# The Fence Post

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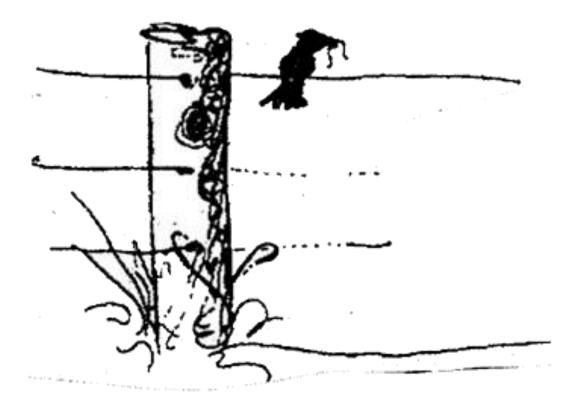
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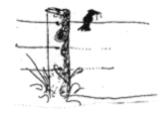
P.O.Box 7, Narembeen W.A. 6369

Phone (08) 90647055

Email: fencepost@westnet.com.au



The Fence Post - Informing the people of Narembeen since 1978



# THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 9064 7055



fencepost@westnet.com.au

# \* DEADLINE 10.30 AM TUESDAY \*

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

# **Advertising Rates 2020**

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$7.50	\$12.50	One Third Page	\$10	\$17
One half Page	\$15	\$25	Two Thirds Page	\$20	\$33.50
Full Page	\$30	\$50			

PREFERRED FORMAT-WORD, PUBLISHER OR PDF

#### **ANNUAL SUBSCRIPTION RATES 2020**

**DUE 1st March** 

Local and Online \$66

Mailing \$110

Online payments 306-026 - 543 1678

#### **EDITORS**

Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Maxine Miolini (Editor-in-Chief), Kellie Mortimore

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

#### **Disclaimer**

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper.

The Editor has the right to withhold, edit or abbreviate any items.





# Over the Fence....

## **THANK YOU**

The Toovey and Taylor families would like to thank all the caring people of Narembeen for their support in the last few weeks. Thank you for offers of help, the lovely sympathy cards received and attendance at Adrians funeral. Thank you to Dr Peter Lines, Wendy Hooper (Health Service Manager) and the staff at Narembeen Hospital. To all at Koolberrin Lodge who made Adrians time with them a safe and happy one, Thank You. The CRC, Road House Catering, Kyla and Taylor at the Recreation Centre, Dale Dixon for her help on the day and the Narembeen Golf Club ladies for the desserts at the luncheon and all who brought plates of food to share - Thank You. A special thank you to Lorraine and Warren Milner and Di and Tony Miolini for all their support and work. The pallbearers, Allan, Chris and Simon Taylor, John Roach, Andrew Gibson and Chris Griffin all did a sterling job.

We hope that we have not missed anyone - Narembeen is really "A Great Place To Live"

\*\*\*\*\*\*

# FENCEPOST DELIVERY AND SUBUSCRIPTIONS

Is your subscription Paid? - If not you will not receive your Fencepost

Do you get you Fencepost from the Post Office? - Yes!! Due to unavoidable circumstance, for the present, people who pay a local subscription can no longer have the Fencepost put in their Post Office Mail Box. You need to collect it from the counter. - Sorry for the inconvenience - we are working on it.

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# **VISITORS TO NAREMBEEN**

Nice to hear Wendy and Richard Keane's daughter, Shelley Perry has been in town visiting her mum and dad. Shelley and her family currently live in the United States of America.

Also visiting Narembeen has been Debbie Bow. Debbie has been visiting her mum and dad, Val and Alan Bow.



#### Heat & Dust Summer Carnival

Children's giggles and more giggles could be heard from the back room Saturday night with Pop Magic. Special thanks to Joey Cheetham for 'volunteering' to be our magician's helper.

This Saturday, it's event #7 and the most talked about event in the Carnival – Barbie Q Drag Bingo. Big hair and BIG wit, Miss Q has been performing Drag for over 20 years and is sure to entertain. It's adults only! Please RSVP, so we'll have enough Bingo sheets. Yep, there's even prizes. Plus, it's all free thanks to Lotterywest. Hamburgers will be on sale **before** the show. Last burger sale will be at 7pm, show starts at 7:30.

March20 - we're reliving the 70's with ABBA and Jon Lennon taking to the stage.

March 28 – It's our final event – Screen on the Green - and it's a great way to finish off the Narembeen Triathlon. As the sun sets, bring out your bean bags and watch the latest new release of Dr Doolittle, staring Robert Downey Jnr.

#### Regular News

Jackpot was won on Friday by Barbara Worrell and Mug of the week goes to Erin Lindsay.

Raffle winners this week: Jock, Tash and the McGregors. Remember, you have 4 weeks to collect your prize.

There is still so much lost property - We'll leave it until Thursday for people to collect. Otherwise it will be at Dorcas.

Ten Tigers are back this Wednesday for their information session.

Penrhos College is coming to town for a roadshow. If you have daughter that you are thinking of sending to boarding school, pop down 24th March in your diary. 5:30 to 7pm.

See you at the Rec Centre!

# MERREDIN VETERINARY CLINIC AND HOSPITAL



Dr. LOUISE FRENCH B.V.Sc.(Hons) & ASSOCIATES Veterinary Surgeons & Physicians Po Box 388 29 Todd Street Merredin WA 6415

Telephone (08) 9041 1734 Facsimile (08) 9041 2791

## Narembeen/Bruce Rock Clinic Dates 2020

Location A: Narembeen pop-up shop, 19 Churchill Street Location B: Bruce Rock Pony Club on Dunstal Street

March 18 June 10 September 30 April 15 July 8 October 28 May 13 August 5 November 25 September 2

Please call 90411734 to make an appointment

# Make the most from your fertilizer investment



As your local Area Manager, Steve Cooke is keen to assist you with all of your fertilizer decisions this season.

So whether it's soil testing, nutritional advice, fuel gauges, or simply an on-farm appointment to discuss your requirements, give Steve a call today.

Mobile: 0429 934 243 Email: scooke@summitfertz.com.au





# from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037 W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

## ROTARY WHEATBELT SWIM – Thankyou to Michael Lethlean

On Saturday, 22 February 2020 the Rotary Wheatbelt Swim for Reading was to take place at the Bruce Rock Aquatic Centre. Due to an emergency closure of the Aquatic Centre in Bruce Rock there was fears the swim might have to be aborted for 2020.

Thankfully the Narembeen Aquatic Centre was able to assist Rotary and provide an alternate venue for this wonderful event. The Shire has received thanks from Rotary and Bruce Rock District High School praising Narembeen Pool Manager, Michael Lethlean and his team for their very prompt response making it possible at the last minute to have the Rotary Wheatbelt Swim for Reading at the Narembeen Aquatic Centre.

This meant 32 young people were able to meet the expectations of their sponsors by swimming for their schools. In the case of Narembeen District High School, the Swim will see more than \$2500 injected into reading programs, with more to come by way of the Rotary Love of Reading program, meaning books will be provided for a class of young readers. Additionally, the Swim associates with a Young Citizen Incentive program and a record of five participants from Narembeen were offered places in the Rotary Youth Program of Enrichment, which is a personal development camp for young people aged 14-17.

The Shire and I am sure I can speak on behalf of the community as a whole, would again, like to thank the staff at the Narembeen Aquatic Centre, especially Michael Lethlean, for reacting extremely quickly in this situation and providing a great day for all who attended, it was greatly appreciated by all. Well done also to all the children who participated in the day, it is a great achievement by all.

#### DRY SEASON SURVEY - ARE YOU CARTING WATER FOR LIVESTOCK?

This is an urgent message for the Narembeen Community regarding the Dry Season Survey. Winter rainfall has been low in most of the agricultural area, farm dam levels are low and there is a potential for livestock water shortages. Water deficiency declaration may be required, however the Department of Water and Environmental Regulation requires data on affected areas and practices in place.

If you are or may need to cart water from dams for livestock then it is essential that you fill out this survey so that the Department has enough data to act quickly, should we require assistance.

If the community do not complete the survey it is likely to cause delays in arranging government assistance supplying water for the preservation of livestock. It is simply 10 questions that need to be completed but the impact it may have could be huge. Please visit the site below to fill out the survey. If you do not have access to the internet or a PC then please visit the CRC who are happy to provide assistance in this area.

https://www.surveymonkey.com/r/Stock Water Dry Season Survey

1 Issue No 5 - 4 March 2020

# from the CHIEF

#### ROYAL FLYING DOCTOR SERVICE AIRPORT UPGRADES

There has been some significant upgrades to the facilities at the Narembeen Air Strip for the Royal Flying Doctor Service. This has included a newly renovated kitchen area and other basic amenity upgrades. The RFDS is an extremely important service to have here in the Wheatbelt especially when help can sometimes be too far away in an emergency. We are sure each and every one of us is thankful that we have this service in times of need, therefore providing a more positive experience with up to date facilities when they do have to come to Narembeen, is the least we can do for all of their efforts.







#### LESSER HALL IN NAREMBEEN

Have you seen the changes to the Lesser Hall area in Narembeen? It is a beautifully designed area of local history and information. It provides all visitors and members of the community with a relaxing place to sit and enjoy a cultural journey through the history of Narembeen. The famous Horse made out of scrap metal by Narembeen local artist, Jordan Sprigg, which was originally located at the front of the Shire of Narembeen Building has now been relocated to the Lesser Hall area, visitors can walk right the way round the Horse and have a good look at how it has been made. The Lesser Hall is located on Latham Road opposite the Shire of Narembeen Building. As a handy hint – this is a stunning setting at sunset and everyone should take the time to visit the Lesser Hall gardens and learn about the history of Narembeen.





#### **BURNING - PERMITS REQUIRED**

The Shire of Narembeen advises that we are now in the RESITRICTED (PERMIT REQUIRED) burning period from 1 February 2020 to 15 April 2020.

From the start of the restricted burning time to the 15 April, no person is allowed to light a fire on a Sunday or Public Holiday.

Any questions about burning times should be directed to a Fire Control Officer or the Shire Office.

Scott Wildgoose

Acting Chief Executive Officer

# Narembeen Cricket

Results of the Semi-final played in Narembeen on Sunday

Narembeen Defeated Bruce Rock/Shac-Ardath

6/248 10/140

S Yandle 98. L Sedgwick 52 J Kennedy 62. T Cosgrove 21

C Fields 46.

G Brownley 2-33. G Sands 4-49 A Shearing 2-47 N Cheetham 3-45

L Sedgwick 2-41

Team: James Kennedy, Danny Gray, Kyle Della, Stuart Yandle, Chris Fields, Rhys Cousins, Glen Sands, Jake Cole, Justin Irving, Nick Cheetham, Cody Duncan.

Many thanks to all those who helped get a wicket right for the game this week, Especially Glen (Happy) Sands, given the wet weather last week it's a credit to our cricket volunteers who put the extra effort in to ensure it was right to play on.

This week we play Kondinin/Kulin in the Grand Final in Narembeen on Saturday starting at 12 noon.

Narembeen Weather							
Day	Date	Max (°C)	Min (°C)	Rainfall (ml)			
Tuesday	25/2/2020	31.9		4.4			
Wednesday	26/2/2020	25.9	18.2	4.2			
Thursday	27/2/2020	29	17.3	19.2			
Friday	28/2/2020	26.3	19.1	3.8			
Saturday	29/2/2020	30.2	19.8				
Sunday	1/3/2020	NR	18.9				
Monday	2/3/2020	27.5	NR				
Tuesday	3/3/2020		13.3				

# 2020 GRAINS RESEARCH UPDATE





Friday, 28th February 2020

Kwinana East Zone

Merredin Regional Community and Leisure Centre

Hosted by: Merredin and Districts Farm Improvement Group

www.giwa.org.au/2020researchupdates

E: researchupdates@giwa.org.au

P: 08 6262 2128

@GRDCWest #GRDCUpdates

grdc.com.au

# How to Handwash?

WASH HANDS WHEN VISIBLY SOILED! OTHERWISE, USE HANDRUB



Duration of the handwash (steps 2-7): 15-20 seconds

Duration of the entire procedure: 40-60 seconds



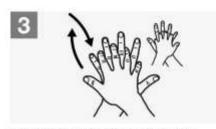
Wet hands with water;



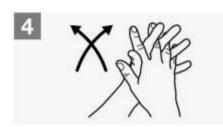
Apply enough soap to cover all hand surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



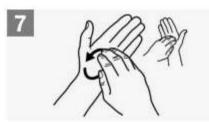
Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



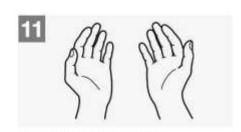
Rinse hands with water;



Dry hands thoroughly with a single use towel;



Use towel to turn off faucet;



Your hands are now safe.



Patient Safety

SAVE LIVES
Clean Your Hands

Based on the 'How to Handwash', URL: http://www.who.int/gpsc/5may/How\_To\_HandWash\_Poster.pdf ® World Health Organization 2009. All rights reserved

# How to Handrub?

# RUB HANDS FOR HAND HYGIENE! WASH HANDS WHEN VISIBLY SOILED

Ouration of the entire procedure: 20-30 seconds



Apply a palmful of the product in a cupped hand, covering all surfaces;



Rub hands palm to palm;



Right palm over left dorsum with interlaced fingers and vice versa;



Palm to palm with fingers interlaced;



Backs of fingers to opposing palms with fingers interlocked;



Rotational rubbing of left thumb clasped in right palm and vice versa;



Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa;



Once dry, your hands are safe.



Patient Safety

A World Alliance for Safer Health Care

SAVE LIVES
Clean Your Hands

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# WyWorry Transport

# FOR HIRE

Tri axle rear tipper trailers with dolly

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Short and Long Tern Hire Rates

Dale 0427 611 342



Hydraulics Sales & Service Hydraulic Component's Sales ex supplier

Richard Kovac & Robyn Kovac 21 Westral Street (PO Box 30) Bruce Rock WA 6418 Richard 0427 851 870 Robyn 0400 552 141

Fax: 08 9061 1194 ABN: 16 563 552 915

E-mail: rdkovac@bigpond.net.au

Hydraulic system design and testing
Hydraulic Components Repairs in house
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Hydraulic hose assembly made to order, inhouse

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# SPREADING SERVICE

For all your fertiliser spreading requirements:

Lime SOP Gypsum Dolamite and more...

Reliable truck with scales and GPS.

Contact <u>Tristan Slade</u>: **0457 008 084** 

tkslade@outlook.com

# **Gardener Wanted**

2 hours per fortnight

for Maisie Cusack at 30 Ada Street,

Narembeen.

Please contact Joan

Cusack for details on 0408064727



# Easy Sudoku Puzzles

1 8 2 9 6 9	9 6
	3 1
	7 9 2 6

					9			6
					3	8	5	1
	6	2		1	5			
		7	8		7		6	
	2	1	9	7	6	3	8	
	3					1		
			4	5		9	7	
2	5	8	6					
4			3					

# Medium Sudoku Puzzles

1		8			6	4		
		6		9		8		7
5								
2	6	9	5		7		8	
			4		9			
	8		n .		2	7	9	1
								5
6		4		7		2		
		1	2			9		3

			2	4		6		
9								3
1					3		4	5
5	6			7	/i = = = = = = = = = = = = = = = = = = =	1		
		4	8		5	9		
		1		6			5	2
6	9		5					1
4								9
		8		9	6			



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# CHRIS BRAY

Electrics

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email: facets@iinet.net.au

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ACN 009 023 223 FC 349



# **CHURCH NOTICES**



# **Seventh-day Adventist**

105 Church Road, Mt. Walker Saturday, February 22nd

If you'd like to tune in to the first of a new Bible Study series, "The Least of These", the first lesson, "God Created" - Proverbs 14:31, will be on Channel 603 on your regular VAST TV box.

There the weekly "Bible Study Panel" screens at 4:00 pm, or "Let God Speak" at 7:00 pm, Fridays.

Services are normally held every Saturday unless otherwise notified. Pastor Lomani Uilou is generally scheduled to be here on the second and fourth Saturdays of the month.

Preacher: Terry Ashmore

Contacts: Leading Elder,

Yonnie - 9063 5014,

Pr Lomani - 0429 770 331.

# **ST PAUL'S ANGLICAN**

8th March, 2020

9.30 am

Genesis Chapter 12 - Verses 1-4 L Lethlean

Romans Chapter 4 - Verses 1-17 R Hall

Matthew Chapter 17 - Verses 1-9

Psalm 121



# ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

# Sunday March 8th, 2020

8.00am - Reader: R Hickey



# **Church of Christ**

Wednesday 4th March, 7.30 pm

**NO Bible Study** 

Sunday 8th March 10.00am

Worship service with Keith Hall speaking
Sunday School for the children during the service

Bible Verse: Genesis 1:1

In the beginning God created the heavens and the Earth.



# From the Manager

The Fox Shoot is happening this weekend, if you haven't already, please register your team! All you have to do is give the CRC a call and provide the names of your team members, 1-5 per team. Breakfast is provided at Mt Arrowsmith on Sunday, 8th bright and early at 6:30am. You will need to bring WHOLE animals otherwise they will not be counted in your teams score. We have a great range of prizes to be won so word. spread the Sporting Shooters Association of Australia are donating \$5 for every cat and fox shot to the Regional Men's Health Initiative, making it all the more reason to get your mates together and get involved.

Rhyme time is starting next Tuesday, 10th March. We have a great morning planned for all starting at 10:30am. Lots of songs and rhymes to sing and dance along too. Please come along with your children and have some fun with us!

AND Don't forget about the TRIATHLON!! Happening on the 28th of March. This is great pre season training getting you ready for the winter sports season, which is just around the corner. Entry forms are available at the CRC or on the Shire of Narembeen website, so fill it in today and get training. That same night is also the last event on the Heat & Dust Calendar, Screen on the Green

so after a hard day at the Triathlon, reward yourself at the Narembeen Recreation Centre after and enjoy a movie on the oval, food will also be available to purchase.

Don't miss out on your last opportunity to take advantage of the free one on one social media and media lessons at the CRC. Give us a call and book in a time to learn some more, whether it be Facebook. Instagram, Publisher, Word, we can help!

VOLUNTEERS are a massive part of the CRC here in Narembeen, we are not able to carry out our big events without them! Thank you to all of those that continuously put their hand up and offer their help when we need. Although, it seems to be the same people that are putting their hands up all the time. PLEASE contact us if you are able to be a volunteer and give a few hours of your time to help us run the much loved events in the community.

Vanessa Wittstock CRC Coordinator



For the crime of murdering native critters & the slaughter of innocent newborn lambs!



# COMMUNITY FOX SHOOT

Friday, 6th & Saturday, 7th March 2020 Contact the Narembeen CRC on 9064 7055 to register your team of 1 - 5 people Breakfast BBQ & Feral Animal Count to follow Sunday, 8th March at 6.30am at Mt Arrowsmith

Sporting Shooters Association of Australia WA is donating \$5 for every cat and fox shot to the Regional Men's Health Initiative

"Red Card for Rabbits & Foxes" (RCRF) maximises landholder efforts across the ag region to control foxes and rabbits through coordinated 1080 baiting and shooting programs.





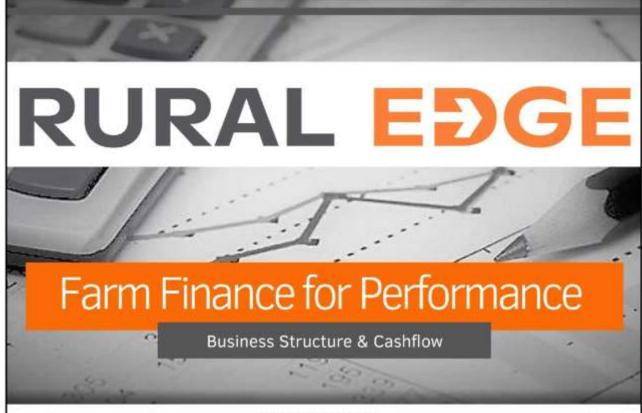












# · WORKSHOP ·

An interactive day for you to get a solid understanding of how your business is set up, how you are performing and how to improve! Because no one cares about your business as much as you do!



#### **BUSINESS STRUCTURES**

How is your business set up? How does this impact succession? Are your assets protected? How to minimise tax!



#### CASHFLOW

Budgeting 101: How a living budget works. How is your business performing? What drives profit?



# CONSULTANTS' ADVICE

Bankers and Accountants in the room to answer questions. How do you get the most out of your advisers? Understand reports and ratios.

# Narembeen

Narembeen CRC, 2/19 Churchill St, Narembeen WA 6369. Registrations ESSENTIAL via ruraledge.org.au/workshops/farm-finance-performance Cost: \$350 + GST (first person from a business), \$175 + GST (add. members of same business)





Developed by farmers and agribusiness leaders from RSM, Farmanco GRDC and Rabobank. The commercial value of this workshop is over \$500 per person, support from GRDC, RSM and the Muresk Institute enables Rural Edge to deliver in your community at the subsidised rate.





19



Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

> Often parents don't want to think about dealing with a situation like this. It's scary and they hope it won't ever happen to their child.

> > What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

# Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Friday, 1st May 2020 Date: \$65 per person 12.30pm - 2.30pm Minimum of Time: 15 people required Narembeen CRC, 2/19 Churchill Street Venue: \*Nonrefundable\* crcmanager@narembeen.wa.gov.au RSVP:

Two Themes of Protective Education:

"We all have the right to feel safe all of the time." "We can talk with someone about anything."

# Protective Education Concepts:

Safety Continuum Theme reinforcement Networks Secret Enablers OK to say "No" Protective interrupting Yes/Safe/Comfortable Risking on Purpose Persistence feelings and No/Unsafe/ Cyber Safety One-step removed Uncomfortable feelings Early Warning Signs Public and Private Three Safety Questions Network review Problem-solving

There will be books and resources available for purchase at the workshop.















Contact Holly ann Mobile 0422 971 189 Phone [08] 9497 7685 E-mail holly ann@safe4kids.com.au

# Upcoming Events/Workshops

Community Fox Shoot -Fri 6 + Sat 7

Community Fox Shoot Whole Animal Count & Breakfast - Sun 8 Mar 6.30am

Seniors Movie - Mon 09 Mar 1.00pm

Rhyme Time - Tue 10 Mar 10.30am

Morning Coffee Club - Wed 18 Mar 10.30am

Farm Finance for Performance - Wed 25 Mar 9.00am

Story Time - Fri 27 Mar 10.30am

Triathlon - Sat 28 Mar 3.00pm

The Youth Rock Out - 24 April 11.00am

Safe4Kids Workshop - 1 May 12.30pm

High Tea for Mum & Bub - 6 May 2.30pm

If you have any suggestions for courses/workshops or events that you would like to see happen in our community, please contact the Narembeen CRC.

T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

■ Narembeen Community Resource Centre

@ Narembeen CRC



# COMMUNITY HEALTH INFORMATION



#### NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

## HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

#### WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

#### WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential
Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

## NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

# CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

# CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222 Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

Skills 7.30pm every 2nd & 4th Monday of month

#### SPEECH THERAPY - PHONE PRUE 0408 934 284

At Narembeen Medical Centre on Tuesday and Wednesday

## CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

# BİRMINAYS

# March

5th	Martin Smith	Tristan Macanas	Alexander Bormolini
	Danny Brunalli		
6th	Jody Hood	Rachel Truscott	Trent Steddy
7th	Shohan Hickey(Deluis)	Hannah Thompson	Tarina Ventris
	Sasha Muir		
9th	Brian Butler	Jodie Maringoni	
10th	June Menegola	Michelle Diver	Samantha Nation
11th	Kim Pascoe	Jade Bormolini	Tammy Menegola
	Clarry Cowan		

March



# AMINISARIES

11th

Robert & Maxine Miolini



# Cleaning Rosters

Catholic Church

**Rhonda Hickey** 

**Anglican Church** 

**Eleanor Brayshaw** 

# **COMING EVENTS**

March	2020		
Wednesday	4th	Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		BOWLS - Ladies – Rd 14 Narembeen v Corrigin	
		Aqua Aerobics	12.30
Thursday	5th	Men's Shed	9.00am
		Numbats: Phone bookings from 8.00am <b>0422 322 289</b>	8.30am - 5.30pm
		Autumn Club	10.00am-2.00pm
		Scroungers Bowls	5.30pm
Friday	6th	Playgroup at Numbats Centre FACTION SWIMMING CARNIVAL	9.30am
Saturday	7th	Church	
		Men's Shed	9.00am
		BOWLS - Men's - Championship Singles - Total Ag Sponsor	
		CRICKET - GRAND FINAL - Narembeen V Kondinin/Kulin	12.00noon
Sunday	8th	Church	
•		BOWLS - Ladies - Home Social	
		- Championship Singles - Total Ag Sponsor	
		TENNIS - Mt Walker - Social BYO BBQ & salad to share	
		- Narembeen Social	
Monday	9th	Circuit Gym	9.30am
		Arts and Crafts and Book Exchange at Community Shed	10.00am-4.00pm
		St Johns Skills	7.30pm
Tuesday	10th	Senior Citizens	2.00pm
,		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Badminton at Town Hall	7.30pm
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Wednesday	11th	Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		BOWLS - Ladies Bowls : RD 13 CRB v NB	

Editor: Sherrie Heather