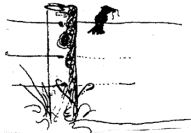


# The Fence Post



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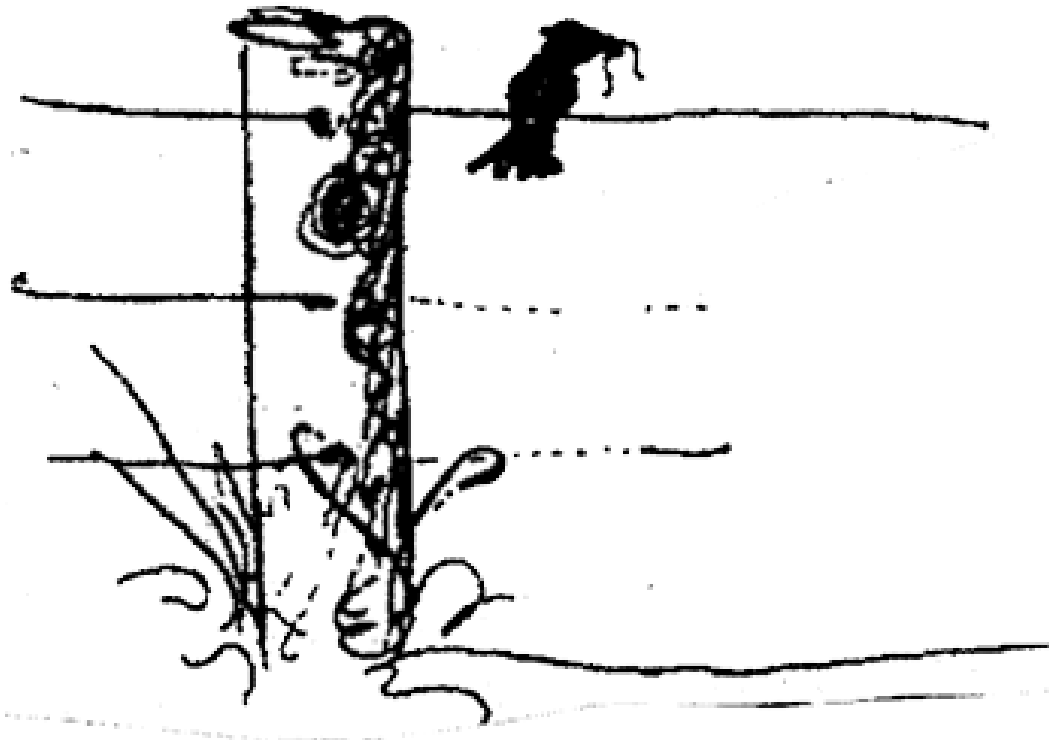
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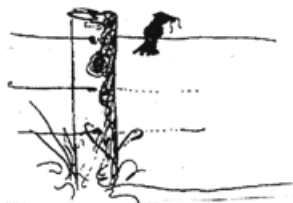
Phone (08) 90647055

Email: [narembeenfencepost@outlook.com](mailto:narembeenfencepost@outlook.com)



The Fence Post - Informing the people of Narembeen since 1978

# THE FENCE POST INC



PO Box 7, Narembreen, WA. 6369

Ph: (08) 9064 7055

narembreenfencepost@outlook.com

OFFICE HOURS: Tuesday 8.30am - 12.00pm

## \* DEADLINE 10.30 AM TUESDAY \*

News items or payments may be left at the front desk of the CRC when the Fence Post office is closed.

### Advertising Rates 2023

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$10	\$15	One Third Page	\$15	\$25
One half Page	\$20	\$30	Two Thirds Page	\$25	\$40
Full Page	\$35	\$55			

PREFERRED FORMAT– JPG, WORD, PUBLISHER OR PDF

### ANNUAL SUBSCRIPTION RATES 2023

DUE 1st March

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### EDITORS

Maxine Miolini (Editor-in-Chief), Jodie Batty, Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Kellie Mortimore

### ROSTER

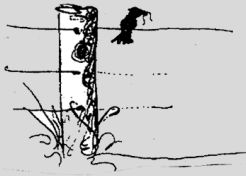
Date	Editor	Typist	Ads
28/11/2023	Jodie Batty	Rhonda Cole	Noela Cole
5/12/2023	Kellie Mortimore		

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

### Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



# Over the Fence....

## Wellness Luncheon

What a great idea to hold a 'Wellness Lunch' for the lucky Narembeen residents. Word on the street was that it was a great day with lots of information and laughter all around. Well done, CRC Narembeen. #wellness

## **Fencepost Morning Tea**

Come and volunteer at the Narembeen Fencepost and you too could be the happy recipient of a wonderful morning tea. #volunteeringisfun



From front right: Lorraine Lethlean, Nora Kircher, Leiyah Butler, Georgia Atkins, Maxine Miolini, Noela Cole, Sam Woodfield, Jodie Batty, Darien Pascoe, Gina DeLuis, Kellie Mortimore, Vanessa King and baby Luca King, Rhonda Cole. Absent from pic: Sherrie Heather (taking photo)

# Narembeen District High School Newsletter

Independent Rural Excellence

LEARN ~ ACHIEVE ~ SUCCEED

Principal: Mrs Chris Arnold    Deputy Principals: Mr Russell Arnold  
Ms Lynda Cornish

Our Values:  
Learning, Excellence, Equity & Care



Ada Street, Narembeen WA 6369  
Phone: 08 9064 9600  
Email: [Narembeen.dhs@education.wa.edu.au](mailto:Narembeen.dhs@education.wa.edu.au)

ISSUE 17/23 November 14 2023

## WEEK 6 QUOTE



### WHAT'S INSIDE

- From the Principal
- Homework
- Community News



Preparing Students for a Changing World

### OUR CLASSES CELEBRATING OUR SCHOOL BEING A WAEA FINALIST FOR '23

The WAEA '23 winners will be announced this year at a breakfast at the Crown Ballroom on Monday December 4 2023. On this date there will be some of our staff, who lead different areas of our school absent as they will be attending the breakfast. We don't think that we will win, but we are going to celebrate being recognised as a finalist again 😊.











**We have built a great school together, from K - 10, we give the students the best opportunities to learn.**



## REMEMBRANCE DAY ASSEMBLY 2023

Thank you to our **Student Council** who ran a poignant Remembrance Day service last Friday, to ensure that we continue to recognise, remember, and respect the sacrifice made by our service men and women over our short but proud history. Thank you also to **Bianca** who organised our leaders to run the service. Many thanks to the Year 1 class for our beautiful poppies that all of the staff were given, and well done to the Year 2 students who had some great work on display.



## SITE VISIT AND FILM CREW HERE!

We did not have a lot of time between finding out that we were a WAEA '23 finalist and the site visit last Monday November 6 2023. Thanks to those that were involved in interviews throughout the day, **Joey C, Emily, Lucy, Hannah K, Hannah C, Felicity, Mel, Anita, Bianca, Amanda, G** and our wonderful student leadership team. Thanks also to **Vanessa King** who came in to verify our partnership work with the CRC and **Carissa Wanless** who spoke on behalf of the board. On Friday November 10 we had a film crew here, they interviewed three of our students, **Zack, Mia and Wren**, they also filmed interviews with **Joey C** and I, and went into each class, where we had a different activity ready to go 😊. They were in awe of our kids, they go to many schools and said that they had never seen such a response to a siren to end lunch, and how respectful and well behaved they were. We do keep saying it, but trust us, compared to many, they are just amazing in terms of behaviour and courtesy. The grass is not always greener ...

## NAREMBEEN DHS CONCERT AND PRESENTATION NIGHT - ALL COMMUNITY MEMBERS ARE INVITED!



The staff and students of Narembeen DHS cordially invite all members of the Narembeen community to their annual Concert and Presentation Night which will be held on **Monday December 11 2023 commencing at 7:00pm at the NAREMBEEN TOWN HALL**. As always, you can expect a great night of entertainment as our staff and students put in a lot of effort to make the night a success. Please take on board our desire to have the students stay at the evening until the end of the night. It is in our opinion, common courtesy, to remain at the Presentation Night until it is completed. We will be endeavouring to get the evening finished in a reasonable time, without taking away from the importance of the night's presentations. Entry is a gold coin donation with the proceeds going to the P & C Association. Please note that this is a school event



and as such, is **SMOKE AND ALCOHOL FREE**. Paperwork regarding this activity will be sent home in Week 7, and your assistance in getting it back in a timely manner is greatly appreciated.

**YEAR 10 GRADUATION DANCE: WEDNESDAY DECEMBER 13 2023  
PLEASE NOTE START TIME FOR YEAR 6 - 9 STUDENTS IS 8:30PM!**



The Year 10 Graduates of 2023 would like to invite all Year 6 - 9 students, and past students, to the annual Graduation Dance which will be held at the Narembeen Recreation Centre on Wednesday December 13 2023, commencing at 8:30pm with the presentation of our graduates. Students are reminded that the **dress code is GOOD CASUAL**, meaning that **thongs, board shorts, old jeans and singlets are NOT ALLOWED!** I love seeing all our students make a terrific effort with their attire on this night and look forward to watching them dance the night away. Although the event is at the Recreation Centre which is fully licensed, we have booked the eastern two rooms and they will be divided off for the evening. **NO ALCOHOL** will be served in this area and nobody drinking alcohol will be allowed into the rooms, the night is a school activity and as such will **remain alcohol and smoke free**. The evening will finish promptly at **11:30pm** and **students must be picked up at the end of the night**. Excursion paperwork will be sent home regarding this activity in Week 7 and must be returned.

**Entry for the Year 6 - 9 students is \$2.00.**

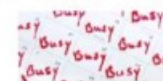
**PRE-KINDY THANK YOU**

On behalf of our Pre-kindergarten students, I would like to thank **Ms Erin Lindsay** for her efforts over the past five weeks to deliver a great program to our new 2024 Kindergarten students. It is terrific that our students can have a sneak peek at what coming along to school is all about. Thanks also to **Sarah Kuhne-Munroe** for her assistance throughout the program's delivery. Many thanks also to **Carissa Wanless** for taking our new parents through the **Triple-P program** over three mornings, we greatly appreciate the time you give to our school and parents.

**TERM 4 DATES: MARK YOUR CALENDARS!!**



- Wednesday November 29 2023 - Friday December 1 2023:** Year 9 Try - a - Trade orientation @ Merredin SHS 10
- Monday December 4 2023:** WAEA '23 Presentation Breakfast
- Tuesday December 5 2023:** Year 7 - 10 Imagination Proclamation in the undercover area
- Sunday & Monday December 3 & 4 2023:** Leadership camp in Perth for 2023 Student Council
- Thursday December 7 2023:** Senior Citizens dinner (K - Year 6 involved)
- Monday December 11 2023:** Kindergarten students attend, **SCHOOL FOR ALL CLASSES FINISHES AT 12:10pm**
- Monday December 11 2023:** Concert and Presentation Night 7:00pm at the Narembeen Town Hall
- Wednesday December 13 2023:** Graduation Dinner Dance (Year 6 - 10's) at the Narembeen Recreation Centre; commencing at 8:30pm for Year 6 - 9 students
- Wednesday December 13 2023:** Last day for Kindergarten students
- Thursday December 14 2023:** Positive Rewards at the pool and last day for students



**MRS CHRIS ARNOLD  
PRINCIPAL**

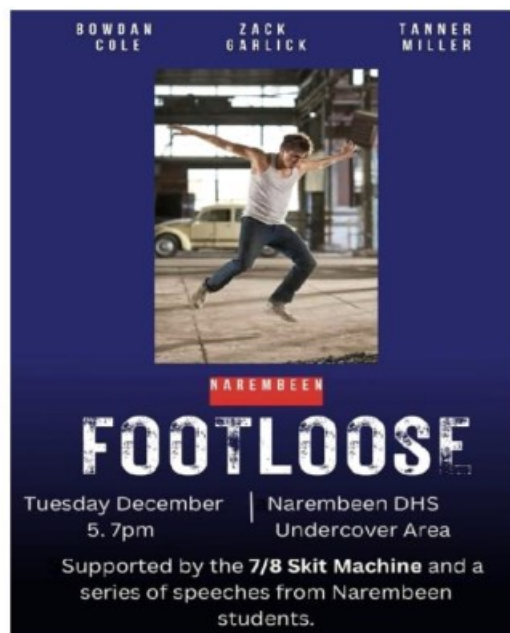
## POSITIVE REWARDS

Congratulations to the following students who have won 10 points for their FACTION 😊.

Student:	For:
Phoenix Myers	great work in Maths.
Eimear Hickey	cleaning up the play toys at lunch.
Nicole Smoker	cleaning up the play toys at lunch.
Baylee O'Neill	achieving her Mental Maths goal. Well done!
Lucas O'Neill	scoring 100% in his Maths test.
Ricardo Brown	one hundred days of reading.
Aaron Thorn	helping your friends.
Olivia Wanless	improved effort with illustrations.
Ollie O'Neill	improved effort with illustrations.
Violet Farrell	working so hard in design technology.
Paige Parsons	100 days of reading. Well done!
Paige Parsons	achieving her English Skills goal.
Dakoda Miller	keeping our school tidy by picking up litter.
Chris Kelly	doing well in home work class.
George Hayter	thinking 'outside the square' during D&T while making his decoration.
Ava Batty	impressive creativity.
Chase Smoker	back to back 100% scores in Maths tests.
Toby Slade	reaching his Mental Maths goal. Awesome work!

## THE IMAGINATION PROCLAMATION: WE HOPE YOU CAN JOIN US FOR THIS EVENING OF ENTERTAINMENT 😊

The high school students would like to invite any and all interested community members to a night at the theatre on **Tuesday December 5 2023, commencing at 7:00pm in the undercover area at the school.** This evening of entertainment will include a production by the Year 9/10's, some skits from the Year 7/8's and a series of speeches by selected students.





# We're hiring in Narembeen

We believe our staff are our greatest asset as we work together to deliver the very best in Home Care in the Wheatbelt.



We are looking for caring and passionate nursing and Home Care support workers in the Wheatbelt.

Our Care with Purpose people-centred care model promotes dignity, respect, privacy and independence.

As a not-for-profit organisation, we are inclusive and welcome all faiths and backgrounds. We offer competitive hourly rates, casual loading and full training. We have both permanent and casual roles available now.

If you would like to discuss further call 1300 244 000 or email your CV to [homecare@catholichomes.com](mailto:homecare@catholichomes.com)



CATH0391

## East Narembeen Seventh-Day Adventist Church

Will be presenting a light hearted Christmas play

### "SHEPHERDS ON THE HILLSIDE"

DECEMBER 9th 2023 starting at 1.30pm  
At Church 105 church Road

There will be light refreshments provided after the program.

If you would like more information contact Merlene Phillips  
0427783004 or 0890648417



NAREMBEEN TENNIS CLUB

# DELTA AG OPEN DAY



**SUNDAY  
3RD DECEMBER**

**MORNING MIXED  
SPONSOR:**



\$30 FOR BOTH EVENTS  
\$25 FOR ONE

-----  
**FAST SERVE COMP  
RAFFLE PRIZES**  
-----

**ARVO DOUBLES  
SPONSOR:**



LUNCH & ARVO TEA INCL.  
DINNER FOR PURCHASE

-----  
**REGISTER 12PM  
THURS 30TH NOV**

SAM BALD: 0427 091 255



*Narembeen Hair & Beauty*

NEW SALON HOURS

**OPEN**

MONDAYS, TUESDAYS & THURSDAYS

**CLOSED**

WEDNESDAYS, FRIDAYS, SATURDAYS & SUNDAYS.

We hope to accomodate everyone with these new hours. please call 90647644 or 0448219910 to discuss any issues you have.

All our love,

Alex & Lisa



**VISITING OPTOMETRIST**

**MONDAY 27<sup>th</sup> NOVEMBER 2023**

If you have found it difficult to travel out of town to have your eyes tested **Graham Shipway – Bunbury Optometrist** will be visiting again.

Eye tests will be bulk-billed to Medicare (must have valid Medicare card)

A range of frames will also be available to choose from if required.

*Contact the Narembeen Medical Centre today to book your appointment on 90647145*

*Appointment times are between*

*9.00 am-12.00pm*

# SYMPTOMS OF LUNG CANCER



Lung cancer is the fifth most commonly diagnosed cancer in Australia in 2023 and the most common cause of cancer death. So, it's important to look out for any changes in your body, including coughing or spitting up blood, or, for more than four weeks:

- A new cough or change to your usual cough
- A lot of chest infections
- Finding it hard to breathe
- Losing weight without trying
- Not feeling hungry
- Pain in your chest and/or shoulder
- Feeling tired or lacking energy

Changes to your voice, such as hoarseness or croaky voice.

Please tell your doctor, clinic nurse or Aboriginal health worker straight away if you notice any symptoms.

The benefits to finding cancer early is that you can be around longer to do the things you love doing with the people you love. Such as caravanning, holidaying, camping, seeing your children get married, or spending more time with your grandchildren. Visit <https://www.findcancerearly.com.au/cancer-symptoms/lung-cancer/> or call our Information and Support line on 13 11 20 for more cancer symptoms and information.





# Supporting Yourself *and* Others

Supporting yourself and others is an introduction to recognising general signs of poorer mental health and well-being in yourself and others, having a check-in conversation with a colleague, listening to what they have to say, and finding support.

**Target audience and purpose:**

Anyone. This workshop is pitched at all levels and industries. The workshop is about general peer conversations and self-care.

**Book Now**

**When**  
Tuesday 5 December 2023

**Where**  
Merredin Regional Community & Leisure Centre, Bates Street, Merredin WA 6415

**Time**  
10:30am - 12pm

**Cost**  
FREE



## **CAKE STORE**

All funds raised go to Ethan Stirrats Charity - Hurt to Help

When: Friday 24th November from 9:30am - Main Street

All baked goodies would be so greatly appreciated

This is a great way for us as a community to support Ethan and his charity

## **NAREMBEEN LADIES HOSPITAL AUXILIARY**

### **ANNUAL GENERAL MEETING**

The Annual General Meeting of the Narembeen Ladies Hospital Auxiliary will be held on Monday 27 November 2023, 2.00pm at the Koolberrin Lodge.

Everyone Welcome



# MONSTER GARAGE SALE

WHEN : Saturday 25th & Sunday 26th NOVEMBER, 2023

WHERE: 13 DOREEN STREET, NAREMBEEN

TIME: 08:00am to 1:00pm

## ITEMS FOR SALE

FISHER & PAYKEL FRIDGE/FREEZER	BAR FRIDGE
SMALL UPRIGHT FREEZER	LINEN
CRAFT ITEMS	XMAS DECORATIONS
ANTIQUE FURNITURE & SUNDRIES	DOONA'S
T/V'S	LADIES & MENS CLOTHING
EUROPEAN PILLOWS	LOTS OF BRIC-N-BRAC
AND MUCH MORE	

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**Contact:** Ross or Bianca

**Phone:** 0438 375 146

**Email:** [office@combinedpc.com.au](mailto:office@combinedpc.com.au)

A.B.N 56094513247



### Livingston Medical



Posted by Rachel Livingston

Just now · 🌐

The new Covid vaccines are now available to order from the government.

We will be ordering the new vaccines for all locations today with the knowledge that they should be delivered to sites by 11th December.

If you would like to receive the new Covid vaccine please call or email you local Livingston Medical Centre and we will pop you in the list for the next vaccination clinic.



[See Insights and Ads](#)

[Boost post](#)



# Narembeen CRC Update

## Wellbeing Luncheon

WOW! Thank you to all those that attended the Social Prescribing Wellbeing Luncheon. It was amazing to see so many of you involved with the presentations and enjoying the day. There were many prizes given away on the day including the lucky door prize which was won by Warren Milner as his birthday was the next one on the calendar for those in attendance. The morning commenced with delightful scones smothered with jam and cream and a HOT....cup of tea or coffee. It was then time to settle down into the quiz which tested many peoples memories on how long things had been around, surprisingly longer than we think in most cases. Presentations from Holyoake, Amity Health and the Commonwealth Department of Ageing followed with lots of information shared to the group. There was a short break for lunch which included zucchini slice, sandwiches, sausage rolls, fruit platters and a variety of sweet slices. Thank you to Wild Poppy Café for their excellent food. To end the day it was up to the participants to share a bit of wisdom with us all. Photos were taken of those keen to share their wisdom and soon we will have a collage which we will share.

Thank you to Leiyah and Georgia who did a fantastic job setting up, packing up and plating the food



## Storytime

We have changed the day and time for Storytime to hopefully have better attendance, it is so much more fun when there are lots of children listening, singing and crafting. We currently have about 30 children who are interested in attending our last one of the year. Please make contact with us if you would like to bring your kids along too.

Kellie Mortimore  
Coordinator

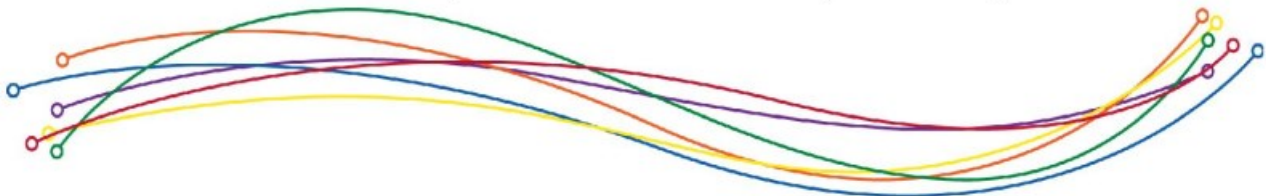


“ It always seems impossible until it’s done. ”  
~ Nelson Mandela



# Upcoming CRC Events 2023

- Story Time: Wed, 29 November, 2.30pm (Note the new day & time)
- Christmas Street Party: Thu, 14 December
- Morning Coffee Club: Wed, 20 December
- Christmas Light Tour: Thu, 21 December
- Office Closure: Mon, 25 December— Sun, 7 January



T 9064 7055

Unit 2 /19   Hill Street, Narembeen WA 6369

[crcreception@narembeen.wa.gov.au](mailto:crcreception@narembeen.wa.gov.au)

[www.narembeen.wa.gov.au](http://www.narembeen.wa.gov.au)

Narembeen Community Resource Centre

Narembeen CRC





# CHRISTMAS

## STORY AT THE CRC

### TIME



★ STORIES

★ FUN GAMES

★ ARTS & CRAFTS



JOIN US IN THE  
LIBRARY AT 2.30PM

**\*\*Children must be accompanied by an adult\*\***

**Wednesday, 29 November**



# CHRISTMAS MORNING COFFEE CLUB

WEDNESDAY 20 DECEMBER 2023

JOIN US FOR THE LAST MCC OF THE YEAR!  
MORNING TEA, GAMES & MORE!!



PLEASE RSVP TO THE CRC ON 9064 7055





2023

# COMMUNITY CHRISTMAS PARTY

KIDS ACTIVITIES, MARKET STALLS,  
MINI GOLF, FACE PAINTING, SANTA  
VISIT, OUTDOOR CINEMA

*Ho ho ho!*

THURSDAY  
14 DECEMBER

4.30 PM TILL LATE

NAREMBEEN OVAL



Community Benefit Fund

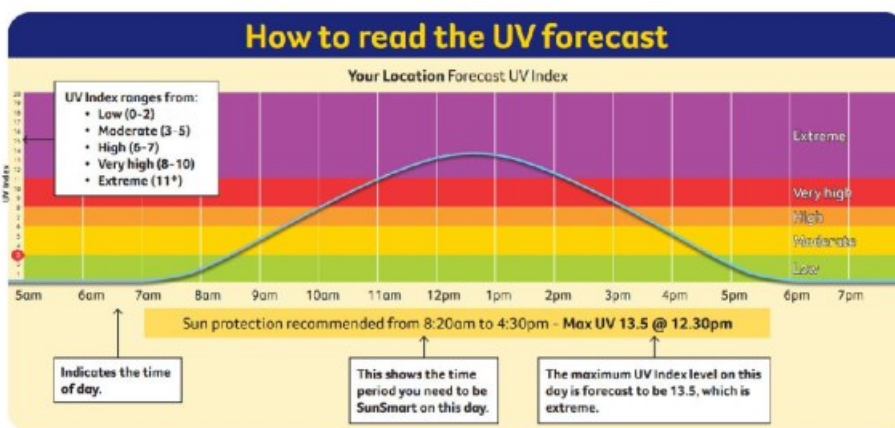




**Kaylor Andrews**  
 Wheatbelt Regional Education Officer  
 Cancer Council Western Australia  
[Kaylor.Andrews@cancerwa.asn.au](mailto:Kaylor.Andrews@cancerwa.asn.au)  
[cancerwa.asn.au](http://cancerwa.asn.au)

## How to be SunSmart

Australia is the skin cancer capital of the world. Two in three Australians will develop skin cancer in their lifetime, and every year around 2,000 people die from this disease. The good news is that skin cancer is largely preventable by minimising exposure to ultraviolet (UV) radiation from the sun. Being SunSmart is a simple and effective way to reduce your risk of developing skin cancer.



There's more to sun protection than sunscreen. Protect yourself in **five** ways:

- Slip** on sun protective clothing
- Slop** on SPF 30 (or higher) sunscreen
- Slap** on a broad-brimmed hat
- Seek** shade
- Slide** on wrap-around sunglasses

### Find Skin Cancer Early

Common skin cancer symptoms:

- A new spot or mole on your skin that is red, pale or pearly in colour
- A spot that is different from other spots on your skin
- Any crusty or non-healing sores
- Any spots, freckles or any moles changing in size (width), thickness (height), colour, or shape

Get to know your skin and what's normal for you, particularly if you're over 40 years of age. If you notice any of these symptoms or any other unusual changes tell your doctor without delay.

If it's skin cancer, the earlier it's found, the greater the chance of successful treatment.

Visit <https://www.findcancerearly.com.au/cancer-symptoms/skin-cancer/> for more information.



### When UV is 3 or above be SunSmart.

But how do you know when?

#### Use the free SunSmart Global UV App!

The sun's ultraviolet (UV) radiation is the major cause of skin cancer. UV cannot be seen or felt and can damage your skin on cool or cloudy days. The sun protection times tell you when UV is forecast to reach 3 and above, **that's the time to be SunSmart.**



Scan to download the SunSmart app



Download the app or go to [myUV.com.au](http://myUV.com.au)



Government of Western Australia  
 Department of Health

Call us on 13 11 20  
[findcancerearly.com.au](http://findcancerearly.com.au)



**Round 7 Mt Walker 28 def Corrigin 4 (forfeit)**

Sadly for our last round of pennants for the season, Corrigin, who has been low on pennants' players all season, had to call a forfeit. This brings an end to our season, finishing 4<sup>th</sup> on the ladder, so not making finals; only one point behind 3<sup>rd</sup> place Hyden 1. We had a very competitive season and look forward to the next – when maybe we will make finals!!

**EDTA Pennants Ladder**

1 <sup>st</sup>	Narembeen	10 points	5 <sup>th</sup>	Kondinin	4 points
2 <sup>nd</sup>	Hyden 2	9 points	6 <sup>th</sup>	Kulin	0 points
3 <sup>rd</sup>	Hyden 1	8 points	7 <sup>th</sup>	Corrigin	0 points
4 <sup>th</sup>	Mt Walker	7 points			

Good luck to the 3 top teams in the finals!!

Our Singles Champs were held on Sunday, a sweltering one at that. Comments were made that some players, after going to 3 sets had never been seen so red! Entrant numbers were high and so was the quality of the tennis (and of course the ITALIANO banquet was top notch). Disappointingly (for all those who were to be subjects of the photos) the club photographer was MIA, so some photo recycling has had to suffice...

**Well done to the 2023/2024 Singles Champions!!**



**Ladies**

**Winner: Maddie Della Vedova**  
**Runner up: Indi Miolini**  
**Plate: Carissa Wanless**

**Men**

**Winner: Pete Cowan**  
**Runner up: Adam Miolini**  
**Plate: Breno Maher**



**COMING EVENTS:**

<b>Saturday 25 November</b>	Pennants Semi-Final
<b>Sunday 26 November</b>	Social from 3pm – Indian Night
<b>Saturday 2 December</b>	Pennants Grand Final
<b>Sunday 3 December</b>	NAREMBEEN OPEN DAY – Mt Walker Closed

**SUBS DUE NOW (Tennis Members)**  
**Full \$120    Social \$60    Junior \$35**  
 Please pay by cheque, cash or EFT to: Mt Walker Sports Club, BSB 066-518, Account No. 10171839  
 Use surname and initial as narrative  
 \* **NEW MEMBERS WELCOME** \*  
 Ladies Captain: Courtney Bormolini 0488 333 492 Men's Captain: Michael Morrone 0428 346 679 Secretary: Felicity Cowan 0428 191 083





## BOWLS NEWS

On Friday a ladies team travelled to Pingelly for their Gala Day. Although no winners, a fun day was had by all and they were lucky enough to bring home a couple of raffles.

On Wednesday the Ladies Pennants lost to Corrigin Gold. It was a very close game with one rink drawing and the other going down by one shot.

On Saturday the men's A and B pennants teams had a win over Corrigin.

On Sunday 2 teams of men travelled to the Bruce Rock Fours – Not sure how they got on.  
Ladies Social – played a 4's competition 50up- winners were: Helen Copeman, Julie Hayter, Bec McCall and Noela Cole.  
Sylvie played in the ILRR Pairs at Northam over the weekend- SEBL ended up third. Well done.

Men – Saturday – Pennant practice starting at 4pm

Men – Sunday Pennants Round 5 NBN V Westonia (Div 1)  
NBN V Yilgarn (Div 2)

The Pennant Roster for afternoon tea this week is: Darien Pascoe, Kellie Mortimore and Narelle Vaughan

Coming up:

Wednesday 22/11 Ladies Pennants Round 7 – Westonia v Narembeen

Friday 24/11 Ladies-Champ of Champ Fours at Yilgarn

Saturday 25/11 Men – Pennant Practice @ 4.pm  
Ladies – Social (note different day)

Sunday 26/11 Mens Pennants Round 5-NBN v Westonia (Div 1)  
NBN v Yilgarn (Div 2)



### THANK YOU to our SPONSORS.

Delta Agribusiness, Nutrien Fertiliser, Conquest Chemicals, AFGRI, Vicchem, McIntosh & Son, Croplands, Collgar Windfarm, Mia DAVIES, McKenzie Family Funerals, Steve & Chris PADFIELD, Trevor & Jake COLE, Barry PRICE & Family, IGA Narembeen, Nutrien Total Ag, Wally TUDOR, Iris BRISTOW Family, Narembeen Engineering, Barry & Noela COLE, AMAC Mechanical, Narembeen Hardware & Ag, Hendy & Anita COWAN, The Thomas Family, Avon Waste, Frank & Helen COPEMAN, Tony & Di MIOLINI, Liberty Fuel, Narembeen Tyre Service, Repacholi Air, Motive Travel, Robert & Julie HAYTER, Rhonda COLE, Crichton vale, Sylvia YANDLE, Trade Marks Attorney Service.

### HISTORICAL HIGHLIGHTS MEETING 20<sup>TH</sup> NOVEMBER 2023

Our last meeting of the year was attended by 11 members with contributions to the discussions from all present.

Following are the main points from the meeting.

A little more work has been done on the Old Church and we look forward to returning exhibits to this building in early 2024 when weather permits as this will be a big and heavy job. Sheree Thomas has been working on the flyers advertising the Historical Society and will present these at a future meeting.

The Buffs lecterns will be rehoused when the Old Church is ready and a short outline of the Buffs Lodge will be compiled to accompany these items.

It is disappointing to note that flaking of the paintwork has reappeared around the base of the Road Board building. The shire has invested a great deal of effort in obtaining funding to address this problem of rising damp.

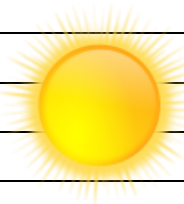

Copies of photos obtained from the Society have been displayed in the Police Station (as shown in last week's Fencepost). We are pleased with this interaction in making this piece of history available to the public and thank Daniel for his initiative.

Peter Sargent, grandson of George Sargent has contacted the Society offering documents relating to land purchases in the district. We will be very happy to accept these. Regarding this item can older readers recall a road named Government Road? This has probably been renamed now. The Sargents had the farm on Soldiers Road which later belonged to the late Peter Miolini . Mrs Sargent assisted the mailman Bill Read with the mail run. During the Depression the Sargents moved to town and lived on the block now occupied by the home of Ross and Maz Beechey. Bevan Eyles (Grandson of George and Dorothy Sargent) recalls spending a lot of time at the house as a child. Coincidentally Bevan and his wife Sandy now live next door to this block.

Following the meeting, members enjoyed lunch at the hotel where President Lorraine Lethlean thanked members for their involvement throughout the year and wished all a very Happy Festive season.



# Weather

Weather			
Nov-23	Minimum	Maximum	Rainfall
Wed 15th	15.5	23.5	
Thu 16th	12.0	24.5	
Fri 17th	10.0	27.1	
Sat 18th	11.8	31.3	
Sun 19th	14.6	35.3	
Mon 20th	13.8	34.7	
Tue 21st	14.4	—	

## Anniversaries in November

20th Warren Milner & Lorraine Lethlean



## November Birthdays

23rd	Damien Casson	Kerryn Price	Margaret Romaio
	Melissa Mortimore	Lia Bormolini	
24th	Sue Butler		
25th	David Smoker		
26th	Christina Bormolini	Alain Deluis	Errol Pascoe
	Warren Milner		
27th	Lesley Wasley	Todd Aird	Sunee Quinn
28th	Kevyn Bow	Kaine Capstick	
	Chris Gray	Jay Gill	
29th	Stuart Yandle	Lara Woodley	Nora Heather
30th	Fiona Pini	Doris Ketteringham	Suzette Bailey
	Tony Addicoat	Jill McGregor	



**PLEASE NOTE:** *The Fence Post* volunteers respectfully ask that to avoid upsets and or embarrassment, family and loved ones should please notify *The Fence Post* of any change of circumstance that may effect the Birthday/Anniversaries page published. Please advise specific dates to simplify the editing process. Contact details are on the front cover page of *The Fence Post*.



# CHURCH NOTICES



## ST PAUL'S ANGLICAN

**Sunday 26th November 2023**

**9.30am**

**Ezekiel Chapter 34**

**Verses 11-16 and 20-24**

**Ephesians Chapter 1**

**Verses 15-23**

**Matthew Chapter 25**

**Verses 31-46**

**Psalm 100 Reader: Kerry Fricker**

## **Church of Christ**

**Sunday 26th November at 10.00am**

**Worship service with Sunday school during the service.**

**Bible Verse: Proverbs 3:7**

**Do not be wise in your own eyes, fear the Lord and shun evil.**



## **Seventh-day Adventist**

**105 Church Rd, Mt Walker**

**Saturday 25th November 2023**

**All most welcome.**

**10.00 am** Sabbath School-Adult Bible Study

Children's Program (at the same time).

**11.30am** Combined Worship Service

Speaker: Pastor Ben

Any queries please contact:

Terry Ashmore 0427 907 119

Pastor Ben Townson 0403 053 288

## **ROMAN CATHOLIC**

**OUR LADY OF THE BLESSED SACRAMENT**

Mass Service only on the 2nd and 4th week of each month.

**Sunday November 26th at 10.00am**  
Reader: B. Hickey

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: M. Hall

Email: [brucerockparish@gmail.com](mailto:brucerockparish@gmail.com)

FaceBook: Francis Mary Concepta Sacrament





## COMMUNITY HEALTH INFORMATION



### LIVINGSTON MEDICAL - PHONE 9064 7145

5/19 Churchill Street, Narembeen

Dr Livingston consults at the Surgery Monday - Friday from 8.30am to 5.00pm.  
Also provides full emergency Doctor service to the Narembeen Hospital.

Please phone 90647 145 for an appointment or book through Healthengine or  
[www.livingstonmedical.com.au](http://www.livingstonmedical.com.au)

### HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm.

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours.

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

### WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs.

### WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential.

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074.

### CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm.

Alternatively, contact Primary health in Merredin 90813222 or Ngala 1800 111546.

### CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

**PODIATRIST - PHONE 90646222** Please call the hospital (office hours) for appointments

**ST JOHN AMBULANCE - PHONE 000** Do not call the hospital for an ambulance in an emergency.

**CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492**

At Narembeen Medical Centre

COMING EVENTS

Wednesday	22	Ladies Bowls Pennants Round 7—Westonia v NBN	
Thursday	23	Autumn Club	10.00am- 2.00pm
Friday	24	Playgroup at Numbats Centre Ladies Bowls—C of C's Fours at Yilgarn	9.30am
Saturday	25	Church Men's Shed Men's Pennants - Pennant Practice Junior Cricket—Round 5 NBN v Bruce Rock at home Narembeen Tennis Pennant Semi Final Mt Walker Tennis Pennants Semis (2v3) Final Ladies Bowls-Social home (in lieu of Sunday 26)	9.00am 4.00pm
Sunday	26	Church  Men's Bowls— Pennants Round 5  NBN v Westonia (Div 1)  NBN v Yilgarn (Div 2)  Mt Walker Tennis—Social— Indian Night Narembeen Tennis—Singles Championship	
Monday	27	Circuit Gym Arts and Crafts and Book Exchange at Community Shed	9.30am 10.00am- 4.00pm
Tuesday	28	Senior Citizens	2.00pm
Wednesday	29	Ladies Bowls Pennants—General Bye  Over 60's Triples (Wed 29, Thu 30, Fri 1)	

**EDITOR: Sherrie Heather**