

NAREMBEEN COMMUNITY WELLBEING PLAN

2022-2024

Long-term Outcome: To reduce the risks and increase safety, wellbeing and connection for all individuals within the Shire of Narembeen

Endorsed: 14th July 2022

PURPOSE

The Narembeen Community Wellbeing Plan seeks to build resilience, improve health and wellbeing and strengthen agency collaboration; in turn reducing the incidence of risky behaviours and potential harms associated with alcohol and other drug use within the community of Narembeen. The Narembeen Community Wellbeing Plan endeavours to achieve this by:

- Actively supporting partnerships between community and service providers to identify and address local issues.
- Providing a means to coordinate, implement and evaluate an evidence-based, whole of community approach in a timely and appropriate manner.

BACKGROUND

The Narembeen Community Wellbeing Plan was developed using best practice principles (see appendix 1).

The planning workshops facilitated by the Wheatbelt Prevention Team with key Narembeen stakeholders and agencies (held in November and December 2021) and the analysis of a number of consultation documents, anecdotal data & reports, and a Community Perception Survey dating from 2021 have provided the context for the Narembeen Community Wellbeing Plan. These documents reflect the collective knowledge and experience of the Narembeen Community Wellbeing Plan [Narembeen CWP] planning workshops and should be consulted if further development of the Narembeen CWP is required.

Documents which inform the Narembeen Community Wellbeing Plan:

- *Shire of Narembeen Community Perception survey 2021*
- *WACHS – Narembeen Hospital Epidemiology Data 2021*
- *Shire of Narembeen Age Dependency Ratio*

These documents can be acquired by contacting the Wheatbelt Prevention Team, or the Narembeen Community Wellbeing Plan committee.

2019	NOW	2 years	4 years
Narembeen Community Wellbeing Plan 2019 - 2021	Narembeen Community Wellbeing Plan 2022 - 2024	Next Plan →	Next Plan →
Setting the foundations	Introducing change	Creating change →	Creating change →

LINKS TO EXISTING STRATEGIES

The Narembeen Community Wellbeing Plan committee acknowledges the existing strategic framework of:

National Strategies:

- National Drug Strategy 2017-2026
- National Alcohol Strategy 2019-2028
- National Fetal Alcohol Spectrum Disorder (FASD) Strategic Action Plan 2018-2028
- The 5th National Mental Health and Suicide Prevention Plan
- ATSIPEP Report 2016 & ATSIPEP Youth Round Table Report 2015
- National suicide prevention implementation strategy 2020 2025: Working together to save lives
- National Mental Health and Wellbeing Pandemic Response Plan
- Lifespan Model

State Strategies:

- WA Mental Health Promotion, Mental Illness, Alcohol and Other Drug Prevention Plan 2018 - 2025
- Working Together: Mental Health and Alcohol and Other Drug Engagement Framework 2018 - 2025 (& associated toolkit)
- Working Together: Aboriginal & Torres Strait Islander Mental Health & Wellbeing Principles and Practice
- Better Choices. Better Lives. Western Australian Mental Health, Alcohol and Other Drug Services Plan 2015 - 2025
- WA Health Promotion Strategic Framework 2017 - 2021
- WA Youth Strong Bodies, Strong Minds Stronger Youth Health Policy 2018 - 2023 (& companion resource)
- WA Suicide Prevention Framework 2021 -2025
- Western Australia Alcohol and Drug Interagency Strategy 2018 - 2022
- WA Youth Health Policy 2018 - 2023
- WA Aboriginal Youth Health Strategy 2018 - 2023
- West Australian Alcohol and Drug Inter-agency Strategy 2018 – 2022
- State Public Health Plan for Western Australia: Objectives & Policy Priorities for 2019 - 2024
- The Western Australian Alcohol & Drug Interagency Strategy 2018 - 2022
- WA State Priorities Mental Health, Alcohol and Other Drugs 2020 - 2024
- WA Aboriginal Health and Wellbeing Framework 2015 - 2030
- Young People’s Mental Health and Alcohol and Other Drug Use: Priorities for Action 2020 - 2025

Local Strategies:

Shire of Narembeen Strategic Community Plan 2017 – 2027

WORKING DOCUMENT

The Narembeen Community Wellbeing Plan is intended to be a **two-year** plan. However, the working group acknowledges that there may be cases where strategy and key priority areas will adopt some variation according to emerging trends in the community.

LIST OF ACRONYMS USED IN THIS DOCUMENT

ADF	Alcohol and Drug Foundation
AOD	Alcohol and other drugs
ATA	Alcohol Think Again
CWP	Community Wellbeing Plan
DA	Drug Aware
Dept. LGSCI	Department of Local Government, Sport and Cultural Industries
FASD	Fetal Alcohol Spectrum Disorder
FDV	Family & Domestic Violence
MH	Mental Health
MHC	Mental Health Commission
NDHS	Narembeen District High School
SDERA	School Road Awareness and Drug Education Branch
SP	Suicide Prevention
WAPHA	WA Primary Health Alliance
WCADS	Wheatbelt Community Alcohol and Drug Service
NHMRC	National Health and Medical Research Council

Priority Areas:

- 1. Alcohol misuse and associated harms**
- 2. Mental Health and Wellbeing**

Priority 1: Short-term Outcomes (next 24 months)

- Increased awareness of the NHMRC '*Australian Alcohol Guidelines*' and the provision of education surrounding alcohol-related harms and risks.
- Promote and support the continued implementation of low risk drinking environments, community activities and events.
- Increased awareness of the risks and appropriate harm minimisation strategies associated with combining prescription medications with alcohol and/or other drugs, through education, dissemination of resource materials and early intervention initiatives.
- Increased awareness of the harms associated with alcohol consumption by young people under the age of 18 years and promotion of role-modelling strategies of low-risk drinking behaviours by parents, carers and grandparents.

Priority 2: Short-term Outcomes (next 24 months)

- Increased sense of social connection and integration for the Shire of Narembeen's older adult population, with increased quality of life and sense of purpose.
- Increased awareness of mental health and wellbeing, help-seeking behaviours and empowerment for young people through collaboration and value-adding to existing wellbeing programs delivered by Narembeen District High School (NDHS) and the Shire of Narembeen.
- Increasing opportunities for collaboration with existing agricultural industries and place-based organisations that are providing support to those involved in agribusiness enterprises, with the over-arching aim of promote help-seeking behaviours, mental health and wellbeing literacy and awareness.
- Increased mental health literacy and wrap-around holistic support for First Responders following a critical incident.
- Increased awareness of the importance of inclusion and diversity, whilst promoting opportunities to demonstrate inclusive practice across government organisations, non -government organisations, services and community groups.

PRIORITY ONE: Alcohol Misuse and Associated Harms			
<p>Primary Target Group: <i>Individuals aged 25-45-years</i> <i>Older adults</i></p> <p>Secondary Target Group: <i>Individuals aged 18 years & under</i> <i>Parents, Carers & Grandparents</i></p>			
SHORT-TERM OUTCOME/S (next 24 months)	KEY PERFORMANCE INDICATOR	COLLECTION TOOL	COLLECTED BY
Increased awareness of the NHMRC <i>'Australian Alcohol Guidelines'</i> and the provision of education surrounding alcohol-related harms and risks.	Provision of resources or campaign messaging for 25-45 year olds & older adults	Number of education and campaign disseminations	Organisation facilitating the education Organisation disseminating campaign material
	Increased awareness of alcohol-related harms and risks	Evaluation of Communication Tracking Template Community Perception Survey	Whole of Committee
Promote and support the continued implementation of low-risk drinking environments, community activities and events	Provision of low-risk drinking environments, community activities or events held in the Narembeen community	Number of low-risk drinking community activities or events held	Organisation facilitating the event.
	Provision of resources on low-risk drinking environments	Tracking via communication schedule	Organisation disseminating the resource material

<p>Increased awareness of the risks and appropriate harm minimisation strategies associated with combining prescription medications with alcohol and/or other drugs, through education, dissemination of resource materials and early intervention initiatives.</p>	<p>Value adding to existing initiatives and dissemination of resource materials on the risks associated with combining prescription medications with alcohol and other drugs and associated harm minimisation strategies</p> <p>Implementation of early intervention strategies to reduce the harms associated with combining prescription medications with alcohol and other drugs</p>	<p>Number of disseminations of resource materials</p> <p>Number of early intervention strategies implemented</p>	<p>Organisation disseminating the resource material</p> <p>Organisation providing the early intervention</p>
<p>Increased awareness of the harms associated with alcohol consumption by young people under the age of 18 years and promotion of role-modelling strategies of low-risk drinking behaviours for parents, carers and grandparents.</p>	<p>Dissemination of campaign material related to the risks associated with alcohol consumption by youth under 18 years</p> <p>Provision of information and resources materials outlining role-modelling strategies for low-risk drinking behaviours</p>	<p>Number of disseminations of campaign materials</p> <p>Number of disseminations of educational resource materials</p>	<p>Organisation disseminating the campaign materials</p> <p>Organisation disseminating the educational resource materials</p>

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
<p>Short-term Outcome: Increased awareness of the NHMRC 'Australian Alcohol Guidelines' and the provision of education surrounding alcohol-related harms and risks.</p>				
<p>Promote the introduction of the NHMRC's 'What is a Standard Drink?' and 'Australian Alcohol Guidelines' campaign messaging into licensed premises and sporting clubs.</p>	<p>Holyoake</p> <p>ADF</p> <p>DLGSC</p>	<p>NHMRC</p> <p>ADF</p> <p>MHC</p>	<p>Naremben CRC</p>	<p>Ongoing</p>

	Licensees			
Investigate the introduction of 'Standard Drink Size' bar runners and coasters into all licensed venues.	Holyoake ADF Licensees	ADF	Shire of Narembeen Narembeen CRC	Ongoing
Increase awareness to parents in Narembeen of the harms of AOD use by providing relevant fact sheets and through the delivery of workshops.	SDERA Holyoake Narembeen District High School	SDERA	Narembeen District High School	Ongoing
Provision of AOD related training/workshops for: - First Responders - Licenced Premises - Sporting Clubs - Broader Community	Holyoake ADF DLGSC	MHC ADF	Shire of Narembeen St John DFES WAPOL	Ongoing
Scope the introduction of FASD 'Red Shoes Rock!' event for International FASD Awareness Day (9 th September)	Holyoake	NOFASD Australia	Narembeen CRC	Ongoing

		Red Shoes Rock		
Investigate the introduction of 'Snap Frames' for campaign messaging on doors at licensed venues	Holyoake CWP Committee Licensees	MHC ADF	CWP Committee	Ongoing
Continued dissemination of MHC, ADF and FASD campaign material through the Fencepost and Narembreen Shire website and social media pages, including <ul style="list-style-type: none"> - Alcohol. Think Again Parents, Young People and Alcohol 'I Need You to Say No' Campaign - Alcohol. Think Again Alcohol and Health 'Spread' Campaign - Alcohol. Think Again Alcohol and Pregnancy 'One Drink' Campaign 	CWP Committee	MHC ADF NOFASD	Shire of Narembreen Narembreen CRC	Ongoing
Short-term Outcome: Promote and support the continued implementation of low-risk drinking environments, community activities and events				
Continued promotion of low- alcohol and non-alcoholic wine and beer in licenced premises and at community events in the Shire of Narembreen.	CWP Committee		Narembreen CRC Shire of Narembreen Licensed Premises and Businesses	Ongoing
Promote and/or advocate for an increase in alcohol free/low alcohol	CWP		Shire of Narembreen	Ongoing

events and a reduction in community events held at licenced venues.	Committee			
Promotion of the Dry July initiative.	Narembeen CRC	Dry July Website	Men's Shed Sporting Clubs	Ongoing
Value-add to SOCK Week initiatives through promotion of ATA material and support service information.	Holyoake	MHC RSC Roadwise	Narembeen CRC	Ongoing
Promote the ADF 'Good Sports' program to sporting organisations	Holyoake ADF DLGSC	ADF	Narembeen CRC	Ongoing
Investigate the use of the Narembeen Community bus for transport after community events	CWP Committee		Shire of Narembeen	Ongoing
Investigate incorporation of an AOD harm minimisation-themed round into sporting fixtures	Roadwise DLGSC Narembeen Sporting Clubs		Narembeen CRC	Ongoing

	Holyoake			
Scope the implementation of an incentivised reward program for designated drivers	Narembeen Licensees CWP Committee		Sporting Clubs Narembeen CRC	Ongoing
Continue to promote the availability of food options at community events to reduce the risks associated with alcohol consumption.	CWP Committee		Narembeen CRC	Ongoing
Short-term Outcome: Increased awareness of the risks and appropriate harm minimisation strategies associated with combining prescription medications with alcohol and/or other drugs, through education, dissemination of resource materials and early intervention initiatives.				
Incorporate annual or bi-annual presentations, including interactive activities, by Holyoake and/or other relevant service providers surrounding the harms and risks associated with combining prescription medications with alcohol and/or other drugs into existing seniors' activities.	Narembeen CRC		Autumn Club Senior Citizens Association Pharmacy Holyoake	Ongoing
Organise a Senior's education event which incorporates stalls by service providers, health checks, education sessions and resources to break down the barriers and form positive relationships between service providers and seniors. Approach the following service providers for involvement:	Shire of Narembeen Narembeen CRC		Regional Men's Health Initiative (Pitstop) Holyoake AVIVO	Ongoing

			<p>Narembeen Hospital</p> <p>WA Country Health Service (WACHS)</p> <p>Wheatbelt Aged Care Assessment (ACAT)</p> <p>Centrelink</p> <p>NDIS</p> <p>St John</p> <p>Pharmacist</p> <p>Medical Centre</p>	
Creation of a fridge magnet outlining support services for Seniors.	Narembeen CRC	<p>Holyoake</p> <p>Act Belong Commit</p>	<p>Seniors Community Groups</p> <p>Wheatbelt ACAT</p>	Ongoing
Short-term Outcome: Increased awareness of the harms associated with alcohol consumption by young people under the age of 18 years and promotion of low-risk drinking behaviours by parents, carers and grandparents.				
Value-add to SOCK Week initiatives through promotion of ATA and NHMRC campaign messages	Holyoake	MHC	Narembeen CRC	Ongoing

		NMRC	Narembeen District High School	
Support SDERA to increase awareness to parents in Narembeen of the harms of AOD use by providing relevant fact sheets and through the delivery of workshops.	SDERA Holyoake Narembeen District High School	SDERA		Ongoing
Continued dissemination of MHC, ADF and FASD campaign material through the Fencepost and Narembeen Shire website and social media pages, including <ul style="list-style-type: none"> - Alcohol. Think Again - Parents, Young People and Alcohol 'I Need You to Say No' Campaign - Alcohol. Think Again - Alcohol and Health 'Spread' Campaign - Alcohol. Think Again - Alcohol and Pregnancy 'One Drink' Campaign 	CWP Committee	MHC ADF NOFASD	Shire of Narembeen Narembeen CRC	Ongoing
Role-modelling and promote appropriate low-risk alcohol consumption behaviours within the workplace, broader community, social media and the Fencepost	Narembeen CWP		CWP Committee	Ongoing
Dissemination of resources on alcohol harm minimisation and low-risk drinking strategies	Holyoake		Narembeen CRC	Ongoing

PRIORITY TWO: Mental Health and Wellbeing			
<p>Primary Target Group: <i>Whole of Community</i></p> <p>Secondary Target Group: <i>Priority sub populations: Older Adults, children, those involved in agriculture/agri-business, those socially dis-connected and vulnerable.</i></p>			
SHORT-TERM OUTCOME/S (next 24 months)	KEY PERFORMANCE INDICATOR	COLLECTION TOOL	COLLECTED BY
Increased sense of social connection and integration for the Shire of Narembeen’s older adult population, with increased quality of life and sense of purpose.	Increase in integration of the older adult population within the Shire of Narembeen into the broader community	Number or % increase in older adult participation in community events held within the Shire of Narembeen	Shire of Narembeen Narembeen Community Resource Centre
	Value adding to existing older adults’ initiatives offered by the Shire of Narembeen	Increase in accessibility and inclusion practices in whole of population community events held within the Shire of Narembeen	Shire of Narembeen Narembeen Community Resource Centre
	Increase in the sense of purpose and belonging for older adults residing within the Shire of Narembeen	Surveys and anecdotal data collected from older adults residing within the Shire of Narembeen	Narembeen CWP committee
Increased awareness of mental health and wellbeing, help-seeking behaviours and empowerment for young people through collaboration and value-adding to existing wellbeing programs delivered by Narembeen District High School (NDHS) and the Shire of Narembeen.	Increased mental health and wellbeing literacy for children residing within the Shire of Narembeen	Surveys and anecdotal data collected from children residing within the Shire of Narembeen	Narembeen District High School Shire of Narembeen Narembeen Community Resource Centre
	Increase in help seeking behaviour and promotion of help seeking	Surveys and anecdotal data collected from children residing	Narembeen District High School

	behaviour in children residing with the Shire of Narembeen	within the Shire of Narembeen	Shire of Narembeen Narembeen Community Resource Centre
	Embedding mental health and wellbeing as a prominent focus in all initiatives/events offered to children residing within the Shire of Narembeen	Narembeen District High School's Business Plan SOCK Week Evaluations Children's Week Evaluations Youth Week Evaluations	Narembeen District High School Shire of Narembeen Narembeen Community Resource Centre
Increasing opportunities for collaboration with existing agricultural industries and place-based organisations that are providing support to those involved in agribusiness enterprises, with the over-arching aim of promote help-seeking behaviours, mental health and wellbeing literacy and awareness.	Integration of mental health and wellbeing activity and messaging (via collaboration with agencies such as Regional Men's Health Initiative, Rural Aid, WA Country Football Commission and Holyoake) into existing agribusiness events held within the Shire of Narembeen	Anecdotal and survey feedback from attendees at Agribusiness events	Service Providers Narembeen CWP committee
Increased mental health literacy and wrap-around holistic support for First Responders following a critical incident.	Increased support and debriefing for First Responders following critical incidents	Anecdotal and survey feedback from first responders	Service Providers Holyoake WAPOL St John Ambulance DFES
	Increased workshops/professional learning for first responders on the management of burnout, compassion fatigue and vicarious trauma	Anecdotal and survey feedback from first responders	Service Providers Holyoake WAPOL St John Ambulance DFES
Increased awareness of the importance of inclusion and diversity, whilst promoting opportunities to demonstrate	Increase community awareness on the importance of inclusive	Community Surveys	Shire of Narembeen Narembeen Community

inclusive practice across government organisations, non - government organisations, services, and community groups.	practice and acceptance of diversity		Resource Centre Holyoake
	Increased integration from diverse populations residing with the Shire of Narembreen into mainstream community activity	Anecdotal and survey feedback from diverse populations residing with the Shire of Narembreen	Shire of Narembreen Narembreen Community Resource Centre Holyoake

ACTIONS	LEAD	RESOURCES	WHO WILL CONTRIBUTE	BY WHEN
Short-term Outcome: Increased sense of social connection and integration for the Shire of Narembeen's older adult population, with increased quality of life and sense of purpose.				
Value adding to current initiatives offered for older adults residing within the Shire of Narembeen (Coffee Club, monthly movies, Autumn Club, Senior Citizens, Art & Craft Group, Men's Shed, Gym Group and Senior's Week Events) with the introduction of a 'Buddy System' initiative	Narembeen CRC		Holyoake	Ongoing
Explore the possibility of the re-introduction an inter-generational program connecting older adults and children attending Narembeen District High School	Narembeen District High School		Narembeen CRC Holyoake Narembeen Hospital	Ongoing
Explore the possibility of the introduction of a 'transference of skills' program – collaboration between the Narembeen Men's Shed and Narembeen District High School.	Narembeen Men's Shed Narembeen District High School		CRC Holyoake	Ongoing
Provision of education, training and workshops for older adults residing within the Shire of Narembeen – key focus mentally healthy ageing, the importance of social connections and the impacts of isolation and loneliness.	Holyoake		Narembeen CRC	Ongoing
Advocate for place-based or outreach service provision to meet the mental health and wellbeing needs of older adults	Holyoake		CWP Committee	Ongoing

Promotion of help seeking behaviours, referral pathways and information on support services via existing communication and social media channels	Holyoake		Narembeen CRC	Ongoing
Dissemination of key Public Education/Awareness campaigns specific to older adults: <ul style="list-style-type: none"> • Think Mental Health • Act Belong Commit • R U OK? Foundation 	Holyoake		Narembeen CRC Koolberrin Lodge	Ongoing
Investigate additional funding to source a Coordinator of Older Adult Healthy Lifestyle programs	Shire of Narembeen Narembeen CRC		Holyoake	Ongoing
Short-term Outcome: Increased awareness of mental health and wellbeing, help-seeking behaviours and empowerment for young people through collaboration and value-adding to existing wellbeing programs delivered by Narembeen District High School (NDHS) and the Shire of Narembeen.				
Establishment of a Mental Health Focus Group at Narembeen District High School - ensuring that wellbeing is a key focus of the Narembeen District High School Business Plan	Narembeen District High School			Ongoing
Collaboration and value adding to the Happiness Hub and Smiling Minds initiatives that have been established at Narembeen District High School	Narembeen District High School			Ongoing
Embedding mental health and wellbeing messaging and initiatives into Children's Week and Youth Week initiatives offered within the Shire of Narembeen	Shire of Narembeen Narembeen CRC			Ongoing
Value adding to SOCK Week initiatives through the promotion of mental health and wellbeing	Narembeen CRC		Shire of Narembeen Holyoake	Ongoing

			RSC Roadwise	
Promotion of help seeking behaviours, referral pathways and information on support services via existing communication and social media channels	Holyoake	Holyoake	Narembeen CRC Shire of Narembeen	Ongoing
Scope the possibility of the introduction of School Holiday programs for children and young people residing within the Shire of Narembeen	REED DLGSC		Holyoake CWP Committee	Ongoing
Short-term Outcome: Increasing opportunities for collaboration with existing agricultural industries and place-based organisations that are providing support to those involved in agribusiness enterprises, with the over-arching aim of promote help-seeking behaviours, mental health and wellbeing literacy and awareness.				
Promotion and value adding to the Think! Mental Health & Talk to a Mate Football Rounds in conjunction with the WA Country Football Commission.	Narembeen Football Club WA Country Football Commission Holyoake		Narembeen CRC	Ongoing
Re-introduction of regular 'breakfast' and 'sundowner' check-in's for those involved in agriculture pre and post stressful/crucial times during farming operations. Scope the possibility of hosting a Men's Health and Wellbeing evening.	Narembeen CRC Shire of Narembeen		Agricultural Businesses Holyoake	Ongoing

			Regional Men's Health Initiative Rural Aid	
Inclusion of mental health and wellbeing literacy and presentation at existing Field Days & Business Networking Events provided by Agricultural organisations	Holyoake Regional Men's Health Initiative Rural Aid	Holyoake Regional Men's Health Initiative Rural Aid	Narembeen CRC Agricultural Businesses	Ongoing
Promotion of help seeking behaviours, referral pathways and information on support services via existing communication and social media channels	Holyoake	Holyoake	Shire of Narembeen Narembeen CRC	Ongoing
Dissemination of key Public Education/Awareness campaigns specific to those involved in agriculture: <ul style="list-style-type: none"> • Think Mental Health • R U OK? Foundation Mateship Manual • National Centre for Farmer Health • Regional Men's Health Initiative – Talk to a Mate 	Holyoake		Narembeen CRC Agricultural Businesses	Ongoing
Short-term Outcome: Increased mental health literacy and wrap-around holistic support for First Responders following a critical incident.				
Delivery of mental health and wellbeing and professional self	Holyoake		St John	Ongoing

care workshops to first responders within the Shire of Narembeen			DFES WAPOL Narembeen CRC	
Promotion of help seeking behaviours, referral pathways and information on support services via existing communication and social media channels	Holyoake		Holyoake DFES WAPOL St John	Ongoing
Dissemination of key Public Education/Awareness campaigns specific to First Responders: <ul style="list-style-type: none"> • Think Mental Health • R U OK? Foundation – Are they Triple OK? 	Holyoake		Holyoake DFES WAPOL St John	Ongoing
Introduction of informal interagency first responder ‘wellbeing’ events	WAPOL St John			Ongoing

	DFES			
	Bushfire Brigade			

Short-term Outcome: Increased awareness of the importance of inclusion and diversity, whilst promoting opportunities to demonstrate inclusive practice across government organisations, non -government organisations, services, and community groups.

Promotion of key multicultural and diverse/minority population significant events through existing communication and social media channels	Holyoake Shire of Narembreen		Narembreen CRC	Ongoing
Promote inclusion and diversity is a key focus for the Narembreen Ladies Long Lunch Event	Ladies Long Lunch Committee Narembreen CRC			Ongoing
Dissemination of Public Education/Awareness campaigns in languages other than English and key campaigns produced by peak bodies representing the LGBTIQ+ community	Holyoake		Shire of Narembreen Narembreen CRC	Ongoing
Advocate for place-based or outreach service provision to meet the mental health and wellbeing needs of those that are socially disconnected and isolated within the Shire of Narembreen	CWP Holyoake			Ongoing

Steps	Task	Date	Done
1. Create Community Wellbeing Committee	<ul style="list-style-type: none"> Identify management group members. 	August to December 2021	Complete
	<ul style="list-style-type: none"> Call first meeting to establish purpose and structure, including terms of reference, meeting structures, meeting schedules, reporting pathways, etc. 	November 2021	Complete
2. Identify local needs	<ul style="list-style-type: none"> Review existing information and research in relation to AOD/MH&SP related issues in the area. Conduct community/key stakeholder consultation around issues (if no existing information or research found). 	August to December 2021	Complete
	<ul style="list-style-type: none"> Confirm research/consultation findings with key stakeholders and the management group. 	August to December 2021	Complete
3. Prioritise issues for action	<ul style="list-style-type: none"> With management group, prioritise the top two or three issues for action. 	November to December 2021	Complete
	<ul style="list-style-type: none"> Work through each priority using the MHC 'mapping tool' refine priorities by identifying target groups, community impact, contributing factors, etc. 	November to December 2021	Complete
4. Develop actions and implement plan	<ul style="list-style-type: none"> With management group agree on a broad range of actions to address each priority. 	December 2021	Complete
	<ul style="list-style-type: none"> Complete a MP template for each priority issue which includes – actions, timeline, resources and evaluation. 	December 2021	Complete
	<ul style="list-style-type: none"> Implement strategies and regularly report on progress to the CWP management group. 		Ongoing
5. Review	<ul style="list-style-type: none"> With management group, identify a suitable date to review the CWP and appropriate communication pathways to enable regular feedback to community and key stakeholder groups. 	December 2023 to February 2024	

APPENDIX 1

PLANNING FOR AN EFFECTIVE PLAN

Creating a sustainable reduction in alcohol and other drug related harm is a complex and long-term process. Issues can be overwhelming and seen as too difficult to address at a local level. However, with some effective planning, it's at the local level where partnerships between communities and services can have the greatest impact.

Prior to establishing and implementing a Community Wellbeing Plan (CWP) , a number of steps need to happen to ensure the resulting plan has been developed in partnership to reflect the communities needs and has the best chance at creating sustainable change.

It is important that the community have a strong understanding of the issues and have ownership of the strategies developed to address them. To ensure this, processes should be put in place that allow community input into all stages of the development and implementation of the CWP, including progress made against addressing the issues.

