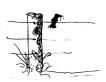
The Fence Post



Volume 25 Edition 07 6/12/2023 \$1.50

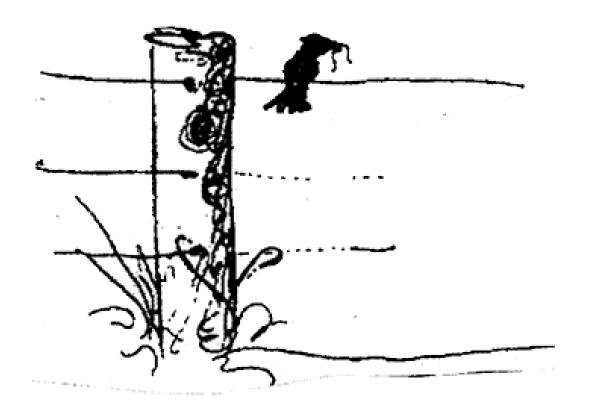
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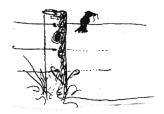
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 Ph: (08) 9064 7055

narembeenfencepost@outlook.com

OFFICE HOURS: Tuesday 8.30am - 12.00pm

* DEADLINE 10.30 AM TUESDAY *

News items or payments may be left at the front desk of the CRC when the Fence Post office is closed.

Advertising Rates 2024

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$10	\$15	One Third Page	\$15	\$25
One half Page	\$20	\$30	Two Thirds Page	\$25	\$40
Full Page	\$35	\$55			

PREFERRED FORMAT- JPG, WORD, PUBLISHER OR PDF

ANNUAL SUBSCRIPTION RATES 2024

DUE 1st March

Local & Online \$66

Mailing \$176

Online payments: BSB 066-518 Account 10173471 (NOTE: New banking details)

EDITORS

Maxine Miolini (Editor-in-Chief), Jodie Batty, Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Kellie Mortimore

ROSTER

Date Editor

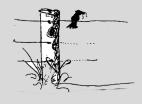
12 December 2023 Kellie Mortimore

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper. The Editor has the right to withhold, edit or abbreviate any items.

- Life Member of The Fencepost IRIS BRISTOW -



Over the Fence....



LAST EDITION

To all our Fencepost readers, this is our second last edition for the year. All those businesses who want to advertise in the last edition, please have your advertisements in by 10.30am next Tuesday. It is a good opportunity to advise the local residents of your opening hours over the Christmas Holiday period. Not everybody is on Facebook. For our regular readers it is also a good opportunity to wish your friends and family a Happy Christmas or even purchase an annual subscription as a gift.



BANK CHANGES

As Bankwest are no longer servicing our Fencepost business account we are in the process of changing over to Commonwealth Bank. The account number will be printed on new invoices issued at the end of the year. Please be aware of our details when this is all set up.



EMAIL ADDRESS

With changes happening all around, note that our email address has been changed also. If you do not get your advertisement in, it may have been sent to the wrong email address.

<u>SYMPATHY</u>

Our sympathy is extended to Marilyn (Maz) Beechey and her family on the death of her husband Rock (Ross). Rock and Maz came to Narembeen several years ago for a visit and lived in their bus at the caravan park for some time before building their own home in Longhurst Street. Rock was known around the town for his engineering skills and helping various organisations with his equipment, especially the Historical Society.



AUTUMN CLUB CHRISTMAS LUNCH CELEBRATION

Last Thursday the Anglican Parish Hall was the venue for Autumn Club's Christmas lunch. Members were treated to a beautifully prepared lunch by Danelle and Paul Hudnott. The hall and tables were decorated and special Christmas biscuits for all.

Thank you to everyone who helped make our day special.

Danelle and Paul Hudnott, Kerry Fricker, Betty Wanless, Halley and Mary Cowan and the Anglican Parish for the use of their Hall.

Thank you to our members for all your contributions throughout the year.

Gingerbread House, made by Betty Wanless was won by Joyann Antunovich. Other prizes donated by Halley and Mary Cowan went to Rhonda Hickey and Elsie Palmer.



Congratulations to the lucky winners

As we enjoy the festive season and look forward to another happy and productive year in 2024, we take the opportunity to wish everyone a joyous Christmas filled with love, happiness and prosperity.

MER RY CHR ISTMAS AND HAPPY NEW YEAR

Autumn Club returns Thursday 1st February 2024

Narembeen Autumn Club Contact: Carmel Harper Mobile: 0419 921 319

Email: carmelharper@bigpond.com





Mary's Christmas Dream

I had a dream Joseph. I don't understand it, not really, but I think it was about a birthday celebration for Our Son. I think it was what it was all about. The people had been preparing for it for about six weeks.

They had decorated the house and bought new clothes. They had gone shopping many times and bought elaborate gifts. It was peculiar though because the presents were not for <mark>Our Son</mark>.

They wrapped them in beautiful paper and tied them with lovely bows and stacked them under a tree. Yes, a tree Joseph, right in their house. They decorated the tree also. The branches were full of glowing balls and sparkling ornaments. There was a figure on the top of the tree. It looked like an angel might look. Oh, it was so beautiful. Everyone was laughing and they were very happy. They were all excited about the gifts.

They gave the gifts to each other, Joseph, not to Our Son. I don't think they even knew Him. They never mentioned His name. Doesn't it seem odd for people to go to all that trouble to celebrate someone's birthday if they don't know Him? I had the strangest feeling that if Our Son had gone to this celebration, He would have been intruding. Everything was so beautiful Joseph, and everyone was so happy, but it made me want to cry. How sad for Jesus not to be wanted at His own birthday party. I am glad it was only a dream. How terrible Joseph, if it had been real!

"Let's put Christ back into Christmas"

For then there will be Peace on Earth for all Men.

HERE ARE 10 REASONS WHY SANTA COULD HAVE BEEN A FARMER

- 1 He works all year, just to give his stuff away.
- 2 He is good with livestock
- 3 He knows how to get by with the same equipment season after season
- 4 He works outside, even in bad weather.
- 5 He is good with kids
- 6 His wife is an excellent cook.
- 7 He could stand to lose a few kilos (se reason#6)
- 8 He is used to getting in and out of tight places
- 9 He covers a lot of ground in a hurry when the pressure is on
- 10 He takes care of the needs of the whole world



BOWLS NEWS

Oops - Sorry - Forgot to do notes last week

On Wednesday 22^{th} November the Ladies Pennants had a very good win over Westonia On Sunday 26^{th} November the Men's pennants - A team had a win over Westonia and B team had a win over Yilgarn

On Saturday the Men's pennants teams had a very good win over Civic

On Sunday the ladies played the Championship Singles and the winner was Maxine Miolini from Kellie Mortimore. The plate was won by Julie Miller over Sylvia Yandle. Very good bowls was played by everyone.

Ladies pennants round 8 Bruce Rock v Narembeen.

The team is: Sylvia Yandle, Anita Cowan, Julie Hayter and Julie Miller

Kellie Mortimore, Helen Copeman, Maree Campbell and Maxine Miolini Reserve-Noela Cole

The Men's Championship Singles is on Saturday and Sunday. Names to be in by 6pm Friday evening.

Coming up:

Wednesday 6/12 Ladies Pennants Round 8 – Bruce Rock v Narembeen

Saturday 9/12 Men's Championship Singles (12 noon start)

Sunday 12/12 Men's Championship Singles cont. (9am start)

Ladies – Westonia Open Day

Social at home

Wednesday 13/12 Ladies Pennants Round 9 – Narembeen v Civic

Friday 15/12 Ladies – C of C Pairs at Corrigin

Saturday 16/12 Men's Pennants Round 7-Narembeen v Merredin Club

Sunday 17/12 Championship Mixed Pairs

DON'T FORGET

NEW YEARS EVE

BAREFOOT BOWLS (4pm Start)

THANK YOU to our SPONSORS.

Delta Agribusiness, Nutrien Fertiliser, Conquest Chemicals, AFGRI, Vicchem, McIntosh & Son, Croplands, Collgar Windfarm, Mia DAVIES, McKenzie Family Funerals, Steve & Chris PADFIELD, Trevor & Jake COLE, Barry PRICE & Family, IGA Narembeen, Nutrien Total Ag, Wally TUDOR, Iris BRISTOW Family, Narembeen Engineering, Barry & Noela COLE, AMAC Mechanical, Narembeen Hardware & Ag, Hendy & Anita COWAN, The Thomas Family, Avon Waste, Frank & Helen COPEMAN, Tony & Di MIOLINI, Liberty Fuel, Narembeen Tyre Service, Repacholi Air, Motive Travel, Robert & Julie HAYTER, Rhonda COLE, Crichton vale, Sylvia YANDLE, Trade Marks Attorney Service.

CHRISTMAS CRACKER JOKES

- Q What do you call a cat sitting on the beach on Christmas Eve?
- A Sandy Claws.
- Q What do you call an elf wearing earmuffs?
- A Anything you like— he can't hear you.
- Q What happened to the thief who stole the Christmas Calendar?
- A He got 12 months.
- Q What did the judge say to the angry Advent Calendar?
- A Your days are numbered
- Q Why are Christmas Trees so bad at knitting?
- A They drop all their needles.
- Q What did the stamp say to the Christmas Card?
- A Stick with me and we will go places.
- Q What did the sea say to Santa?
- A Nothing it just waved!
- Q Who is Santa's favourite singe?
- A Elf-is Presley.
- Q Why did no one bid on Rudolph or Blitzen on EBay?
- A Because they were two deer.
- Q What do you call a Reindeer who can't see?
- A No-eye deer (no idea)

NAREMBEEN JUNIOR CRICKET CLUB

UPDATE



Narembeen Junior Cricket Club

We all woke up early on Saturday just to get to Muku on time. With Rhave taking lead as captain, went out to do the toss, we lost but still got what we wanted, Fielding and bowling. We wanted to get it out of the way before it got even hotter. We all fielded really well and didn't drop many catches. Two people made some amazing catches being Charlie with a flying ball coming right at him. Then when Theo, one of the last bowlers bowled a ball right at the batter forcing him to tap it up and Spencer dove as far as he could and just reached it. When it got to batting we didn't get out many times and a couple of people even making fours. Noah Smoker whacked one nearly all the way for six but just bounced a couple centimetres before the boundary.

Team: Archie, Jack C, Rhave, Toby B, Noah, Chase O, Parker, Charlie, Spencer, Benji, Paige, Theo & Chase S.

Narembeen beat Mukinbudin by 26 runs.



PLAYERS OF THE WEEK Round 5: Rhave Palompo & Noah Smoker

We were all proud of the way we played and we won with the end score being 103-129. Congratulations to Rhave and Noah for getting best player of the game. Thank you to Sammy for coaching and Trista for scoring.

By Jack Cusack

Upcoming Fixtures

9th Dec - Narembeen v Tammin 16th Dec - Kellerberin v Narembeen

Christmas Break

3rd Feb - Narembeen v Warriors





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NAREMBEEN HOSPITAL AUXILIARY UPDATE

The Narembeen Hospital Auxiliary held their AGM on Monday November 27 2023, in The Lodge Activity room. The AGM saw office bearers elected for 2024.

President: Lynda Cornish

Vice President: Rhonda Cole

Secretary: Sheree Thomas

Treasurer: Di Pollard

The auxiliary welcomed Dr Michael Livingston and his family, and also welcomed Rachel, his wife, as a new auxiliary member. The auxiliary is always looking for new members -please feel free to get in touch with any committee members if you are interested in joining.

The auxiliary has been very busy over the past year. The president's report summarises what we have been up to. Our major project for 2024 is fencing and beautifying the outdoor area of The Lodge, to make it safer and more appealing to residents and visitors.

Thank you to all members for their work. The auxiliary wishes everyone the very best for a safe and happy Christmas and new year ahead.

President's Report AGM November 27 2023

Wow! Where has the year gone? I feel like it was only weeks ago we were talking about the AGM and Kerry was handing over the reins. Kerry thank you, you have continued to be on call and involved with the hospital auxiliary, in every way. We are so grateful for your input and experience. On that note I would like to thank everybody who has been involved in the hospital auxiliary over the past year. Everyone has done their bit and helped in some way, whether it's been bringing morning tea, speaking at St Luke's service, selling raffle tickets, enquiring about land ownership, purchasing items or simply being support, for us all to work as a team. Thank you everyone for giving your time and effort to your local hospital. Special thank you to Di Pollard and Sheree Thomas for their commitment as committee members. Di has continued in her role as Secretary/Treasurer which has been particularly challenging for her with her ill health. Your financial knowledge is valued greatly Di. Sheree is a wealth of knowledge with her office background and has assisted with advice and suggestions too. We appreciate you both so much for sharing your skills to aid the success of our auxiliary.

The auxiliary has been very busy this year, both raising funds and beautifying the hospital residences of Koolberrin Lodge and Lakeside.

Through fundraising and donations, we have been able to fulfil staff wish lists. Our big Thermomix raffle was a wonderful success, with \$2271 being raised. This was organised by Di Pollard and run through Rafflelink. This was a very effective way to get to a lot of people, to purchase, via the online platform. We agreed that more opportunities to purchase at IGA would make it even more effective, so we will remember this for next time.

The support from our local community is also to be commended. A massive thank you to Rosemary Smoker and DORCAS for their generous donation, which enabled us to purchase a beautiful piece of Artwork for Lakeside. This artwork was painted by Margaret Teasdale and depicts the flora and fauna of Narembeen with Walker Lake as the main focus. We appreciate Marg sharing her talent, for others to enjoy.

Thank you to the Narembeen Tennis Club and community for donating \$3000 to the auxiliary from the annual tennis hospital day. Part of the funds raised were used to purchase 12 mink, lap blankets from Little Minky Co in Bruce Rock. Jo Buegge made these blankets using prints designed by Dee Strange. In addition, preserved flower arrangements were purchased to brighten the communal areas in Lakeside and Koolberrin. Flowers by Elli Paige created these lovely unique pieces and delivered them to the hospital. We are so fortunate to have so many talented individuals in our community and surrounds, and the auxiliary likes to support local businesses, where possible.

Other improvements funded by the auxiliary were canvas boxes and shelving to provide extra storage space that is safe and decorative, table runners, recliner chairs for in the passageway at Lakeside and in the near future, some living plants to brighten this area.

Tina Gausden purchased 3 life-like comfort cats for the residents, on behalf of the auxiliary and they have proven to be extremely popular, hence why 3 were purchased rather than the original 2.

Future projects on the agenda include; beautifying the outdoor area near Koolberrin and making it safer and upgrading some furniture to comply with safety standards.

Hospital residents have been treated to some lovely entertainment from the school students, over the school year.

Following their assemblies, the hosting classes have visited the hospital to perform their items. We hope this can continue as it was highly valued by the hospital audience.

On October 20, the auxiliary hosted St Lukes day. This is an annual remembrance service to honour local residents who have passed away over the year. Families and friends were invited to light a candle at the service in memory of their loved one. Thank you to Kerry Fricker for her organization of this service and to everyone involved. It was a huge success and I believe inviting more than just the families of those who passed in the hospital, added to the success. There were over 40 people in attendance and many positive comments were received.

Congratulations to the winners of the hamper raffle, which was well organised by Di Miolini and Kerry Fricker. We appreciate our wonderful community for their generosity in donating items for the hampers, as well as purchasing tickets. Thank you Kerry and Di for organising the raffle, along with other volunteer members who sold the tickets. Special mention to our local IGA Narembeen for allowing us to promote our raffle instore. This is an easy and efficient way to make a few hundred dollars, or \$577 to be exact.

In closing I would like to welcome new members and new committee members to the auxiliary, we hope you enjoy the rewarding experiencing of helping others. Welcome also to our new Dr, Michael Livingston and his wife Rachel and family, we hope you enjoy being a part of our wonderful town and community of Narembeen, as much as we do.

Thank you all and I look forward to what next year brings with the hospital auxiliary. Please take care and stay safe.

Lynda Cornish

President



Hospital auxiliary members with the comfort cats purchased for Lodge residents.



Narembeen Tennis



DELTA AG OPEN DAY – 3rd December 2023

Our Open Day was again a huge success with over 90 entries. With a start time of 8am, our entrants started rolling in eager to get underway. Results of the day were:

MORNING SPONSORED BY NAREMBEEN SPRAYING

A grade Mixed

Winners Ethan Stirrat & Emma Growden
Runners up Ken Hooper & Tenille McGregor

B grade Mixed

Winners Tom & Hannah Kerse

Runners up Rob Broomhall & Lisa O'Neill

C grade Mixed

Winners Jeremey & Rachel Padfield Wes Runners up Taylor & Rebecca (Bec) Smoker



AFTERNOON SPONSORED BY AFGRI

Men's A Grade

Winners Ethan Stirrat & Sam Bald Runners up Kye Stirrat & Dom Hird

<u>Men's B Grade</u>

Winners Scott Stirrat & Alex Ambrosino
Runners up Cody Duncan & Kyle Della Vedova

Men's C Grade

Winners Jerome & Tom Kerse

Runners Up Matt Poultney & Ben Latham

Ladies A Grade

Winners Holly Cusack & Hannah Kerse

Runners up Maddie Della Vedova & Vanessa Pascoe

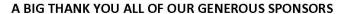
Ladies B Grade

Winners Carissa Wanless & Kate Crees
Runners up Cloe Moriau & Emilia Cahill

Ladies C Grade

Winners Lucy Currie & Rachel Padfield

Runners Up Sheree Thomas & Kyla Padfield



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Our Open Day is run very smoothly, but this is due to the large amount of work many of our members do. Thanks to our Captains Mitch & Emma Miolini. Paul, Sam, Hannah Bald, Hannah Kerse, Tickets for the draw Thursday, and again for setting up and running the day. Thanks to Britt for being in the captain's box all afternoon. All the ladies and helpers in the kitchen, even the great Brian Cusack who got so caught up that he forgot to get on court. Thank you to everyone that travelled near and far. Finally, a thanks to Jo from Holyoake for coming down and providing some prizes for best dressed, great to see everyone in BLUE and for the competitive quiz after the raffle.

Narembeen Singles Championships – 26th November 2023

We had a great day for our Men's Singles Championships, ladies will have to save their energy for the new year. 11 men started the day, well day to everyone who played and participated and a huge congratulations to our Winner.

Men's Winner Kye Stirrat
Runner up Mitch Miolini

We are having a quieter weekend this weekend followed by our Doubles Championship and Christmas party please get your names to Mitch for the tennis and to Hannah Bald for dinner which the club will be doing.

Well almost quiet weekend, due to the weather on Saturday the pennant final was postponed to this Friday at 3pm. We are playing Hyden 2 down at Hyden. Good luck to Mitch, Emma, Sam Bald, Britt, Jayden, Maddie, Sam Bowen and Hannah Kerse!!

UPCOMING EVENTS

Sunday 17th December - Doubles and Christmas Party













Ethan Stirrat Emma?



Jeremy and Rachael Padfiled



Mt Walker was closed on Sunday in support of the Narembeen Open Day, which was a fantastic day of tennis. Well done to the following Mt Walker members who took home wins:

Ladies' A-grade runner-ups: Maddie Della Vedova and Vanessa Pascoe

Ladies' B-grade winners: Carissa Wanless & Kate Crees

Ladies' B-grade runner-ups: Cloe Moriau & Emilia Cahill

Men's B-grade runner-ups: Kyle Della Vedova & Cody Duncan

We're looking forward to seeing our juniors take the courts this Sunday for the Junior Champs, please ensure names are in by Friday.



COMING EVENTS:

Sunday 10 December JUNIOR CHAMPS & Social from 3pm – BYO & salad to share

Sunday 17 December MIXED DOUBLES CHAMPS & Community Mt Walker Christmas Party

SUBS DUE NOW (Tennis Members)

Full \$120 Social \$60 Junior \$35

Please pay by cheque, cash or EFT to: Mt Walker Sports Club, BSB 066-518, Account No. 10171839

Use surname and initial as narrative

* NEW MEMBERS WELCOME *

Ladies Captain: Courtney Bormolini 0488 333 492 Men's Captain: Michael Morrone 0428 346 679 Secretary: Felicity Cowan 0428 191 083





Narembeen CRC Update

Hello everyone,

As we move closer to Christmas make sure you keep your calendars marked for the Community Christmas Party and the Christmas Light Tour. These events would not be possible without funding from the Ramelius Resources and the Shire of Narembeen Community Benefit Fund and Mia Davies Local Hero Grant.

Elf on our window sill

Our silly elf is up to all sorts of things on our window sill in the lead up to Christmas. Take a photo with yourself next to the elf and bring them in or add it to our Facebook post. Bring 6



different photos into us on Thursday 21/12 and the first 3 will receive something special but we will have something sweet for everyone.

Monday Monthly Movie

Our last movie afternoon of the year was one to enjoy with popcorn and choc tops just like the cinema being provided to all 11 of our movie goers. We hope you have all enjoyed the movies each month and will see you all again in 2024 too.



Christmas Storytime

We changed the date this month and it was definitely a big success with more than 20 children and their parents coming along to listen to Santa read them a story and enjoy some singing and crafts. We hope that all the kids didn't eat all the lollies at once and look forward to seeing them all again in 2024.





Kellie Mortimore

Coordinator

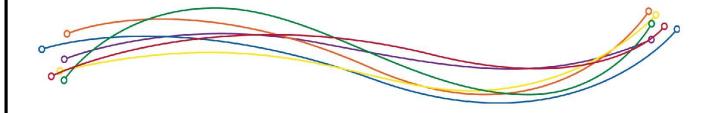
Whenever you do a thing, act as if all the world were watching.

•••••

~Thomas Jefferson

Upcoming CRC Events 2023

- Christmas Street Party: Thu, 14 December
- Morning Coffee Club: Wed, 20 December
- Christmas Light Tour: Thu, 21 December
- Office Closure: Mon, 25 December— Sun, 7 January
- Australia Day Celebrations: Friday, 26 January



🚹 🎯 Т 9064 7055

Unit 2 /19 Churchill Street, Narembeen WA 6369
crcreception@narembeen.wa.gov.au
www.narembeen.wa.gov.au
Narembeen Community Resource Centre
Narembeen CRC





WEDNESDAY 20 DECEMBER 2023

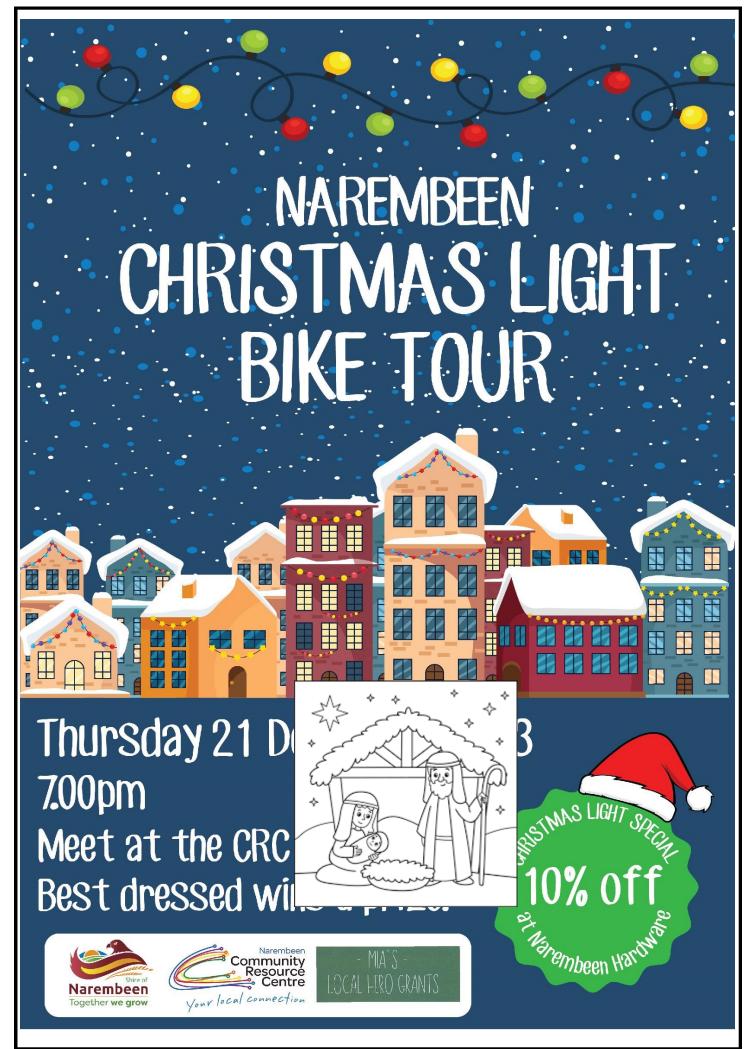
JOIN US FOR THE LAST MCC OF THE YEAR! MORNING TEA, GAMES & MORE!!





PLEASE RSVP TO THE CRC ON 9064 7055







Colouring in for the children

AFRGI Narembeen

is excited to be present at the Narembeen 2023 Christmas Street Party on Thursday 14th of December



Merchandise and toys
A variety of machinery – big and small!
Giveaways

Come and meet the AFGRI Narembeen team!

\$2 RAFFLE – All proceeds donated to Narembeen District High School and Daycare Centre



It's going to be a great night, we hope to see you there!

Home Care now available in Narembeen

We can help you stay in your own home connected to family and friends, doing the things you love. Our Home Care services are available in Narembeen and surrounds, via a funded package or private services.

Call our friendly and caring Home Care team today on 1300 244 000 or visit catholichomes.com







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- 4 bedrooms, 2 bathrooms, office
- kitchen/dining lounge
- reverse air con, gas heater
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East Narembeen Seventh-Day Adventist Church

Will be presenting a light hearted
Christmas play

"SHEPHERDS ON THE HILLSIDE"

DECEMBER 9th 2023 starting at 1.30pm

At Church 105 church Road

There will be light refreshments provided after the program.

If you would like more information

contact Merlene Phillips

0427783004 or 0890648417

Grader Contracting

For all your grader requirements in Narembeen and surrounds.



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Birthdays



December

6th Alex Federici

7th

8th Karen Bormolini Joshua Parsons

9th Wendy Wilson Josh Andrews

10th Felicity Shipard(Edwards) Joy Hayter Lyn Cova11th Rodney Hayter Wayne Hooper Ella Shaylor

John McCummiskey

12th Joanne Kiely Bryan Shattock

13th



December

NO ANNIVERSARIES THIS WEEK



Weather						
November	Minimum	Maximum	Rainfall			
Wed 29th	13.1	29.1	.6			
Thu 30th	14	31.7				
December						
Fri 1st	14.9	36				
Sat 2nd	16.4	38.3				
Sun 3rd	13.6	32.2				
Mon 4th	15.3	33.4				
Tue 5th	16.1					

<u>PLEASE NOTE</u>: The Fence Post volunteers respectfully ask that to avoid upsets and or embarrassment, family and loved ones should please notify *The Fence Post* of any change of circumstance that may effect the Birthday/Anniversaries page published. Please advise specific dates to simplify the editing process.

Contact details are on the front cover page of *The Fence Post*.



CHURCH NOTICES



ST PAUL'S ANGLICAN

Sunday 10th December

9.30am

Isaiah Chapter 40 - Verses 1-11

2 Peter Chapter 3 - Verses 8-15

Mark Chapter 1 - Verses 1-8

Psalm 85

Reader: Barbara Schwartz

Church of Christ

Sunday 10th December 10.00am

Worship Service with Sunday school during the service

Bible verse: Luke 1:30-32

Then the angel told Mary, "Don't be afraid! God is pleased with you, and you will have a son. His name will be Jesus.

East Narembeen Seventh-day Adventist Church

Will be presenting a light hearted Christmas play

"SHEPHERDS ON THE HILLSIDE"

December 9th 2023 commencing at 1:30pm

At the Church 105 Church Road

There will be light refreshments provided

After the program

If you would like more information

Contact Merlene Phillips

0427783004 or 0890648417

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

Mass Service only on the 2nd and 4th week

of each month

Saturday December 9th

6.00pm

Contact: R Hickey 0428 132 454

J Cusack 0408 064 727

Cleaning: Busy Bee

Email: brucerockparish@gmail.com

FaceBook: Francis Mary Concepta Sacrament



COMMUNITY HEALTH INFORMATION



LIVINGSTON MEDICAL - PHONE 9064 7145

5/19 Churchill Street, Narembeen

Dr Livingston consults at the Surgery Monday - Friday from 8.30am to 5.00pm. Also provides full emergency Doctor service to the Narembeen Hospital.

Please phone 90647 145 for an appointment or book through Healthengine or www.livingstonmedical.com.au

NAREMBEEN HOSPITAL – 9064 6222 **HEALTH DIRECT - 1800 022 222**

Accident, emergency and acute medical.

Outpatient dressings, blood pressure checks, etc - Preferred times 10.30am and 2.00pm

Xray service available - please phone for bookings. Only emergency Xrays will be attended out of hours.

Other services include antenatal and postnatal care, palliative care, respite service, residential care, Commonwealth Home Support Programme (CHSP), (formerly HACC), Patient Assisted Travel Service (PATS), videoconference facilities available for consults with some Specialists.

Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs.

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential.

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074.

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm.

Alternatively, contact Primary health in Merredin 90813222 or Ngala 1800 111546.

CENTRAL AGCARE FAMILY COUNSELLING SERVICE

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

WHAT IS HAPPENING THIS WEEK? <u>SEE BELOW</u>

DECEMBER Wednesday	2023 6th	BOWLS - Ladies Pennants - Bruce Rock V Narembeen	
Thursday	7th	Autumn Club Senior Citizens Dinner	10.00am-2.00pm
Friday	8th	Playgroup at Numbats Centre	9.30am
Saturday	9th	Church Men's Shed BOWLS - Mens Championship Singles TENNIS - Hyden Junior Tournament	9.00am 12Noon
Sunday	10th	Church BOWLS - Mens Championship Singles Continue - Ladies - Westonia Open Day - Social at Home TENNINS - Doubles Championship— Narembeen - Junior Champ0ionship - Mt Walker	9.00am
Monday	11th	Circuit Gym - gym membership required. All welcome! Arts and Crafts and Book Exchange at Community Shed NAREMBEEN DISTRICT HIGH SCHOOL CONCERT	9.30am 10.00am-4.00pm
Tuesday	12th	Senior Citizens	2.00pm
Wednesday	13th	BOWLS - Ladies - Narembeen V Civic GRADUATION DINNER- at Recreation Centre	

Editor: Lorraine Lethlean