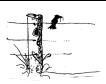
The Fence Post



Volume 24 Edition 64 1/02/2023 \$1.50

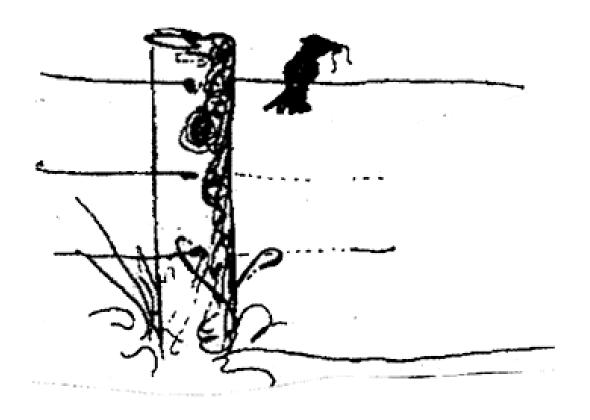
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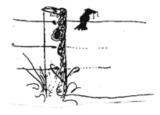
P.O.Box 7, Narembeen W.A. 6369

Phone (08) 90647055

Email: fencepost@westnet.com.au



The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 9064 7055

fencepost@westnet.com.au

* DEADLINE 10.30 AM TUESDAY *

OFFICE HOURS: Tuesday 8.30am - 12.00pm

News items or payments may be left at the front desk of the CRC when the Fence Post office is closed.

Advertising Rates 2023

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$10	\$15	One Third Page	\$12	\$22
One half Page	\$17	\$27	Two Thirds Page	\$22	\$37
Full Page	\$32	\$52			

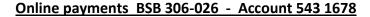
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ANNUAL SUBSCRIPTION RATES 2023

DUE 1st March

Local and Online \$66

Mailing \$110



EDITORS

Maxine Miolini (Editor-in-Chief), Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Kellie Mortimore, Jodie Batty

ROSTER

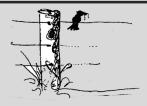
Date Editor Typist Ads
07/02/2023 Jodie Batty
14/02/2023 Maxine Miolini Julie Miller Kellie Mortimore

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

<u>Disclaime</u>

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence...

Welcome back to all our Fencepost readers.

We look forward to providing you with something interesting to read in 2023. Don't forget we would love your news too. Marriages, Babies, Special Birthdays or Anniversaries, Sport, Visitors it all makes interesting reading.

It was an unfortunate start to the year for us here with 2 of our computers giving up the ghost. This means for the next couple of weeks it will be only the Editor at the Fencepost so please be kind. We hope to resolve the problem quickly and having everything up and running as normal.

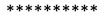


After the holiday break its now back in to business with school returning and sporting fixtures commencing again.



CONGRAUTLATIONS to Brian and Joan Cusack who celebrated their 50th Wedding Anniversary in January.

CONGRATULATIONS also to Tony and Di Miolini who will celebrate their 60th Wedding Anniversary on February 9. We hope to have some photos to share of their celebration in the coming editions of the Fencepost.





WELCOME to Meadow Quinn Bormolini. Born on January 19, 2023. Beautiful little sister for Stella and Louie and parents Guy and Courtney. We can't wait to watch you grow.

Narembeen Autumn Club

Members are advised Autumn Club will resume for 2023 on Thursday 2nd February. 10am till 2pm

New members welcome

PO Box 150 NAREMBEEN WA 6369

Email: carmelharper@bigpond.com
Mobile: 0419 921 319



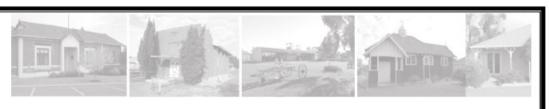


NAREMBEEN HOMES FOR THE AGED INC ANNUAL GENERAL MEETING

FRIDAY 18TH FEBRUARY 2023—5PM

NAREMBEEN RECREATION CENTRE

ALL WELCOME



NAREMBEEN HISTORICAL SOCIETY (INC) ANNUAL GENERAL MEETING

Next Meeting: Monday, February 20, 2023

Commencing at: 2.00 pm

At: The HISTORY CENTRE

(Road Board Building)

We look forward to seeing you there.

History belongs in the past; but understanding it is the duty of the present.



BORN IN 1958 AND WENT TO NAREMBEEN SCHOOL

We are having a reunion in Narembeen on Saturday April 8th 2023 (Easter Saturday). This reunion is long overdue with all that has been happening in the world. We would love to see as many as possible back in Narembeen to catch up. If you are in contact with anyone from our school days could you please spread the word. We will need numbers for the catering on the

Saturday evening and also the recovery breakfast on the Sunday. If sufficient numbers we will organise a bus tour of the district on the Sunday and we have booked the Wadderin night tour on Sunday however, this is only for 12 people.

Accommodation in Narembeen is as follows: Narembeen Caravan Park (chalets, caravans and camping facilities), Morning Sun Motel and Narembeen Hotel/Motel. All are available online.

We do require numbers for Saturday night, Sunday morning, the bus and night tour.

If you could please contact Denise Cooper (nee Gould) on 0407 192 586 or Maxine Miolini (nee Thomas) on 0429 616 030





Rotary Wheatbelt Swim for Reading

Bruce Rock Aquatic Centre Saturday 11 Feb 2023 Commencing at 12.30pm

More info at www.rotaryeclubwa.org.au



Donate here for tax-deductibility: https://donations.rawcs.com.au/49-2020-21



1st February 2023 **The Fence Post**



Molly Gmeiner



Yvonne Treloar and Molly Gmeiner



Paul Hudnott and Molly Gmeiner





Dawn Sedgwick and Molly Gmeiner



Molly Gmeiner and Maurie Harper



Di Miolini and Molly Gmeiner



Carmel Harper and Kerry Fricker





AUTUMN CLUB CHRISTMAS LUNCH CELEBRATION

The Anglican Church Hall was the venue for Autumn Club's Christmas lunch.

Danelle Hudnott decorated the tables with special treats for everyone made by her. Betty Wanless made a special Christmas biscuit for all. Thankyou Betty, they were really something to see. A three course meal was prepared and served by Danelle along with husband Paul, Rebecca and Molly Gmeiner. We can't thank you all enough for making our day so special.

When gifts were handed out Molly, dressed as Santa's helper delivered to each person. What a magnificent day it was!

THANK YOU TO ALL WHO HELPED WITH THE COOKING, AND FOOD PREPARATION

We are going to miss Danelle's help and support that she has given to the Autumn Club over many years, delivering goods far and wide across WA. She and Paul will head off on their "Never Ending Tour" and start work in mid February at the Big 4 Breeze, Cania Gorge Holiday Park in Queensland. We wish them safe travels and many happy memories.

After a big year at Autumn Club, many organisations have benefited from our handmade goods. Blankets, Teddies. Beanies, and much more have been delivered to recipients including Wheelchairs for Kids, Perth Children's Hospital, Share and Care, Seafarers, Women's Refuge, Carnarvon.

In March Guest Speaker Andrea Musulin, WA Child Protection Society, sponsored by Narembeen Autumn Club, gave two powerful and informative presentations on "Safe Guarding Our Children". A morning session at the CRC for our members and the community with an afternoon Workshop for teachers and youth groups at the Narembeen Recreation Centre. Both sessions were well received.

Again, this year our OPEN DAY was a success and a financial boost to the club. A combined effort by members, along with many generous contributors in our local community and further afield who support our club. Other generous supporters are: DORCAS, Go Narembeen/Parson Family and the <u>Anglican Church</u>.

We look forward to another happy and productive year in 2023

Narembeen Autumn Club Contact: Carmel Harper Mobile: 0419 921 319

Email: carmelharper@bigpond.com





Ross Gray

15.02.1949 ~ 05.12.2022



















So suddenly taken when his heart of gold stopped beating. We could not say our last farewells. His smiling eyes at rest, forever in our hearts.

Ross is dearly love father of eight children, Andrea, Sophie, Quinton, Brooke, Cameron, Blaize, Jessica and Thomas, long with seven grand-children.

Bother of Leah, Chris, Reg and Heather



Relatives and friends of Ross and the family are invited to attend a Celebration of His Life.

> Bring along your stories and share a beer or two.

Food and drinks provided in the Wardroom at the Fremantle Sailing Club, 151 Marine Terrace, Fremantle WA.

Friday 10th February 2023 at 1pm









POLICE NEWS

Narembeen Police Station, 7 Longhurst Street, Narembeen, WA 6369 Phone: (08) 9045 6050

Hello,

Hope everyone has had a good start to the New Year.

Sadly, there have been fatal and serious traffic crashes in Regional WA over the past couple months.

Not wearing Seatbelts has been a factor in some of these crashes. Research shows vehicle occupants involved in a serious crash are eight times more likely to be killed if they are not wearing a seatbelt. While seatbelts do not prevent a crash, they have a significant impact on the severity of a crash.

Vehicles are great things to drive and we get great enjoyment out of them, but they are also dangerous weapons if not used correctly. Many of the arterial roads surrounding Narembeen have speed default zones (110 km/h). A vehicle driving at this speed hitting a tree or another object doesn't mix well and the chance of serious or fatal injuries is considerable. So please, pay attention when driving, do not drive without a seatbelt, do not drive over the speed limit, do not talk on your mobile phone.

If you see a hazard (roo for example) and can't avoid it - brake in a straight line - do not swerve your vehicle, particularly on gravel at speed (you will under steer and lose control quickly). If you start to feel tired, pull over and have a short power nap or go into your closest servo and have a brew. You will be amazed at how much better you feel after a 5-10 minute break.

If you receive a traffic infringement from Narembeen or another outstation - do not feel aggrieved, we are in the business of saving lives and we want to ensure you arrive home safely to your loved ones. Having said that, there have been very few road user behaviour incidents in Narembeen, well done to the community.

Also, please be advised the station has received several Firearm Licence Infringements to serve of late as the Firearm Licence Holder has not renewed their licence.

Please check the status of your Firearm Licences and renew your licences before they expire.

The fines are not cheap (\$421) and you also risk potential Firearms Act offences.

Until next time, stay safe.

Kind Regards,

Narembeen Police

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BOWLS NEWS

New Years Eve Barefoot Bowls was once again a hit for the Club. 56 players, young, old, experienced and novices took to the green for a great afternoon of bowls. Well done to the organisers of the afternoon. A delicious steak and salad tea was provided by the club as a fundraiser with about 90 meals being served.

The fixtures have been a bit quiet over the Christmas break but February and March sees bowls becoming a very busy time....

The Ladies Triples Championship were held on January 8 with 4 teams playing, Maree Campbell, Miranda Noack and Noela Cole were winners to Helen Copeman, Julie Miller and Maxine Miolini. Thanks to Miranda for filling in for us.

The Australia Day Fours attracted a small field this year with 14 teams taking to the greens. The winners of the day were Peter Madigans—Merredin Civic team, runners up Terry Andersons—Merredin Club team and third our very own Steve Welsh, John Currie, Russell Arnold and Paul Maringoni. Yep we will still claim Paul as our very own.

Good luck to Sylvie Yandle, Maree Campbell and Kellie Mortimore who play in the ILRR Fours at York over the weekend. Hopefully the weather is kind and the bowls are too....

The Ladies Pennants crank up again this week. The girls are looking for a run home of wins to secure a spot in the top 4. They are currently hanging on to 4th spot by the skin of their teeth.

The Mens Pennants don't re-commence until the 11th. Narembeen Maroon currently sit in 2nd spot with Gold a little way back in 8th. Lets hope the games all go the right way to get both teams into the finals.

Ladies Pennants this week at home against Westonia.

H Copeman S Yandle C Currie J Miller M Campbell K Mortimore N Vaughan J Hayter

This Sunday in the fixtures Men— 100UP (to be confirmed)

Ladies- Social at Home

THANK YOU to our SPONSORS.

Stephen & Chris PADFIELD, Hendy & Anita COWAN, Barry Noela COLE, Frank & Helen COPEMAN, Tony & Di MIOLINI, Maisie CUSACK, Crichton Vale, Rhonda COLE, LIBERTY OIL, Robert & Julie HAYTER, ELDERS RURAL, Narembeen IGA, Barry PRICE & Family, TRADE MARKS ATTORNEY SERVICE, Mia DAVIES, Iris BRISTOW, NAREMBEEN TYRE SERVICE, AFGRI Equipment, NAREMBEEN MEDICAL CENTRE, HUTTON and NORTHEY, Sylvie YANDLE, 302 Homewares & Gifts, CHAMPERS CANDLES, COLLGAR, MOTIVE TRAVEL, AVON WASTE, VARLEY TRANSPORT, Gaynor LATHAM, GO NAREMBEEN and MACA Mining.





from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

WELCOME TO 2023

The Shire of Narembeen welcomes you to the 2023 year. Another big year awaits us with many exciting projects happening this year including the main street improvements. Please take the opportunity and **HAVE YOUR SAY** on those suggestions. Surveys were posted to all local mail boxes last week.

More information is also available and can be downloaded from the Shire website, and the surveys can be dropped off at the Shire or CRC.



RESTRICTED BURNING PERIOD

Restricted (Permit Required) 1st February to 15th April

The following additional requirements for burning are also in place.

- 1st February includes grass and raked cereal stubble and header windrows of non-cereal stubble including canola and legumes.
- 1st March is header windrows and chaff dumps and cereal stubble fires.



Burning during restricted periods is allowed on Sunday's and Public Holidays with a permit.

Any questions about burning times should be directed to a Fire Control Officer or the Shire Office.

DECEMEBER 2022 COUNCIL WRAP UP

Local Government Reform - Reduction in Councillor Numbers:

Council will endorse a proposal to reduce the number of elected members from eight to seven at the Local Government Officer elections in October 2023. The Chief Executive office will inform the Local Government Advisory Board and Minister for Local Government.

WALGA Best Practice Governance review:

Council has authorised the Acting Chief Executive Officer to advise WALGA of their preferred Governance model.

Appointment of Executive Manager Corporate Services:

Council accepted the recommendation of the Acting Chief Executive Officer to appoint Ben Forbes as the Executive Manager Corporate Services with the Shire of Narembeen on a three year performance-based contract.

Multipurpose Sports Facility Feasibility and Concept Design:

Council have resolved to not proceed with seeking funding for construction of the Multipurpose Sports Facility due to estimated costs being substantially higher than the budget and liaise with local sporting clubs about future facility improvements.

Minutes available on the website www.narembeen.wa.gov.au

Council twenty years ago:

Council applied for the newly released online Business Banking system with Bankwest.



from the CHIEF

AUSTRALIA DAY 2023

Australia Day is a time for all Australians to reflect, respect and celebrate. The best way to reflect, respect and celebrate is to do something Australian – get together with family and friends or go to a local Australia Day event.

Over 130 people attended the Shire's Australia Day event on Thursday morning. Following a delicious breakfast cooked and served by our Councillors, attendees heard from Suzy Urbaniak, the Australia Day Ambassador who was awarded the WA Local Hero Award in 2020.

Suzy was inducted into the WA Women's Hall of Fame in 2018, was a finalist in the West Australian of the Year in 2021, and is a passionate Science Educator who was recognised with the Prime Minister's Prize for Excellence in Science Teaching in Secondary Schools in 2016. Thank you for visiting Narembeen Suzy!

With successful funding from the Australian Government through the National Australia Day Council Grants Program a morning filled with entertainment was provided including live music, a bouncy castle, giant wave, basket ball and ladder challenge. A photographer was also there to capture the special moments of the day.

Further funding was used to purchase new Australia Day branding and Australian merchandise such as hats, flags, kids toys, pins etc.



Thank you to everyone who made Australia Day 2023 a successful community event.

CR Kellie Mortimore Shire President

COMMUNITY CITIZEN OF THE YEAR - LUCY LINES

The Community Citizen of the Year Award is awarded to a person who has delivered outstanding service to the community.

This person has given countless hours of volunteering and today is being recognised. The Narembeen District High School P&C Association, Narembeen Netball Club, Wadderin Wildlife Sanctuary, Narembeen Junior Basketball Club, Narembeen Swimming Club, Narembeen District High School Board, and the Narembeen District High School all appreciate the giving of countless hours of your time Lucy Lines.

Lucy has lived in Narembeen for over 23 years and during this time has always contributed by volunteering to community groups and events.

The Narembeen District High School P&C has seen Lucy hold many roles over the years. She is currently the Secretary and Uniform Co-Ordinator but has also held roles as the Catering Officer and Book Club Co-Ordinator. Lucy catered or assisted with several catering events this year and her donation of food supplies and her time for fundraising events like school camp also assisted greatly. Lucy has been a member on the School Board for about 10 years, not always as a teacher but as a parent representative also. She also commits many of her own hours to learning Auslan which is the schools chosen Language Other Than English so she can confidently pass this onto the students.

Lucy is now in her second year as Secretary of the Wadderin Wildlife Sanctuary. She assists with the organisation and advertising of the tours along with the routine Secretarial duties. The tours have ramped up with the acquisition of the electric bus so times are busier organising rosters for feeding and driving.

The Narembeen Swimming Club is lucky enough to have Lucy continue as the catering co-ordinator even though she no longer has children participating in the swimming club. Lucy has held this role for about 7 years. She has been the canteen organiser at the annual swim meet for as long as I can remember. Before this Lucy was also the Secretary of the Club. Every Friday night during the swimming season Lucy organises dinner for the swimmers and their family and raises funds for the Club.

The Narembeen Netball Club has seen Lucy be involved for the past few years but even more so as Sarah became involved and played in the Senior competition. Now I am sure Lucy will confess to not being the most active sportsperson but even though she didn't know a lot about the game she put her had up to score or time for games even ones that Sarah wasn't playing in. Lucy also shared the role in the canteen for a year and has now taken on the role for next year. Lucy also coordinated a number of catering fundraisers for the Club.

Over the years Lucy has also held many other roles within the community. President of the Narembeen Numbats Occasional Childcare, President of the Narembeen Playgroup where she also coordinated all the activities for the kids to enjoy, President of the Narembeen Toy Library and Committee member of the Narembeen Ladies Long Lunch Committee.

Congratulations Lucy, we are glad to have someone like you in our community.

from the CHIEF

ACTIVE CITIZENSHIP AWARD - NAREMBEEN TOWN TEAM

The Active Citizenship Award is awarded to a group or an event staged in the community in the past year.

The Narembeen Town Team was formed after an event in Dowerin in April 2021. A group of 5 Narembeen Ladies – Sheree Thomas, Vanessa King, Hannah Bald, Amy Hardham and Caroline Robinson decided that this was just what Narembeen also needed. Over the past 12 months their goals have been to activate areas of our town and bring the community together through participation and connection. 3 projects were completed.

Project 1 - You would have seen the windows of Barlow's Store the oldest shop front in Narembeen and the makeover that was completed on this with painting and window stickers. The old photographs used not only beautify this space but also give something for people to stop and look at whether they be locals or visitors.

Project 2 – As you drive down Latham Road you can now be seen in Narembeen as this outstanding mural beautifies the area and gives people a place to stop and have their photo taken amongst the emus. The Town Team engaged Jerome Davenport - Visual Artist and his work is outstanding. I hope to see more of this in other places around our town.

Project 3 – The Narembeen Street Festival was held in March. The Town Team partnered with local businesses and community groups to hold a free event for the whole family. This event also celebrated all the achievements of the Team and launched the Barlow's Shop front and the Be Seen in Narembeen mural.

Congratulations to all of you for what you have achieved over the past 12 months. I cannot wait to see what the next 12 will bring for our town.



From left to right: Shire President Cr Kellie Mortimore, Hannah Bald, Sheree Thomas, Lucy Lines, Amy Hardham, Vanessa King (missing Caroline Robinson), Ambassador Suzy Urbaniak



SHIRE OF NAREMBEEN ARE SEEKING COMMUNITY FEEDBACK ABOUT FUTURE DEVELOPMENT ON CHURCHILL STREET

SURVEY FORMS ARE AVAILABLE ON THE WEBSITE. SHIRE OFFICE AND CRC



CLOSING DATE 8 FEBRUARY 2023





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If you would like to discuss further call 1300 244 000 or email your CV to homecare@catholichomes.com



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FOR THE COUNTRY KIDS NEWS

3 local young Narembeen students travelled to Busselton in January to participate in the South West Dance Intensity Workshop series at Abbey Beach Resort. Macy Cole, Pippa Cole and Olivia Wanless were awarded scholarships in 2022 for their tremendous efforts in dance, to dance with International Choreographers in a week long dance workshop series with other WA city and country dancers. The girls were challenged by different classes, styles and choreographers. The girls took part in Acrobatics, Cheerleading, Classical, Commercial Jazz, Hip Hop, Jazz and Lyrical classes and had the opportunity to participate in auditions and photo shoots. The girls did a wonderful job representing Narembeen and absolutely shone in their end of week performances.

A big congratulations to Daisy Hooper and Rhienna Parsons who were also awarded scholarships in 2022 to be taken up in 2023.

These students are now busy getting ready for their 2023 competition solos.

Enrolments are now open for 2023 recreational and competition classes. For more information please contact Laura

at info@forthecountrykids.com."

Thanks

Laura



Macy Cole, Instructor



Pippa Cole, Instructor, Olivia Wanless

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Just released country CD by Paulie

New Life on the Land with some original songs about Narembeen and the Fricker farm



CD \$15 USB \$15 CD & USB \$25

Contact: 0417 948 215





WHEN: Friday, 10th February 2023

TIME: 9.30am to 11.30am

WHERE: REED Childcare, 5 Churchill Street

Narembeen

COST: Free

Parents and caregivers with 0-4 year olds, come and join Michelle from Playgroup WA for some fun activities and committee support.

Bring your hat, a piece of fruit and some enthusiasm to play!

For more information, please call Hannah on 0457 480 216







Country Stargazing Planetary Conjunctions

with Carol Redford and Donna Vanzetti, Astrotourism WA

Just as our daylight skies are ever-changing, with new sunsets and cloud formations, our evening skies are constantly changing too, as the star patterns move across the sky throughout the year. And amongst the stars are a few brighter ones that seem to wander on their own path. These are of course the planets of our solar system. The word planet means "wanderer", given by the ancient Greek's who studied the night sky and began to understand their orbits.

As the planets continue their never-ending path around the Sun, their orbits can sometimes bring the planets together forming incredible conjunctions, from our perspective here on earth.

Between the 22nd of February and 8th of March, head outside just after sunset and watch the planets in motion! Jupiter and Venus will approach each other before beginning to move further apart from our perspective! The Moon will even join in on the 22nd and 23rd!

Jupiter and Venus Conjunction.

Adding to the spectacle, on 28th Feb, Mars makes a close approach to the Moon. Visible as a red star, Mars can be easily seen with the naked eye. Don't confuse Mars for the nearby Aldebaran and Betelgeuse stars however, as the three red objects and the Moon make a large triangle in the sky.

When to look: Just after sunset 22nd February to 2nd March

Which direction to look: Low to the western horizon for Jupiter and Venus. For the Moon and Mars, north north-west in the early evening.

We will have more stargazing tips and helpful hints coming up in our next article! Keep looking up and marvel at our clear, dark skies.

For more stargazing tips, visit <u>www.astrotourismwa.com.au</u>.

UPCOMING COURSES AT THE CRC

HEAVY VEHICLE PILOT LICENCE (HVPL)

Monday, 13 + Tuesday, 14 March 2023 \$1150pp + \$205 (Main Roads Application Fee) 8 people minimum

WORKING AT HEIGHTS

Wednesday, 15 March 2023 \$650pp 6 people minimum

P: 9064 7055 E: crcreception@narembeen.wa.gov.au

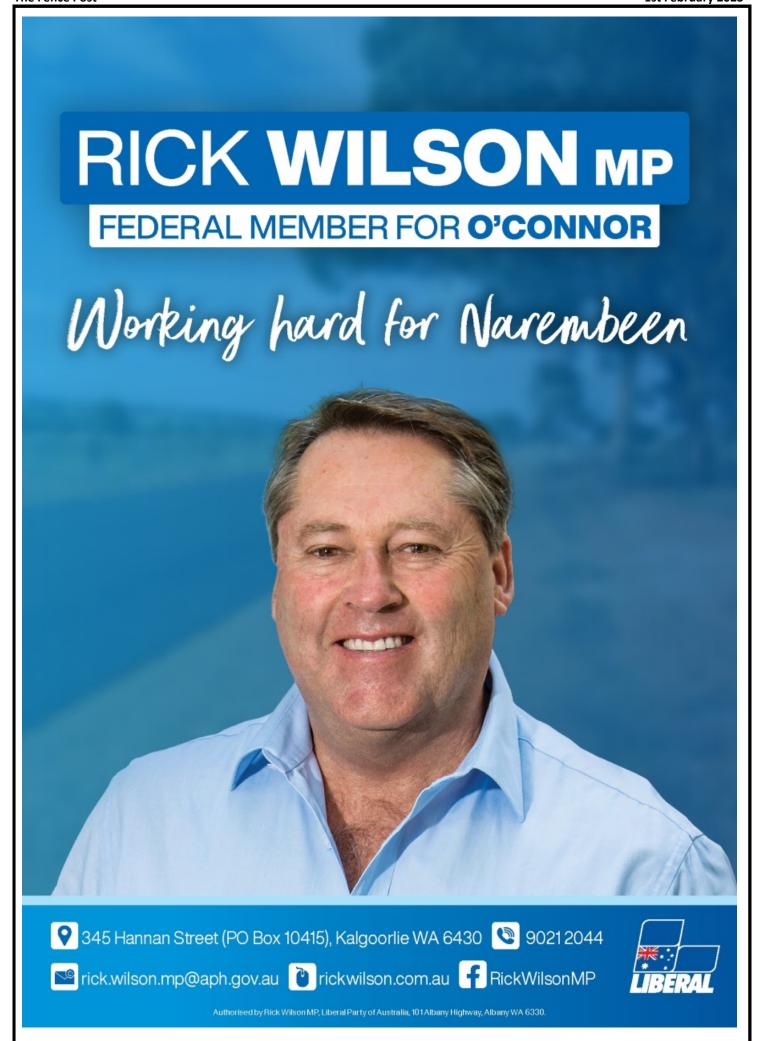


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Hon Mia DAVIES MLA Member for Central Wheatbelt Leader of The Nationals WA Leader of The Opposition

MEDIA RELEASE

17 January 2023

REED CELEBRATES EARLY CHILDHOOD EDUCATORS

Member for Central Wheatbelt Mia Davies MLA has congratulated the early childhood educators recognised at REED's annual conference held last week in Fremantle.

Ms Davies said the recipients, who work in the REED network of early childhood centres across the Wheatbelt, Mid-West and Great Southern, were providing outstanding care and education, furthering their own education, and supporting women and families to participate in the workforce.

"It was a great celebration and I congratulate each and every person that takes on these roles in our communities across the region," Ms Davies said.

The Jill Cameron Educator of the Year Award was awarded to Paige Keatley in honour of Jill Cameron, who has been instrumental in the success of REED.

Jill Cameron was also recognised for her contribution to REED for over more than a decade.

"At a time when the provision of sustainable childcare services in the Wheatbelt and regions was at risk of collapse, Jill and her team worked tirelessly with volunteers to develop a new model of delivery for our small towns and centres," Ms Davies said.

"It has been a pleasure to be a part of that journey and it was a privilege to recognise Jill's contribution in front of her peers at the Conference."

Ms Davies said the cluster model now operates across the Wheatbelt, Mid-West and Great Southern and is designed to reduce the pressure on volunteer committees and local Shires navigating the complex regulatory environment of early childhood education.

"It is a not-for-profit organisation that has been grown in the Wheatbelt, providing employment pathways for people who live and work in the regions, and an essential service for families and communities," Ms Davies said.

"It was a delight to see a room filled with educators passionate about providing the best service, dedicated to extending their qualifications and building networks across the regions."

The five awards that were announced at the Conference dinner included:

- Outstanding Achievement Award Paula Coker
- Bright Future Award Crystal Sherwood

NAREMBEEN

- Shining Star Award Narisa Yarran
- Exceptional Leadership Award Kylie Bentley
- Jill Cameron Educator of the Year Award Paige Keatley
- Trainee of the Year Chloe Hobbs

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au.

mia.davies@mp.wa.gov.au

■ MiaDaviesMLA

⑤ @miadaviesmla

MiaDaviesMLA

www.miadavies.com.au

ENATIONALS for Regional Wa



GRANT FUNDING

Application Opportunities Closing 28th February 2023



WHERE THE WILD THIINGS ARE? Do you have a Eucalypt Woodland you would like to protect? Funding of up to \$15,000 is available for activities to manage the impact of feral animals, stock grazing and weeds on Eucalypt Woodland bushland, to protect and enhance the habitat of threatened flora

and fauna within Eucalypt Woodlands and to protect and enhance significant Eucalypt Woodland patches.

Applications and more details on our website.

Contact Project Manager: Alex Griffiths at agriffiths@wheatbeltnrm.org.au or (08) 9670 3102.





PICK OF THE LITTER: We are committed to protecting Malleefowl in the Wheatbelt and we can only do it with your help. Funding of up to \$10,000 is available to assist landholders working to protect these birds in patches of native vegetation. Applications are invited for actions like fencing to protect

habitat from stock, feral animal control and revegetation to improve connections between patches. Applications and more details on our website.

Contact Project Officer: Kate Nicol at

knicol@wheatbeltnrm.org.au or (08) 9670 3111.





HEALTHY BUSHLANDS: Our Healthy Bushland Program provides support to community groups, groups of neighbours and individuals to help cover the cot of materials for a range of activities including feral animal control, habitat augmentation and fencing, for the purposes of protecting remnant vegetation within the Wheatbelt NRM region.

Applications and more details on our website.

Contact Project Manager: Alex Griffiths at

agriffiths@wheatbeltnrm.org.au or (08) 9670 3102.



To apply scan the QR codes or visit:

wbnrm.your2cents.com.au







This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program.



Bin it, don't sink it to avoid a headache, says Water Corporation

Water Corporation is reminding everyone not to pour fats, oils and grease down the drain tafter responding to 1,152 preventable wastewater blockages state-wide in 2022.

Fats, oils, and grease washed down the kitchen sink can solidify in wastewater pipes, creating blockages also known as fatbergs.

Non-flushable products like wet wipes, paper towels, cotton buds, and sanitary items can also cause major blockages when flushed down the toilet instead of being put in a bin.

Fatbergs are a significant problem across the state, costing some \$1.1 million to unclog this year alone.

Goldfields and Agricultural Regional Manager Mike Roberts said disposing of waste correctly could save a costly headache.

"Responding, repairing and cleaning up blockages caused by things like rags and solidified oils is expensive, time-consuming and something that is entirely preventable," Mr Roberts said.

"One of the biggest problems is fats, oils, and grease. While our stomachs might enjoy, the wastewater system does not, and pouring them down the sink can cause serious blockages.

"It's important for everyone to do their bit by correctly disposing of fats, oils and grease in the bin and only flushing the 3Ps – pee, poo, and toilet paper – down the toilet.

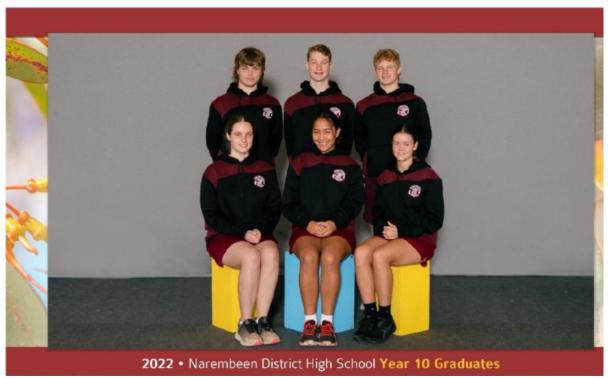
To report a wastewater overflow or other issue, phone Water Corporation's 24-hour Faults, Emergencies and Security line on 13 13 75.



NAREMBEEN DISTRICT HIGH SCHOOL

For those of you keen to know the names of our Year 6 and 10 Graduating 2022 students, we have re-published the photos with the names.

YEAR 10 GRADUATES 2022 (Absent: Albert Eades)



Back: Davron Burton, Cameron Hills & Lauchlan Poot Front: Tahlia Ashmore, Navaeh Brown and Keira Butler

YEAR 6 GRADUATES



Back: Bryce Tyler, Stephen Sherwood, Miss Hannah Chitty, Mekenzie Sandilands and Brady Poot Front: Xhiarn Brown, Levi Fidge, Kadin Harris, Jack Cusack and Holly Mortimore

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Narembeen CRC Update

Hello everyone!

Wishing you all a happy new year! We hope you had a wonderful Christmas with your families and got to enjoy a break and escape the Narembeen January heat! Although I also had a short break, our doors have been open for a few weeks now and although we have had limited staff, things haven't been as quiet as they normally are during January.

With Australia Day preparations and the popular Narembeen Ladies Long Lunch coming up in just under 7 weeks, things have still been busy at the CRC.

We have also been busy recruiting new staff:

Leiyah Butler will join the CRC Team as the new CRC trainee by the end of the month, Georgia Atkins is also returning to the CRC on a part time basis. Please make our new and returning staff feel welcome.

We have some exciting events and workshops happening over the next couple of months, if you are interested in any please contact us asap, as limited spots are available. If you are in need of any further business development, please let us know and we will see what we can do.

Over the next few pages you will see a list of available mental health workshops, if you are interested in any please let us know of your preferred date and time and we will endeavor to organise them for this year.

The 'Be part of Art' project is starting with the candle making workshop this weekend! This project is for all youth Year 5 and up! Please take this opportunity as all workshops are for free as funded through the YCulture project through Regional Arts WA. There is still a few spots left so please spread the word. Our youth project coordinators, Bowdan & Wren, have been assisting with the planning of this event and are excited for the first workshop this weekend!



Please RSVP to the CRC!

Have a great week!

Vanessa King CRC Manager

Upcoming CRC Events 2022

- 'Be part of Art' Candle Making Workshop: Sat, 4 Feb 10.30am
- Seniors Movie: Mon, 6 Feb 1.00pm
- Forklift Licence: Tue + Wed, 7 + 8 Feb 8.30am
- 'Be part of Art' Photography Studio Trip: Tue, 7 Feb 3.30pm
- Morning Coffee Club: Wed, 15 Feb 10.00am
- 'Be part of Art' Art Expo: Thur, 16 Feb 5.30pm
- Seniors Aged Care Games: Thur, 23 Feb 7.30am
- Story Time: Fri, 24 Feb 10.30am
- PILOT Licence: Mon + Tue, 13 + 14 March 7.00am
- Working at Heights: Wed, 15 Mar 7.00am



T 9064 7055

Unit 2 /19 Churchill Street, Narembeen WA 6369 crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

Narembeen Community Resource Centre

Narembeen CRC



TWO WORKSHOPS FOLLOWED BY
AN ART EXPO

FOR THE YOUTH OF NAREMBEEN YEARS 5 - 12

CANDLE MAKING

Saturday, 4 February 2023 Narembeen CRC 10.30am - 12.30pm

Shannae Jasper - Remote Society

PHOTOGRAPHY TRIP

Tuesday, 7 February 2023
Bus leaving from Narembeen CRC
3.30pm - 6.30pm

De Strange - Strange Images

ART EXPO Thursday, 16 February 2023 Narembeen CRC 5.30pm







A SMOKE, ALCOHOL & DRUG FREE EVENT





Course	Details	Duration	Preferred date/time/ location
Mental Health First Aid - Adults		2 days	
Mental Health First Aid - Youth		2 days	
Mental Health First Aid - Older Adults		2 days	
Mental Health First Aid - Aborigonal		2 days	3
Custom Mental Health Workshop	High School Students Year 7 -12		
Conversations about Suicide	Adults	4 hours	
Conversations About Non-Suicidal Self-Injury	Adults	4 hours	
Gatekeeper Suicide Prevention Training	professionals, first responders and paraprofessionals	2 days	
Applied Suicide Intervention Skills Training (ASIST)	community members and volunteers 16+	2 days	
safeTALK suicide awareness training	community members and volunteers 15+	1/2 day	
Strong Spirit Strong Minds Ways of Working with Aboriginal People	anyone within the AOD and MH sec- tors working with Aboriginal people encouraged to attend	2 days	
Distress and Why Mental Health and Wellbeing Matters	delivered by Regional Men's Health Initiative	1 hour	
Talk to a Mate	delivered by Regional Men's Health Initiative	1 hour	
Looking after Your Mates – Suicide Awareness	delivered by Regional Men's Health Initiative	1 hour	
Deadly Thinking	designed by and for Aboriginal and Torres Strait Islander communities	1 day	
Staying SOLID with SAFE Yarning	culturally safe and secure suicide pre- vention yarning facilitated by an Abo- riginal & Torres Strait Islander Profes- sional or Elder	1/2 day	
Accidental Counsellor		1/2 day	
Workplace Wellbeing & Professional Selfcare Workshops	 Mental Health Literacy – Stress, Anxiety, Depression and Situational Crisis Introduction to Suicide Awareness / Suicide Prevention De-Briefing Professional Self Care Tips and Strategies Language, Communication and De- Escalation Skills Navigating Change and Uncertainty – with Clients and Organisations Mentally Healthy Workplace Burnout / Compassion Fatigue / Vicarious Trauma Emotional Intelligence within the Workplace Mental Toughness and its impact on Productivity Development of a Workplace Well- 		

Course	Details	Duration	Preferred date/time/ location
Pathways to Care Workshop	First Responders, GP's and other front-line responders, community organisations, community suicide prevention action groups	1 day	
What do I say? What do I do? Workshop:	community members	3 hours	
Supporting Children and Young People impacted by suicide	Service providers and professionals who work with children and young people	3 hours	
You Me ~ Which Way	Aboriginal community members	1 day	
Frontline worker training (previously known as Recognis- ing and Responding to Amphetamine Intoxication/Toxicity and Opioid Overdose)	This training is focused on non- medical responses to amphetamine intoxication/toxicity and opioid over- dose.	1 day or 3hrs for First Re- sponders	
Volatile Substance Use and Incident Report & Response Program	Presented by the WCADS AOD Prevention Officers.	1-2 Hours	
Valuable Conversations: Reducing the impact of alcohol use during the child-bearing years		2 days	
Alcohol and Other Drug Literacy	Presented by the AOD Prevention Officer.	2-3 Hours	
Trauma Informed Care and Practice:	Trauma Informed Care and Practice (TICP) is an approach which recognises and acknowledges trauma and its prevalence, alongside awareness and sensitivity to its dynamics, in all aspects of service delivery.	1 Day	
Rural Minds training – mental health training with mod- ules on risk and protective factors for rural communities:		Half Day	
Mental Health Literacy, Suicide Awareness and Alcohol and Other Drug Harm Minimisation Education to assist LGA's with their mandated changes to Public Health Plans	Custom training to suit specific LGA Public Health Planning documenta- tion	2-4 Hours	
DV (Domestic Violence) Alert Training	The DV-alert training program is based on four main goals: • Driving whole of community action to prevent violence • Understanding diverse experiences of violence • Supporting innovative services and interventions • Improving perpetrator interventions	2 days	
Injury Matters	Injury Matters provides work force development training related to any injury (potential or actual) topic that is an identified need in the specific community. For example violence, falls prevention, water safety, road safety, poisoning, alcohol-related injuries etc		

FEBRUARY 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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Birthdays



FEBRUARY

1st	Bert (Ken)Price	Danny Gray	
2nd	Muriel Rogers	Diana Brayshaw	Jason Cardinal
	Cooper Sprigg		
3rd	Emma Padfield	Robert Miolini	Jo-anne Vanviersen
	Liam Fagan	Mikayla Parkin	Meleva Thorn
	James Thorn	Blair Yandle	
4th	Kellie Matheson	Greg O'Neil	
5th	Nadia Woodley	Alex Woodley	John Ketteringham
	Rochelle Contrusceri (Fricker)	Leon Deluis	Sally Casson (Cusack)
	Raylene Mauger	Alby Miller	
6th	Wayne Gould	Craig Ball	Simon Hunter
	Siena Shipard	Ethan Stirrat	
7th	Sharon Rayson(Yandle)	Bree Fricker	Stefan Cusack
	Lachlan Brayshaw	Jared Lutter	Lucy Currie
8th	Peter Butler		

Amniversaries

FEBRUARY

7th Bill and Diane (Hunter) Cowan

8th John & Peg Currie Barry & Noela Cole Peter & Debbie (Sedgwick) Hall Ian & Michelle (Miolini) Roddan





Date	Min temp °C	Max temp °C	Rain mm
31-01-2023	17.4	33	0
30-01-2023	18.5	38.3	0
29-01-2023	14.2	33.9	0
28-01-2023	13	30.9	0
27-01-2023	19.2	31.7	0.4
26-01-2023	15.2	35.2	0
25-01-2023	16.2	28.5	0



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday, February 5
9.30am

Isaiah Ch58 V1-12 D Bookham

1 Corinthians Ch 2 V1-16 E Hall

Matthew Ch 5 V13-20

Psalm 112

Church of Christ

Sunday, February 5
10.00am

Worship Service with Sunday school during the service

Bible verse: Proverbs 16:3 Commit to the Lord whatever you do, And he will establish your plans.

Seventh Day Adventist

105 Church Rd, Mt Walker

Saturday, February 4

10am Bible Study
Sabbath School
11.30am Worship Service

Leading Elder: Yonnie Willis 60635014 Pr Lomani 0429 770 331

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Saturday, February 4
6.00pm

Reader: M Hall

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: S Kerse

Email: brucerockparish@gmail.com

FaceBook: Francis Mary Concepta Sacrament



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines consults Monday to Friday from 8am to 1pm.
Please phone 90647 145 for an appointment or online with Health Engine

HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential
Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm

Alternatively, contact Primary health in Merredin 90813222 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

COMING EVENTS

FEBRUARY 2023

Wednesday 1st BOWLS—Ladies—Pennants Nbn v Westonia

School Starts in Narembeen

Lions Club meeting

Thursday 2nd Autumn Club 10.00am-2.00pm

Friday 3rd Playgroup at Numbats Centre 9.30am

Saturday 4th Church

Men's Shed 9.00am
MT WALKER TENNIS—Social—Asian night 4.00pm
CRC—Youth—Candlemaking 10.30am

Sunday 5th Church

BOWLS—Men—100 Up BOWLS—Ladies—Social

NAREMBEEN TENNIS—Social 3.00pm

Lions Paper Pickup

Monday 6th Circuit Gym 9.30am

Arts and Crafts and Book Exchange at Community Shed 10.00am-4.00pm

Seniors Movie @ CRC

1.00pm

2.00pm

Tuesday 7th Senior Citizens

CRC—Youth—Photography Trip 3.30pm

Wednesday 8th BOWLS-Ladies-Pennants Bruce Rock v Nbn

Final Day to return Shire Community Feedback

"Act as if what you do makes a difference. It does."

-WILLIAM JAMES

FS

Editor: Kellie MORTIMORE