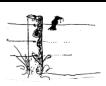
# The Fence Post



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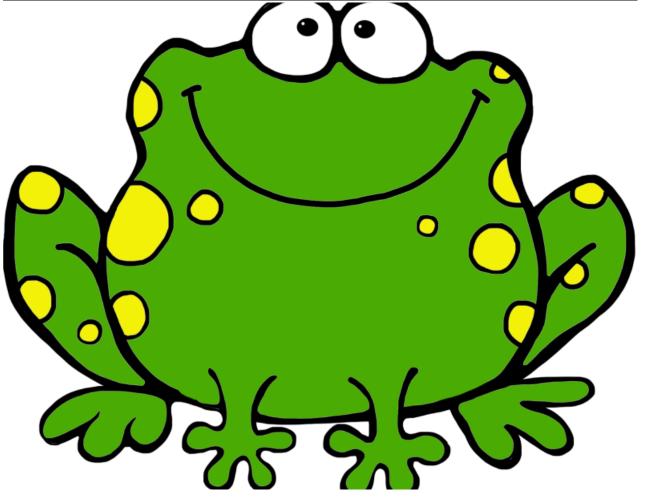
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Phone (08) 90647055

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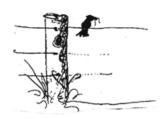


**World Frog Day** 

20th March

The Fence Post - Informing the people of Narembeen since 1978

#### THE FENCE POST INC



PO Box 7, Narembeen, WA. 6369 Ph: (08) 9064 7055

fencepost@westnet.com.au

OFFICE HOURS: Tuesday 8.30am - 12.00pm

#### \* DEADLINE 10.30 AM TUESDAY \*

News items or payments may be left at the front desk of the CRC when the Fence Post office is closed.

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One half Page	\$20	\$30	Two Thirds Page	\$25	\$40
Full Page	\$35	\$55			

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#### **ANNUAL SUBSCRIPTION RATES 2023**

#### **DUE 1st March**

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#### **EDITORS**

Maxine Miolini (Editor-in-Chief), Jodie Batty, Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Kellie Mortimore

#### **ROSTER**

Date	Editor	Typist	Ads
28th March	Lorraine		
4th April	S Heather	R Cole	S Woodfield

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

#### **Disclaimer**

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



# Over the Fence....

#### **Congratulations**

To Betty Ogilvie on the occasion of her 85th birthday!
Visiting Betty over the weekend were her children: Mervyn (and son Colin with Emily and their son Lachlan), Deanne (and husband Murray Ventris) and Heather (and husband Scott Nicol and sons, Thomas & James) All enjoyed a lovely lunch together.
Heather made a decorated a great cake.

#### **Interschool Swimming Carnival**

Wow, what a performance from Narembeen. Please read all about that (and more!) in the school newsletter included in this edition.

#### **Ladies Long Lunch**



Once again we are shown how lucky we are in Narembeen to have people that will volunteer and organise events for us to participate in. Well done to the Committee for the day of colour, fun and mixing. Great that we have the local CRC to coordinate and initiate events like this, which is thank you to our Shire Council. So a community effort for us to enjoy and learn from.

#### **Australia's Biggest Morning Tea**

This fund raising concept is 30 years old this year. A wonderful thing to raise money for cancer research, advocacy and support programs. Please read the article later on expanding on what you can do!

#### **Triathalon**

Good luck to our athletes and volunteers for this annual event. Thanks to the CRC for all their work!

#### **Condolences**

Sympathy to Wendy and her family on the passing of Dennis Veitch. He was a long time resident of Ardath and Muntadgin. Dennis was very involved with the Eastern Districts Football League.

#### AFL footy tipping started

Our local P&C are running footy tipping again this year. While following East the season has started you can still join in. There are great cash prizes on offer , but more importantly it supports the work of the school to provide the best possible education for our children. Well done to "G" (Craig Gmeiner) for organising!

#### International Day of Happiness and World Frog Day

It is funny that these two days are both on the 20th of March. I'm sure it means frogs make us happy!

An excerpt from Sabrina Hahn on FaceBook

"From the Frog Doctor"

Interesting fact about our temperate south west frogs is they are brown, have claws and don't like a lot of water. Which is an adaptation to living in a dry environment that has its peak rainfall from June to August, hence our frogs have had to adapt to living in the ground to endure the dry period. With the Equinox happening tomorrow the 21st March it's the signal our burrowing frogs that the breeding time is near. The male burrowing frogs such as the Moaning Frogs will start to migrate from the dry eucalypt and banksia woodlands down to the seasonal wetlands. From here they'll await first of the low pressure systems, this drop in barometric pressure will be the stimulus for a synchronised chorus of male frogs calling the females to also come down from the dry forest. When these frogs mate in the burrow the eggs will hatch and squirm around in the dry burrow until they are flushed out into the water to complete their metamorphism. The adults are long gone before then back up to the drier landscape as they can't swim. There's lots and lots more stories about our Western Australian frogs to be told....HAPPY FROG DAY FROGSTARS

And this from Jo Drayton at HolyOake

"The International Day of Happiness is celebrated throughout the world on 20 March. It was established by the United Nations General Assembly on 28 June 2012.

The International Day of Happiness aims to make people around the world realise the importance of happiness within their lives.

The theme for International Day of Happiness in 2023 is 'Be Mindful. Be Grateful. Be Kind.'

#### **Easter Fencepost news**

Please remember we do not print an edition following Easter. So there wont be a Fencepost on the 12th April

# Health and Wellbeing

Kaylor Andrews Wheatbelt Regional Education Officer Cancer Council Western Australia Kaylor.Andrews@cancerwa.asn.au





#### Australia's Biggest Morning Tea

This May, Cancer Council's Australia's Biggest Morning Tea is turning 30 and people in the Wheatbelt region are being encouraged to gather friends, family or workmates for a cup of tea and a bite to eat whilst raising money to fund research, new treatments and education that saves lives.

This year Cancer Council WA is hoping to raise more than \$1.3 million to continue its life-saving cancer research, prevention, advocacy and support programs.



It doesn't need to be fancy - your Biggest Morning Tea could be at home with friends or family, a simple morning tea in the office with workmates, a virtual get-together, or a gathering in the local community or at school. Simply register online at biggestmorningtea.com.au, set a date in April, May or June and start sending

Every dollar raised helps support those impacted by cancer.

Anyone unable to host a morning tea can still get involved by donating directly to Cancer Council via biggestmorningtea.com.au. The official date is Thursday 25 May 2023 but you can register to host an event at any time from now until June.

#### **Healthy Apple Crumble Recipe**



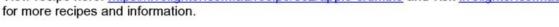
#### Ingredients

- 2 apples, chopped
- 50 g margarine
- 1/4 cup firmly packed brown sugar (or regular sugar)
- 1 tsp ground cinnamon
- 1/4 cup plain flour
- 1 cup rolled oats

#### Method

- 1. Preheat oven to 200°C (180°C fan forced).
- 2. Place the apple pieces in a small baking dish.
- 3. Cook apples on HIGH in microwave for 5 minutes or until soft.
- In small bowl, combine the remaining ingredients.
- 5. Mix with fingertips until it has an even crumb texture.
- 6. Top the apple with the crumb mixture and bake in the oven for 20 minutes or until the crumble is golden brown.

View recipe here: https://livelighter.com.au/recipe/352/apple-crumble and visit livelighter.com.au





#### For cancer information and support call 13 11 20



# Hon Mia DAVIES MLA Member for Central Wheatbelt

#### **MEDIA RELEASE**

#### STATEMENT ON LIVE SHEEP EXPORT BAN

16th March 2023

Member for Central Wheatbelt Hon Mia Davies MLA has delivered a statement in Parliament on the devastating decision of the Albanese Labor Government to shut down live sheep export.

The transcript of the 90 Second Statement is below, or you can watch at https://bit.ly/3ZPEsst

Please sign the petition to be tabled in Parliament in Mia's Northam or Merredin electorate office during business hours, or you can add your name to the e-petition here: <a href="https://bit.ly/3SwPYX7">https://bit.ly/3SwPYX7</a>.

Help us send a message to the McGowan and Albanese Labor Government.

#### 90 Second Statement - Live Sheep Trade

I rise to place my support for the thousands of people and hundreds of businesses and livelihoods linked to the live sheep export industry – and to express my deep anger, concern, and opposition to the Federal Labor Government's decision to shut it down.

I stand by those farmers, truck drivers, shipping companies, livestock agents, veterinarians, port workers, shearers, feedlot businesses and all involved in the sector – no legitimate industry should ever be closed for political reasons, or to suit activist agendas.

Whilst there have been challenges – it is an industry that has undertaken significant reforms that have seen best practice animal welfare outcomes achieved on an international scale.

The trade employs about 3,500 people across the supply chain - 80 per cent of those based here in Western Australia, many in my electorate of Central Wheatbelt.

Labor's decision is devastating, driven by the desire to appease animal activists and capture inner-city votes.

The Albanese Labor Government is no friend of Western Australia – and neither is the McGowan State Government. I have never seen a less enthusiastic, muted and defeatist attitude than that shown by Minister Jacquie Jarvis and Premier McGowan when it comes to standing up for West Australians on this issue.

If they truly supported the industry they would be on the front foot *every day* railing against this decision. Instead, they shrug their shoulders and relinquish this important industry to a political hatchet job by their own Party and Prime Minister.

Industry and its leaders should demand more of their State Agriculture Minister, and WA should punish the Albanese Government at the next election – Labor is no friend of regional Western Australia.

For media enquiries please contact Mia Davies on 08 9041 1702 (Merredin office) 08 9622 2871 (Northam office) or mia.davies@mp.wa.gov.au.

mia.davies@mp.wa.gov.au

■ MiaDaviesMLA facebook.com/MiaDaviesMLA

② @miadaviesmla www.miadavies.com.au



#### **COMMUNITY BENEFIT FUND**

The Narembeen Hockey Club are thrilled with their new goals paid for by the Ramelius Resources and Shire of Narembeen Community Benefit Fund in Round 3

Round 4 is now open, you will find the application form on the website <a href="https://www.narembeen.wa.gov.au/">https://www.narembeen.wa.gov.au/</a> the-shire/community-grants.aspx and/or at the CRC and Shire Office.



RAMELIUS RESOURCES &
SHIRE OF NAREMBEEN
COMMUNITY BENEFIT FUND



Applications Open - 1 MARCH 2023 Applications Close - 31 MARCH 2023



Application Forms will be available from the Shire of Narembeen, CRC or Website www.narembeen.wa.gov.au. For more information Contact Economic Development Officer 9064 7308



# from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037

W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

#### NAREMBEEN TRIATHLON TRAFFIC CONTROL

Due to the Narembeen Triathlon this **Saturday**, **25 March 2023** the community is advised that there will be road closures and traffic control in place from approximately 2pm - 6pm as there will be cyclists and runners on the roads within the townsite as well as the Merredin - Narembeen Road. Please slow down and obey all road signs and instructions.

We wish all competitors the best of luck. If you have any enquiries please contact Paul Sheedy, Acting Chief Executive Officer, Shire of Narembeen T: 9064 7308



#### RESTRICTED BURNING PERIOD

Restricted (Permit Required) 1st February to 15th April

The following additional requirements for burning are also in place.

- 1st February includes grass and raked cereal stubble and header windrows of non-cereal stubble including canola and legumes.
- 1st March is header windrows and chaff dumps and cereal stubble fires.

Any questions about burning times should be directed to a Fire Control Officer or the Shire Office.





#### Country Stargazing

with Carol Redford and Donna Vanzetti, Astrotourism WA

#### How Do We Get the Easter Date

&

#### The Total Solar Eclipse

#### So why does the Easter date change each year?

Believe it or not, the reason the Easter date changes every year has a lot to do with astronomy! It's got nothing to do with a decision made by churches, public holiday makers or governments.

Quite simply, Easter Sunday is deemed to be the first Sunday after the full Moon, following the March Equinox. The March Equinox is always on or around 22nd March each year.

#### Easter date 2023

It's a bit of a calculation and here it is for the Easter date 2023:

This year the March Equinox was on 21st March. The full Moon after this date is on the 6th of April and therefore Easter Sunday is the following Sunday which is the 9th of April 2023!

We hope you enjoy plenty of yummy Easter Eggs!

#### The Total Solar Eclipse 20th April, 2023

For natural cosmic phenomena, you don't get more remarkable than a Total Eclipse of the Sun!

For a total solar eclipse to occur, the Sun, Moon and Earth need to be perfectly aligned in their orbits, with the Moon in the middle. As the Moon travels between the Sun and the Earth, its shadow is cast onto the surface of the Earth.

Eclipses are excellent examples of the extraordinary motion of the objects within our Solar System. This year, Western Australians have the privilege of viewing a Total Solar Eclipse on 20th April. On mainland Western Australia, the Total Solar Eclipse will only be visible from the Exmouth area. The rest of WA and Australia will only witness a partial solar eclipse.

#### How to View a Solar Eclipse Safely

Never look directly at the Sun. Looking directly at the Sun is unsafe except during the brief total phase ("totality") of a total solar eclipse, when the Moon entirely blocks the Sun's bright face. On mainland WA, totality will only occur in the Exmouth area. Everywhere else in WA and Australia will experience a partial solar eclipse which is not safe to look at with the unprotected eye. Solar eclipse glasses that are compliant with Australian and international standards provide necessary protection

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**Bookings** by appointment

The difference between ordinary and extraordinary

Is that little bit extra



#### Narembeen Mobile Vet Visiting Dates 2023

Tuesday 14th February Wednesday 12th April Wednesday 7th June Tuesday 1st August Tuesday 26th September Tuesday 21st November Monday 27th February Wednesday 26th April Tuesday 20th June Monday 14th August Wednesday 11th October Tuesday 5th December Tuesday 28th March Tuesday 23rd May Wednesday 19th July Tuesday 12th September Tuesday 7th November

Please contact Dr Andrea Roberts on 0428 212 945 by text or phone call to make an appointment.

Appointments for your pets and livestock right to your door



# Narembeen CRC Update

Hello everyone!

We hope you all had a great weekend!

The Narembeen CRC has had a very busy week with the pilot license course last Monday and Tuesday and the working at heights workshop on Wednesday. 12 participants for each course learned all new skills needed to obtain a formal license.

A forklift licence, confined space course and truck license is planned over the coming months - if you are interested please contact us asap.

The Morning Coffee Club also visited the lodge on Wednesday for some fun games and morning tea, over 20 participants enjoyed a fun morning with some of the residents!

And not to forget the Ladies Long Lunch on Saturday, followed by an evening under the stars at the Lesser Hall garden. It was a perfect day and night enjoyed by everyone!! Media Release to follow next week.

The annual triathlon is happening this Saturday - late entries are accepted and we are hoping a few more adults will put their running shoes, bike shorts and swimsuits on!! A lot of planning goes into events like these, so please, if you are around on the weekend, support the triathlon so we can ensure they continue to happen in the future. The hockey club will be providing hamburgers and a sausage sizzle for dinner!

Hoping you have a great week and we will see you Saturday afternoon at the triathlon.

Vanessa King CRC Manager



# **Upcoming CRC Events 2023**

Triathlon: Sat, 25 Mar 3.00pm

Story Time: Fri, 31 Mar 10.30am

Community Fox Shoot: Sat, 1 Apr

Seniors Movie: Mon, 3 Apr 1.00pm

· Solar Eclipse: Sat, 8 Apr 6.30pm

School Holiday Activity: Thur, 13 Apr 10.30am

Morning Coffee Club: Wed, 19 Apr 10.00am

School Holiday Activity: Thur, 20 Apr 10.30am

Youth Week: Fri, 21 Apr 4.00pm



#### T 9064 7055

Unit 2 /19 Churchill Street, Narembeen WA 6369 crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

Narembeen Community Resource Centre

Narembeen CRC



# MILPING BRAINS TOGETHE

IN NAREMBEEN

# STORY AT CRC TIME

AGES 1-5

**★** STORIES

UN GAMES



**JOIN US IN THE** RARY AT 10:30:

\*\*Children must be accompanied by an adult\*\*

Friday, 31 March 2023











# NAREMBEEN TRIATHLON 2023

SATURDAY, 25 MARCH 3.00PM

Entries close Monday, 20 March

**OPEN SHORT** 

**OPEN MEDIUM** 

**OPEN ENDURO** 

LITTLE ATHLETES

KINDY - YR 2

BIGGER ATHLETES

YR3-6

HIGH SCHOOL ATHLETES

YR 7 - 10

#### REGISTRATIONS

Entry forms available from the CRC or Shire of NB Website

#### REGISTRATION FEE

\$10 pp Adults & \$5 pp under 16 yrs





For any enquiries please call 9064 7055 or email crcreception@narembeen.wa.gov.au





to view the eclipse safely. Only buy from trusted sources to ensure compliance with Australian and international safety standards, such as BinoCentral or Being in the Shadow.

When to look: From 11:29:41am to 11:30:40am, 20th April.

Where to look from: On mainland Western Australia, the Total Solar Eclipse will only be visible from the Exmouth area. The rest of WA and Australia will witness a partial solar eclipse.

To view the path of 'Totality' visit this map:

http://xjubier.free.fr/en/site\_pages/solar\_eclipses/HSE\_2023\_GoogleMapFull.html Credit: Xavier M. Jubier.

Find more stargazing tips and country events at www.astrotourismwa.com.au.

If you're a budding "astro-enthusiast", check out...

Stargazers Club WA's telescope classes & astronomy events for beginners at: www.stargazersclubwa.com.au.

Or visit Donna Vanzetti's YouTube Channel, Star Tracks Space Adventures.



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## **\$ATURDAY, 1 APRIL 2023**

Contact the Narembeen CRC on 9064 7055 to register your team of 2-5 people.

Animal Count - Sunday, 2 April 2023 12.00pm @ Mt Walker Sports Club

Sporting Shooting Association of Australia WA is donating \$5 for every cat or fox culled to the Regional Men's Health Initiative























345 Hannan Street (PO Box 10415), Kalgoorlie WA 6430 ( 9021 2044









Authorised by Rick Wilson MP, Liberal Party of Australia, 101 Albany Highway, Albany WA 6330.

#### HISTORICAL HIGHLIGHTS

Once again there was a very good attendance at our monthly meeting. Diana Blacklock was our guest to discuss with us the renovations to the Old Church. We will continue consultation with Diana and we may require the builders to carry out some more work to remedy a few issues. Budgeting is required for this. The question of the garden was also addressed and it is hoped to establish one of low maintenance as everyone is busy keeping up with the many tasks around our museums. We are grateful to the Shire for its twice yearly spraying/slashing of the grounds behind the building. All agreed that the exterior lighting shows up the church to great advantage.

Also discussed was the possibility of creating a caravan parking space on the machinery museum block. This will require good signage at the entrances to town. It is hoped that by providing this facility visitors may be attracted to the main street. Other points were updating of the 'Blue Walk' i.e. the pictorial history outside the various buildings in the main street. We thank Diana for her time and input to our meeting. The relocation of the horse at the Lesser Hall precinct and the placing of the plaque was also discussed.

Margaret Butler showed two visitors around recently and both gained a good impression of Narembeen and facilities. One was former resident Sue Geary, who now lives in Esperance. Richard Keane is working on restoration of engines and we appreciate this very much. Chris Bray who spends a lot of time working at Avoca Farm, spoke about the need for safety precautions and insurance.

The shed behind the Mens Shed is still in the process of being tidied.

Thank you to those people who have assisted in locating the former farm of Jack and Mary Wilkinson. This now forms part of the farm of Charlie and Tammy Della. We look forward to having members of the family visit in the not too distant future. Thank you to Charlie for your help and also to Teresa at the Shire.

Omitted from last month's notes – an acknowledgement of the donation by Margaret Butler of the crocheted Bowls Pocket. This item was pinned to the bowler's uniform and contained a coin and a piece of chalk. The pocket is now part of the bowling display in the sport section. The meeting was quite a lengthy one so afternoon tea was most welcome.

We meet again on April 17th at 2 pm at the History Centre. You are most welcome to join us.





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We have an unknown person who has paid us to receive Fencepost's for the year...they have written

#### **FEN0013**

If this is you, please let us know. You can call us Tuesdays morning or email or let the CRC know.

# 2023 Subs are Due

## Narembeen District High School Newsletter

Independent Rural Excellence

LEARN ~ ACHIEVE ~ SUCCEED

Principal: Mrs Chris Arnold Deputy Principals: Mr Russell Arnold Ms Lynda Cornish

Our Values:

Learning, Excellence, Equity & Care

Ada Street, Narembeen WA 6369

Phone: 08 9064 9600

Email: Narembeen.dhs@education.wa.edu.au



ISSUE 4/23 March 20 2023

Mark your calendar with these important dates

NAPLAN

#### WEEK 8 QUOTE

Well, it is NAPLAN so I thought I would remind us that it is after all just one test on one day, and although there is great importance put on the results to judge schools and students, is it really the best way to determine how well a student is progressing?

Sometimes, the most brilliant and intelligent minds do not shine in standardized tests because they do not have standardized minds.

- Diane Ravitch

#### WHAT'S INSIDE

- From the Principal
- Homework
- **Community News**

#### **Preparing Students for a Changing World**

#### **ASSEMBLY NUMBER 1 2023**

The first assembly of the year was long, but the entertainment was amazing with our Year 2 students putting on a terrific item and our Year 1 students giving us the update on what is happening in their room. Thanks to Em and Lucy for your efforts in ensuring that the students were ready to strut their stuff. It was also great to see so many parents take the opportunity to visit the Year 1 room after the assembly to see what they have been doing. Our Year 1 & 2 classes will be going over to the lodge tomorrow to do their items again to entertain our seniors. This is an idea put forward by Lynda, who has a foot in both camps due to her volunteer work with the hospital, and our staff agree that it is an idea with merit.

Well done to the students who have received honour certificates at our first assembly. It is great to have our students acknowledges for their good work or attitude in the class or around the school.

Student	Year	Student	Year
Levi Smoker	Pre-primary	Eira Palompo	Five
Erin Rojas x 2	One	Parker Lynch	Five
Jack Slade	One	Macy Cole	Six
Olivia Wanless x 2	One	Noah Smoker	Six
Oscar Morrone	Two	Dakoda Miller	Six
Rocco Federici	Two	Temprence Collard x 4	Seven
George Hayter x 2	Two	Matthew Lopez	Seven
Elkie Bald	Two	Chris Kelly	Seven
Annie Robinson x 2	Two	Ava Batty	Eight
Lucas O'Neill	Three	Tanner Miller	Nine
Jayden Conopo	Three	Angela Andrews	Nine
Gavin Rojas	Three	Clara Jones	Ten
Paige Parsons	Four	Zack Garlick	Ten
Cohen Conopo	Four	Cheyenne Cummins	Ten



#### HONOUR CERTIFICATE WINNERS:



#### **AUSSIE OF THE MONTH - PAIGE PARSONS:**

For demonstrating genuine care towards her peers and students of all ages around our school community. Early in the term, Paige went out of her way to support a younger student who required help. She is always a motivating force in the classroom and in all school activities, actively supporting her peers in all their endeavours.



# SCDHSSA INTERSCHOOL SWIMMING CARNIVAL 2023 HOW GOOD DID OUR KIDS SWIM! GREAT EFFORT TEAM MAROON AND GOLD ©

Friday saw the four schools in the South Central District High Schools Sports Association meet at Narembeen Aquatic Centre for the annual Interschool Swimming Carnival. Although a little cold for the early events, the day warmed up and those at the pool had a great day's entertainment. We have an amazing record over the years in this carnival, winning the outright shield every year except 2021 since our big win in 2004, so 20 of the last 21 years. We started the day well, leading by over 40 points after the freestyle, and being over 140 points in the clear by lunch time. Of course, once I saw how much we were in front, the thought of winning both shields was suddenly on the cards (well my cards anyway!), so the relays and IM's became all important and our swimmers did not let us down. We won both the outright and handicap shields on Friday, an amazing feat given we start on zero for the handicap shield, while the closest school to us was 155.75 points and the other two schools on 195 points. Since being off zero for this event, we have won the Handicap two other times, in 2011 and 2018. Keep up the great work Narembeen DHS, if we have high standards, a commitment to ensure that all our students participate and strive to get better, we will maintain excellence.

Huge congratulations to every swimmer in the team. They were amazing in the water and displayed excellent sportsmanship and exemplary behaviour in the bay. The day was another reminder of what a great school we have, with terrific students who strive to be the best that they can be in every situation. We really are very lucky!

#### RESULTS:

School	Handicap
Narembeen	0
Kulin	155.75
Corrigin	195
Bruce Rock	195

Outright Shield	Points	Handicap Shield	Points
1st Narembeen	425	1st Narembeen	425
2 <sup>nd</sup> Kulin	250	2 <sup>nd</sup> Kulin	405.75
3 <sup>rd</sup> Corrigin	175	3rd Corrigin	370
4th Bruce Rock	92	4th Bruce Rock	287

So, we won by a massive 175 points off scratch, and of course will remain on zero next year, with the other schools moving even further away. That is how it should be, we should always be striving to be the best school, in every aspect, our standards need to remain high! I would always rather be the team everyone is out to beat!

Although we won as a team, and every member of the team did a great job, there were many medallion winners, in fact we won 23 of the 43 medals awarded, so over half, what a terrific outcome ©.

WINNERS ARE GRINNERS, DOUBLE WINNERS ARE DOUBLE GRINNERS



#### OUR MEDALLION WINNERS:

CHAMPIONSHIP	WINNER
8 & U R/Up Champion Girl	Chloe Browning
8 & U Champion Girl	Avayah Cowan
8 & U R/Up Champion Boy	Rocco Federici
9 years R/Up Champion Girl	Paige Parsons
9 years Champion Boy	Tie: Riccardo Brown Chase Smoker
10 years Champion Boy	Aden Smoker
11 years R/Up Champion Girl	Rhienna Parsons
11 years Champion Boy	Charlie Cusack
12 years R/Up Champion Girl	Xhiarn Brown
12 years Champion Boy	Noah Smoker
13 years Champion Girl	Mia Parsons
13 years Champion Boy	Jack Cusack
14 years R/Up Champion Girl	Wren Cheetham
14 years R/Up Champion Boy	Bowdan Cole
14 years Champion Boy	Dieter Bennell
15 years Champion Boy	Deakan Miller
15 years R/Up Champion Boy	Jace Browning (tie)
16 years Champion Girl	Clara Jones (tie)
16 years R/Up Champion Girl	Cheyenne Cummins
16 years R/Up Boy	Zack Garlick
Open Girls R/Up Champion	Mia Parsons
Open Boys R/Up Champion	Deakan Miller



#### RECORDS:

Student	Event	Time
Charlie Cusack	Boys 12 & U Butterfly	19.12s

#### **OUR MEDAL WINNERS**



#### **OUR AMAZING WINNING TEAM:**



Absent from both: Dieter Bennell, Mia Parsons and Riccardo Brown

#### INTERSCHOOL THANKS YOUS

An event like last week does not run without the assistance of a great number of people. First and foremost, I would like to thank Mrs Carissa Wanless for the hours of her time she volunteered to ensure that this event ran smoothly. Carissa, as recorder of the Narembeen Swimming Club offered to put all teams into Meet Manager, organise the program and run the day for us. Having used the program, I know that this has taken a great deal of her time and we cannot thank her enough for her efforts on behalf of our school. Thank you, Carissa, we really do appreciate the work you put into making this evet a success. Thanks also go to the Sports Committee who set up the pool in the morning, thanks to Razor, Nick, Cody, Hannah, Bardy and Pete for making themselves available. Thanks also to any of the parents who assisted with the pack up in the afternoon. Cheers to Holly C for announcing again, and a big thanks to Amy who volunteered her time to be both a stroke judge and on deck qualified supervisor. Catering officer Kim needs a huge thanks for her efforts in both organising the morning tea and lunches for the day. Cheers to the morning tea helpers Felicity, Hannah B and Holly B for working in the morning and to lunch prep helpers Ash and Kylie for their hard work.

Obviously, we had many staff working hard throughout the day, **Anita and G** were marshalling, **Sarah** with Amy was also a stroke judge and on deck qualified supervisor, **Russ** was starter, **Joey S and Amanda** recorded, **Ash** assisted with lunches and recording while **Joey C**, and **Hannah's x 2** (**Kerse and Chitty**) were in the bay with our team. **Thank you all for your hard work**.

#### THANK YOU, LUCY, AND OUR SUPER STAR WAITSTAFF

On Saturday, five of our students, all of whom had spent a big day in the pool on Friday, waited at the Ladies Long Lunch at the Narembeen Town Hall. With our ever-available volunteer Lucy Lines, they worked hard all day, earning \$1,000 towards our Country Week and Year 5/6 Camp

excursions. Many thanks to Lucy who with our students Cheyenne, Bowdan, Wren, Mia and Jack, gave up their Saturday afternoon to work for their school and the other students.



#### APOLOGIES TO THE SMOKERS X 2

In the last newsletter, we had Noah Smoker listed as the Runner Up 12 years Boys Champion at our Faction carnival, which was in fact incorrect. He was the 12 years Champion Boy! Also, although listed as 9 years Champion Boy in the newsletter, Chase Smoker was announced as 9 year R/Up Champion Boy on the carnival day and received the incorrect medal. Apologies to both Chase and Noah for our errors.

#### DJIINDA NGARDAK CULINARY EXPERIENCE

Last week, Year 10 student Clara Jones, travelled to Perth and, with Mrs Bianca Currie, took part in the Djiinda Ngardak Culinary Experience for Indigenous students. Clara was one of 24 students from all over WA who went to the event, which was mainly held at Crown. Clara was lucky enough to take part in a variety of experiences, including a cultural dance evening, a non-alcoholic beverages workshop, working with local WA and NT chefs to prepare dishes, a visit to Cyril Jackson campus to work with seafood and native ingredients and the pinnacle of the week, being involved in the gala dinner for over 500 people and of course meeting Ernie Dingo!

Clara had a great week, making connections and friendships as well as developing skills that will assist her in the future. On behalf of Clara, I would like to publicly acknowledge Bianca for the effort she put in to making this week come to fruition for Clara. It was Bianca who found the event, applied for Clara to participate, sourced the funding, and arranged all aspects of the week for her, including the transport down and back. Thank you, Bianca, for going above and beyond to make this week of learning happen for Clara. Just another example of our teachers giving up their time to assist our students.





#### SOLAR PANELS FOR THE SCHOOL: GREAT JOB AMANDA HALL!

We have solar panels, if you want to check them out, they are on the western side of the undercover area and the library roofs. These solar panels will hopefully save us many thousands of dollars. We have them courtesy of the hard work by our MCS Mrs Amanda Hall. She found and applied for the grant, which we received and has then worked with the powers that be to get them up and running. On behalf of the whole school community, thank you Amanda for this initiative, we will certainly have more funds to put to our teaching and learning programs than we did prior to gaining the solar panels.

Mrs Chris Arnold PRINCIPAL

#### SOUND BITES PICNIC

On Friday March 10 2023 all students enjoyed a picnic lunch together in the undercover area. Our gold coin donations added up to \$166.00, which will go to the Deafness Foundation. All students received a butterfly pin, which is the symbol for the Deafness Foundation.



#### POSITIVE REWARDS

Congratulations to the following students who have won 10 points for their FACTION  $\odot$ .

	(00)
Legion Brown	Maroon
Savannah Whitley-Sherwood	Maroon
Deakan Miller	Gold
Zack Garlick	Gold
Bowdan Cole	Gold
Wren Cheetham	Gold
Kate Smoker	Maroon
Jack Cusack	Maroon
Xhiarn Brown	Maroon
Neve Cowan	Gold
Brady Poot X 3	Maroon
Temprence Collard	Maroon
Elkie Bald X 2	Gold
Valentina Wasley	Gold
Nellie Collard	Maroon
Matthew Lopez	Maroon
Annie Robinson	Maroon
Violet Farrell	Maroon
Harrison Thorn	Maroon
Penny Kerse	Gold
Jye Parsons	Gold
Aden Cole	Maroon
Maya Della Vedova	Maroon
Charlie Cusack	Maroon
Jaxck Wanless	Maroon
Chase Smoker	Maroon
Charles Robinson	Maroon
Mason Kuhne-Munroe	Gold
Rhave Palompo	Gold
Parker Lynch	Gold
Toby Bald	Gold
Eira Palompo	Gold
Dakoda Miller	Gold
Toby Bald	Gold
Abbygale Van Rensburg	Gold





### **Bruce Rock Shack Ardath Cricket Club**

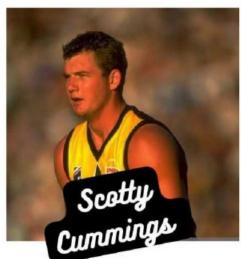
Invites you to the Footy Season Launch and Cricket Wind-up



PRESENTING 2 GUEST SPEAKERS







# Saturday 25th March

Bruce Rock District Club Starting 4pm Food & Meals Available Bouncey Castle for Kids Sophie Jane Music

locations to be announced

**Shuttle Bus Home** 

A free event Inviting all community members to come and meet some professional sports people of the past.

Ladies, Gents, Children, Teenagers, Families, General Community Members, Non sporting people, and those from far and wide - <u>all are welcome</u> -<u>we'd love to have you there</u>

#### Grain Brokers Australia Weekly Market Report March 21, 2023

#### Black Sea grain corridor extended, but uncertainty remains...

Turkiye's President Recep Tayyip Erdoğan announced on Saturday, March 18, 2023, that the deal allowing the export of Ukrainian grain from the ports of Odesa, Chornomorsk and Yuzhny/Pivdennyi via a safe Black Sea shipping lane had been renewed. But the length of the extension period was not disclosed and is being disputed by Ukraine and Russia.

Global grain markets have been on tenterhooks for the past month, waiting to see if the corridor would be extended beyond Saturday. As the March 18 expiry date loomed, Russia was adamant that it was only ready to continue the deal until May 18.

The United Nations and Turkiye favour a 120-day deal as it increases supply certainty for global consumers. Turkiye's foreign minister, Mevlut Cavusoglu, said on Saturday his country would continue efforts to extend the deal beyond two months, suggesting that may be where the line has been drawn for now.

Russia said it had agreed to a 60-day extension, while Ukraine's infrastructure minister, Oleksandr Kubrakov, said the deal had been extended for 120 days. Kubrakov quickly jumped on Twitter on Saturday, announcing to the world that the agreement would continue for another 120-day period, and thanked all parties involved in the negotiations.

A spokeswoman for the Russian Foreign Ministry, Maria Zakharova, responded by reiterating Moscow's position, saying it was willing to prolong the deal beyond 60 days if there was "tangible progress" in unblocking flows of Russian food and fertiliser to world markets.

However, Russian grain export statistics suggest that no such block exists, with wheat flowing quite freely through its Black Sea ports to global consumers over the past eight months. In February, leading Black Sea consultancy, Sovecon raised its Russian wheat export forecast to a record 44.2 million metric tonne on the back of record production, strong global demand and the record pace of shipping. According to Sovecon, 26.4MMT was shipped from the beginning of the 2022/23 marketing year on July 1 last year to the end of January, and it expects a further 17.8MMT will be exported in the five months from February 1 to the end of June.

Moscow has also been pushing for the reopening of a pipeline that carries ammonia, a critical ingredient in nitrogen fertilisers, from the Central Russian city of Tolyatti, 1800 kilometres west to Ukraine's Black Sea port of Odesa, for export to the world market. A substantial proportion of Russian fertiliser exports are indirectly subject to Western sanctions, and concessions to allow resumption flows have not as yet been agreed.

The original grain corridor agreement was brokered by the United Nations and Turkiye in July last year, and it was extended in November for another 120 days. The first grain shipments started in early August, using a corridor 310 nautical miles long and three nautical miles wide.

Ukraine is one of the world's biggest grain exporters, and the so-called Black Sea Grain Initiative has been critical for global food security, helping alleviate the international supply concerns triggered by Russia's invasion of Ukraine in February last year.

More than 25MMT of Ukraine grain has been shipped to 45 countries since the Black Sea Grain Initiative was signed last year. Almost 55 per cent of all shipments have gone to countries classified as developing by the United Nations (which includes China). Breaking down the shipments by region, 45.2 per cent has gone to the Asia-Pacific, 42.3 per cent to Western Europe, 11.1 per cent to African countries and 1.4 per cent to Eastern Europe.

China topped the list of export recipients with 5.54MMT, followed by Spain with 4.32MMT, Turkiye with 2.71MMT, Italy with 1.77MMT and The Netherlands with 1.59MMT. Egypt, Israel, Bangladesh and Portugal rounded out the top ten with 0.84MMT, 0.68MMT, 0.66MMT and 0.64MMT, respectively, since the corridor opened eight months ago.

At 12.47MMT, corn exports make up 49.8 per cent of all vessel movements, with just under half of that total, or 6.03MMT, going to developing nations. China was the biggest buyer with 3.98MMT, or 31.9 per cent of the total. Spain was next with 2.09MT, then Italy with 1.14MT, The Netherlands with 1.07MMT and Turkiye with 0.72MMT.

Wheat was next on the commodity volume list at 6.74MMT, or 26 per cent of total exports via the grain corridor since inception. Shipments to developing countries totalled 4.4MMT, or 65.4 per cent of total wheat exports. The top two destinations were Spain and Turkiye with 1.65MMT and 1.19MT, respectively, and 42.2 per cent of total wheat exports. Next on the list were Bangladesh with 0.66MMT, Italy with 0.34MMT and Indonesia with 0.34MMT.

Ukraine is the world's biggest exporter of sunflower meal and sunflower oil. Meal shipments totalled 1.41MMT, with developing nations taking 83.3 per cent of the total. China was the only customer of note with 1.12MMT, or 79.5 per cent of total shipments in the eight-month period.

Sunflower oil shipments via the corridor to the end of last week totalled 1.4MMT, 5.7 per cent of total vessel movements, with 77.4 per cent going to developing nations. Almost 70 per cent of shipments went to just three customers, India with 0.41MMT, China with 0.25MMT and Turkiye with 0.2MMT.

Rapeseed at 1.1MMT and barley at 1.08MMT were the only other commodities with shipments exceeding the 1MMT threshold. Shipments to developing countries were 6.6 per cent and 59.4, respectively. All the rapeseed except a 62,000 metric tonne shipment to Pakistan and a small 9,500MT vessel to Turkiye went to European Union member states or the United Kingdom. Spain was the biggest barley customer with 0.37MMT, followed by Turkiye with 0.23MT and China with 0.2MMT.

While the grain corridor has provided a lifeline for Ukrainian farmers and grain merchants, the extension of the deal is critical for global food security, increasing supply and easing food inflation pressures, especially in developing countries. With such a massive backlog of vessels waiting to enter and depart the Black Sea and Russian operatives continuing to stymie the West's efforts to hasten the inspection and approval process, a 60-day reprieve provides minimal long-term supply certainty.

Call your local Grain Brokers Australia representative on 1300 946 544 to discuss your grain marketing needs.

# WILLWAY PLUMBING & GAS

Dean: 0407762543

Email: dean@willwayplumbing.com

PL9957 GF18322

Colouring in for Easter





#### WHAT TO PUT IN YOUR RECYCLING

- Cardboard clean, flattened boxes and cartons
- Paper clean, untied newspapers, magazines, paper, envelopes, telephone books
- Plastic clean and empty bottles and containers marked with 1, 2, 3, 4, 5, 6, 7
- Aluminium clean cans, tins and foil
- Steel clean cans and tins
- Liquid paperboard clean milk, juice and laundry detergent cartons

#### COMMUNITY RECYCLING NAREMBEEN LIONS CLUB

- NEWSPAPERS kerbside pick up as per calendar on reverse
- GLASS drop your glass in the drums provided at the Latham Road drop off point opposite the Roadhouse For further information - Lou, Lions Club 9064 7313

#### NAREMBEEN MEN'S SHED

■ ALUMINIUM CANS - drop your aluminium cans into the cages provided at Narembeen's various recreation facilities or drop off at the Latham Road drop off point opposite the Roadhouse For further information - Warren, Men's Shed 9064 8049 LATHAM ROAD DROP OFF POINT - AREA TO BE KEPT TIDY AND FREE FROM GENERAL RUBBISH - ONLY RECYCLABLE GLASS AND ALUMINIUM IS ACCEPTED

Please note: this area is under surveillance

#### NAREMBEEN CRC

- USED PRINTER CARTRIDGES certain brands of printer cartridges can be dropped off for recycling.
- MOBILE PHONES, MOBILE PHONE BATTERIES AND CHARGERS may be dropped off at the Narembeen Post Office.

#### **BULK WASTE**

- May be taken to the Shire Waste Transfer Station, see details opposite
- Please separate waste for recycle from waste for disposal
- Please follow directions from the facility operator
- Disposal fees may apply for certain types of bulk waste For further information: Shire of Narembeen 9064 7308

#### **GREEN WASTE**

If you cannot use your green waste, deliver it to the Shire Waste Transfer Station, details opposite

#### WHAT NOT TO PUT IN YOUR RECYCLING

- Greenwaste grass dippings, garden cuttings, leaves and soil
- Food Scraps
- Styrofoam and polystyrene
- Electrical goods computers, mobiles, e-waste etc
- Steel products except steel cans
- Glass bottles and jars (see below for recycling options)
- Plastic Bags

#### WHAT NOT TO PUT IN YOUR RUBBISH BIN

- Hot or burning ashes
- Bricks, rocks or soil
- Paints or solvents
- Hazardous material, asbestos or chemicals
- Liquid waste

#### WASTE TRANSFER STATION

NAREMBEEN SOUTH ROAD

OPEN: Tues, Fri, Sat, Sun: 10am - 4pm CLOSED: Good Friday and Christmas Day

Please separate your waste appropriately for disposal and recycling. Cover and secure your load during transport. Talk to the facility operator about disposal of waste.

Transfer Station facilities include:

- Recycle bins see recycling guide opposite Bullding rubble area
- Bulk domestic waste bins
- Cardboard only bin
- Scrap metal area
- Glass bins
- Used engine oil vessel
- - Aluminium cans
  - Green waste area ■ Timber Products area
  - Car battery collection

Commercial loads incur fees - contact the Shire Office for Information. If you need to dispose of asbestos please call the Shire of Narembeen on 9064 7308 for conditions of disposal and to arrange a disposal time/date at the landfill.

#### drumMIISTER

drumMuster is the national program that has been set up for the collection and recycling of cleaned, eligible, non-returnable crop production and on-farm animal health chemical containers. Eligible drums can be taken to the Waste Transfer Station and processed by the facility operator.

Remember to partake in drumMUSTER your drums must be triple rinsed and dry before delivery! www.drummuster.com.au

Participate in drumMUSTER and you will help raise funds for the Narembeen P&C through the proceeds of the program

WARNING: DUMPING OF WASTE OUTSIDE OF DESIGNATED AREAS IS ILLEGAL AND CAN INCUR FINES Please report illegal dumping to the Shire of Narembeen - 9064 7308

ASBESTOS CAN BE IN ANY HOME LT OR RENOVATED BEFORE 1987







# Birthdays



22nd	Jeremy Padfield	Sandra Andrews	Sheree Parkin
23rd	Ken Andrews		
24th	Zoe McGhie		
25th	Neville Beagley Jayden Hooper	Benjamin Andrews	Luke Schwartz
26th	John Hunter	Deanne Ventris	
	Jaya Piper (Richards)	Amanda Hall	Rachel Padfield
27th			
28th	Talbot Cowan	Jamie Butler	Melanie Butler
	Michelle Slade		
29th	Austin Wasley	Joe Della Vedova	

Amniversaries

23rd Greg & Carolyn Fagan24th Graham & Helen Lethlean



# **CHURCH NOTICES**



## ST PAUL'S ANGLICAN

**Sunday 26th March** 

9.30am

Ezekiel Ch 37, V 1-14 D Bookham

Romans Ch 8, V 6-11 H Toovey

John Ch 11, V 1-45

Psalm 130

## **Church of Christ**

#### Thursday 23rd March 7.30pm

Bible study at D&R Smoker's place Word for the evening- Contentment

# Sunday 26th March 10.00am

Worship Service with Sunday school during the service

Bible verse: 1 John 4:10

This is love: not that we loved God, but that he loved us and sent his Son as an atoning sacrifice for our sins.

#### **Seventh-day Adventist**

105 Church Rd, Mt Walker

**Saturday 25th March** 

All Most Welcome

10am Combined Adult Bible study
Childrens Program (at the same time)
11.30am Combined Worship Service

**Speaker: Pastor Ben** 

"God sees us as He would like us to be..but loves us as we are."

Any gueries please contact:

Terry Ashmore 0427 907 119

Pastor Ben Townson 0403 053 288

### **ROMAN CATHOLIC**

**OUR LADY OF THE BLESSED SACRAMENT** 

Mass Service only on the 2nd and 4th week of each month

**Sunday March 26th** 

**10am** 

Reader: M Harper

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: R Hickey

Email: <u>brucerockparish@gmail.com</u>

FaceBook: Francis Mary Concepta Sacrament



#### COMMUNITY HEALTH INFORMATION



#### NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines consults Monday to Friday from 8am to 1pm.
Please phone 90647 145 for an appointment or online with Health Engine

#### HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

#### WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

#### WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential
Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

#### CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm

Alternatively, contact Primary health in Merredin 90813222 or Ngala 1800 111546

#### CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

#### CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

#### **COMING EVENTS**

2023

Wednesday 22nd Ladies Bowls Countryweek

Thursday 23rd Autumn Club 10.00am-2.00pm

Hockey training 5.30pm

**Ladies Bowls Countryweek** 

Footy training 6pm

Friday 24th Playgroup at Numbats Centre 9.30am

Mt Waker tennis wind-up 6pm

Ladies Bowls Countryweek

Saturday 25th Church

Men's Shed 9.00am
Triathalon at the pool 3pm

Mens Bowls pennants Semi Finals 1 v 2; 3 v 4

Sunday 26th Church

Mens Bowls Prelim & Grand Final at Bruce Rock

Ladies Bowls social

Monday 27th Circuit Gym 9.30am

Arts and Crafts and Book Exchange at Community Shed 10.00am-4.00pm

Tuesday 28th Senior Citizens 2.00pm

Footy training 6pm

wish my metabolism worked as fast as my anxiety.

**Editor: Gina DeLuis**