

The Fence Post

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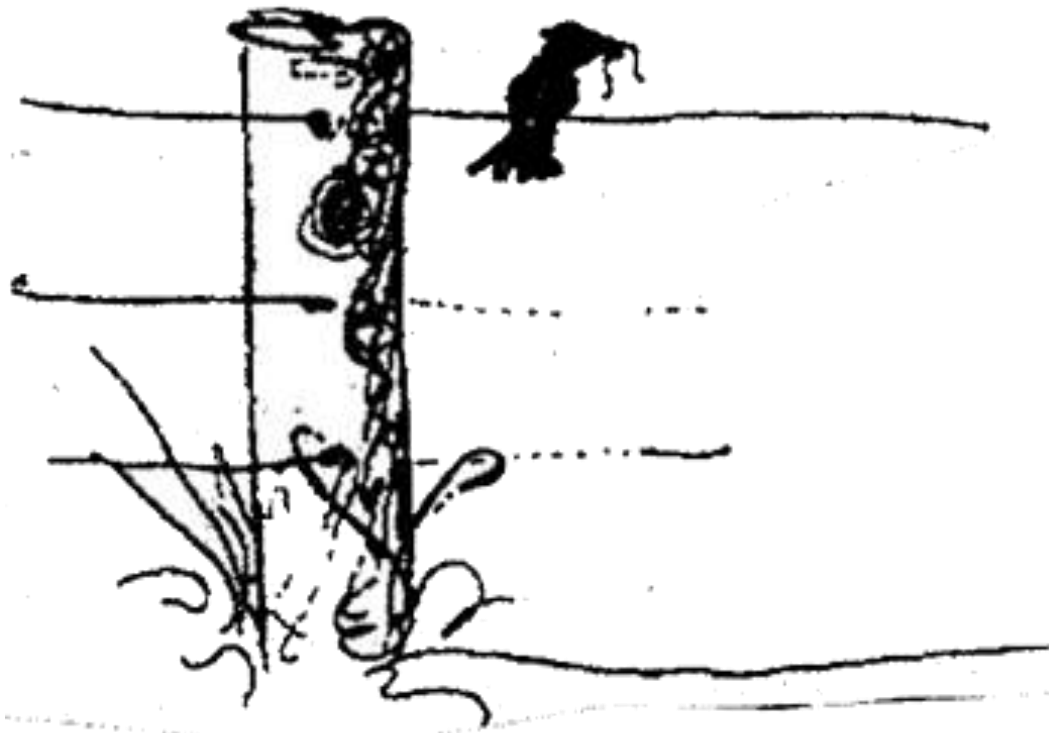
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The Fence Post - Informing the people of Narembeen since 1978



THE FENCE POST INC

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*** DEADLINE 10.30 AM TUESDAY ***

OFFICE HOURS: Tuesday 8:30 - 12pm

News items or payments may be left at the front desk of the CRC

when the Fence Post office is closed.

Advertising Rates 2020

	B&W	Colour		B&W	Colour
Small ads up to ¼ Page	\$7.50	\$12.50	One Third Page	\$10	\$17
One half Page	\$15	\$25	Two Thirds Page	\$20	\$33.50
Full Page	\$30	\$50			

PREFERRED FORMAT-WORD, PUBLISHER OR PDF

ANNUAL SUBSCRIPTION RATES 2020

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Local and Online \$66

Mailing \$110

Online payments 306-026 - 543 1678



EDITORS

Gina DeLuis, Sherrie Heather, Lorraine Lethlean,
Maxine Miolini (Editor-in-Chief), Kellie Mortimore

ROSTER

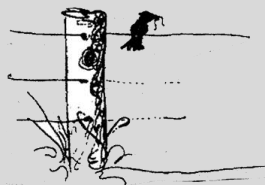
May 12	Kellie Mortimore		
May 19	Maxine Miolini	Jodie Batty	Jill McGregor

The Fence Post is a weekly (45 weeks of the year) voluntary publication in A4, printed mainly in black and white, the email edition is in colour. The newspaper is printed by our local CRC on a Wednesday. There are no summer holiday editions. Advertisements received by email will be invoiced to that address.

Disclaimer

The views expressed in articles in this newspaper are not necessarily the views of the Editor or other volunteers who produce this newspaper.

The Editor has the right to withhold, edit or abbreviate any items.



Over the Fence....

Welcome home to Chris Padfield! Everyone is very excited to have her home.....no less Stephen! It has been a very long convoluted road for Chris. She is being looked after by sister Sheila(and Tony)Peterkin.

Congratulations to Roger and Susie Padfield on the birth grandchild number 5 ! Raf Padfield born 27th April to Ray Padfield and Leanne Hodge, a little brother for Harlo.

The Lethlean family were saddened to hear of the death of Marion Henderson on April 28th. Marion was the daughter of early settlers John and Florence Nobles and cousin to the Hilton family. Marion married James (Jim) Henderson author of the book 'Marooned', a story of shipwrecks on the Western Australian Coast. Although living in the Mt Pleasant for many years, Marion was a frequent visitor to Narembeen to catch up with old friends and relations. Sympathy to all her family.

We note with sadness the passing of Audrey Butler, a long time resident and community member of Narembeen. Sympathy is extended to her family.

Some covid19 lockdown rules have eased with school going back, golf started and able to gather in groups of up to 10. In the Fencepost we are very excited that the Coop Café is making our morning cuppa again . Yeah!

BIRTHDAYS



May

6th	Warren Bow Steve Parkin	Kerrie Jones (Cheetham) Sandy Lopez	Kade Cooper
7th	Donna Dixon-Cockman	Barry Menegola	Robyn Bailey (Jones)
8th	Glen Beard	Rhian Wardley	
9th	Mick Toovey Michael Moppett	Bradley Butler Patrick Stubna(Repacholi)	Eileen Bristow
10th	Val Treloar	Brian Coverley	
11th	Sinead Cusack	Nathan Sprigg	
12th	Alan Treloar Ashlee Cusworth	Gwen Moppett	Cody Palmer
13th	Rachel Hall Samantha Cole Jessica Davis	Nicole Smith (Holberton) Daniel Hill	Kira Readhead Natalie Cheetham

Anniversaries

May

6th	Joe & Sharon Aird
11th	Phil & Val Treloar

Mother's Day

SHOW HER YOU LOVE HER

This Mother's Day gift thoughtfully and shop local. We are so lucky to have so many amazing businesses in town so why not purchase your mum a special gift box packed with love.

Gift Box 1 - \$45

- Aromatherapy Co Hand Cream from Three-O-Two
- \$15 Narembeen Club Voucher
- Selection of Sweet & Savoury Slices handmade by The Co-Op

Gift Box 2 - \$65

- Aromatherapy Co Home Fragrance Set from Three-O-Two
- \$25 Narembeen Club Voucher
- Selection of Sweet & Savoury Slices handmade by The Co-Op

Orders to be emailed to narembeencafe@gmail.com by 10am Thursday 7th May 2020.
Let us know which Gift Box you would prefer ie: 1 or 2

Pick up Friday 8th May 2020 after 12.00pm from Three-O-Two or Saturday 9th between 9am-12pm.
Remember, Three-O-Two can also arrange beautiful flowers for Mum, see Amy at Three-O-Two!



I got it for my mumma



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News from the Narembreen SDA Church family

News from the Narembreen SDA Church family to say hi and that we will remain closed until the government says Churches can open again for worship services. We will advise you of that date that we are open again as soon as we are allowed to resume.

In the interim there is various programs being run. These are via our 3ABN Radio/TV station, channel 603, we have been having a weekly service via online at the link below starting at 11 am each Sabbath morning

<https://www.youtube.com/watch?v=qaWoem6V4Do>



This weekend there is also a program called "Predictions of Hope" running on the online Hope Channel for those interested, www.hopechannel.com/predictionsofhope

(Note this is 7.30-8.30pm eastern standard time slot. Friday 9th May through to Monday 11th May each evening.)



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FREE TO GOOD HOME ONLY

"MAX"

Max is a friendly 5 year old Kelpie. Unfortunately due to moving to town we cannot keep him.

For more information please call

Keith on 0428-647298





Government of Western Australia
WA Country Health Service

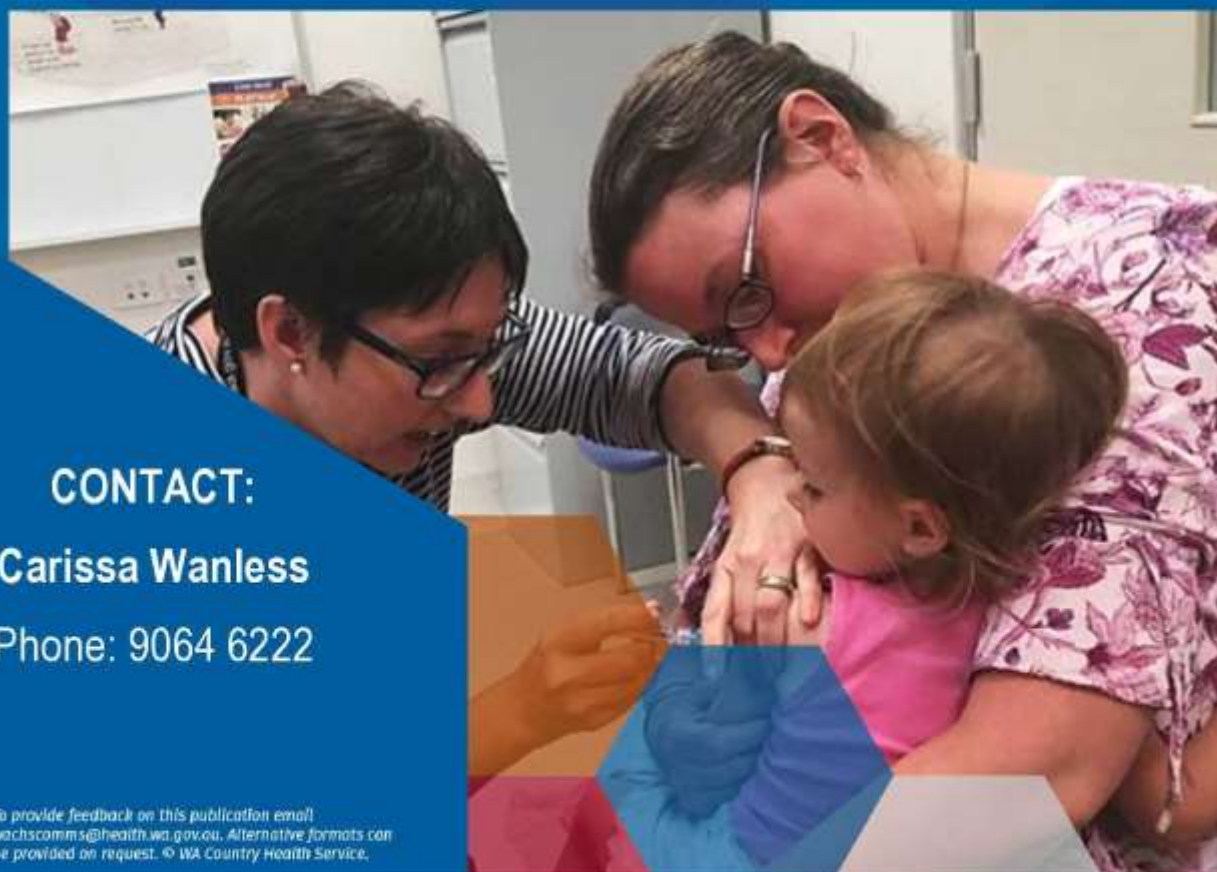
2020 Childhood Influenza Vaccination

FREE Childhood Influenza vaccinations are available.

Eligibility:

- For children aged 6 months to 4 Years Old
- For Primary school aged children (pre-primary to year 6)

For more information about the FREE influenza vaccine please contact
your local GP or your local Community Health Nurse on **9064 6222**



CONTACT:

Carissa Wanless

Phone: 9064 6222

To provide feedback on this publication email
wachscmmis@health.wa.gov.au. Alternative formats can
be provided on request. © WA Country Health Service.

WHEATBELT NRM MOST WANTED!

Have you seen any of these?

Black cockatoos

There are three species of black cockatoos in WA and they can all be found in the Wheatbelt. The iconic Carnaby's cockatoo is known as the bringer of rain. This is probably related to their habit of returning to the Wheatbelt in winter to breed. Did you know they nest in tree hollows and only old eucalypts around 150 years old have the right type of hollows and restore it?



Malleefowl

Did you know this amazing bird is losing its fight against feral predators and habitat loss. Did you know they are part of a group known as Megapodes – which means 'large foot' due to the strong legs they use to dig their nesting mound.

Wheatbelt Woodlands

The Wheatbelt Woodlands include some of our iconic eucalypt woodlands such as salmon gums, York gums and about 31 other species. We are working to protect patches of remnant bushland in good condition. Do you have your favourite woodland patch? Do you want to protect it and restore it?

Have you seen any of these special birds, or do you have a patch of woodland? Contact us to share your knowledge and help us protect our Wheatbelt wonders.

The WA Wheatbelt is home to a huge number of unique flora and fauna species. And Wheatbelt NRM is on the lookout for some of our most wanted. These species are considered threatened and we are working with community to ensure they don't go extinct.

Let us know so together we can ensure their survival. Contact Anika Dent on adent@wheatbeltnrm.org.au or 0488 902 220

www.wheatbeltnrm.org.au



This project is supported by Wheatbelt NRM through funding from the Australian Government's National Landcare Program

Grain Brokers Australia Weekly Market Report

May 5, 2020

Australia's winter crop prospects - around the grounds.

The seeding window for this season's Australian winter crop is now wide open, and growers are sowing around the clock in many regions. Those growers that have had good autumn rains are taking advantage of the ideal soil moisture and soil temperature conditions, an indulgence many have not experienced for up to three or four years.

The turnaround in the soil moisture profile in New South Wales has been phenomenal. Almost all of the cropping districts have had more than 150 per cent of average rainfall for the three months ending April 30. Most farms in the more marginal areas west of the Newell Highway have received more than double their average for the same period.

This is excellent news for farmers in the drought-ravaged central-western and north-western areas, many of whom have grown very little grain since the bumper harvest in 2016. These are the big swing areas of the state, and when they get a good start production can be huge. With a good moisture profile at the ideal time sowing time, there will be a massive increase in the states planted area and near-record production is a possibility if the season is kind.

A New South Wales wheat crop approaching 9 million metric tonnes (MMT) is undoubtedly on the cards, especially with the positive three-month rainfall outlook issued by the Bureau of Meteorology (BOM) last week. Barley production in excess of 2MMT, canola production of 1MMT and chickpea production of 0.4MMT are realistic expectations at this early stage in the crop calendar.

Victoria is in a very similar situation. The northern parts of the state suffered dreadfully from a poor spring in 2019. They have received upwards of 150 per cent of their average for the February to April period. Conversely, the southwestern parts of the state, who had a cracking 2019 crop, have not fared as well but are still above average.

With the great start to the planting season production of 4MMT of wheat, 1.9MMT of barley and 0.7MMT of canola is quite achievable in Victoria assuming at least average monthly rainfall for the balance of the season.

Rainfall in the second half of April has been sufficient to raise the soil moisture profile in most of South Australia's winter cropping regions to very favourable levels as the planting of this year's crop moves into top gear. With the soil temperatures still relatively high for this time of the year the early sown crops are absolutely jumping out of the ground.

As a result, winter crop production is expected to jump significantly on the back of an increase in planted area and improved yields. A wheat crop of 4.5MMT, barley crop of 1.8MMT and a canola crop of 0.4MMT are credible targets at this point in the season.

The two states that still have big question marks regarding 2020/21 production are Western Australia and Queensland, both due to lack of autumn rainfall.

The weather pattern in southern Queensland so far in 2020 is eerily similar to that of last year except the rains that came in late summer were about two weeks earlier. And like the autumn of 2019, the tap has been turned off, and confidence around winter crop production is waning. Many parts of Central Queensland are in the same boat with wet season rainfall well below average.

It is still early in the planting window, and there is plenty of time for the rains to arrive. And a certain proportion of the crop will be sown dry. But on the back of three poor winter crops in a row, and very little joy from a summer crop viewpoint over the same period, the appetite for growers to go all-in is simply not there. The risk is far too high until there is evidence that the weather pattern has changed.

At this stage of the cycle, a wheat crop of 1.8MMT, barley production of 0.3MMT and chickpea output approaching 0.4MMT is possible, but more autumn rain is required across all districts to maximise the Queensland plant.

Year-to-date rainfall in Western Australia is also below average across almost all districts. But unlike eastern Australia, save for Queensland, April rainfall was no more than 40 per cent of average in most regions. That said, the average autumn break for the state is May 25, so it is definitely not panic stations as yet.

While a poor production year in the west in 2019 may be fresh on grower's minds, most are now focussed on planting their 2020 crop, whether it be into moisture, or in most cases, dry. Assuming the break arrives in the second half of May a return to above-average yields is expected. Wheat, barley and canola production of 10.5MMT, 4MT and 1.7MMT respectively appear reasonable opening estimates.

With the excellent planting conditions through New South Wales, Victoria and South Australia, and plenty of time for the Western Australian cropping belt to receive their autumn break, national winter crop production is in for a sizeable rebound compared with last season.

Wheat will be the biggest winner with a 28MMT crop, up 93 per cent from the 14.5MMT produced in 2019. The increase in barley production will not be as dramatic, mainly because the crop held up exceptionally well under adverse production conditions last year. A crop of 10MMT is undoubtedly achievable, up from 8.5MMT last season. Canola and chickpea production should both increase year-on-year to 3.8MMT and 0.8MMT, respectively.

The BOM is forecasting wetter than average conditions across the southern two-thirds of the continent for the May to July period and a possible negative Indian Ocean dipole in the second half of the year. This favours Australia's winter cropping regions and augers well for a return to average or above-average production. However, the one state that remains a concern at the moment is Queensland, especially as it is now entering its dry season.

Call your local Grain Brokers Australia representative on 1300 946 544 to discuss your grain marketing needs.

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Mt Walker Golf News

Due to Covid-19 rules, Golfing has been happening but with limited players.

Please note that this year there will be no main Cup day, due to the Covid-19, rules but we will continue to play Social club games. If you would like more information please don't hesitate to contact – Carol Fagan 90645023

The Carol & Greg Fagan Opening day, (19th April) was cancelled due to the rules set out by the government and Golf Australia.

As per the Social distancing rules there has been by only 2 players on the same green.

The scribe has to apologise to those who played the first game as the noting down of results was not recorded. (well a blurred camera shot didn't help).

Sunday 26th April saw the usual faithful club member crowd turn up to play, but was sorry that one returned to the club house injured.

The Winner for the day was Darren Phillips – 35 points, Runner up was Merle Phillips – 33 points, 3rd on a countback was Colin Ashmore.

Novelties – NP #3 - Merle & NP #11 – Colin

Sunday 2nd May – We had a beautiful barmy day, which saw us playing a stroke round & vying for the Phil Treloar Trophy.

The Winner for the day Was Darren Phillips, Runner-up was Colin Ashmore, 2nd Runner up was Carol Fagan.

Next weekend is Mothers Day Ambrose – Implementing of Covid- 19 rules will apply.

Scribe Merle Phillips



from the CHIEF



1 LONGHURST STREET, NAREMBREEN WA 6369 T: (08) 9064 7308 F: (08) 9064 7037
 W: www.narembreen.wa.gov.au E: admin@narembreen.wa.gov.au

WE ARE OPEN!

As restrictions on public gatherings have relaxed, the Shire of Narembreen is pleased to announce that the Shire Administration Office is now open.

COVID-19 is still our top priority, so we ask if you are attending the office to abide by the following guidelines:-

- Wait out the front of the Shire if there is someone else already being served
- Where possible, make payments using your card, rather than cash
- Stand back from the counter to keep our staff safe
- Cover your mouth and nose if you need to cough
- Stay at home if you are unwell
- Follow instructions from staff

LATEST ON SOCIAL GATHERINGS - COVID-19

Easing of restrictions on gatherings and activities

Some of Western Australia's stage 3 restrictions have now been relaxed to ensure families and friends can stay connected during the COVID-19 pandemic.

The changes, based on health advice, will mean indoor and outdoor non-work gatherings will be relaxed to enable for up to 10 persons, lifted from the two person only limit, following continued low number of new cases and the encouraging response to COVID-19 in WA.

Everyone should continue to practise appropriate social distancing and stay home except for:

- shopping for what you need, such as food or other necessary supplies;
- medical or health care needs, including compassionate requirements;
- exercise, including outdoor personal training without shared equipment;
- training or university study, where remote learning is unavailable;
- childcare or school;
- work;
- non-contact recreational activities such as private picnics in the park, fishing, boating, hiking and camping - all in compliance with travel restrictions and the 10-person rule;
- home opens and display village openings, with appropriate record keeping and hygiene practices in place, and in compliance with the 10-person rule.

A maximum of 10 people will be allowed at weddings, funerals, outdoor personal training (no shared equipment), home opens and display village inspections as part of these changes.

from the CHIEF

The two person only restriction was initially implemented from March 30 for a month with the intention to review the situation fortnightly to see if measures could be adjusted.

The new 10-person rule aligns WA with South Australia. The two-person rule was adopted in WA, going further than what was recommended at the time in a bid to curb the spread of COVID-19.

All public playgrounds, skate parks and outdoor gym equipment are to remain closed.

All other restrictions will remain in place for now, in a bid to manage social distancing and better protect Western Australians.

Restaurants, cafés, food vans, food courts and road houses remain restricted to takeaway and home delivery.

These decisions are based on the best medical advice in the country and as outlined by National Cabinet restrictions could be in place for six months, but subject to regular review.

COVID Safe app

The COVIDSafe app is part of the Australian Government's work to slow the spread of COVID-19. It will provide the Government with the confidence to find and contain outbreaks quickly meaning the government can ease restrictions while still keeping Australians safe.

The new COVIDSafe app is completely voluntary. Downloading the app is something you can do to protect you, your family and friends and save the lives of other Australians. The more Australians connect to the COVIDSafe app, the quicker we can find the virus.

For more information go to <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>



COVID-19 RELIEF FUND

The State Government, through Lotterywest, is committing \$159 million into a COVID-19 Relief Fund to respond to the hardship being experienced by the Western Australian community as a result the COVID-19 pandemic.

The fund will comprise the following programs:

- Crisis and Emergency Relief
- Event Cancellation Relief for Arts, Sports and Community Groups

Resilient Arts, Sports and Community Groups

You are encouraged to visit the Lotterywest website and read the information available relating to this funding:

<https://www.lotterywest.wa.gov.au/lotterywest/covid-19/covid-19-grants>

Please contact Lotterywest on 133 777 to discuss your grant and request an application form.

Applications will be open from Friday 24 April - midnight Wednesday 13 May.

from the CHIEF

HYGIENE TRAINING MANDATED FOR WA WORK SECTOR

In a move that should influence all employers' safety strategies for returning to normal operations as COVID-19 restrictions ease, the Western Australian Government has introduced mandatory coronavirus-specific hygiene training for the hospitality industry.

Hospitality businesses like restaurants, cafés and bars will be blocked from reopening, as restrictions are gradually relaxed, unless they can show that "every employee" has successfully completed the first component of the Australian Hotels Association's two-tiered Hospitality & Tourism COVID-19 Hygiene Course, State Premier Mark McGowan and Small Business and Tourism Minister Paul Papalia said.

Managers and supervisors must successfully complete the second, more advanced component of the course, and venues, when open, must ensure at least one "dedicated COVID-19 hygiene officer" – being a staff member with the more advanced accreditation – is on shift at all times, they said.

The initiative is aimed at protecting workers and members of the public, draws on State and Federal health directions for the pandemic, and covers five key areas: understanding COVID-19 and venue restrictions; reporting personal health issues; maintaining personal and workplace hygiene practices; reducing the risk of cross contamination; and using effective cleaning and sanitising practices.

Businesses that comply with the conditions of the new regime will have to display signage to that effect, and will be provided with accreditation certificates, posters, stickers and bar and table "talkers".

"This new mandatory course will help the sector to appropriately plan and prepare for future adjustments whereby workers and patrons alike are better protected from the virus once business is able to resume," McGowan said.

McGowan and Papalia encouraged hospitality workers to complete the tier-1 online course as soon as possible, and said the tier-2 component will be available from 6 May, adding that the early rollout of the program will allow businesses to reopen quickly when restrictions are lifted.

For more information or to complete the training go to: <https://hospitalityhygiene.com/>

GRANT OPPORTUNITY - COMMUNITY STEWARDSHIP GRANTS 2020 PROGRAM

Community groups dedicated to caring for Western Australia's precious environment can apply for grants from the McGowan Government's latest State Natural Resource Management (NRM) funding round.

The McGowan Government has this year increased the funding available for local community-based projects through the Community Stewardship Grants program to \$7.5 million.

The 2020 grants funding round is now open for projects that help conserve natural areas, protect WA's biodiversity and improve the capability of NRM community groups across the State.

The two grant categories are small grants between \$1,000 and \$35,000, and large grants between \$35,001 and \$450,000.

Applications for the 2020-21 Community Stewardship Grants close on **Monday June 15 2020**.

An additional \$1 million will be made available to support core landcare and resource management activities of the seven regional NRM bodies and the Western Australia Landcare Network.

For more information, visit <http://www.nrm.wa.gov.au> or contact the State NRM Program office on (08) 6552 2165.

from the CHIEF

WINDOWS IN THE WHEATBELT

**A Social Media Photo Campaign to support local Wheatbelt Tourism for the month of May. Let's showcase the amazing Wheatbelt region by taking a photo out of our windows and showing off our beautiful part of the world !
#awindowinthewheatbelt**

This collaborative initiative aims to inspire people to take a road trip to the Wheatbelt once COVID-19 restrictions are lifted and it is safe to do so. Wheatbelt Local Tourism Groups of Roe Tourism, NEWTRAVEL and the Central Wheatbelt Visitors Centre are asking our locals to support the regions tourism industry for the month of May by sharing photos taken from their windows on social media to, remind everyone of what they're missing – and inspire them to travel to the Wheatbelt region once coronavirus restrictions are lifted. Wheatbelt locals are invited to take a photo of a view from their property or whilst out and about in their area and post it on social media using the hashtag #awindowinthewheatbelt including the location, such as #Narembene.

We're asking for the support of all Wheatbelt organisations, businesses and communities to get behind this initiative by sharing and promoting #awindowinthewheatbelt through your communication networks, whether that be your own social media channels, e-news or local community paper.

Did you know that Tourism, through accommodation, food, employment, arts, events and attractions play an important part in the Wheatbelt economy. Tourism activities contribute around \$275 million to the Wheatbelt economy with over 73% of that being generated from the larger regional centres of York, Toodyay, Northam, Chittering, Gingin, Dandaragan, Merredin and Narrogin. With COVID-19 restrictions having a significant impact on everyone, the Wheatbelt too has felt the impact of borders being closed and so are a lot of our businesses. Now is not the time to go quiet and we are wanting to make sure that Wheatbelt Tourism is ready to capitalise on the road to recovery.

Inspired by the VisitScotland initiative, we hope this campaign will also offer Western Australian Wheatbelt businesses and communities an outlet to showcase their own views of the Wheatbelt and inspire visitors to see them for themselves when they can in the future. The Wheatbelt is a diverse region and is "Road Trip Country" with a great range of self-drive trails where visitors can chose their own adventure! The Pathways to Wave Rock, Wheatbelt Way, Pioneers' Pathway, Golden Pipeline Heritage, Granite Woodlands & Discovery Trail, Holland Track & John Holland Way, Wheatbelt Public Silo Art Trail are just some of the self-drive trails on offer – there are many more! The Wheatbelt also has an amazing range of businesses, bakeries, cafes and accommodation, as well as attractions. So we want people to be inspired to take the time now to plan a Wheatbelt Road Trip for when the time is right to travel again, we promise it will be worth the wait!

Roe Tourism, the Central Wheatbelt Visitors Centre and NEWTRAVEL are not-for-profit organisations that are representative bodies for primarily local government bodies and other members, to collectively market and promote the self-drive routes and the tourism assets in their associated Wheatbelt's regions. We also engage with visitors and tourists through our promotional activities.

You can find us on Facebook and Instagram:

@Pathways to Wave Rock

@Central Wheatbelt Visitors Centre

@Wheatbelt Way



SUBSCRIPTIONS

Many memberships expired on April 30th. Thanks to those who have already paid.

On 20th April a payment was made to the bank in cash but the name of the member was not included and the bank cannot remember who it was. If you paid in cash to the bank please advise Lorraine Lethlean (0458033568) and she will put your name next to this "unknown" entry.

Was your direct payment from the bank "dishonoured"? We have an amount of \$93 that we cannot trace. Please advise Lorraine if this was yours.

Forms are available from the Medical Centre, the Community Resource Centre and the Post Office if you wish to join as a new member.

Payment can be made by cheque or cash and left in the box at the Medical Centre. Listed below are the annual fees:

Family: \$93.00
Single: \$56.00

POST TO: P O Box 113, Narembeen, 6369

CHEQUES MADE PAYABLE TO: Narembeen St John Ambulance

Internet Banking – Bankwest BSB 306-026 Account 4179930 –

QUOTE YOUR Member # e.g. 764XXXX

If you pay by direct debit from your bank, the amount will need to be adjusted – **PLEASE CONTACT YOUR BANK TO CHANGE THIS AMOUNT**

IF YOUR CHILD HAS TURNED 18 DURING THE YEAR THEY WILL NEED TO HAVE THEIR OWN MEMBERSHIP.

If you need your details changed e.g. address, name spelling, telephone update, or if you have had an addition to the family, please let us know.

The quickest way to get an ambulance to you if it is needed is by **Dialling 000**. Do not ring the local Hospital or Doctors Surgery as this will only delay the process.

DID YOU KNOW THE COST FOR AN AMBULANCE CALLOUT WITHIN THE TOWN IS OVER \$400?

MAKE SURE THAT YOU ARE COVERED

THANKS TO OUR VOLUNTEERS ESPECIALLY NOW WITH THE
CORONAVIRUS PANDEMIC UPON US

Hon Mia Davies MLA

Member for Central Wheatbelt

MEDIA RELEASE

30 April 2020

NATIONALS CALL FOR FUNDS ROLL-OVER ON FUEL CARD

The Nationals WA have called on the State Government to roll over any unspent funds on the Country Age Pension Fuel Card (CAPFC) at the end of this financial year.

Member for Central Wheatbelt Mia Davies MLA said The Nationals WA had written to the State Government requesting cardholders with unspent value at the end of the financial year to have the amount automatically added to their 2020-21 cards.

"Due to social distancing requirements and travel restrictions, many regional CAPFC holders will be unable to expend the full value of their fuel cards this financial year," Ms Davies said.

"Many of these card holders will be playing their part in the fight against COVID-19 by staying at home and adhering to health advice on socialising and travel, which we encourage and applaud.

"However, this means many cardholders will not expend their \$575 values and lose any unspent credit at the end of the financial year."

Ms Davies said rolling over unspent fuel card values would also assist pensioners struggling with inappropriately high fuel prices in the regions.

"While the State Government has distanced itself from addressing the unfair petrol price situation, most regional residents are still paying at least 30c per litre more than metropolitan residents," she said.

"Regional pensioners have already been hit hard this year with inflated prices on groceries due to COVID-19, and any assistance the State Government can provide to counteract unreasonable petrol pricing should be considered."

Leader Mia Davies said the Country Age Pension Fuel Card was developed and implemented by The Nationals WA in Government and funded through Royalties for Regions.

"This program provides eligible pensioners with \$575 each year towards the cost of fuel and taxi transport, in recognition of the fact that pensioners in the metro area have access to free public transport which is simply not available in our regions," Ms Davies said.

Member for the Agricultural Region Martin Aldridge MLC said "The CAPFC helps to keep people connected and active in their communities, allowing them to attend medical appointments, go grocery shopping or visit family members."

Mr Aldridge said in previous years the CAPFC underspend was around 8 per cent, but it was likely to be much higher this year due to COVID-19 travel restrictions.

"By rolling over the unspent value of the CAPFC some cardholders might just have a little bit more money in their pockets to support local businesses and stimulate local economies."

For media enquiries please contact Mia Davies on 9041 1702 (Merredin office), 9622 2871 (Northam office) or email mia.davies@mp.wa.gov.au.

mia.davies@mp.wa.gov.au

www.miadavies.com.au

Leader; Spokesperson for Regional Development, State Development, Public Sector Management, Jobs and Trade, Federal-State Relations



THE NATIONALS for Regional WA



From the Managers Desk

Hello everyone,

I hope you had a good weekend and week so far.

We have something very exciting to report: We have formed a Ladies Long Lunch committee that will be meeting on a regular basis in order to organise the next Ladies Long Lunch, which is scheduled for **March 2021**. It has been a few years since the last one in 2017 and we are super excited and cannot wait to have many empowering women together again.

With social gatherings and other restrictions slowly lifting we are also hoping to get back to normal soon, but please be patient and continue to do the right thing by keeping a safe distance for a little bit longer, we will be reviewing the situation on **May 29th**, but until then we will remain closed. We thank the community for your continued support and understanding.

Please continue to use our call and collect library services and do not hesitate to call us for anything you need, even if it's just for a chat. COVID-19 has effected each and every one of us differently, so please remember to

check in with your family and friends to make sure they are doing OK.

Come and collect a "MEANINGFUL MAY" Calendar from the basket at the front door of the CRC. This calendar will give you a little task each day in May to keep calm, stay wise and be kind. If you would like more information visit the 'Action for Happiness' website www.actionforhappiness.org

This is a great way to maintain a healthy mind not only during COVID-19, but when this pandemic is over.

Vanessa Wittstock
CRC Coordinator

" We can believe in the
LOVE
of the people we have
around us, and there we can find
HOPE."
- Pope Francis
on COVID-19

T 9064 7055 | F 9064 7084

Unit 2 /19 Churchill Street, Narembeen WA 6369

crcreception@narembeen.wa.gov.au

www.narembeen.wa.gov.au



Narembeen Community Resource Centre



Narembeen CRC

WHAT ARE WE DOING IN ISOLATION?

See what the
staff at the CRC
like to do during
COVID-19

This week we are talking to...VANESSA, the CRC Coordinator

Favourite Recipe at the moment

Pumpkin Soup a la Anita Parsons, if you haven't tried it, you must, it is absolutely delicious!

Favourite TV show

I have been watching a lot of series on Netflix lately, but one of my favourites would have to be 'Unorthodox'.

How are you keeping entertained?

I have to admit, I have been doing a lot of online shopping, not necessarily the cheapest way to keep yourself entertained...

What are your Isolation suggestions

Get out of the house, go for a nice long walk, put on some music and unwind!

What has been your favourite thing to do during COVID-19?

Talk to my friends and family in Germany via facetime.

Isolation Quote or Joke:

Now that your eyes are open, make the sun jealous with your burning passion to start the day. Make the sun jealous - or stay in bed.



2020 - 2021

COMMUNITY DIRECTORY UPDATES

Have your DETAILS CHANGED or
are you NEW TO NAREMBEEN?

Please complete and return to the CRC by Friday 12th June

PERSONAL LISTING	COMMUNITY GROUP
SURNAME:	ORGANISATION NAME:
FIRST NAME/S:	CONTACT PERSON:
PHONE:	LOCATED:
MOBILE 1:	POSTAL ADDRESS:
MOBILE 2:	PHONE:
EMAIL 1:	EMAIL:
EMAIL 2:	AIM:
BUSINESS LISTING	SPORTING GROUP
COMPANY NAME:	NAME OF GROUP:
CONTACT PERSON:	CONTACT PERSON:
LOCATED:	PRESIDENT: PHONE:
POSTAL ADDRESS:	SECRETARY: PHONE:
PHONE:	TREASURER: PHONE:
EMAIL:	EMAIL:
WEBSITE:	MEMBERSHIP FEE:
SERVICES:	
RELIGIOUS GROUP	TWO-WAY RADIO CHANNEL
NAME OF GROUP:	NAME:
CONTACT PERSON:	NUMBER:
LOCATED:	
POSTAL ADDRESS:	
PHONE:	
EMAIL:	
AIM:	

MEET A NAREMBEEN FARMER: *RYAN SPRIGG*



04.05.2020

by Jessie Davis



Show us your favourite place on your farm

Q: Why is it special to you?

That is Cummin Rock and who wouldn't love it because of that view! This is a sunrise photo on Easter Sunday 2020.



Q: What are you doing on the farm this week?

Seeding is in full swing on the farm, we are about 2000ha into the program and will hopefully get another 1000-1200ha done this week, we will be switching from barley to either canola or wheat (depending on the weather)

Q: Are you trialling anything new on farm this season?

No real trials this year, but have changed fertiliser back to a more basic one, as well as spread SOA pre seeding instead of putting urea down the tube, so you could call it a full farm trial!

Q: What is your favourite tool or piece of equipment on farm?

Definitely the header! Being able to see and retrieve information on the crop you have put in that year while harvesting it, so you can start thinking of where to improve next year!

Q: What is your best farm hack?

The old faithful IBC can be used for anything, always open to more farm hacks.

Think before you flush!

Flushing these items can cause blockages in your pipes and the broader wastewater system.

Don't flush:



If it's not one of the 3 Ps - toilet paper, pee and poo - put it in the bin instead.





CHRIS BRAY

Electrics

Mob: 0418911872

email: facets@iinet.net.au

For all electrical installations repairs and maintenance.

14 Longhurst Street Narembeen

ACN 009 023 223 EC 349



Senior Citizens

Senior Citizens will be restarting on Tuesday 12th May.

We will be practising social distancing rules.

Forecast for today

Unproductive with a chance of napping

Day	Date	Max (°C)	Min (°C)	Rainfall (mm)
Tuesday	28th Apr	19.9		
Wednesday	29th Apr	21.1	6.9	
Thursday	30th Apr	20.6	5.3	
Friday	1st May	21.8	5.5	
Saturday	2nd May	24.9	8.2	
Sunday	3rd May	28.9	9.6	
Monday	4th May	27.7	16.3	0.2mm
Tuesday	5th May		16.1	



NAREMBEEN DISTRICT HIGH SCHOOL
INDEPENDENT RURAL EXCELLENCE
LEARN - ACHIEVE - SUCCEED

Ada Street
 Narembeen WA 6369
 Phone: 08 9064 7286 Fax: 08 9064 7029
 Email: Narembeen.dhs@education.wa.edu.au
 Website: www.narembeen.dhs.wa.edu.au



Principal: Mrs Chris Arnold **Deputy Principals:** Mr Russell Arnold
 Ms Lynda Cornish

Our Values:
 Learning, Excellence, Equity & Care

NEWSLETTER 05/20 May 4 2020
IMPORTANT DATES

Day and Date	What's Happening
Friday May 29 2020	School Cross Country
Monday June 1 2020	Western Australia Day Public Holiday

FROM THE PRINCIPAL

Well it has certainly been a while since I have spent a Sunday afternoon preparing the Newsletter!! Since the last Newsletter, dated March 16 2020, which started with the sentence stating 'the news about corona virus was only getting worse,' we have had our lives turned a little pear shaped! The Interschool Swimming and primary cricket carnival were cancelled, all incursions were canned and our final assembly for the term did not go ahead. The Premier advised parents to keep their children home if they could from Monday March 30 2020 and we were advised to prepare at home packs and/or online learning for our students for Term 2. Many of our students have been away for four weeks or more ☹. As you know the decision regarding Term 2 was reviewed midway through the holidays, which I will admit caused me (and I am guessing others) a great deal of angst at the time, requiring me to basically, build a bridge ... yada yada. So yes, we all moved on, but I will state here that it was not a concern about the virus that caused the angst, it was the fact that I had seen first-hand the phenomenal amount of work the staff had done (and I may have done a bit myself), to prepare for the distance learning. Moving the goal posts after the work was done was what made me a tad angry and maybe a little stressed ☹! **We are very happy to have the school open, happy to know that we are to deliver face to face teaching.** So, last Monday we opened with just over 60% of our students attending, a figure that was actually 85% in the high school and by today, is up to 82% of our students and 92% in the high school. From the first day of Term 2, we have gone back to normal timetable in all years, with the students taught by their teachers and specialists (ie: Hannah for PE, Lucy for Auslan etc). I am confident that the medical advice we rely on through the department is sound and we have been informed that there is 'zero evidence of student to student transfer' and 'minimal evidence of student to staff transfer' (there has not been a case in WA). So it is business as 'almost usual' for us, we still cannot have

assemblies or excursions, and we must continue to social distance as staff members, but we are back to teaching in the classroom, where for most students, learning is done best ☺.

WEEK 2 QUOTES:

"It took a pandemic to make me realize that I do have a family; that I do have friends; that I do have a heart and that I do have faith."
Anthony T. Hincks

"This stay at home period can be the best moment of your life to discover your purpose on earth, set goals, enjoy new experiences through reading and learning, and focus intensely on what really matter most in life."
Bamigboye Olurotimi

WHAT HAS CHANGED AT SCHOOL

- The students at school **do not have to abide by the social distancing rules** that we do. However, we are continuing to minimise physical contact in the classroom, playground and during Physical Education.
- The water fountains are still turned off or taped. We are allowed to turn them on but the students are only allowed to fill water bottles from them and I just cannot police this well enough. We have two new drink fountains, one at the library and one at the Kindergarten room (the new room) and both of these have drink bottle fillers as well as a bubbler. The bubblers will be taped but students will be able to fill their drink bottles with cold water from these fountains.
- We have already added an extra 25 hours to our cleaning roster and will be adding a further 58 hours once the three people picking up the rosters complete their WWC checks and Department of Education criminal screenings.
- The playground equipment, sports equipment and areas of high contact are being cleaned either every two hours or after each break. Desks and chairs are being cleaned at recess and lunch time.
- Every room has hand sanitiser (which is not new but it is now essential).
- We will continue to ensure that students are washing their hands thoroughly with soap and water and maintain high levels of hygiene in this area.

WELCOME KAIDEE

Miss Kaidee Arnold is going to be with us for 10 weeks, doing Hillary's Mathematics from Year 3 - 10 and the high school Health Education. She has a Bachelor of Science (Physiotherapy) and a Diploma of Teaching from UWA. She graduated from the Dip Teach course in 2018 but this is her first actual posting as she has continued to work in the Health industry as a Physiotherapist and Pilates Instructor. Kaidee has been given set aspects of the Mathematics course to do from Hillary, mainly the Measurement and Probability and Statistics content. We are pretty lucky to be able to get a teacher with the appropriate knowledge base (Science and Mathematics teachers in high school are rare ... I will be able to work until I'm 80 ☺ ☺!!) and she will have plenty of support from Hillary via phone and email and I know a bit about the Maths curriculum. I hope that she enjoys her time with us.

PLEASE TELL US IF YOUR CHIL/REN ARE STAYING HOME AFTER WEEK 2

For the first two weeks of Term 2, our staff had prepared work packs for our primary students and put google classroom information as well as Education Perfect lessons up online for our high school students. If you are intending to keep your child/ren home **AFTER THIS FRIDAY**

MAY 8 2020, you will need to let us know. Staff **WILL NOT BE PREPARING ANY FURTHER TAKE HOME PACKS**, although some Education Perfect lessons may still be added for the older students to do if none of the Department packs suit. We will access the packs that the Department have developed and they will be available from **Monday May 11 2020**. However, we need to know if these are required by any of our students. Please email us on narembeen.dhs@education.wa.edu.au to let us know if more work is required.

CROSS COUNTRY 2020

We will be going ahead with our own **Cross Country on Friday May 29 2020 (Week 5)** regardless of whether the Interschool event goes ahead. If restrictions of parents on site is not lifted by this date, four weeks in the future, parents will be able to watch the events from various vantage points along Ada Street, Northmore Street and Wakeman Street. Let's hope that we can have this event as our first post-isolation event which will bring us all back together at the school ☺. This year we have decided to give **medallions** to the **first three male and female runners in each event** – similar to all other events and the Combined Schools Cross Country.

WELCOME TO THE BOARD ANITA PARSONS AND TRISTA FEDERICI

We advertised a vacancy on our Board last term and it feels like years ago! We had two nominations and since having two new parents on the Board does not put us above our maximum number, we have decided to invite both nominees to join our Board. Welcome to the Narembeen DHS Board Anita and Trista, you come onto a well-functioning, strongly led Board and we know you will both do a great job.

WELL DONE PAST STUDENT JOLIE CHEETHAM

Congratulations to past student **Jolie Cheetham (Year 10)** who was listed on the Principal's **Honour Roll at Guildford Grammar for Term 1**. Jolie has always worked very hard and has obviously continued to impress at her new school. Keep it up Jols ☺.

THANK YOU STEPHEN WELSH

A big thanks to **Stephen Welsh (Welshy)** for spraying the school oval over the holidays. We really appreciate his continued support in this area.

2020 NAPLAN UPDATE

This year, if you are in Year 3, 5, 7, or 9 ... you don't have to do NAPLAN. Information relating to our Year 9's and OLN should be given to us. Generally, Year 9's who do not achieve Band 8 or above in NAPLAN have to complete OLN in the following years. What will happen with the 2020 Year 9's will be clarified (it may already be and I haven't seen it, but we will find out!).



WINTER UNIFORM: MAROON TRACK PANTS PLEASE ☺

With the change to our weather pattern, hopefully with some rain for the farming community, students will need to be **wearing suitable winter uniform – which is maroon, not black or any other colour!** Please ensure that you have the **CORRECT TRACK PANTS AND JUMPERS.**

POSITIVE REWARDS

The following students received 10 points for their faction. Well done!

Logan Penning	Gold
Sari Cusack x 2	Maroon
Parker Lynch	Gold
Charles Robinson	Maroon
Eira Palompo	Gold
Cohen Conopo	Maroon
Imogen Hickey	Gold
Kate Smoker	Maroon
Abbi Conkling	Gold
Gemma Federici	Maroon
Xavier Pawsey	Maroon
Portia Fidge	Maroon
Jace Browning	Maroon
Alice Hardham x 2	Gold
Levi Duffy x 2	Maroon
Alicia Hills	Gold
Sarah Lines	Gold
Tanner Miller	Gold
Wren Cheetham	Gold
Jack Wanless	Maroon
Benji Mortimore	Gold



MRS CHRIS ARNOLD
PRINCIPAL

BOOK CLUB

Due to the pandemic **Book Club will be sold and ordered completely online this term.** Please note the follow message from Scholastic:

‘We are sending all the parents on your LOOP database a link to the latest Book Club. They’ll be able to click-and-go directly to the fantastic issue we’ve put together and place their orders via LOOP– just as they always have. All Book Club orders will be home delivered with a \$5.99 delivery fee.’ The link to the Virtual Catalogue is scholastic.com.au/book-club/virtual-catalogue-1/

Mr Craig Gmeiner

CHURCH NOTICES



SEVENTH-DAY ADVENTIST **105 Church Road, Mt. Walker**

Contacts: Leading Elder, Yonnie – 9063 5014,
Pr Lomani – 0429 770 331.

Please be advised due to the COVID 19 Virus and for the health and well being of our community and its members The East Narembeen Seventh Day Adventist Church are **suspending** all Saturday morning church services effective from Saturday 21st March 2020 **till the end of April**.

The Church has a local TV Chanel 306 and radio station 3ABN serves our community with Sabbath School and sermons as well as other interesting shows, wellness, cooking etc.

ST PAUL'S ANGLICAN

No Services until further notice.

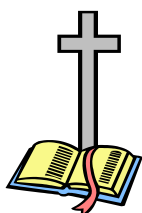
Acts Chapter 7 verses 42-47

1 Peter Chapter 2 verses 11-25

John Chapter 14

Verses 1-14

Psalm 31



Church of Christ

Wednesday 7.30pm

Bible study at

No Sunday Worship service

Bible Verse: Ephesians 4:32

Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.

ROMAN CATHOLIC

OUR LADY OF THE BLESSED SACRAMENT

No Services until further notice.

Prayer for Rain

Most Loving God

Through Your Son You said

"Ask and you will receive,

Seek and you will find,

Knock and the door will be opened."

Today we come to You in our need,

Asking that you listen to our prayer.

May You in Your Goodness provide in due season,

Steady and soaking rains to those parts of our state that so desperately need it.

We Thank You Father for all Your gifts to us and are confident that You will listen to our prayer.

We ask this through Christ our Lord, Amen.



Due to the COVID19 pandemic there have been many changes, please call to check!



COMMUNITY HEALTH INFORMATION



NAREMBEEN MEDICAL CENTRE - PHONE 9064 7145

Dr Lines practices at the Medical Centre **phone consults are now available**

Hours Mon – Thurs 8.00am – 12.30pm 1.30pm – 5.00pm Friday 8.00am – 1.30pm

PLEASE BRING CURRENT PRESCRIPTIONS, MEDICARE, PENSION AND HEALTH CARE CARDS

RURAL WOMEN'S GP SERVICE – Phone 90647145 for appointments. Dr Olga Ward visits approximately 6 weekly

NURSE PRACTITIONER – Laura Black visits fortnightly

HOSPITAL – PHONE 90646222 HEALTH DIRECT 1800 022 222

Accident, emergency and acute medical.

Outpatient dressing/blood pressure checks etc–Preferred times 10.30am -11.30am or 3.30pm – 4.30pm

X-Ray service available – please phone for bookings. Only emergency X-Rays will be attended out of hours

Other services include antenatal and postnatal care, palliative care, respite service, high and low level residential care. Home and Community Care (HACC), Patient Assisted Travel Service (PATS), Videoconference facilities available for consults with some Specialists. Occupation and Speech Therapy, Dietician and Aged Care Assessment (ACAT) available by referral.

WHEATBELT ALCOHOL AND DRUG SERVICE

Phone 90413807 or 90412928

This service provides support for individuals, couples and families affected by alcohol and drugs

WHEATBELT DOMESTIC VIOLENCE UNIT

Call 1800 353 122 (24 hours) Free and Confidential

Men's Domestic Violence Helpline 1800 000 599. Victim Support Service 1800 350 074

NAREMBEEN DENTAL – JOHN COBLEY

Phone 90647397 Emergencies 0419 987 397 Appointments Thursday **essential visits only until further notice**

CHILD, SCHOOL AND COMMUNITY HEALTH SERVICES – PHONE 90647388 or 90646222

Child Health Clinic every Tuesday at the Hospital 9am – 3.00pm

Alternatively, contact Primary health in Merredin 90410444 or Ngala 1800 111546

CENTRAL AGCARE FAMILY COUNSELLING SERVICE Counsellor Anne Hague 0427 133 711

PODIATRIST – Phone appointments only 90646222

Please call the hospital (office hours) for appointments

ST JOHN AMBULANCE – PHONE 000 Do not call the hospital for an ambulance in an emergency.

Skills 7.30pm every 2nd & 4th Monday of month

SPEECH THERAPY – PHONE PRUE 0408 934 284

Not working until further notice

CENTRAL WHEATBELT OCCUPATIONAL THERAPY – PHONE COURTNEY 0488 333 492

Not working until further notice

COMING EVENTS

May 2020

Wednesday	6th	Numbats: Phone Bookings from 8.00am 0422 322 289 Ladies 'distancing ' Golf	8.30am - 5.30pm
Thursday	7th	Numbats: Phone Bookings from 8.00am 0422 322 289	8.30am - 5.30pm
Friday	8th		
Saturday	9th		
Sunday	10th	Golf with Covid 19 limitations !	
Monday	11th		
Tuesday	12th	Numbats: Phone Bookings from 8.00am 0422 322 289 Distancing Senior Citizens	8.30am - 5.30pm
Wednesday	13th	Numbats: Phone Bookings from 8.00am 0422 322 289 Ladies Golf (with conditions)	8.30am - 5.30pm

Editor: Sherrie Heather