# The Fence Post

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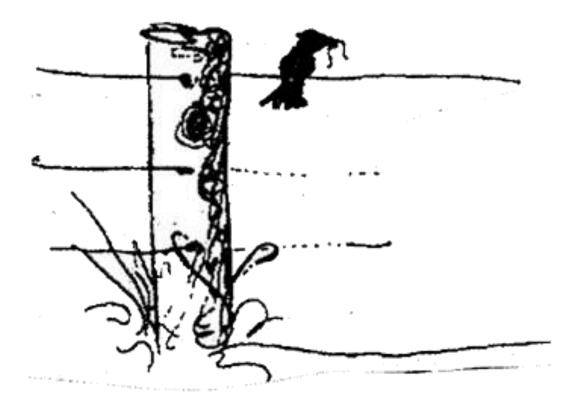
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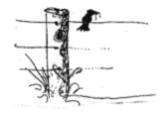
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The Fence Post - Informing the people of Narembeen since 1978



### THE FENCE POST INC

PO Box 7, Narembeen, WA. 6369 9064 7055



fencepost@westnet.com.au

### \* DEADLINE 10.30 AM TUESDAY \*

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

### **Advertising Rates 2020**

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Small ads up to ¼ Page	\$7.50	\$12.50	One Third Page	\$10	\$17
One half Page	\$15	\$25	Two Thirds Page	\$20	\$33.50
Full Page	\$30	\$50			

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### **ANNUAL SUBSCRIPTION RATES 2020**

**DUE 1st March** 

**SUBS NOW OVER DUE** 

Local and Online \$66

Mailing \$110

Online payments 306-026 - 543 1678

### **EDITORS**

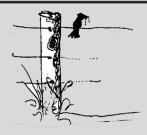
Gina DeLuis, Sherrie Heather, Lorraine Lethlean, Maxine Miolini (Editor-in-Chief), Kellie Mortimore

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

### **Disclaimer**

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper.

The Editor has the right to withhold, edit or abbreviate any items.



# Over the Fence...

### **VISITORS**

On a recent visit to the Farm and Family at South Kumminin and Narembeen we had the opportunity and privilege to attend the Narembeen District High School's Swimming Carnival last Friday 6<sup>th</sup> March. We would like to Congratulate Chris and Russell Arnold, Staff and Students and all those who assisted on a fantastic day of competition – most enjoyable.

We were very impressed with the professionalism and obvious training of the children and the way the day ran like clockwork – well done everyone.

We could imagine some of these students going onto higher levels.

It was a moving experience to see all children competing, whether they had a swimming ability or not, they swam and were encouraged along the way by the staff, other competitors, and all those who attended the carnival to finish the course.

Congratulations also to Micheal Lethlean for the wonderful job you do with keeping the Swimming Pool and surroundings looking so good.

Narembeen is a great town and we congratulate the Shire and all the voluntary organizations and people concerned making it this way.

WELL DONE NAREMBEEN.

Until our next visit that we always look forward to, keep up the good work Cliff and Beryl Smith

Forrestfield.

r subscriptions for this year to the Fencepost. These are

A reminder to all who have not paid their subscriptions for this year to the Fencepost. These are now overdue and you will need to pay before you can receive your copy from our regular suppliers .

\*\*\*\*\*\*

The Narembeen Medical Centre will be closed AGAIN on 16th and 23rd March.



### **CONGRATULATIONS**

On Saturday 29th February in beautiful weather on the banks of the Murray River in North Yunderup Danelle Fricker married Paul Hudnott in front of family and friends. Police Chaplin Keith Carmody officiated at the ceremony.

Danelle and Paul's witnesses were Helen Wanless and Aled Williams, Aydin Bartholomew was ring bearer.

Levi Gysen (Danelle's great nephew) along with Danelle's mum Kerry Fricker walked her down the aisle.

Danelle was a radiant bride, her gown was from Hob Nob made of beautiful cream lace with jewels under the bustline with a long train. The beautiful decorations were all made by Betty Wanless . How lucky were they to have such a clever Aunty.

Danelle and Paul are about to start married life in South Hedland where Danelle has been transferred to do Forensics for the Pilbra District.

South Hedland was Danelle's first country posting 17 years ago.

We wish Danelle and Paul all the best for their future together.

### **Hon Mia Davies MLA**

### **MEDIA RELEASE**

Member for Central Wheatbelt

9 March 2020

### International Women's Day a reminder there's more to be done, Davies

Leader of The Nationals WA and Member for Central Wheatbelt Mia Davies marked International Women's Day (IWD) with a speech urging women to look for opportunities to champion, advance and support women in their own communities.

"This year's theme – each for equal – is calling for everyone to actively choose to challenge stereotypes, fight bias, broaden perceptions, improve situations and celebrate women's achievements," Ms Davies said.

"International Women's Day gives us all a moment to pause and assess whether we're making progress in the pursuit of gender equality, and what more needs to be done."

Ms Davies, speaking at the Merredin IWD Long Table Lunch, said statistics compiled by United Nations Women painted a stark picture of the progress made despite increased awareness of the importance gender equality.

She said the report showed that representation of women in politics, science, culture and the arts, journalism, sport and business was still low and there was more work to be done.

"For example, while women's political representation globally has doubled in the last 25 years, yet this only equates to one in every four parliamentary seats being held by women," she said.

"In our own State Parliament, the Agricultural Region is represented by 10 Members of the State Parliament and there's only one woman – me.

"This is not representative of our communities, and we're missing the benefits of having a diversity of decision makers setting the agenda for the State."

In relation to gender equality in science, she said the UN Women project highlighted that the Nobel Prize had been awarded 900 times since 1901 and only 53 of those were to women.

"You may ask why we care about women being recognised for scientific excellence, and to that I'd say think about medical research.

"For decades, clinical research was done solely or largely on men by men and the results extrapolated to women, despite obvious differences in hormones, physical traits and metabolism that skewed results.

She said she understood it was wearing and difficult at times to be the only person in the room raising issues of bias, inequality, or calling out sexism.

"We all wish for a day when we can be done with this conversation and just get on with the job – but we're not there yet.

Ms Davies said that if everyone found opportunities to elevate the women around them then girls in the community wouldn't question their own ability or right to succeed.

She congratulated Merredin's Kerry Kretschmer for hosting another amazing event and thanked the three exceptional women who shared their life journeys saying this was one important way to help create positive change.



mia.davies@mp.wa.gov.au

www.miadavies.com.au

Leader; Spokesperson for Regional Development, State Development, Public Sector Management, Jobs and Trade, Federal-State Relations

ENATIONALS for Regional Wa

### NAREMBEEN DISTRICT HIGH SCHOOL

INDEPENDENT RURAL EXCELLENCE LEARN - ACHIEVE - SUCCEED

Ada Street

Narembeen WA 6369

Phone: 08 9064 7286 Fax: 08 9064 7029
Email: Narembeen.dhs@education.wa.edu.au
Website: www.narembeendhs.wa.edu.au



Principal: Mrs Chris Arnold Deputy Principals: Mr Russell Arnold

Ms Lynda Cornish

Our Values:

Learning, Excellence, Equity & Care

### NEWSLETTER 03/20 March 4 2020 IMPORTANT DATES

Day and Date	What's Happening
Friday March 13 2020	Assembly commencing at 9.10am
Friday March 20 2020	Interschool Swimming Carnival at Corrigin

### FROM THE PRINCIPAL

Week 5 and we hope you enjoy the short week ©. This week our students will be taking to the water at our annual FACTION SWIMMING CARNIVAL and the weather does not look too bad for Friday at the moment. Yesterday the staff travelled to Kulin to spend the day networking with teachers from 10 other schools, completing professional learning, being involved in a range of educative sessions on such topics as coding, working with 'Scratch', moderation, talk4writing, oral language and 'letters and sounds'. Just touching base with other teachers is a learning experience, if only to validate that what we are doing is pretty good!

### WEEK 5 QUOTES:

This week is the swimming carnival, not everyone likes swimming, not everyone will win a race, but then, this Friday is all about participation, about having a go and being involved as a part of a team. So these quotes back this up:

'The game of life has two participants, spectators and players. Pick one.'

Unknown

"I SHALL PARTICIPATE, I SHALL CONTRIBUTE, and in so doing, I will be the gainer."

WALTER ANNENBERG

### ROTARY WHEATBELT SWIM FOR READING: WELL DONE! 20 SWIMMERS DO US PROUD © WE LOVE YOUR WORK! FUNDS RAISED FOR OUR SCHOOL TO BE USED FOR READING RESOURCES: \$2556.00

It was just terrific watching our swimmers working so hard for their school on Saturday February 22 2020 in the Rotary Swim for Reading. This group of absolute champions has raised \$2556 for our school and we owe them a huge thank you. It was cold but they persevered in trying conditions, swimming hundreds of laps! Good on you guys, we love your work and cannot thank you enough for the effort you put in to raise this money.

Thank you, you have done your school and community proud:

Macy Cole, Charlie Cusack, Jack Cusack, Aden Cole, Wren Cheetham, Bowdan Cole, Sari Cusack, Lucy Currie, Keira Butler, Cameron Hills, Makayla Cole, Cobie Stirrat, Chelsey Irving, Sari Wilson, Michael Narrier, Nash Cheetham, Amelia Currie, Sarah Lines, Lahkeisha Brown and Alicia Hills



The Interschool Swimming Carnival is in Corrigin on Friday March 20 2020 and many of our swimmers will be involved and should be trying to improve their swimming speed and technique for this event. They will be a part of a team and as such, should be working on being their best. Narembeen Swimming Club provides the opportunity for training and students should take advantage of this to improve their technique and fitness for these carnivals.

### SWIMMING TRAINING

TRAINING TIMES: BE THERE OR BE SQUARE!!



We will train today, Wednesday March 4 2020, but there will be no training tomorrow afternoon as it is the day before the big day! Training will then continue as per the days and times below until the interschool event.

Day	Group(s)	Time
Monday	1 only	3:30pm
	2 & 3	4:00pm
Wednesday	Beginners & Group 1	3:30pm
22.	Groups 2 & 3	4:00pm
Thursday	Groups 2 & 3 only	4:00pm

# WELL DONE PAST STUDENTS - GREAT ATAR SCORES ☺ OUR HIGHSCHOOL DOES PREPARE STUDENTS FOR OTHER SCHOOLS

Huge congratulations to George Lines and Kye Stirrat who completed their ATAR in 2019 and both joined the 90+ club. We have had many students leave us in Year 9 & 10 score in this range, as well as 80+ which is a score that will gain a student entry to any university (70+ will get you into all except UWA). There have been occasions when we have had to find out how students are going and then review programs if there are gaps in skills. We are doing this currently, to ensure that they are ready for every course in Year 10 or Year 11, depending on which year they leave. English in particular is a huge area, so we are working backwards from the Year 11 expectations and will be planning based on these, as well as using the WA curriculum. We pride ourselves on the fact that private schools have stated that our students come to them fully prepared, and will be endeavouring to ensure that this continues to be the norm. If there is a gap, we are going to fix it right now, so that there is not one in the future. We know you need to trust us in this regard and we know the importance of our input into future studies. There is no better place for young teenagers to be than at home for as long as is possible, and we aim to ensure that this is an option in Narembeen. I sent both of my children, now grown, to schools in Perth when they entered Year 10 and would like to think that this is still the optimum time for students to look at new schools for senior schooling. This said, we have had some outstanding results from students who have stayed here until heading off to Year 11, so our Year 10 program is also highly effective.

### POSITIVE REWARDS

The following students received 10 points for their faction. Well done!

Benji Mortimore x 2	Gold
Levi Fidge	Maroon
Mia Parsons	Gold
Archie Federici	Maroon
Nash Cheetham	Gold
Makayla Cole	Maroon
Zali Smeed	Gold
Parker Lynch	Gold
Portia Fidge	Maroon
Tyrese Takuira	Maroon



Gold
Maroon
Maroon
Gold
Gold

### MRS CHRIS ARNOLD PRINCIPAL

### **P&C NEWS**

At the Narembeen DHS P & C Association meeting last Tuesday February 25 2020, the following were elected to office:

President: Mrs Amy Hardham Vice President: Mrs Kyla Padfield

Secretary: Mrs Lucy Lines Treasurer: Mrs Anita Cole

Fundraising Committee: Ms Kim Gough & Mr Richie Conkling. Ms Holly Burns has since

joined their ranks @.

Sports Committee: Mr Mike Currie, Mr Andy Hardham, Mrs Kyla Padfield, Mr Scott Stirrat &

Mr Tim Cusack (see you at 8:30am on Friday guys ©).

Grounds Committee: Mr Jeremy Padfield, Mrs Joanne Cheetham & Mr Andy Hardham

Library Roster: Mrs Adelle Ashmore

Bookclub: Mr Craig Gmeiner Uniforms: Mrs Lucy Lines

Board Representative: Mrs Lucy Lines

This group does a power of work for our school and we thank you all for your support of their endeavours. However, we need to have more representation at meetings and are still after at least two more for the fundraising committee. If you are able to assist this great association and support your child's/children's school through both funding and human resources, please put your hand up ©. In the near future, we will also be looking at big changes on the executive committee, with many of the parents holding down positions, having only one or two years left with students at school. We have many big cohorts coming into our junior years and that means lots of parents. Give this committee some thought if you are keen to make a difference.

Mrs Chris Arnold

### COMMUNITY NEWS

### NAREMBEEN SEAHAWKS INVITATION DAY

All swimmers, not just club swimmers, are able to compete in this event which is only five days before the interschool event. It gives them an opportunity to get an extra swim in prior to inters and is a great family day.

When: Sunday March 15 2020

Time: 9:00am

Entry Forms: available from Narembeen Aquatic Centre



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As Seen on GWN & Channel 7 "Home in WA"



# from the CHIEF



1 LONGHURST STREET, NAREMBEEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037 W: www.narembeen.wa.gov.au E: admin@narembeen.wa.gov.au

### RECRUITMENT FOR A GRADER OPERATOR AND A GENERAL PLANT OPERATOR

The Shire of Narembeen is now undertaking recruitment for the positions of a Grader Operator and a General Plant Operator to join the Shire of Narembeen works crew. For more information on either job including applications and deadlines please contact Works Manager, Arthur Cousins, 9064 7308.

### **BURNING - PERMITS REQUIRED**

The Shire of Narembeen advises that we are now in the RESITRICTED (PERMIT REQUIRED) burning period from 1 February 2020 to 15 April 2020.

From the start of the restricted burning time to the 15 April, no person is allowed to light a fire on a Sunday or Public Holiday.

Any questions about burning times should be directed to a Fire Control Officer or the Shire Office.

### DRY SEASON SURVEY - ARE YOU CARTING WATER FOR LIVESTOCK?

This is an urgent message for the Narembeen Community regarding the Dry Season Survey. Winter rainfall has been low in most of the agricultural area, farm dam levels are low and there is a potential for livestock water shortages. Water deficiency declaration may be required, however the Department of Water and Environmental Regulation requires data on affected areas and practices in place.

If you are or may need to cart water from dams for livestock then it is essential that you fill out this survey so that the Department has enough data to act quickly, should we require assistance.

If the community do not complete the survey it is likely to cause delays in arranging government assistance supplying water for the preservation of livestock. It is simply 10 questions that need to be completed but the impact it may have could be huge. Please visit the site below to fill out the survey. If you do not have access to the internet or a PC then please visit the CRC who are happy to provide assistance in this area.

https://www.surveymonkey.com/r/Stock Water Dry Season Survey

Issue No 6 - 11 March 2020

# from the CHIEF

### JOIN THE ROE TOURISM ASSOCIATION AND BECOME AN ASSOCAITE MEMBER

The Shire of Narembeen is a member of the Roe Tourism Association which is a collaborative, not-for-profit partnership between the other member Shire's of Bruce Rock, Corrigin, Kulin, Kondinin, Lake Grace and Quairading, who work together with local businesses to promote the "Pathways to Wave Rock Self-Drive Trail" and the many unique experiences that the region has to offer.

You can become an associate member for just \$20.00 per year and take advantage of all the member benefits that are on offer such as:

- Online listing via the Roe Tourism Website
- Automatic BRONZE Membership Australia's Golden Outback (Valued at \$75)
- Invitation to Roe Tourism Association Meetings
- Roe Tourism Association Meeting Agendas and Minutes

All you have to do is fill out a form which can be found on the Roe Tourism Website and return it to the Roe Tourism email: roetourism@outlook.com OR PO Box 212, Corrigin WA 6375



ARM CENTED STREET

### ASSOCIATE MEMBERSHIP FORM 2019/2020

Roe Tourism Association is a collaborative, non-for-profit partnership between the Shires of Bruce Rock, Corrigin, Kondinin, Kulin, Lake Grace, Narembeen, and Quairading who work together with local businesses to promote the 'Pathways to Wave Rock' self-drive trail and the many unique experiences the region has to offer.

### BECOME AN ASSOCIATE MEMBER FOR JUST \$20.00

As an Associate Member, you will be able to take advantage of the following benefits

- Automatic BRONZE membership valued at \$75 to Australia's Golden Outback (AGO)
- Online listing via our Website www.pathwaystowayerock.com.au
- Social Media promotion via facebook@pathwaystowaverock
   Invitation to Roe Tourism Association
- meetings (4 per year)

  Roe Tourism Association Agendas
- Associate Membership is tax deductible and all fees are invested into fourism development in the Roe

district.



(ES I would like to become an Associate Member of Roe Tourism Association

Please forward your completed Associate Member Form with payment advice to: Roe Tourism Association, Email: roetourism@outlook.com OR PO Box 212, Comgin WA 6375

BUSINESS NAME:		
CONTACT PERSON:		
ADDRESS:		
PHONE:	MOBILE:	
EMAIL		
SIGNATURE:	DATE: / /	
		-

PAYMENT OPTIONS Cheque (cheques to be made payable to 'Roe Tourism Association') OR Direct Deposit BSB: 633-000 ACC: 1130 56170 (please quote: 'Mem2019-20' in the narration)

2

# from the CHIEF

### COMMUNITY INFORMATION

### DEPARTMENT OF TRANSPORT

Licencing can be undertaken at the Shire of Narembeen from 8:30am to 4:00pm. This includes vehicle renewal, drivers licence renewals, vehicle transfer and more. This Shire of Narembeen are also able to take payments for firearms licences, including renewals and card payments. Council cannot add firearms to your licence or handle firearm applications.

If you have requirements regarding licensing and wish to carry them out at the Shire of Narembeen Office, it is important all payments with Cheque are made payable to the Shire of Narembeen instead of the Department of Transport.

Thank you in advance.

### ANIMAL REGISTRATIONS

Dogs and cats are able to be registered at the Shire of Narembeen. It is illegal to have unregistered dogs as per the Dog Act 1976. It is also illegal if your cat/s are unregistered, not microchipped or unsterilized. Fines will be given if you do not comply.

### NAREMBEEN COMMUNITY GYM

Location: Mason's Place, 26 Stanley Street, Narembeen

Enquiries: Narembeen Community Resource Centre T: 9064 7055 E: crcreception@narembeen.wa.gov.au

### NAREMBEEN PUBLIC LIBRARY

Narembeen Community Resource Centre: 2/19 Churchill Street, Narembeen

### NAREMBEEN RECREATION CENTRE

Location: Currall Street, Narembeen

Membership/Enquiries: 9064 8373

### RUBBISH COLLECTION

Rubbish Bin: Monday - Every Week

Recycle Bin: Tuesday - Every Second week of the Month

Newspapers: Sunday - Frist Week of every Month
Old Mobile Phones: Deliver to the Narembeen Post Office

Empty Ink Cartridges: Deliver to the Narembeen Community Resource Centre

### WASTE TRANSFER STATION

Location: Narembeen South Road - 2km from town

Open: Tuesday, Friday, Saturday, Sunday

Times: 10am to 4pm

Scott Wildgoose

Acting Chief Executive Officer



# NAVIGATING THROUGH CANCER



This series of eight weekly support and awareness presentations is delivered through the WA Telehealth system straight to your own electronic device or computer.

The program will be hosted by expert guest speakers on topics relevant to those impacted by cancer living in rural and remote Western Australia.

These sessions offer the opportunity for people impacted by cancer to learn relevant evidence-based information and to ask questions on the day. You may want to join every session or choose sessions relevant to your particular situation.

### Sessions will explore:

- · Cancer, It's Treatments and You
- Emotions, Communication and Cancer
- The Financial Impact
- · Wills, Legalities and Work Rights
- Nutrition and Cancer
- Sexuality and Intimacy
- · Living Well
- Cancer Council WA Support



### Date and Time

Sessions will be held every Thursday, 11am to 12pm from 30 April, 2020 to 18 June, 2020

Places are limited so registrations are required.

### Cost

Free

### Online Registration

https://navigating\_through\_cancer. eventbrite.com.au

For further information please contact: Monica Graham - Program Coordinator on (08) 9382 9328 or email monica.graham@cancerwa.asn.au

We're your compass through cancer call us on 13 11 20





# From the Manager

The Red card Community Fox Shoot was a success for all, with participants shooting Friday, 6th and Saturday 7th, then enjoying a breakfast at Mt Arrowsmith bright and early on Sunday morning. We would just like to thank all who participated and especially the team that travelled to be part of the Fox Shoot. Thank you also to all of the sponsors, we would not have been able to run the event or provide awesome prizes without it. Also a special thank you to James King and Collin Ogilvie for volunteering their time on a Sunday to help, it was very much appreciated. 9 teams registered for the shoot with a total of 146 feral animals counted from the two nights. From all reviews the community would like to continue the Fox Shoot each year to reduce the numbers of feral animals.

The Triathlon is at the end of this month! Please if you haven't already and are planning to participate in this years competition, collect an entry form from the CRC or the Shire of Narembeen Website. We cant wait to see you all there!!

We are in URGENT need of some volunteers for a few upcoming events. If you are available on the 28th of March to help out at the Triathlon whether it be timing or siting at a corner to direct the participants only for a couple of hours and on the 24th of April

for the 2020 Youth week event which will be throughout the day and night helping us supervise the kids attending. It isn't possible for us to run these events for our community without the help of community members. If you cant help but know someone that can, please let us know as soon as possible, as we do not want to have to cancel these awesome events.

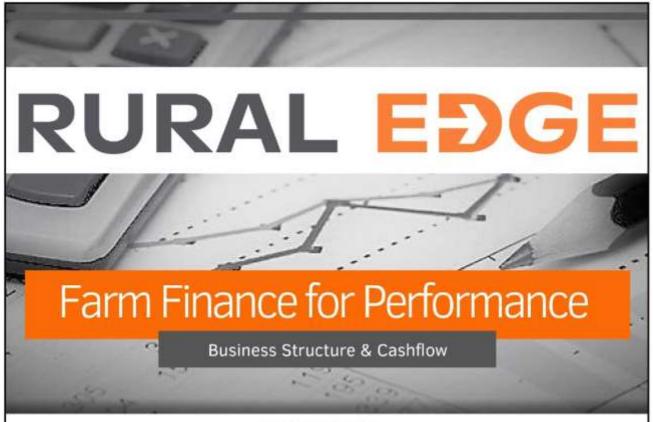
Vanessa Wittstock CRC Coordinator







The Morning Coffee Club is on again Wednesday, 18th March. This time we have the year 1 students from the primary school visiting to keep you all entertained with loads of fun games and of course, the chance to enjoy a yummy morning tea and a chat with friends. Please spread the word as our last morning tea was a great success and from all reports it was enjoyed by all.



### WORKSHOP

An interactive day for you to get a solid understanding of how your business is set up, how you are performing and how to improve! Because no one cares about your business as much as you do!



### **BUSINESS STRUCTURES**

How is your business set up? How does this impact succession? Are your assets protected? How to minimise tax!



### CASHFLOW

Budgeting 101: How a living budget works. How is your business performing? What drives profit?



### CONSULTANTS' ADVICE

Bankers and Accountants in the room to answer questions. How do you get the most out of your advisers? Understand reports and ratios.

# Wed 25 Mar 2020 Narembeen

Narembeen CRC, 2/19 Churchill St, Narembeen WA 6369. Registrations ESSENTIAL via ruraledge.org.au/workshops/farm-finance-performance Cost: \$350 + GST (first person from a business), \$175 + GST (add. members of same business)





GRDC and Rabobank. The commercial value of this workshop is over \$500 per person, support from GRDC, RSM and the Muresk Institute enables Rural Edge to deliver in your community at the subsidised rate.





Entry forms available from the CRC Entries close Monday, 23rd March





### Registration fee:

\$10 per person (Adult) \$5 per person under 16yrs

9064 7055 crcreception@narembeen.wa.gov.au



### Time Management and Business After Hours

### **NAREMBEEN**

### **BUSINESS AFTER HOURS**

A practical session that will enable you to identify and use personal systems to manage your time better and be more efficient.

Where: Narembeen CRC When: Monday 6 April Time: 5pm - 8.30pm

Tickets for Workshop or RSVP to BAH @ https://timemgtnarembeen.eventbrite.com.au

Members: \$50 Non Members: \$75

Jolin Consulting is a West
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corporations and government



### **EVENT PARTNERS**







Would you know what you'd do in a situation where your child's friend disclosed information about abuse? Have you ever considered what to say in the case of another child showing yours pornography?

Often parents don't want to think about dealing with a situation like this.

It's scary and they hope it won't ever happen to their child.

What would you do?

Are you confused about how to teach your children to be wary of potential harm, without overloading them with fear, wrapping them in cotton wool, or giving them so much information that their innocence is damaged? Would you know what tried and true steps to take in the event a situation occurred?

### Come along to this Protective Education Workshop

Protective Education is a proactive whole community approach to teaching life skills to children. It gives them the language to identify unsafe situations, arm them with tools to seek appropriate assistance or protect themselves.

Date: Friday, 1st May 2020

Time: 12.30pm – 2.30pm

Venue: Narembeen CRC, 2/19 Churchill Street

RSVP: crcmanager@narembeen.wa.gov.au

\$65 per person

Minimum of
15 people required

\*Nonrefundable\*

Two Themes of Protective Education:

"We all have the right to feel safe all of the time."

"We can talk with someone about anything."

### Protective Education Concepts:

Theme reinforcement Safety Continuum Networks OK to say "No" Secret Enablers Protective interrupting Yes/Safe/Comfortable Risking on Purpose Persistence feelings and No/Unsafe/ Cyber Safety One-step removed Uncomfortable feelings Early Warning Signs Public and Private Three Safety Questions Network review Problem-solving Secrets

There will be books and resources available for purchase at the workshop.













Contact Holly-ann Mobile 0422 971 189 Phone [08] 9497 7685 E-mail holly-ann@safe4kids.com.au









r more information and guidelines of the competition visit: www.narembeen.wa.gov.au Email: crcreception@narembeen.wa.gov.au

Emaii: crcreception@narembeen.wa.gov.au Phone: 9064 7055

# **Upcoming Events/Workshops**

Morning Coffee Club - Wed 18 Mar

Farm Finance for Performance - Wed 25 Mar

Story Time - Fri 27 Mar

Triathlon - Sat 28 Mar

BAH (Business After Hours) - 06 April

The Youth Rock Out - Fri 24 April

ANZAC Day - Sat 25 April

Safe4Kids Workshop - Fri 01 May

High Tea for Mum & Bub - Wed 06 May

#shoWAse in PIXELS banner competition - Fri 08 May

SOCK Week - Mon 22 - Sat 27 June

NAIDOC Week Event - Thursday 9 July

If you have any suggestions for courses/workshops or events that you would like to see happen in our community, please contact the Narembeen CRC.

T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au

■ Narembeen Community Resource Centre

@ Narembeen CRC



### Heat & Dust Summer Carnival

Two Drag Queens in Narembeen - who would have thought? Happy to say that Drag Queen Bingo was a huge success, with lots of laughter and a few very happy Bingo winners! Our Drag Queens even surprised us with a sneak preview of their dance show - Drag Spectacular. Perhaps next year we can get the full show!

Next up with event #8 is ABBA and Jon Lennon. Everyone loves these two music icons, so keep Friday March 20 free. And no, it's not dress up. It was surprising (and maybe a little worrying) how many people wanted to bring out their drag costumes; they were disappointed when they found out Saturday wasn't dress up!

March 28 – It's our final event – Screen on the Green - and it's a great way to finish off the Narembeen Triathlon. As the sun sets, bring out your bean bags and watch the latest new release of Dr Doolittle, staring Robert Downey Jnr.

Big thanks to Lotterywest, our committee and staff for making the Heat and Dust Carnival a reality. We're bringing our community together, thanks to their support.

### Regular News

Men's bowls Pennants at home this Saturday with the 100 up happening on Sunday. Social tennis is on Sunday too.

Jackpot was missed by Julie Hayter and Mug of the Week goes to Peter Bailey.

Raffle winners were Joe Slade, D Gray and Lorraine. Remember, you have 4 weeks to collect your prize.

Penrhos College is coming to town for a roadshow. If you have daughter that you are thinking of sending to boarding school, pop down 24th March in your diary. 5:30 to 7pm.

Don't forget if you have a special event coming up, you can book a private event here at the Rec Centre. It's great value for money and so much easier than holding your special occasion at home.

See you at the Rec Centre!



### SPREADING SERVICE

For all your fertiliser spreading requirements:

Lime SOP

Gypsum

Dolamite and more...

Reliable truck with scales and GPS.

Contact <u>Tristan Slade</u>:

0457 008 084

tkslade@outlook.com

### **KELPIE PUPPIES FOR SALE**



Parents are both good workers.

Assorted colours

For more information

contact Derek Hooper

0429-906180



### NAREMBEEN HISTORICAL SOCIETY (INC)

Next Meeting: Monday, March 16, 2020

Commencing at: 2.00pm

At: The Shire Office

All interested people and members welcome.



### Narembeen Bowls Club

### Men's pennants Rnd 9 vs Bruce Rock

Narembeen Maroon 8 [117] vs BK Purple 0 [68] Narembeen Gold 7 [121] vs BK Gold 1 [71]

### Social Bowls:

01/03/2020: A small field played Medley Triples. Winner with 3 wins +11 shots was G DeLuis Runner up with 2 wins +9 shots was K Mortimore

### Mens Country Week:

Singles: J Currie, M Hall, G Vaughan all won their block games. J Currie carried on to Last

Pairs: J Currie / M Hall made it through to Last 32

### Upcoming Events:

11/03/2020: Ladies: Pennant Final at Westonia

13/03/2020: Men: Westonia Fours

14/03/2020: Men: Pennants Rnd 12 vs Merredin at Narembeen

15/03/2020: Men Ch of Ch Fours at Civic

15/03/2020: Men: 100 Up

15/03/2020: Ladies: Social Bowls

21/03/2020: Men: Pennant Finals: 1v2, 3v4 22/03/2020: Men: Pennant GF at Civic 22/03/2020: Ladies: Country vs Metro 22/03/2020: Ladies: Social Bowls

23-26 Mar: Ladies Country Week

29/03/2020: Men: Closing Day: Ralph Thomas Pairs [Thomas Family] 29/03/2020: Ladies: Closing Day: Drawn Pairs [A Cowan / H Copeman]

29/03/2020: 6:00pm: Wind-up Dinner and Presentations

31/03/2020: 6:00pm: AGM at NB Club: All members encouraged to attend.

### Men's Pennants Rnd 12

### Narembeen Gold vs Merredin Red @ Narembeen

M Hall, J McCummiskey, A Lyon, G Johns M Currie, T Cole, W Cowan, S Padfield R Gray, F Copeman, R Padfield, D Gardner A Cousins, R Hayter, J Padfield, N Rogerson

### Narembeen Maroon vs Merredin Blue @ Narembeen

J Currie, D Hayter, HJ Cowan, K Miller G Vaughan, S Fry, R Bailey, A Wright E Tenardi, A Yandle, J Hathaway, G Latham S Welsh, K Butler, G Loader, L Maringoni

### Many thanks to our sponsors:

EXPLAURUM, NAREMBEEN ROADHOUSE, Wally TUDOR, ELDERS LTD., Bernie VALLENCE, ROB ROY PANELBEATERS – John McCummiskey, Hendy & Anita COWAN, TOTAL AG – Landmark Narembeen, NAREMBEEN TYRE SERVICE, MAX PRICE FAMILY, AIM, TRANSPLUS, NAREMBEEN HARDWARE, MOTIVE TRAVEL, Frank & Helen COPEMAN, VARLEY TRANSPORT, Bert & Dawn PRICE, Maisie CUSACK, Iris BRISTOW, BROWNLEY'S PLUMBING & GAS, HUTTON & NORTHEY, LIBERTY FUELS, CRICHTON VALE, NAREMBEEN ENGINEERING, Gaynor LATHAM, Ron & Margaret BUTLER, Steve & Chris PADFIELD, Bill BAILEY, Robert & Julie HAYTER, Narembeen IGA, NAREMBEEN MEDICAL CENTRE, Rhonda COLE, Marj COVERLEY, Eilish BAILEY, SONIC BOOMSPRAYS, Eddie & Dale DIXON, DI MIOLINI, WFI INSURANCE, THOMAS FAMILY.

### Narembeen Bowls Club

Men's pennants Rnd 11 vs Yilgarn / Westonia

Narembeen Maroon 7 [99] vs Westonia 1 [84] Narembeen Gold 8 [123] vs Yilgarn 0 [65]

### Social Bowls:

24 players vied in a 2-round medley that resulted in a 4-way tie between Greg Vaughan, Hendy Cowan, Roger Padfield and Jodie Maringoni

### Upcoming Events:

26/02/2020: Ladies: Rnd 13 Pennants: CRB vs NB @ CR

Feb 28>>Mar 6: Men: Country Week

01/03/2020: Social Bowls

04/03/2020: Ladies: Rnd 14 Pennants: NB vs CRG @ NB 08/03/2020: Men: Rnd 9 Pennants: NBG vs BKG, NBM vs BKP

08/03/2020: Ladies: Social Bowls

11/03/2020: Ladies: Pennant Final @ Westonia

13/03/2020: Men: Westonia 4's

14/03/2020: Men: Rnd 12 Pennants: NBG vs MDR, NBM vs MDB

15/03/2020: Men: Ch of Ch Fours @ Civic

15/03/2020: Men: 100 Up [N Graham, G Latham]

15/03/2020: Ladies: Social Bowls



Hydraulics Sales & Service Hydraulic Component's Sales ex supplier

Richard Kovac & Robyn Kovac 21 Westral Street (PO Box 30) Bruce Rock WA 6418

Richard 0427 851 870 Robyn 0400 552 141

Fax: 08 9061 1194 ABN: 16 563 552 915

E-mail: rdkovac@bigpond.net.au

Hydraulic system design and testing
Hydraulic Components Repairs in house
Fully equipped service vehicle - will travel
Mobile hose/fitting trailer for onsite repair
Hydraulic hose assembly made to order, inhouse

Regular trips to Perth for repairs & parts

### NAREMBEEN TENNIS CLUB

Singles Championship was held on the weekend and it did not disappoint! Thank you to everyone who put their hand up to play allowing the day to go ahead! There were some unreal matches with shots coming out of nowhere, there was slipping, sliding and even rolling going on!!

The men's final saw father and son battle it out for the second year in a row with Scotty Stirrat showing you Ethan that he's still got what it takes, well done to both men on what was a great game to watch.

In the women's final we saw a classy act from Emma Miolini who was just too good for Brit Duncan. Well done ladies on a great day!

We've only got two weekends left of tennis including our windup, closing day and AGM so please get around these last couple of weeks to close off what's been another great season at the Narembeen Tennis Club

### UPCOMING EVENTS

Sunday 15th March: Social @ 2pm

BYO Meat & Salad to share for dinner

Saturday 21st March: Windup (Location to be determined this week, so watch

facebook and text messages for info)

Sunday 22<sup>nd</sup> March: Closing Day Social Hit @ 2pm

AGM @ 6pm

BYO Meat & Salad to share for dinner

Friendly Reminder Subs are now due. President: Aaron Lyon 0408 096 553

Senior: \$120 (incl. social ball fees)

Junior: \$5

Social: \$20 (max 5 social days + ball fees on top)

Treasurer: Sheree Thomas 0427 610 193

Secretary: Brit Duncan 0417 612 045

Mens Captain: Derek Hooper 0429 906 180

Ladies Captain: Brit Duncan 0417 612 045

### Mt Walker Tennis Club



A few turned up for a hit and a good night socialising on the long weekend, with a few visitors from other clubs coming along too. The 'non-school' night of tennis made for a later evening and a good catch up for everyone.

Sunday just gone was very quiet with a large portion of members away for the weekend. This Sunday we have our last hit for the season followed by our AGM. It would be great to see as many people out on court as possible and hanging around for the AGM and dinner.

Looking forward to seeing everyone there.

A reminder to all members to ensure their subs are paid prior to our wind up in a couple of weeks.

Well done to Rhiannon and Nora for all their organising so far.

### COMING EVENTS:

Sunday 15 March CLOSING DAY & AGM

Social from 3pm - BBQ & salad to share

Saturday 21 March 'Long Table' Wind Up – please see invitation

### SUBS DUE NOW (Tennis Members)

Full \$120 Social \$60 Junior \$35

Please pay by cheque, cash or EFT to: Mt Walker Sports Club, BSB 306 026, Account No. 5100512

Use surname and initial as narrative

### \* NEW MEMBERS WELCOME \*

Ladies Captain: Courtney Bormolini 0488 333 492 Men's Captain: Guy Bormolini 0429 000 759 Secretary: Felicity Cowan 9061 6024



### Narembeen Cricket Club

Narembeen Cricket Club played in the Eastern Districts Cricket Association Grand Final on Saturday 7<sup>th</sup> March at the Narembeen Oval against Kondinin-Kulin.

Unfortunately we were not able to come away with the Win needing 9 Runs to win from the last over, falling 4 short.

Congratulations to the Kondinin-Kulin Cricket Club for their win in the 2019/20 EDCA Grand Final.

### Eastern Districts Cricket Association Teams:

Nukarni: Corrigin/Babakin: Nungarin: Bruce Rock/Shack/Ardath: Kondinin/Kulin & Narembeen

Congratulations to Narembeen's <u>Glen Sands</u> for winning the <u>Associations Leading Wicket</u> <u>Taker</u> for the 2019/20 Cricket Season.

Many Thanks to all the Supporters who turned out to watch the Grand Final on Saturday, the crowd was Fantastic and much appreciated by all the Players.

### Kondinin-Kulin 9/175 defeated Narembeen 8/172

T Bradford 37	J Sprigg 44		
J West 37	S Yandle 33		
G Yandle 31	C Fields 30		
T Biglin 21	C Butler 18		

R Cousins 3-39 J West 2-39
G Sands 2-24 J Harradine 2-32
J Sprigg 2-19 T Biglin 2-43

<u>Narembeen Team</u>: James Kennedy, Jordan Sprigg, Kyle DellaVedova, Stuart Yandle, Danny Gray, Chris Fields, Clint Butler, Glen Sands, Rhys Cousins, Nick Cheetham, Jake Cole, Cody Duncan & Justin Irving.

### Thankyou's for the 2019/20 Cricket Season -

- Glen Sands, who for most weeks prepared the Wicket & Preparation for Each Home Game – Thankyou
- For those who Supplied & helped with the Afternoon Teas on Home Games –
   Delicious & Much Appreciated
- Taylor Family Fundraising (Skelly Weed) Thankyou
- NB Football Club Hire of Bus Thankyou
- Stuart Yandle & Clint Butler Fence Post Reporters Cheers
- Narembeen Club for use of their Facilities each Home Game

Cont.../2

### Page 2... Cont

Narembeen Cricket Club Committee, Players & Members would like to extend a <u>'Sincere Thankyou'</u> to all of our <u>Sponsors</u> listed below for their Sponsorship & Support for the 2019/20 Cricket Season & encourage all Players, Members & others to support these Businesses in appreciation for their Sponsorship.



- Narembeen Roadhouse
- Narembeen Motel
- Quairading-Bruce Rock Seed Cleaners
- Elders Narembeen
- Colestan Electrics
- Meulemans Cricket Centre
- Narembeen Dental
- Brownley Plumbing & Gas
- Glencore Agriculture
- Landmark Livestock-Hubbard Agencies
- Landmark/Nutrien Lyon Agricultural Services
- Narembeen Club Inc.
- Eastern Districts Seed Cleaners EDSCO
- Cody's Express Freightlines
- Sportspower Merredin
- Varley Transport
- Transplus Freightlines
- IGA Narembeen
- Narembeen Hardware
- Sonic Boomspray

 President: Jake Cole
 Secretary: Leanne Sands
 Treasurer: Clint Butler

 0498 050 999
 0472 872 157
 0429 647 335

narembeencricketclub@gmail.com



# **CHURCH NOTICES**



### Seventh-day Adventist

105 Church Road, Mt. Walker Saturday 14th March 2020

10.00am Bible Study Hour –Daniel

11.30am Worship Service

If you'd like to tune in to the first of a new Bible Study series, "The Least of These", the first lesson, "God Created" - Proverbs 14:31, will be on Channel 603 on your regular VAST TV box.

There the weekly "Bible Study Panel" screens at 4:00 pm, or "Let God Speak" at 7:00 pm, Fridays.

Services are normally held every Saturday unless otherwise notified. Pastor Lomani Uilou is generally scheduled to be here on the second and fourth Saturdays of the month.

Preacher: Pr Lomani

Contacts: Leading Elder: Yonnie - 9063 5014

Pr Lomani - 0429 770 331

### ROMAN CATHOLIC

Changed time!

OUR LADY OF THE BLESSED SACRAMENT

Sunday March 15th, 2020

10.00am - Reader : J Cusack



### ST PAUL'S ANGLICAN

### Sunday 15th March, 2020

9.30 am

Exodus Chapter 17 - Verses 1-7 E Brayshaw

Romans Chapter 5 - Verses 1-11 W Milner

John Chapter 4 - Verses 5-42

Psalm 95



### **Church of Christ**



Wednesday 11th March, 7.30 pm

Bible Study at A + W VanDyke

Sunday 15th March 10.00am

Bible Verse: Matthew 9-37

"The harvest is plentiful but the workers are few".

# BRIMANS



13th	Sophie Gray	Heidi Bailey	Graham Lethlean
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Eric Berry

14th Elizabeth Pittard(Gray) Tayla Hassett

15th Gabrielle Cowan Isabel Cowan Makayla Cole

16th Jeanie Collins(Cowan) Jutta Slade Lyn Hebbermann

Jake Maringoni

17th Sarah Kuhne-Munroe Chelsea Yandle Jeannette Franks

**Bailey Cheetham** 

18th Sharon Baker(McPharlin) Emily Haley(Gould)

# ANNÎYERSARÎES

13th Ken & Dawn Price

14th Steve & Suzette Bailey Robert & Julie Hayter

15th Austin & Darien Pascoe Justine & Daniel Marshall(Bow)

17th Charlie & Tammy DellaVedova







# Cleaning Rosters

Catholic Church R Hickey

Anglican Church P Latham

Narembeen Weather					
Day	Date	Max (°C)	Min (°C)	Rainfall (ml)	
Tuesday	3/3/2020	29.9			
Wednesday	4/3/2020	33.0	14.8		
Thursday	5/3/2020	34.9	15.8		
Friday	6/3/2020	N/R	21.8		
Saturday	7/3/2020	32.2	N/R		
Sunday	8/3/2020	35.8	15.6		
Monday	9/3/2020	33.5	18.0		
Tuesday	10/3/2020		16.0		



### COMMUNITY HEALTH INFORMATION



### NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

### HOSPITAL - PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc-Preferred times 10.30am -11.30am or 3.30pm - 4.30pm

X-Ray service available - please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

### WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

### WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

### NAREMBEEN DENTAL - JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday

### CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES - PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am - 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

### CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Ann

Counsellor Anne Hague 0427 133 711

PODIATRIST - PHONE 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE - PHONE 000 Do not call the hospital for an ambulance in an emergency.

Skills 7.30pm every 2nd & 4th Monday of month

### SPEECH THERAPY - PHONE PRUE 0408 934 284

At Narembeen Medical Centre on Tuesday and Wednesday

### CENTRAL WHEATBELT OCCUPATIONAL THERAPY - PHONE COURTNEY 0488 333 492

At Narembeen Medical Centre

## **COMING EVENTS**

March	2020		
Wednesday	11th	Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am <b>0422 322 289</b> BOWLS - Ladies – Pennant Final at Westonia	8.30am - 5.30pm
		Aqua Aerobics	12.30
Thursday	12th	Men's Shed	9.00am
		Numbats: Phone bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Autumn Club	10.00am-2.00pm
		BOWLS - Scroungers	5.30pm
Friday	13th	Playgroup at Numbats Centre	9.30am
		BOWLS - Men's - Westonia Fours	
Saturday	14th	Church	
		Men's Shed	9.00am
		BOWLS - Men's - Rd 12 NBG v MDR, NBG v MDB	
Sunday	15th	Church	
		BOWLS - Ladies - Home Social	
		- Men's - CH of CH Fours at Civic	
		TENNIS - Mt Walker - Closing Day/AGM, BYO BBQ/salad to share	3.00pm
		- Narembeen - Social	2.00pm
Monday	16th	Circuit Gym	9.30am
		Arts and Crafts and Book Exchange at Community Shed	10.00am-4.00pm
Tuesday	17th	Senior Citizens	2.00pm
		Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
		Badminton at Town Hall	7.30pm
Wodnesday	10+6	Shira Maating	2.00nm
Wednesday	18th	Shire Meeting	2.00pm
		Seniors Gym	10.30am
		Numbats: Phone Bookings from 8.00am <b>0422 322 289</b>	8.30am - 5.30pm

Editor: Lorraine Lethlean