what it takes! Following in Allan #17 and Gwenda's #9 footsteps, son David aced #2 for a hole in one, 12 balls and lots of congratulations. It was a great shot too!

It was beautiful day, course was magnificent and the scores atrocious. Playing par for Robert Hayter's trophy, the best was Mike Currie with all square and R/up Danny Gray -1. Winning balls and showing the youngsters up was Mick Toovey- 3 and Bevan Thomas -5. No more details were allowed though Brian did just pip Robert and John. L Putt #2 was Robert Hayter, Best 2nd #6 D Gray, Long Dong #11 Mike Currie and NP #17 Brian Cusack.

The women, who played, fared better playing stableford, with Julie Miller winning with 34pts from Joan Cusack 33 and no blowouts. Anita Cowan got the L Putt #9 and NP# 15 was Julie Hayter. Both our 45'rs Sheree Thomas and Kellie Mortimore, played really well.

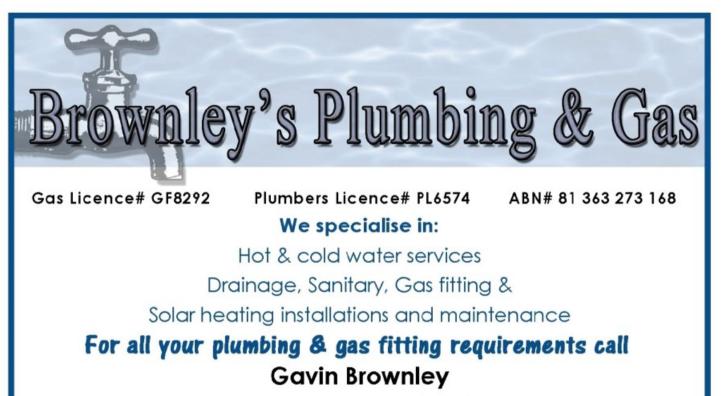
On Wednesday the women played the club Foursomes Championship over 30 holes. A Canadian format was played and the great combination of Noela Cole and Maxine Miolini romped it in with a 153 gross from Julie Hayter and Anita Cowan 157. Maxine and Noela also won the nett. Noela put her new clubs to good use hitting the ball a country mile. Julie and Anita had the least putts and Best 2^{nd} # 10 was Carol Currie and Kellie Mortimore. Warm weather and 30 holes meant the party pies were devoured and some very tired women rolled home. Thanks to Gina for lunch.

Hendy Cowan mowed the course and declared the Miolini's reno on the mower was top notch. Our clubs thanks go to them.

<u>History continued:</u> After many renovations to the club house, it was decided to build a new one which moved it from its eastern end to the west of the course. Situated thus, meant a rearrangement of the course and now it boasts probably the best lookout from the clubhouse of any course in Australia. N#1 #10 tees are directly in front of the verandah and spectators are able to view #1, #9, #10 and #18 fairways from there as well. It can be nerve wracking and makes everyone keep their head down and try to ignore the sledging! The clubhouse was opened on May 28th, 1966 by Shire President Cr. A.W. Latham with 400 in attendance.

Many Thanks to our wonderful sponsors

Repacholi Air, Total Ag Nutrien, Varley Transport, B C Cusack & Co, Liberty Fuel, Elders, Hutton & Northey, Trans Plus, RSM Merredin, Afgri Narembeen, Narembeen Hardware & Ag Supplies, Emerald Grain, Planfarm, Currie Family, A & G Deluis, Parsons Family, B & S Thomas, S Heather, Miolini Family, ADVISO WA, Narembeen Engineering, Narembeen Tyre Service, Ross's Diesel, Narembeen IGA, Ten Tigers, Whitfert Fertiliser and CSBP The Fence Post



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EASTERN DISTRICTS HOCKEY ASSOCIATION

COUNTRY WEEK RESULTS

EDHA VS LGSHA 1-1 EDHA VS KROCS 1-0 EDHA VS UGSHA 1-2 EDHA VS AVON 1-3 EDHA VS BUNBURY 2-0



Country week hockey for the men started on Friday the 24 of June with the Eastern Districts Hockey Association entering 3 teams into the competition. Narembeen had 5 players playing in the division 2 competition in Benjamin Latham, Thomas Latham, Angus Latham, Nathan Sprigg and Layne Thornton.

It was a wicked experience for us to play with Bruce rock, Merredin, Burracoppin and some Perth players such as Mitch Jones and Dean Della.

The games were very competitive, with the division 2 team achieving 2 wins, 2 losses and a draw over the 3 days. This meant we finished in third place for the competition.

Honorable mention also goes out to the master team, who were undefeated through out the tournament but lost in the grand final against Bunbury.

Thanks to the manger, coach and the organisers as they did a great job. A great weekend was had by all and we look forward to next years comp.

MOUNT WALKER GOLF

Last weekend 19th June 22 we played the Phil Treloar Trophy.

Winner was Carol Fagan

2nd Darren Phillips

3rd Merlene Phillips

Novelties were Longest Putt on #8 Phil Treloar & NP #11 Carol Fagan



This weekend 26th June 22 there was a few players away, but those who played enjoyed the pleasant day. The winner was Colin Ashmore, 2nd Phil Treloar, 3rd Merlene Phillips

Novelties were LP#2 Phil Treloar & NP# 13 Colin Ashmore

A gentle reminder our annual Cup day is approaching which will be held on <u>Sunday 7th August</u>, this year players please note that there unfortunately there will be no playing of the Peter Miolini Trophy.

Thanks to all those who sponsor our little club during the year.

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Narembeen Golf Club Inc



Saturday 16th July

<u>Men</u>

B. C. CUSACK CUP

Individual Stableford

&

TRADERS' CUP

Combined Stableford – partner required for both events

<u>Ladies</u>

MAISIE CUSACK CUP

4BBB Stableford

Bring your own partner please.

HIT OFF – 11.30 am sharp - Shotgun Start

Names in by 11-am

Nett and Gross trophies for all events

Novelties on all holes

Lunch and tea included

Aaron Lyon 0408 096 553

Noela Cole 0429 647 307

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LIONS SKIN CANCER SCREENING BUS

The Narembeen Lions Club hosted a successful visit from the Lions Skin Cancer Screening Bus last Saturday.

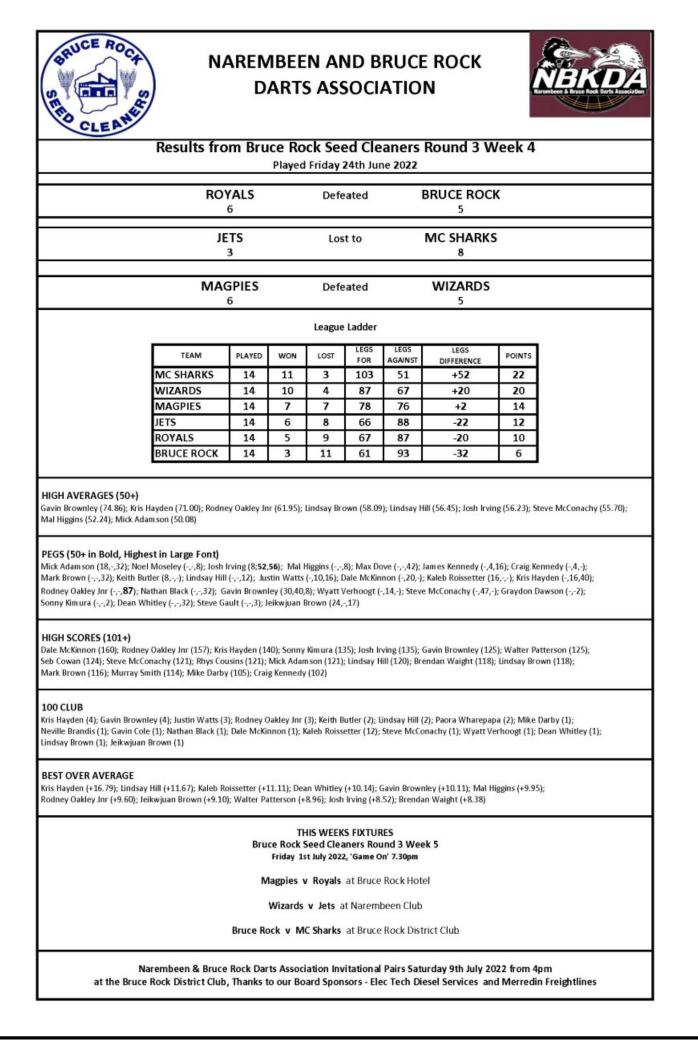
56 people were screened, with 13 (23%) of those screened having observed lesions and referred for further assessment. This compares with the last visit in August 2020 when 64 people were screened with 14% receiving referrals. Pleasingly we had 17 people attend who had never been screened for skin cancers before.

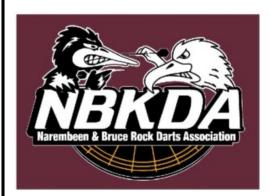
Our two screeners, Dr Alan and Diane Wright, are both volunteer retired medical professionals, and observed lessions are suspect only until proven by further investigation..

Whilst all screenings are free, we thank those who generously donated money to assist in the running of this service. The Narembeen Lions Club donated \$500 raised through funds from the glass recycling project.

Dr Alan and Diane Wright, and Administrators Peter and Lion Greg, thoroughly enjoyed their visit to Narembeen, feasting on tender steak on Friday night, scrummy fish on Saturday night, and a steady supply of food from both Lions and community during the weekend. The Wrights' were very complimentary of the facilities of the Morning Sun Motel, and as seasoned travellers praised the thought that had gone into planning it

It is planned that another visit will occur in two years time, and provide another opportunity for the Narembeen community to maintain vigilance in monitoring their skin for any possible cancers. Hopefully the venerable and well travelled bus will be replaced by a new and upgraded model for the next visit..





NAREMBEEN & BRUCE ROCK DARTS ASSOCIATION



INVITATIONAL PAIRS Saturday 9th July 2022 from 4pm at the Bruce Rock District Club

Board 1 Sponsor



DIESEL SERVICES PTY LTD



Board 2 Sponsor



The Invitational Pairs will commence shortly after 4pm (as soon as the draw is completed) All First Round Losers advance to a Plate Competition

Have you organised your Partner yet (Male or Female)? This Competition is open to Members and NON MEMBERS The Minimum Requirement is that one Player from each Pairing is a Member of the NBKDA (2 Members may be in a Pairing, but all Members are strongly encouraged to invite a Guest)

The Member Player must be a Financial Member of the NBKDA and be Qualified (played a minimum of 3 home & away games this season) Entry Fee is \$5 per Player

Light Supper, provided by the Bruce Rock District Club will be available after the Darts

We will be holding a Note Raffle too, proceeds towards our End of Season Windup





Position Available

Parts Interpreter - Corrigin

Job Description

We are seeking a Parts Interpreter to join our busy team in Corrigin. We are seeking someone with good interpersonal skills, who enjoys working in a team environment.

Skills and Qualifications

Attention to detail and dedicated to quality control Computer competency Ability to work Saturday mornings when rostered (in peak season) Ability to work in a team environment Valid driver's license Farm machinery experience (valuable but not essential)

The Role Includes

Customer Relations via face to face, email and phone Workshop parts issuing Interpretation of parts Procurement of parts Sales Warehousing - incoming and outgoing stock and data processing Administration Stocktake

What We Will Offer

A supportive team working environment On the job training and product training for personal upskilling and development Full time employment Weekly pay cycle Immediate Start

About Us

We are a locally owned, well-established Agricultural Machinery Dealership that has been operating for more than 45 years throughout the Wheatbelt. We have 5 outlets located in Merredin, Mukinbudin, Cunderdin, Corrigin and Quairading. We are a vibrant and progressive team that strives for the best for our customers. We also have a strong focus on our staff's personal development.

Interested? We'd love to hear from you!

To apply and for further information:

Call into the head office at Lot 1313 East Barrack St, Merredin Phone Paul Harris 0437 305 211 Email HR@hutnorsales.com.au www.hutnorsales.com.au/careers

Hutton & Northey Sales



Keeping Our Farmers Growing

Position Available

Parts Warehouse & Logistics Officer, Merredin

Job Description

We are currently seeking a Parts Warehouse & Logistics Officer in our **Merredin** branch. This is our major processing warehouse for the Hutton & Northey Sales group. The person that we seek requires good communication and organisation skills, with a focus on providing high levels of customer service.

The Role

The role includes organistion and maintenance of warehouse facility and storage solutions, including ordering, receipt and dispatching of stock.

Skills and Qualifications

- Computer competency
- 'C' Class Driver's licence
 - The ability to work a minimum 40hr week plus Saturday mornings when rostered.
 - Seasonally adjusted overtime
 - Rostered call out availability
- Basic knowledge of farm machinery and equipment (strongly desirable)
- Forklift licence (desirable)

The role will include the opportunity to undertake accredited logistics training.

Hutton and Northey Sales encourage and support ongoing personal development, with on and off the job training, ensuring our staff have the necessary skills to undertake their role and best serve our customers.

What We Will Offer

- Flexible remuneration package
- A supportive team and inclusive working environment
- On the job training and opportunities for personal growth and development
- Full time employment
- Weekly pay cycle
- Immediate start

About Us

Hutton & Northey Sales is a locally owned and operated Agricultural Machinery Dealership. We have been selling, servicing and supporting farming operations for more than 45 years throughout the Wheatbelt region of WA. We are a close knit team with strong relationships with our farming clientele. We strive for the best for our customers, and have a strong focus on our staff's personal development.

Interested? We'd love to hear from you!

To apply and for further information:

Call into the head office at Lot 1313 East Barrack St, Merredin Phone Paul Harris 0437 305 211 Email HR@hutnorsales.com.au www.hutnorsales.com.au/careers



Community Feral Animal Control Funding

Are foxes, cats and rabbits having an impact on your bottom line?

Feral animals impact Wheatbelt farms and take out large numbers of native species.

Our Healthy Bushlands program offers pest control support to anyone wanting to reduce the effects these animals are having on native species in bushland on, or adjacent to, their property.

If you require more information contact Alex Griffiths on 9670 3102 or email agriffiths@wheatbeltnrm.org.au



To apply scan the QR code or visit:

wbrnm.your2cents.com.au/community-feral-animal-control







This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program



YOU ARE INVITED TO

SCULPTING

AN INSIGHT INTO THE WORK, LIFE AND INSPIRATIONS OF JORDAN SPRIGG

Come down for a free outdoor presentation and meet the man behind the sculptures.

You are welcome to bring along an old tool that Jordan may be able to use in a future sculpture!

> Thursday 30th June 11:30am Narembeen Rec Centre







ACCOMMODATION AT ALBANY, WEST AUSTRALIA

Our Villa at Middleton Beach has the dates from Mon 11-17th July, 2022, still available for rent to anyone seeking a "break" down South, during July School holidays. Later dates available, too.

It's in a fabulous spot, right at the beach. You would love it. Everything you need. If you want to look at details and photos, go to Airbnb, under -

"ESCAPE TO ALBANY, MIDDLETON BEACH"

You can book through Airbnb or give us a Call.

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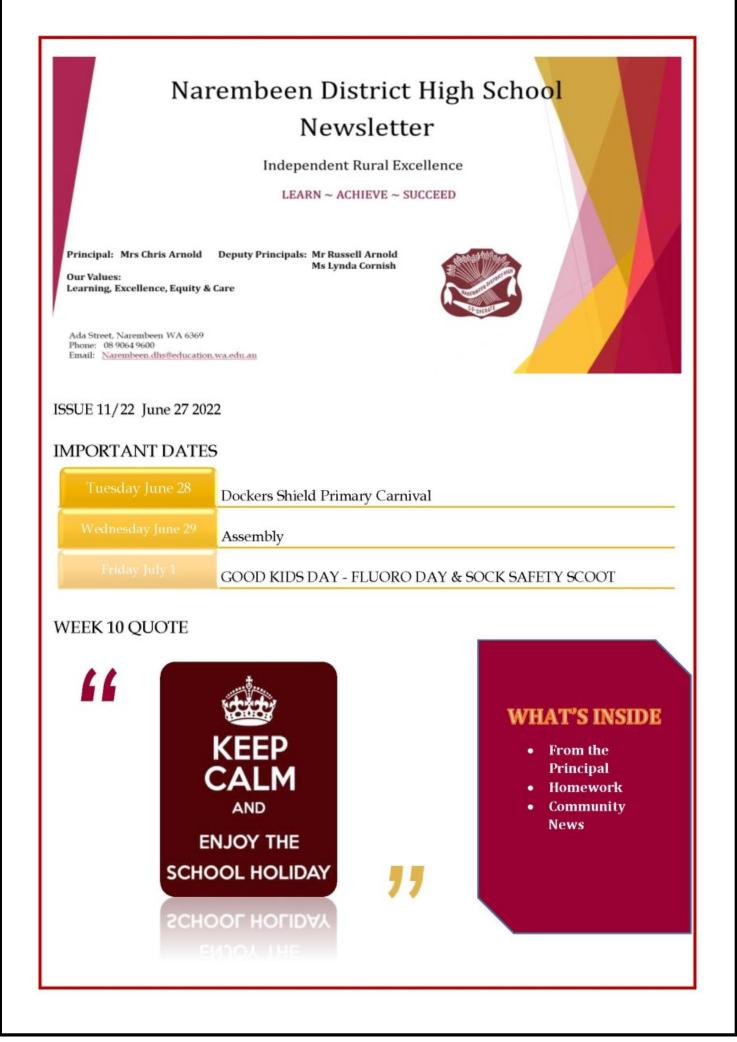
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Preparing Students for a Changing World

LAST WEEK OF SEMESTER 1

Welcome to the final week of Semester 1. The students will be working right up until Friday, when they will be doing both SOCK Week and Positive Rewards Day activities. It is another busy week with incursions, the primary football carnival and an assembly, but in between, we will be continuing on with our schoolwork \bigcirc .

TOP 10 SCHOOL MEANS I'M OFF TO A PHONICS SYMPOSIUM!!

The DoE is working on a phonics initiative for 2023 and as you know, that is how we found out that we had been in a top 10 school for the last two rounds of NAPLAN in 2019 and 2021. I have been invited to a symposium with other top 10 schools to work on this but my problem is I have no idea about phonics, I trust those that do know about it and stick to what I do know, Science and Mathematics!! I have told the Director as much, but they still want my attendance ②. I will be taking along a lot of notes that I will get from those in the school who are experts on the subject, the teachers in the ECE area!! I will be extremely uncomfortable in a setting where I have no expertise but will try to do justice to the practitioners we have in our classrooms. Since it is this Wednesday June 29 2022, I will unfortunately miss the assembly, and I was looking forward to seeing what entertainment Matthew's Year 3's have for us, and the final community karaoke song for the semester.

OPEN NIGHT

I would like to publicly acknowledge the amazing work that the primary staff put in to preparing their rooms for the Open Night last Wednesday. Their creativity and ingenuity never ceases to amaze me. Well done to our students on their efforts throughout the semester and for the pride they take in showing you all their work. I hope you enjoyed the displays, the games, the pavlova, the honey smacks, and the glimpse of the work that is being done daily in the classrooms.

CAMP AND COUNTRY WEEK FUNDRAISER THANK YOU 🌚

A huge thanks to all who supported the Country Week and Camp fundraiser at the Open Night last Wednesday. We raised \$863 and some of this was change donated back to the kitty. We thank you all for continuing to support our fund-raising efforts, to ensure that the weeklong excursions are kept at a price that allows all of our students to access them O.

ASSEMBLY NUMBER 2: YEAR 1 ASSEMBLY AND PRE-PRIMARY REPORT

Well done to Lucy and the Year 1 class on their assembly last week, it was well run and they did a great rendition of Waltzing Matilda. Thank you to the Pre-primary for their informative report, they are certainly getting into some high level work, prepping them for Year 1 and beyond. Well done to our Honour Certificate winners, listed on the next page, well deserved 0.



Student:	Year:	Student:	Year:
Jack Della Vedova	Kindergarten	Eira Palompo	Year Four
Dejane' de Gouveia	Pre-primary	Kobi Lyon	Year Four
Penny Kerse	Pre-primary	Aden Smoker	Year Four
Sienna Wanless	Pre-primary	Kate Smoker	Year Four
Riley Hickey	Pre-primary	Jack Wanless	Year Five
Olivia Wanless	Pre-primary	MeKinzie Stanton-Sandilands	Year Six
Jye Parsons	Year One	Matthew Lopez	Year Seven
George Hayter	Year One	Deakin Burton	Year Seven
Mia Starcevich	Year One	Mia Parsons	Year Seven
Theo Cheetham	Year Two	Wren Cheetham x2	Year Seven
Valentina Wasley	Year Two	Albert Eades	Year Ten
Ava Wanless x2	Year Three	Lauchlan Poot	Year Ten
Daisy Hooper	Year Three	Navaeh Brown	Year Ten
Charles Robinson	Year Three	Tahlia Ashmore	Year Ten

OUR HONOUR CERTIFICATE WINNERS 😇



AUSSIE OF THE MONTH: Molly Gmeiner

Molly is a kind and courteous class member at all times. She willingly goes out of her way, without being asked, to help a friend in need. She shows compassion towards all of her peers and will often help them before helping herself. Molly, you are an absolute treasure to have in class and your beautiful nature has earned you many new friendships this term.



ASSEMBLY NUMBER 3 WEDNESDAY JUNE 29 2022 AT 9:10AM

How quickly they come around! Since Term 1 saw the school as a no go zone due to COVID, we have been pushing the assemblies out quickly. Term 3 will be a little better since we don't have NAPLAN to factor into the term planner. The final assembly for Term 2 will be this Wednesday June 29 2022 at 9:10am. The assembly will be run by the Year 3 class, under the guidance of Mr Matthew Poultney and the class report will be from Miss Hannah Chitty's Year 5/6. I hope that you can all get to this and enjoy the entertainment.



SOCK WEEK, FLUORO FRIDAY and SOCK SAFETY SCOOT

This week is SOCK Week, and many classes have been busy doing some work in Digital Technology or Health Education for this event which is run by our local CRC. The culmination of SOCK Week is **FLUORO DAY on FRIDAY JULY 1 2022**, the last day of school. This is a community event, and not just the school staff and students will be decked out in their fluoro colours. Our students will also be involved in a **SOCK SAFETY SCOOT** around Walker's Lake on Friday afternoon. If possible, students will need to bring along a scooter or bike to school, **IF THEY ARE BRINGING A BIKE**, **THEY MUST HAVE A HELMET**. We have a few spare helmets at school if your child does not have one. Helmets are only 'recommended' for scooters, but if your child/ren are bringing their scooters, and do have helmets, it would be great if they could wear them. Can bikes and scooters please be placed in the area behind the undercover area before lunch on Friday July 1 2022. **If you need to bring them in before Friday, we will lock them safely in the sports shed for you.**

A HUGE THANKS TO HANNAH KERSE for organising the SOCK SAFETY SCOOT, she always goes above and beyond working with the Mental Health group and the CRC to ensure that the students have different opportunities.



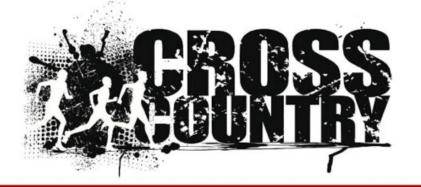
COMBINED SCHOOLS CROSS COUNTRY: CONGRATULATIONS NAREMBEEN DHS TEAM © THE MAROON AND GOLD BRING HOME THE SHIELDS

Well, we took our two shields back to Bruce Rock and managed to win them again ②. It was a great effort by our team to come home with two Jonathon Butler Memorial Shields last Friday. We started off with a bang with our U/8's blitzing the field of 24 runners to grab first in girls and 1st and 2nd in the boys. From then on, out team were consistently good, with many top 10 finishes ensuring we were earning points. They were fit enough to finish their courses strongly and did all that we asked of them. We missed the primary shield by just one point and won the Secondary and Overall shields convincingly. Well done to every member of the team, you did an awesome job on a tough day, the wind being a bit strong for an easy run! Many thanks to G and Han for continuing to ensure that our runners are thoroughly prepared and to our parents for doing the spotters job on the day. On these days, the class of our students, their sportsmanship, behaviour, positive social interactions and resilience on the track, shines through. We are always proud, always!

RESULTS

PLACE	PRIMARY	SECONDARY	OVERALL
1	St Marys 80	Narembeen 77	Narembeen 156
2	Narembeen 79	Kulin 48	Kulin 95
3	Merredin College 49	Bruce Rock 42	St Marys 80
4	Tie: Kulin & Corrigin 47	Yilgarn 21	Bruce Rock 68
5	Hyden 36	Corrigin 15	Corrigin 62
6	Tie: Bruce Rock & Yilgarn		Merredin College 49
7	~		Yilgarn 47
8			Hyden 36

Event	Medal	Student
8 & Under girls	Gold	Paige Parsons
8 & Under boys	Gold	Chase Smoker
•	Silver	Charles Robinson
10 & Under girls	Silver	Macy Cole
14 & Under girls	Gold	Mia Parsons
14 & Under boys	Gold	Dieter Bennell
	Silver	Bowdan Cole
	Gold	Lucy Currie
14 & Over girls	Silver	Keira Butler
	Bronze	Navaeh Brown
14 & Over boys	Bronze	Zack Garlick







OUR WINNING TEAM 🙆



OUR MEDALLION WINNERS 🙆



SECONDARY CAPTAINS CAMERON HILLS AND KEIRA BUTLER WITH THE SHIELD

SECONDARY AND PRIMARY CAPTAINS WITH THE SHIELDS L – R KEIRA BUTLER, LEVI FIDGE, HOLLY MORTIMORE AND CAMERON HILLS





The importance of mindfulness for children

SMILEY MINDS- BY JO STANLEY

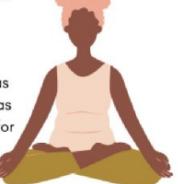
There is more science backed evidence for the benefits of mindfulness in easing anxiety than ever before.

We live in a time when childhood anxiety is more prevalent than previously thought.

Thankfully we are realising that teaching mindfulness to children is just as important, if not more important, than it is for adult minds in preventing the symptoms of anxiety from an early age.

Making mindfulness for children easy

The free mindfulness and meditation app Smiling Mind has developed is instrumental in mindfulness for children. It has been and continues to be a continued source of growth for self-discovery and growing resilience.



Smiley Minds at NDHS



At NDHS, Smiling Minds meditation is done across the whole school. Four out of the five school days students will complete a meditation that helps the students to regroup and refocus. The Smiling Minds app is free to download and can be used at home.

HIGH SCHOOL WHEATBELT/GOLDFIELDS WEST COAST FEVER NETBALL CUP

A team of 8 netballers from Year 7 – 10 travelled to Northam last Thursday June 23 2022, to participate in the annual Wheatbelt/Goldfields Netball Cup and had a great day out. As is the norm for our teams that travel, they were still asleep in the first game, and lost to St Joseph's Northam. After that they were never tested and won the remaining four games with ease, notching up very big wins given the games were 24 minutes long. Unfortunately, the one loss, meant that they ended 2nd in their pool and could not make the grand final. They are to be congratulated on the manner in which they played the games, their sportsmanship, and with the exception of the first game, their netball skills and match play understanding. Many thanks to Bianca for taking a car to transport the girls and for scoring all day, and to Bev Hunter who came along to umpire. Bev like myself, has been travelling to Northam for this event since the mid 1990's, so we have seen many players in the teams including Tenille Cole (Barrett), Kelly Lyon (Butler) and Britt Duncan who are current A1 players for our club. Bev has indicated to me that this year is probably her last year, and I thank her for close to 30 years of volunteering for this event.

The Team: Navaeh Brown (Captain), Keira Butler (Vice Captain), Lucy Currie, Sari Cusack, Clara Jones, Angela Andrews, Wren Cheetham and Mia Parsons

PRIMARY WHEATBELT/GOLDFIELDS WEST COAST FEVER NETBALL CUP

Two teams, both mixed, one a year 3/4 and one a Year 5/6, travelled by bus to Northam last Friday June 24 2022 to participate in the 2nd year of the Wheatbelt/Goldfields Netball Cup and, like the high school team, had great success. Our Year 5/6 team lost one game for the day, by one goal! This meant that they ended 2nd in their pool, and played off for 3rd and 4th, winning the crossover to finish 3rd for the day. Our Year 3/4 side went through undefeated, winning their grand final crossover to win the cup and medals for all participants. Terrific work by both sides, with huge congratulations going to the Year 3/4 team on their success. Many thanks to Sarah and Bev for attending to umpire and Anita and Hannah C for going along to coach the two sides. Thanks also to Anita for driving the bus to Northam and Bev for driving it back. We once again are lucky that our staff are willing to give up hours of their own time to assist our students.

Year 5/6 Team: Xhairn Brown, Noah Smoker, Levi Fidge, Bailey & Mason Kuhne-Munroe, Rhienna Parsons, Macy Cole, Noah Browning and Jack Wanless

Year 3/4 Winning Team: Aden Smoker, Spencer Bald, Parker Lynch, Gemma Federici, Daisy Hooper, Baylee O'Neill, Toby Slade, Riccardo Brown and Paige Parsons



OUR WINNING MIXED YEAR 3/4 TEAM 🞯



SEMESTER 1 REPORTS 2022

As we did in Semester 2 2021, we will be emailing the student reports to you. This will be done by Thursday afternoon, so if you do not get your students report, please get in touch with us so that we can work on the problem.

HOLIDAYS 🞯 ENJOY - STUDENTS START TUESDAY JULY 19 2022

Once again, given COVID and other issues, the semester has been a long and tough one for many. I hope that all our students have a safe, family friendly break, enjoying the pause from the routine of school and all that it entails. Please find time to connect with each other, have some fun, enjoy each other's company, and down tools for a bit **(a)**. As for the staff, my recommendation to them will be to use the break to reenergise, and as far as I am concerned, they shouldn't even think about school learning programs or students until Monday July 18 2022, when we come back for the start of Term 3 with a School Development Day.

JORDAN SPRIGG INCURSION



Our very own Jordan Sprigg will be in on Thursday June 30 2022 to talk to our Year 4 – 10 students about his sculptures and how he goes about building them. They are invited to bring along an old tool that Jordan may be able to use in future projects. Jordan is no stranger to Narembeen DHS, having spent all of his schooling with us until the end of Year 10, when he went off to Wesley College. We look forward to him sharing his journey with our students. To say he is an amazing talent is an understatement.

DON'T FORGET TO GET YOUR FLUORO GEAR READY FOR THIS FRIDAY JULY 1 2022!

Our students and staff have supported this community initiative for the past few years, so we look forward to seeing our students looking like the photo below (from last year) this Friday July 1 2022. Get to Dorcas if you have no fluoro, it is a great cause!



MRS CHRIS ARNOLD PRINCIPAL

POSITIVE REWARDS

Congratulations to the following students who have won 10 points for their FACTION ©.



MONEY...MONEY...MONEY: YOUR CONTRIBUTIONS ARE SO IMPORTANT TO OUR BUDGET!

CONTRIBUTION SCHEDULE:

Kindergarten: \$30 Pre-Primary : \$60 Years 1 – 6 : \$60 Years 7 – 10 : \$235 We encourage all families to pay their contributions via direct deposit. Account details are:

Name: Narembeen District High School BSB: 306 026 Account No: 4186715









YOU ARE INVITED TO

SCULPTING

AN INSIGHT INTO THE WORK, LIFE AND INSPIRATIONS OF JORDAN SPRIGG

A chance to chat to and meet the man behind the sculptures.

You are welcome to bring along an old tool that Jordan may be able to use in a future sculpture!

> Years 4-10 Thursday 30th June 9:50am





Hand Washing

When you wash your hands, you protect yourself from germs. You also protect people in your family. And with the coronavirus, when you stop the spread of germs at home, you protect people in the community too.

What's the Best Way to Wash Hands? Here's how to scrub those germs away:

- Wet your hands with clean, running water (warm or cold). Make sure the water isn't too hot.
- Use soap. Lather up for about 20 seconds. Any soap works. It doesn't have to be antibacterial.
- 3. Make sure you wash between your fingers, on the backs of your hands, and under your nails where germs like to hang out. Don't forget your wrists!
- 4. Rinse and dry well with a clean towel



When Should I Wash My Hands?

- before eating and cooking
- after using the bathroom
- after cleaning around the house
- after touching pets and other animals
- before and after visiting or taking care of sick people
- after blowing your nose, coughing, or sneezing
- after being outside
- after handling mail or packages



The Fence Post

JUNE

29th

30th

Kerry Chapman	Emma Miolini	Maddie DellaVedova
Emmi Duff	Marli Cole	

JULY			
1st	Mary Knock (Menegola)	Danelle Fricker	
2nd	Harold Thorn	Callum Piccoli	Ashton Fidge
3rd	Judy Hinkley	Dina Menegola	Fallon Treloar
	Sharon Jeffery		
4th	Michael Palmer	Anthony McGhie	Teagan Wilkins
	Rose Cardinal		
5th	Ted Cusack		
6th	Nicole Campbell (Moppett)	Nigel Miller	

Anniversaries

Mandy Lorimar (Cheetham)

6th Ian & Kellie Mortimore

ST JOHN AMBULANCE

PLEASE CHECK YOUR RECORDS TO CONFIRM THAT YOU HAVE PAID YOUR AMBULANCE SUBSCRIPTION. THERE ARE STILL QUITE A LOT OF MEMBERS THAT ARE LISTED AS UNPAIID.

I WILL ENDEAVOUR TO CONTACT THOSE ON OUR LIST THAT HAVE NOT RENEWED THEIR MEMBERSHIP THIS YEAR .

PLEASE CALL ME IF YOU NEED TO CONFIRM THAT YOU HAVE PAID.

IF YOU WANT TO BECOME A MEMBER, THERE ARE FORMS AVAILABLE AT THE CRC AND THE MEDICAL CENTRE.

REMEMBER IT IS OVER \$400 FOR A CALLOUT WITHIN THE TOWN BUT ONLY \$58 FOR A SINGLE AND \$96 FOR A FAMILY MEMBERSHIP.







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CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, July 3rd

9.30am

2Kings Chapter 5 v 1-14 Eleanor Brayshaw

Galatians Chapter 6 v 7-18 Ruth Hall

Luke Chapter 10 v 1-24

Psalm 30

Church of Christ

Thursday 30th of June 7.30pm

Bible study at N. Hooper's place Word for the evening– Joseph

Sunday 3rd July

10.00am

Worship Service with Sunday school during the service

Bible Verse: Ephesians 4:32

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you .

Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday July 2nd

10.00am Senior's Bible Study .The start of a new series, " In the CRUCIBLE with Christ" and with this week's lesson, "THE SHEPHERD'S CRUCIBLE" and the Key Text in Psalms 23:3

Children's Sabbath School Also

11.30am Worship Service : Terry Ashmore

If you can't be there but wish to follow the current Bible Study series it will continue to be on your BAST TV on Channel 603 on Fridays at 4pm (Sabbath School Panel) or 7pm (Let God Speak)

Terry: 0427 907119, Rhonda 0417 907119

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday, July 2nd

6.00pm

Reader: E Bailey

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: C Harper



COMMUNITY HEALTH INFORMATION

XXXXXXXXXX

NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

From 2nd May 2022 for a three month trial period, Dr Lines will consult each day (Monday to Friday) from 8am to 1pm, with no lunch break.

Please note that available appointments fill up very quickly – book early. NO TELEPHONE PRESCRIPTIONS WILL BE ISSUED Please phone 90647 145 for an appointment or book through Healthengine

HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm

Alternatively, contact Primary health in Merredin 90813222 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

COMING EVENTS

JUNE	2022		
Wednesday	29th	GOLF - Ladies Stroke N Parsons Trophy SOCK WEEK	11.30am
Thursday	30th	Autumn Club Men's Shed SOCK WEEK Jordan Sprigg Sculptures Road Show at Recreation Centre	10am - 2pm 9.00am 11.30am
JULY Friday	1st	Playgroup at Numbats Centre END OF SCHOOL TERM SOCK WEEK Memorial service at Recreation Centre	9.30am 6.00pm
Saturday	2nd	Seventh Day Adventist Church Merredin Meeting Men's Shed HOCKEY - EDHA Narembeen v Bruce Rock NETBALL - NB1v C1, NB2 v C2, NB J v CJ FOOTBALL - Narembeen V Corrigin	9.00am
		Catholic Church Service	6.00pm
Sunday	3rd	Anglican Church Service Church of Christ Service GOLF - Mt Walker - Sweepstakes Narembeen - Ladies Sweepstakes - Men's Golf: 4th Qualifying Rd Stroke Captains Trophy	9.30am 10am 12 noon 12 noon 12 noon
Monday	4th	Circuit Gym Arts and Crafts and Book Exchange at Community Shed Seniors Movie	9.30am 10am-4pm 1.00pm
Tuesday	5th	Senior Citizens (suspended in July for cold weather)	
Wednesday	22nd	GOLF - Ladies Stroke - J Hayter Trophy	
		Editor: Lorraine Lethlean	